

Monday	Tuesday	Wednesday	Thursday	Friday
		10:00am - Flashback Today (C)(R) 1 10:30am - Chair Exercise (M) 11:30am - Group Trivia (C)(SE) 12:00pm - Outdoor Club (SE) 1:30pm - History in Motion (NL)(C) 2:00pm - Music with Alondra (R) 3:30pm - Classic Films Chat (CE)	10:15am - Third Eye Thai Chi (M) 2 10:30am - Chair Exercise (M) 11:30am - Brain Game (C) 12:00pm - Table Talk (SE) 1:30pm - Jams w/Jeff (R) 2:00PM - 4:00PM: 4th of July Party	We are closed on Friday, July 3, 2026 for Independence Day 3
10:00am - Flashback Today (C)(R) 6 10:30am - Chair Exercise (M) 11:30am - Brain Boost (C) 12:00pm - Outdoor Club (SE) 1:15pm - Art Club (CE) 2:00pm - Travel Discussion (C)(R) 3:00pm - Music with Tender (R)	10:00am - Flashback Today (C)(R) 7 10:30am - Chair Exercise (M) 11:30am - DC Int. Dance (M) 12:00pm - Conversation Corner (SE) 1:30pm - Melanie Edwards Music (R) 2:30pm - Famous Faces (C)(R) 3:30pm - Game and Connect (P)(M)	10:00am - Flashback Today (C)(R) 8 10:30am - Chair Exercise (M) 11:30am - Music Clips (CE)(R) 12:00pm - Conversation Corner (SE) 1:30pm - Summer Disco (S) 2:00pm - Music with Alondra (R) 3:30pm - Broadway Sing-Along (CE)	10:15am - Third Eye Thai Chi (M) 9 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Dance Party (M) (SE) 1:30pm - Jams w/Jeff (R) 2:30pm - Animal Discovery (NL)(C) 3:30pm - Historical Moments (R)	10:00am - Flashback Today (C)(R) 10 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Dance Party (M) (SE) 1:15pm - Animal Discovery (NL)(C) 2:00pm - Thai Chi with Cynthia (M) 3:30pm - Historical Moments (R)
10:00am - Anthony Hyatt (R) 13 10:30am - Chair Exercise (M) 11:30am - Group Trivia (C)(SE) 12:00pm - Outdoor Club (SE) 1:30pm - History in Motion (NL)(C) 2:30pm - About Me: Ball Toss (SE) 3:30pm - Game and Connect (P)(M)	10:00am - Flashback Today (C)(R) 14 10:30am - Chair Exercise (M) 11:30am - Brain Boost (C) 12:00pm - Outdoor Club (SE) 1:30pm - Tunes w/Melanie Bates (R) 2:00pm - Travel Discussion (C)(R) 3:30pm - Music Memories (R)(CE)	10:00am - Nashville Std Music (R) 15 10:30am - Chair Exercise (M) 11:30am - Brain Boost (C) 12:00pm - Outdoor Club (SE) 1:15pm - Art Club (CE) 2:00pm - Music with Alondra (R) 3:00pm - Travel Discussion (C)(R)	10:15am - Third Eye Thai Chi (M) 16 10:30am - Chair Exercise (M) 11:30am - Music Clips (CE)(R) 12:00pm - Conversation Corner (SE) 1:30pm - Jams w/Jeff (R) 2:30pm - Famous Faces (C)(R) 3:30pm - Broadway Sing-Along (CE)	10:00am - Flashback Today (C)(R) 17 10:30am - Chair Exercise 11:30am - Brain Game (C) 12:00pm - Table Talk (SE) 1:30pm - Learn and Create (CE) 2:30pm - Pete the Folksinger (CE) 3:30pm - Music and Movement (M)
10:00am - Flashback Today (C)(R) 20 10:30am - Chair Exercise (M) 11:30am - Brain Game (C) 12:00pm - Table Talk (SE) 1:30pm - Music and Movement (M) 2:30pm - Learn and Create (CE) 3:30pm - Game and Connect (P)(M)	10:00am - Flashback Today (C)(R) 21 10:30am - Chair Exercise (M) 11:30am - DC Int. Dance (M) 12:00pm - Outdoor Club (SE) 1:30pm - Tunes w/Melanie Bates (R) 2:30pm - About Me: Ball Toss (SE) 3:30pm - Classic Films Chat (CE)	10:00am - Flashback Today (C)(R) 22 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Dance Party (M) (SE) 1:15pm - Animal Discovery (NL)(C) 2:00pm - Music with Alondra (R) 3:30pm - Historical Moments (R)	10:15am - Third Eye Thai Chi (M) 23 11:30am - Brain Boost (C) 12:00pm - Outdoor Club (SE) 1:30pm - Jams w/Jeff (R) 2:30pm - Travel Discussion (C)(R) 3:30pm - History Trivia (CE)	10:00am - Flashback Today (C)(R) 24 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Dance Party (M) (SE) 1:15pm - Animal Discovery (NL)(C) 2:00pm - Thai Chi with Cynthia (M) 3:30pm - Historical Moments (R)
10:00am - Flashback Today (C)(R) 27 10:30am - Chair Exercise (M) 11:30am - Music Clips (CE)(R) 12:00pm - Conversation Corner (SE) 1:30pm - Summer Disco (S) 2:30pm - Famous Faces (C)(R) 3:30pm - Game and Connect (P)(M)	10:00am - Flashback Today (C)(R) 28 10:30am - Chair Exercise (M) 11:30am - Group Trivia (C)(SE) 12:00pm - Outdoor Club (SE) 1:30pm - Melanie Edwards Music (R) 2:30pm - About Me: Ball Toss (SE) 3:30pm - Classic Films Chat (CE)	10:00am - Flashback Today (C)(R) 29 10:30am - Chair Exercise (M) 11:30am - Brain Game (C) 12:00pm - Table Talk (SE) 1:15pm - Animal Discovery (NL)(C) 2:00pm - Music with Alondra (R) 3:30pm - Music and Movement (M)	10:15am - Third Eye Thai Chi (M) 30 11:30am - Brain Boost (C) 12:00pm - Outdoor Club (SE) 1:30pm - Jams w/Jeff (R) 2:30pm - Travel Discussion (C)(R) 3:30pm - Game and Connect (P)(M)	10:00am - Flashback Today (C)(R) 31 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Dance Party (M) (SE) 1:30pm - Dance Party (M) 2:30pm - Animal Discovery (NL)(C) 3:30pm - Game and Connect (P)(M)