

Monday	Tuesday	Wednesday	Thursday	Friday
		10:00am - This Day in History (R) 1 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:00pm - <i>Music with Alondra (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Iced Tea and Tunes (R) 2 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - <i>Jams with Jeff (SE)(M)</i> 2:00PM - 4:00PM: 4th of July Party	We are closed on Friday, July 3, 2026 for Independence Day 3
10:00am - Historical Images (C) 6 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:30pm - Sensory Table (SE) 3:00pm - <i>Music with Tender (R)</i>	10:00am - Spa Coral (R) 7 10:30am - Assisted Movement (M) 11:30am - <i>DC Int. Dance (M)</i> 1:15pm - Meditation Moments (R) 1:30pm - <i>Melanie Edwards (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - This Day in History (R) 8 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:00pm - <i>Music with Alondra (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Iced Tea and Tunes (R) 9 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - <i>Jams with Jeff (SE)(M)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Spa Coral (R) 10 10:30am - Assisted Movement (M) 11:30am - Sensory Table (SE) 1:15pm - Meditation Moments (R) 2:30pm - Pete the Folksinger (SE) 3:30pm - Music and Memory (R)
10:00am - <i>Music w/ Anthony (R)</i> 13 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Iced Tea and Tunes (R) 14 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - <i>Melanie Bates (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Nashville Std. Music (R)15 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:00pm - <i>Music with Alondra (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Iced Tea and Tunes (R) 16 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - <i>Jams with Jeff (SE)(M)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Historical Images (C) 17 10:30am - Assisted Movement (M) 11:30am - Sensory Table (SE) 1:15pm - Meditation Moments (R) 2:30pm - <i>Thai Chi with Cynthia (M)</i> 3:30pm - Music and Memory (R)
10:00am - Historical Images (C) 20 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Iced Tea and Tunes (R) 21 10:30am - Assisted Movement (M) 11:30am - <i>DC Int. Dance (M)</i> 1:15pm - Meditation Moments (R) 1:30pm - <i>Melanie Bates (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - This Day in History (R) 22 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:00pm - <i>Music with Alondra (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Spa Coral (R) 23 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - <i>Jams with Jeff (SE)(M)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Historical Images (C) 24 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 2:30pm - <i>Pete the Folksinger (SE)</i> 3:30pm - Music and Memory (R)
10:00am - Historical Images (C) 27 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:30pm - Spa Coral (R) 3:30pm - Music and Memory (R)	10:00am - Iced Tea and Tunes (R) 28 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - <i>Melanie Edwards (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Spa Coral (R) 29 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Meditation Moments (R) 2:00pm - <i>Music with Alondra (R)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Iced Tea and Tunes (R) 30 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - <i>Jams with Jeff (SE)(M)</i> 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)	10:00am - Historical Images (C) 31 10:30am - Assisted Movement (M) 11:30am - Sensory Table (SE) 1:15pm - Meditation Moments (R) 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R)

Activity Types: Cognitive Engagement (C), Creative Expression (CE), Movement (M), Purpose (P), Reflection (R), Social Engagement (SE), New Learning (NL).
 Additional Time Slots: 7:30am-10:00am = Montessori Centers / 11:00am -11:30 = Snack / 12:00pm - 1:00pm Lunch 3:00pm = Snack / 4:00pm - 5:30pm = Montessori Centers