

Monday	Tuesday	Wednesday	Thursday	Friday
10:00am - Flashback Today (C)(R) 3 10:30am - Brain Boost(M) 11:30am - Exercise (C) 12:00pm - Ballet dance Disc.(CE) 1:15pm - Wood Craft (CE) 2:00pm - Travel Discussion (C)(R) <i>3:00pm - Music with Tender (R).</i>	10:00am - Flashback Today (C)(R) 4 10:30am - Chair Exercise (M) <i>11:30am - DC Int. Dance (M)</i> 12:00pm - Conversation Corner (SE) <i>1:30pm - Melanie Edwards Music (R)</i> 2:30pm - Famous Faces (C)(R) 3:30pm - Game and Connect (P)(M)	10:00am - Jazz w/ Eric (R) 5 11:00am - - Flashback Today (C)(R) 11:30am - Group Trivia (C)(SE) 12:00pm - Name Five (C) 1:30pm - History in Motion (NL)(C) <i>2:00pm - Music w/Sticks (Alondra)(R)</i> 3:30pm - Classic Films Chat (CE)	10:15am - Third Eye Tai Chi (M) 6 10:30am - Chair Exercise (M) 11:30am - Brain Game (C) 12:00pm - Table Talk (SE) <i>1:30pm - Vienna Fall Chorus</i> 2:30pm - Wildlife Exploration (NL) 3:30pm - What is use for ? (R)	10:00am - Flashback Today (C)(R) 7 10:30am - Chair Exercise (M) 11:30am - Name that Face (C) 12:00pm - China Folk dance Disc (C)(R) 1:15pm - Animal Discovery (NL)(C) <i>2:30pm -Pete the Folksinger CE)</i> 3:30pm - Jenga (R)
<i>10:00am - Anthony Hyatt (R)</i> 10 11:30am - Exercise (M) 12:00pm - Salsa dance Disc.(CE) 1:30pm - History in Motion (NL)(C) 2:00 pm - Flashback Today(C)(R) 2:30pm - Balloon Volleyball (SE) 3:30pm - Bowling (P)(M)	<i>10:00am - Sound of Broadway (Zen)</i> 11 10:30am - Chair Exercise (M) 11:30am - Brain Boost (C) 12:00pm - Hip-Hop Dance disc.(CE) <i>1:30pm - Bingo Game (SE)</i> 2:30pm - Travel Discussions (C)(R) 3:30pm - Music Memories (R)(CE)	10:00am - Flashback Today (C)(R)12 11:00am - Chair Exercise (M) 11:30am - Music Clips (CE)(R) 12:00pm - Samba Dance disc.(CE) 1:30pm - Travel talk (NL) <i>2:30pm - Music w/ Drums (Alondra)</i> 3:30pm - Broadway Sing-Along (CE)	<i>10:15am - Third Eye Tai Chi (M)</i> 13 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Mexican Dance disc.(CE) <i>1:30pm - Jenga Game (SE)</i> 2:30pm - Animal Discovery (NL)(C) 3:30pm - Historical Moments (R)	10:00am - Flashback Today (C)(R) 14 10:30am - Chair Exercise(M) 11:30am - Brain Game (C) 12:00pm - Table Talk (SE) 1:30pm - Learn and Create (CE) <i>2:00pm - Tai- Chi with Cynthia (M)</i> 3:30pm - Toss & Score (M)
10:00am - Painting W/ Heather(CE)7 11:30am - Stretch Exercise (M) 12:00pm - Flashback Today(C) 1:30pm - Music and Movement (M) 2:00pm - Brain Trivia (C) 2:30pm - Learn and Create (CE) 3:30pm - Ball Toss (P)(M)	10:00am - Flashback Today (C)(R) 18 10:30am - Chair Exercise (M) <i>11:30am - DC Int. Dance (M)</i> 12:00pm - Ballroom Dance disc.(CE) <i>1:30pm - Melanie Bates/ Violin (R)</i> 2:30pm - Toss & Score (M) 3:30pm - Classic Films Chat (CE)	10:00am - Nashville Standard (R) 19 11:30am -- Flashback Today (C)(R) 12:00pm - This Or That ? (C) 1:15pm - Art Club (CE) <i>2:00pm - Music w/Shakers(R)</i> 3:00pm - Travel Discussion (C)(R) 3:30pm - Passport to adventure (C)	<i>10:15am - Third Eye Tai Chi (M)</i> 20 10:30am - Chair Exercise (M) 11:30am - Music Clips (CE)(R) 12:00pm - Conversation Corner (SE) <i>1:30pm - Painting w/ Heather (CE)</i> 2:30pm - Famous Faces (C)(R) 3:30pm - Broadway Sing-Along (CE)	10:00am - Flashback Today (C)(R) 21 10:30am - Chair Exercise (M) 11:30am - Recognize the Legend (C) 12:00pm - Hula Dance disc.(CE) 1:15pm - Animal Discovery (NL)(C) <i>2:30pm - Pete the Folksinger(CE)</i> 3:30pm - Happy Mocktail Hour (R)
10:00am - Flashback Today (C)(R) 24 10:30am - Fun Fitness (M) 11:30am - Picture Detective (C) 12:00pm - Flamenco dance (CE) 1:30pm - Unscramble the word (C) 2:30pm - Animal Discovery (NL)(C) 3:30pm - Jenga (P)(M)	10:00am - Flashback Today (C)(R) 25 10:30am - Chair Exercise (M) <i>11:30am - DC Int. Dance (M)</i> 12:00pm - Tap Dance disc. (CE) <i>1:30pm - Melanie Edwards Music (R)</i> 2:30pm - Noodle Toss Challenge(SE) 3:30pm - Classic Films Chat (CE)	10:00am - Flashback Today (C)(R) 26 10:30am - Chair Exercise (M) 11:30am - Finish The Line (C) 12:00pm - Russian Dance disc.(CE) 1:15pm - Animal Discovery (NL)(C) <i>2:00pm - Rhythm Makers (Alondra)(R)</i> 3:30pm - Historical Moments (R)	<i>10:15am - Third Eye Tai Chi (M)</i> 27 11:30am - Brain Boost (C) 12:00pm - Cossack Dance disc.(CE) <i>1:30pm - Art Class (CE)</i> 2:30pm - Memorable Journeys(C)(R) 3:30pm - History Trivia (CE)	10:00am - Flashback Today (C)(R) 28 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Bollywood Dance disc(CE) 1:30pm - Word Association (C) <i>2:00pm - Tai- Chi with Cynthia (M)</i> <i>3:30pm - Birthday Celebration (SE)</i>
10:00am - Flashback Today (C)(R) 31 10:30am - Mind & Motion (M) 11:30am - Picture Mystery (C) 12:00pm - Tango dance disc.(CE) 1:30pm - Guess the sound (C) 2:30pm - Animal Discovery (NL) <i>3:00pm - Music with Tender (CE)</i>	 August 2026 Orange Group			

Activity Types: Cognitive Engagement (C), Creative Expression (CE), Movement (M), Purpose (P), Reflection (R), Social Engagement (SE), New Learning (NL).
 Additional Time Slots: 7:30am-10:00am = Montessori Centers / 11:00am -11:30 = Snack / 12:00pm - 1:00pm Lunch 3:00pm = Snack / 4:00pm - 5:30pm = Montessori Centers