



# PARTICIPATE IN A FREE WELLNESS EVENT!



*\*For research purposes\* We provide you with wellness assessment results for you to consult with your primary care provider. We are not medical providers and do not offer any treatment*

**DATE & TIME 05/08/2025**

**10:00 am - 2:00 pm**

**FREE** tests of blood pressure, balance, strength, and thinking

*\*takes up to an hour to complete\**

## **REQUIREMENTS:**

- Must be over 55 years old
- Have corrected vision/hearing
- Can read and understand English

**LOCATION:** 13850 Church Hill Drive,  
Woodbridge, Virginia, 22191

**PHONE:** 703-792-5081



**Use your camera phone to  
scan this QR code to register!**

## **For more info contact:**

Tiphanie Raffegeau, PhD  
Assistant Professor  
Sports Medicine Assessment,  
Research & Testing (SMART) Lab

**EMAIL:** [traffege@gmu.edu](mailto:traffege@gmu.edu)

**PHONE:** 703-993-6929

**IRB ID# 2126895-1**