




Reconnections Calendar February 2018

		<div><p>Insight Memory Care Center 3953 Pender Drive, Suite 100 Fairfax, VA 22030 703-204-4664 phone InsightMCC.org web</p></div>	<p>1 Thursday 10:00 Morning Coffee & Conversation 10:30 Let’s Discuss: Ringling Bros and P.T. Barnum and Bailey with Sheryl 11:15 Active Game 11:30 This Week in History 12:30 Lunch 1:00 Cognitive Challenge 1:30 Movement & Memory with Sonia 2:10 “What Am I”</p>	<p>2 Friday 10:00 Morning Coffee & Conversation 10:30 Let’s travel to Taiwan with Jessie! 11:00 Morning Stretch 11:15 Music with Justin 12:30 Lunch 1:00 Cognitive Challenge 1:30 Exercise 2:00 This Week in Pictures 2:30 Active Game</p>
<p>5 Monday</p>	<p>6 Tuesday 10:00 Morning Coffee & Conversation 10:30 Let’s Share: Whose Photo? 11:00 Active Game 11:30 Brain Fitness 12:30 Lunch 1:00 Harp Music with Judy 1:30 Exercise 2:00 News Currents 2:45 Group Challenge</p>	<p>7 Wednesday</p> <p>Memory Café</p> <p>4:00-6:00p</p>	<p>8 Thursday 10:00 Morning Coffee & Conversation 10:30 Let’s discuss: Vintage Clothing with Bonnie 11:00 Music with Justin 11:45 Active Game 12:30 Lunch 1:00 Cognitive Challenge 2:00 Seated Exercise 2:30 This Week in History</p>	<p>9 Friday 10:00 Morning Coffee & Conversation 10:30 Let’s Discuss: The Winter Olympics with Robert 11:15 Active Game 11:45 National Pizza Day Discussion 12:30 Lunch 1:00 This Week in Pictures 1:30 Tai Chi/Yoga with Cynthia 2:15 Bridge Tournament with Mark R.</p> <p>Lewy Body Support Group 1:00-2:30p</p>
<p>12 Monday</p> <p>Parkinson’s Social Network</p> <p>10:00-12:00p</p>	<p>13 Tuesday 10:00 Morning Coffee & Conversation 10:30 Let’s Discuss: Fat Tuesday! 11:00 Active Game 11:30 News Currents 12:30 Lunch 1:00 Cognitive Challenge 1:30 Tai Chi/Yoga with Cynthia 2:15 Participants Choice</p>	<p>14 Wednesday</p> <p>Caregiver Support Group 10:00-11:30a</p>	<p>15 Thursday</p> <p>Outing: Tudor Place 10:00 Morning Coffee & Conversation 10:30 Leave for Tudor Place 12:30 Lunch 1:00 Valentines Day Discussion 1:30 Exercise 2:00 “Prairie Home Companion Day” Discussion with Melinda 2:30 Group Challenge</p>	<p>16 Friday 10:00 Morning Coffee & Conversation 10:30 Let’s Discuss: The King of Motown’s Birthday 11:00 Music with Jessica 11:45 Active Game 12:30 Lunch 1:00 Brain Fitness 1:30 Sit & Get Fit 2:00 “What are two things...” discussion 2:30 You be the Judge</p>
<p>19 Monday</p> <p>Closed</p> <p>President’s Day</p>	<p>20 Tuesday 10:00 Morning Coffee & Conversation 10:30 Educational Theatre Company 11:15 Let’s take a cruise with Christi Clark! 12:00 Active Game 12:30 Lunch 1:30 Guess Who, What, or Where” Photo Challenge 2:15 News Currents</p>	<p>21 Wednesday</p> <p>Classes for Caregivers 1:00-3:00p</p> <p>Memory Café</p> <p>4:00-6:00p</p>	<p>22 Thursday 10:00 Morning Coffee & Conversation 10:30 Letter Writing 11:00 Support Group with Lindsey 11:30 Active Game 12:15 Lunch 1:00 Cognitive Challenge 1:30 Tai Chi/Yoga with Cynthia 2:15 Community Service Project: Food For Others</p>	<p>23 Friday 10:00 Morning Coffee & Conversation 10:30 Let’s Discuss: “John Singleton Mosby” with Guest Speakers Don & Chuck 11:15 Cello Music with Tobias 12:15 Lunch 12:45 Cognitive Challenge 1:30 Exercise 2:15 Fact or Fantasy Friday</p>

26 Monday	27 Tuesday 10:00 Morning Coffee & Conversation 10:30 Let’s Discuss: The Viola with Wendy 11:00 Music with Frank 12:00 Active Game 12:30 Lunch 1:00 Cognitive Challenge 1:30 Exercise 2:00 “A Day in New York” 2:45 Group Challenge	28 Wednesday Caregiver Support Group 10:00-11:30a	 Insight Memory Care Center 3953 Pender Drive, Suite 100 Fairfax, VA 22030 703-204-4664 phone InsightMCC.org web	