Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00am - Historical Images (C) 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Listen Waltz (SE) 1:30 pm - The folding Station 2:30pm - Aroma Memories (SE) ***3:00pm -Music w/ Tender (SE)*** 4:00pm - Rest and Restore (P)	3 10:00am - Spa Coral (R) 10:30am - Assisted Movement (M) *11:30am - Cupcake Decoration (CE)* 1:15pm - Meditation Moments (R) ***1:30pm - Melanie Edwards (R)*** 2:30pm - Guess the Smell (SE) 3:30pm - Music and Memory (R) 4:00pm - Moments of Serenity (P)	4 **10:00am - Jazz with Eric (R)** 11:30pm - Baking + Friends (P)(SE) 1:15pm - Heart, Mind & Harmony (R) ***2:00pm - Music w/Sticks (Alondra) R*** 2:30pm - The Sensory Garden (SE) 3:30pm - Music and Memory (R) 4:00pm - Serenity Sessions (P)	5 10:15am - Tea Time & Tunes (R) 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) *1:30pm - Color Match Challenge (NL)* 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R) 4:00pm - Restful reflections (P)	6 10:00am - Historical Images (C) 10:30am - Assisted Movement (M) 11:30am - Sensory Table (SE) 1:15pm - Meditation Moments (R) 1:30pm - Discover your Senses (SE) *2:30pm - Fold and Smile (P)* 3:30pm - Music and Memory (R) 4:00pm = Comfort Corner (P)
9 10:00am - Historical Images (C) 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Soothing Moments (R) 1:30pm - Sensory Journey (R) 2:30pm - Sensory Connections (SE) 3:30pm - Music and Memory (SE) (R)4:00pm - Restful reflections (P)	10 10:00am - This Day in History (R) 10:30am - Assisted Movement (M) 11:30am - Fruit and Flavor (P)(SE) 1:15pm - Meditation Moments (R) *1:30pm - Music and melodies (R)* 2:30pm - Sensory Circle (SE) 3:30pm - Music and Memory (R) 4:00pm - The Calm Space (P)	11 **Veterans Day**	12 10:00am - Apple Cider &Classics(R) 10:30am - *Mindful moments (P)* 12:30pm - Comforting Textures 11:30am - Bake and Create (P)(SE) 1:15pm - Calm Connections (R) ***1:30pm - Vienna Fall Chorus (SE)*** 2:30pm - Sensory Experience (SE) 3:30pm - Music and Memory (R)	13 10:00am - Historical Images (C) 10:30am - Assisted Movement (M) 11:30am - Sensory Lab (SE) 1:15pm - Meditation Moments (R) *1:30pm - Art w/ Alondra (M)(NL)* *2:30pm - Sensory Lab (P)* 3:30pm - Music and Memory (R) 4:00pm - Serenity Sessions(P)
16 10:00am - Historical Images (C) 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Soothing Moments (R) 1:30pm - Meditation Moments (R) 2:30pm - Sensory bins (P) **3:00pm - Music w/ Tender (SE)** 4:00pm - The Calm Space (P)	17 10:00am - Iced Tea and Tunes (R) 10:30am - Assisted Movement (M) *11:30am - Pumpkin Flavors (P)* 1:15pm - Meditation Moments (R) ***1:30pm - Melanie Edwards (R)*** 2:30pm - Sensory Lab (SE) 3:30pm - Music and Memory (R) 4:00pm = Comfort Corner (	18 **10:00am - Music w/ Tender (SE)** 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Calm and Breath (R) ***2:00pm - Music w/Shakers(R)*** 2:30pm - Memory and Senses (SE) 3:30pm - Music and Memory (R) 4:00pm - Gently Serenity (P)	19 10:00am - Tea Time & Tunes (R) 10:30am - Assisted Movement (M) 11:30am -The memory Baker ((P) 1:15pm - Meditation Moments (R) *1:30pm - Fell, See and Explore (R)* 2:30pm - Sensory Lab (SE) 3:30pm - Music and Memory (R) 4:00pm - Serenity Sessions (P)	20 10:00am - Historical Images (C) 10:30am - Assisted Movement (M) 11:30am - Sensory Table (SE) 1:15pm - Chair Breathing Circle (R) 1:30pm- Sensory Journey(P)(C) *2:30pm - Fold and Smile (P)* 3:30pm - Son of Our Lives R) 4:00pm - Restful reflections (P)
23 **10:00am - Nashville Standard (SE)** 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Soothing Moments (R) 1:30pm - Sensory Journey (R) 2:30pm - Sensory Connections (SE) 3:30pm - Music and Memory (SE) (R)4:00pm - Restful reflections (P)	24 10:00am - Tea and Tunes (R) 10:30am - Assisted Movement (M) 11:30am - Baking Cookies (P) 1:15pm - Meditation Moments (R) *1:30pm - Music and melodies (R* 2:30pm - Sensory Scavenger H.(P) 3:30pm - Music and Memory (R) 4:00pm - Gently Serenity (P)	25 10:00am - This Day in History (R) 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:30pm - Heart, Mind & Harmony (R) 2:00pm - Hands On Sensory time (P) 2:30pm - Texture Matching (SE 3:30pm - Music and Memory (R) 4:00pm - Restful reflections (P)	26 Happy Thanksgiving	27 
30 **10:00am - Music w/ Tender (SE)** 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Listen Waltz (SE) 1:30 pm - The folding Station (P) 2:30pm - Aroma Memories (SE) *3:30pm - Parachute Game (SE)* 4:00pm - Rest and Restore (P)	**November 2026** **Coral Group**			

Activity Types: Cognitive Engagement (C), Creative Expression (CE), Movement (M), Purpose (P), Reflection (R), Social Engagement (SE), New Learning (NL).

Additional Time Slots: 7:30am-10:00am = Montessori Centers / 11:00am -11:30 = Snack / 12:00pm - 1:00pm Lunch 3:00pm = Snack / 4:00pm - 5:30pm = Montessori Centers

Please note: Calendar are subject to change