

Monday

Tuesday

Wednesday

Thursday

Friday

# May 2026

## Orange Group

10:00am - Flashback Today (C)(R) 1  
 10:30am - Chair Exercise (M)  
 11:30am - Brain Boost (C)  
 12:00pm - Outdoor Club (SE)  
 1:15pm - Art Club (CE)  
 2:30pm - *Pete the Folksinger* (CE)  
 3:30pm - Travel Discussion (C)(R)

10:00am - Flashback Today (C)(R) 4  
 10:30am - Chair Exercise (M)  
 11:30am - Brain Boost (C)  
 12:00pm - Outdoor Club (SE)  
 1:15pm - Art Club (CE)  
 2:00pm - Travel Discussion (C)(R)  
 3:00pm - *Pianist Tom Saputo* (CE)

10:00am - Flashback Today (C)(R) 5  
 10:30am - Chair Exercise (M)  
 11:30am - Music Clips (CE)(R)  
 12:00pm - Conversation Corner (SE)  
 1:30pm - *Melanie Edwards Music* (R)  
 2:30pm - Famous Faces (C)(R)  
 3:30pm - Broadway Sing-Along (CE)

10:00am - Flashback Today (C)(R) 6  
 10:30am - *Vibes with Debbie* (SE)  
 11:30am - Group Trivia (C)(SE)  
 12:00pm - Outdoor Club (SE)  
 1:30pm - History in Motion (NL)(C)  
 2:00pm - *Music with Alondra* (R)  
 3:30pm - Classic Films Chat (CE)

10:15am - *Third Eye Thai Chi* (M) 7  
 10:30am - Chair Exercise (M)  
 11:30am - Brain Game (C)  
 12:00pm - Table Talk (SE)  
 1:30pm - *Jams w/Jeff* (R)  
 2:30pm - Learn and Create (CE)  
 3:30pm - Music and Movement (M)

10:00am - Flashback Today (C)(R) 8  
 10:30am - Chair Exercise (M)  
 11:30am - Picture Detective (C)  
 12:00pm - Dance Party (M) (SE)  
 1:15pm - Animal Discovery (NL)(C)  
 2:00pm - *Thai Chi with Cynthia* (M)  
 3:30pm - Historical Moments (R)

10:00am - *Anthony Hyatt Music* (CE) 1  
 10:30am - Chair Exercise (M)  
 11:30am - Group Trivia (C)(SE)  
 12:00pm - Outdoor Club (SE)  
 1:30pm - History in Motion (NL)(C)  
 2:30pm - About Me: Ball Toss (SE)  
 3:00pm - *Pianist Tom Saputo* (CE)

10:00am - Flashback Today (C)(R) 12  
 10:30am - Chair Exercise (M)  
 11:30am - Brain Boost (C)  
 12:00pm - Outdoor Club (SE)  
 1:30pm - *Tunes w/Melanie Bates* (R)  
 2:00pm - Travel Discussion (C)(R)  
 3:30pm - Music Memories (R)(CE)

10:00am - Flashback Today (C)(R) 13  
 10:30am - Chair Exercise (M)  
 11:30am - Music Clips (CE)(R)  
 12:00pm - Conversation Corner (SE)  
 1:30pm - Summer Disco (S)  
 2:00pm - *Music with Alondra* (R)  
 3:30pm - Broadway Sing-Along (CE)

10:15am - *Third Eye Thai Chi* (M) 14  
 10:30am - Chair Exercise (M)  
 11:30am - Picture Detective (C)  
 12:00pm - Dance Party (M) (SE)  
 1:30pm - *Jams w/Jeff* (R)  
 2:30pm - Animal Discovery (NL)(C)  
 3:30pm - Historical Moments (R)

10:00am - Flashback Today (C)(R) 15  
 10:30am - Chair Exercise  
 11:30am - Brain Game (C)  
 12:00pm - Table Talk (SE)  
 1:30pm - Learn and Create (CE)  
 2:30pm - *Pete the Folksinger* (CE)  
 3:30pm - Music and Movement (M)

10:00am - Flashback Today (C)(R) 18  
 10:30am - Chair Exercise (M)  
 11:30am - Brain Game (C)  
 12:00pm - Table Talk (SE)  
 1:30pm - Music and Movement (M)  
 2:30pm - Learn and Create (CE)  
 3:00pm - *Pianist Tom Saputo* (CE)

10:00am - Flashback Today (C)(R) 19  
 10:30am - Chair Exercise (M)  
 11:30am - Group Trivia (C)(SE)  
 12:00pm - Outdoor Club (SE)  
 1:30pm - *Tunes w/Melanie Bates* (R)  
 2:30pm - About Me: Ball Toss (SE)  
 3:30pm - Classic Films Chat (CE)

10:00am - Flashback Today (C)(R) 20  
 10:30am - Chair Exercise (M)  
 11:30am - Brain Boost (C)  
 12:00pm - Outdoor Club (SE)  
 1:15pm - Art Club (CE)  
 2:00pm - *Music with Alondra* (R)  
 3:00pm - Travel Discussion (C)(R)

10:15am - *Third Eye Thai Chi* (M) 21  
 10:30am - Chair Exercise (M)  
 11:30am - Music Clips (CE)(R)  
 12:00pm - Conversation Corner (SE)  
 1:30pm - *Jams w/Jeff* (R)  
 2:30pm - Famous Faces (C)(R)  
 3:30pm - Broadway Sing-Along (CE)

10:00am - Flashback Today (C)(R) 22  
 10:30am - Chair Exercise (M)  
 11:30am - Picture Detective (C)  
 12:00pm - Dance Party (M) (SE)  
 1:15pm - Animal Discovery (NL)(C)  
 2:00pm - *Thai Chi with Cynthia* (M)  
 3:30pm - Historical Moments (R)

10:00am - Flashback Today (C)(R) 25  
 10:30am - Chair Exercise (M)  
 11:30am - Music Clips (CE)(R)  
 12:00pm - Conversation Corner (SE)  
 1:30pm - Summer Disco (S)  
 2:30pm - Famous Faces (C)(R)  
 3:00pm - *Pianist Tom Saputo* (CE)

10:00am - Flashback Today (C)(R) 26  
 10:30am - Chair Exercise (M)  
 11:30am - Brain Game (C)  
 12:00pm - Table Talk (SE)  
 1:30pm - *Melanie Edwards Music* (R)  
 2:30pm - Learn and Create (CE)  
 3:30pm - Music and Movement (M)

10:00am - Flashback Today (C)(R) 27  
 10:30am - *Vibes with Debbie* (SE)  
 11:30am - Picture Detective (C)  
 12:00pm - Dance Party (M) (SE)  
 1:15pm - Animal Discovery (NL)(C)  
 2:00pm - *Music with Alondra* (R)  
 3:30pm - Historical Moments (R)

10:15am - *Third Eye Thai Chi* (M) 28  
 11:30am - Brain Boost (C)  
 12:00pm - Outdoor Club (SE)  
 1:30pm - *Jams w/Jeff* (R)  
 2:30pm - Travel Discussion (C)(R)  
 3:30pm - History Trivia (CE)

10:00am - Flashback Today (C)(R) 29  
 10:30am - Chair Exercise (M)  
 11:30am - Group Trivia (C)(SE)  
 12:00pm - Outdoor Club (SE)  
 1:30pm - Art Club (CE)  
 2:30pm - About Me: Ball Toss (SE)  
 3:30pm - Classic Films Chat (CE)