November 2026
Blue Group

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - History in Motion (NL) 1:30pm - Guess the tv show (C)(NL) 2:30pm - Animal Discovery (NL)(C) **3:00pm - Music w/ Tender (SE)** 4:00pm - Brain Boost (NL)	3 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Memory Story (C) 12:00pm - Conversation Corner (SE) **1:30pm - Melanie Edwards Music (R)** 2:30pm - Ball toss (C)(R) 3:30pm - Game and Connect (P)(M) 4:00pm - Perfect Guessing (NL)	4 10:00am - **Jazz with Eric (R)** 11:30am - Group Trivia (C) 12:00pm - Name Five (C) **1:30pm - *Music w/Sticks(Alondra)*** *2:30pm - History Trivia (NL)* 3:30pm - Classic Films Chat (CE) 4:00pm - Brain Boost Circle (NL)	5 **10:15am - Third Eye Tai Chi (M)** 11:30am - Flashback Today (C)(R) 12:00pm - Table Talk (C) 1:30pm - Wonders of the world (NL) 2:00pm - Word game (SE) 2:30pm - Wildlife Exploration (C) 3:30pm - Historical Moments (E) 4:00pm -Memory Mystery(NL)	6 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Name that Face (C) 12:00pm - The Five Great Lakes (NL) 1:30pm - Animal Discovery (C) 2:30pm - *American Memories(NL)* 3:30pm - Bowling (M) 4:00 pm - Cars and Memories (SE)
9 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Comedy Corner (SE) 1:30pm - Guess the tv show (C)(NL) 2:30pm - Animal Discovery (NL)(C) 3:00pm - Think and Solve (NL) 4:00pm - Math Matters (NL)	10 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Guess the Celebrity (NL) 12:00pm -The History of Television(CE) 1:30pm - Jeopardy Labs (C) 2:00pm - Travel Discussion (C)(R) 3:30pm - Music Memories (R)(CE 4:00pm - Think And Share (NL)	11 Veterans Day	12 10:00am - Flashback Today (C)(R) 10:30am Chair exercise 11:30am -Pilgrims 1st Thanks Giving **1:30pm - Vienna Fall Chorus** 2:00 pm - Brain boost (C) 2:30pm - Famous Waterfalls (C)(R) 3:30pm - Volleyball (M) 4:00pm - Pick a Number (NL)	13 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise(M) 11:30am - A Journey Through America 12:00pm - Table Talk (SE) 1:30pm - Learn and Create (CE) 2:00pm - Pass the Ball 3:30pm - Volleyball (M) 4:00pm - Memory Match(NL)
16 **10:00am - Painting w/Heather** 10:30am - Chair Exercise (M) 11:30am - Picture Puzzle (C) 12:00pm - Thanks Giving Traditions 1:30pm - Unscramble the word (C) 2:30pm - Animal Discovery (NL)(C) 3:30pm - Game and Connect (P)(M)	17 10:00am - Flashback Today (C)(R) 10:30am - Living Well Fitness(M) 11:30am - The History of Mayflower 12:00pm - Lower Body Stretches (M) **1:30pm - Melanie Edwards Music (R)** 2:30pm - Toss and Score (SE) 3:30pm - Guess the Logos (CE) 4:00pm - Count and Connect)	18 **10:00am - Music w/ Tender (SE)** 10:30am - Flashback Today (C)(R) 11:30am - Evolution of Thanks Giving 12:00pm - Upper Body Stretches(M) **1:30pm - *Music w/Shakers/Alondra*** *2:30pm - Hist. American Automobile* 3:30pm - Guess Country Flags (C)(R) 4:00pm - Questions and Connections	19 **10:15am - Third Eye Tai Chi** 11:30am - Flashback Today (C)(R) 12:00pm - Table Talk (C) 1:30pm - Wonders of the world (NL) 2:00pm - Word game (SE) 2:30pm - Wildlife Exploration (C) 3:30pm - Historical Moments (E) 4:00pm -Memory Mystery(NL)	20 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Recognize the Legend (C) 12:00pm - Historical Spotlights/T.G 1:30pm - Animal Discovery (NL)(C) 2:30pm - The Thinking Room (NL) 3:30pm - Brain Builders (NL) 4:00pm - Around the Table (SE)
23 **10:00am - Nashville Standard (SE)** 11:30am - Picture Detective (C) 12:00pm - Comedy Corner (SE) 1:30pm - Guess the tv show (C)(NL) 2:30pm - Animal Discovery (NL)(C) 3:00pm - Think and Solve (NL) 4:00pm - Math Matters (NL)	24 10:00am -Flashback Today (C)(R) 11:30am - A day in History (NL) 12:00pm - Lower Body Stretches (M) 1:30pm - Jeopardy Labs (C) 2:30pm - Toss and Score (SE) 3:00pm - Harvest and Beginning of Falls Discussions. (NL) 4:00pm - Number Crunch (NL)	25 **10:00am - Painting w/ Heather (CE)** 10:30am - Chair Exercise (M) 11:30am - Flashback Today (C)(R) 12:00pm - Picture Detective (C) **1:30pm - *Music w/Alondra (SE)*** 2:30 pm - History of the White House 3:30pm - Historical Moments (R) 4:00pm - Flip and Match (NL)	26 Happy Thanksgiving	27 
30 **10:00am - Music w/ Tender (SE)** 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - History in Motion (NL) 1:30pm - Flashback Today (C)(R) 2:30pm - Animal Discovery (NL)(C) 3:00pm - Guess the tv show (C)(NL) 4:00pm - Brain Boost (NL)				

Activity Types: Cognitive Engagement (C), Creative Expression (CE), Movement (M), Purpose (P), Reflection (R), Social Engagement (SE), New Learning (NL).

Additional Time Slots: 7:30am-10:00am = Montessori Centers / 11:00am -11:30 = Snack / 12:00pm - 1:00pm Lunch 3:00pm = Snack / 4:00pm - 5:30pm = Montessori Centers

Please note: Calendar are subject to change