October 2026

Blue Group

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10:15am - **Third Eye Tai Chi (M)** 11:30am - Flashback Today (C)(R) 12:00pm - Table Talk (C) 1:30pm - Wonders of the world (NL) 2:00pm - Word game (SE) 2:30pm - Wildlife Exploration (C) 3:30pm - Historical Moments (E) 4:00pm -Memory Mystery(NL)	2 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Name that Face (C) 12:00pm - The Five Great Lakes (NL) 1:30pm - Animal Discovery (C) 2:30pm - *American Memories(NL)* 3:30pm - Bowling (M) 4:00 pm - Cars and Memories (SE)
5 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - History in Motion (NL) 1:30pm - Guess the tv show (C)(NL) 2:30pm - Animal Discovery (NL)(C) **3:00pm - Music w/ Tender (R)** 4:00pm - Brain Boost (NL)	6 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Memory Story (C) 12:00pm - Conversation Corner (SE) 1:30pm - **Melanie Edwards Music (R)** 2:30pm - Ball toss (C)(R) 3:30pm - Game and Connect (P)(M) 4:00pm - Perfect Guessing (NL)	7 10:00am - **Jazz with Eric (R)** 11:30am - Group Trivia (C) 12:00pm - Name Five (C) 1:30pm - ***Music w/Sticks(Alondra)*** *2:30pm - History Trivia (NL)* 3:30pm - Classic Films Chat (CE) 4:00pm - Brain Boost Circle (NL)	8 10:00am - Flashback Today (C)(R) **11:30am - Pumpkin Creativity - Challenge** 1:30pm - Volleyball (M) 2:00 pm - Brain boost (C) 2:30pm - Famous Waterfalls (C)(R) 3:30pm - Broadway Sing-Along (CE) 4:00pm - Pick a Number (NL)	9 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise(M) 11:30am - Yellowstone National Park 12:00pm - Table Talk (SE) 1:30pm - Learn and Create (CE) 2:00pm - Pass the Ball **3:30pm - Volleyball (M)** 4:00pm - Memory Match(NL)
12 *Columbus Day*	13 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Guess the Celebrity (NL) 12:00pm -The History of Television(CE) 1:30pm Jeopardy Labs (C) 2:00pm - Travel Discussion (C)(R) 3:30pm - Music Memories (R)(CE 4:00pm - Think And Share (NL)	14 10:00am - Music Clips (CE)(R) 10:30am - Flex and Strength (M) **11:30am - Painting w/ Heather (NL)** 12:00pm - National parks disc. (NL) 1:30pm - ***Music w/Drums(Alondra)*** *2:30pm -Events Changed America(NL* 3:30pm - Broadway Sing-Along (CE) 4:00pm - Think Count and Solve (NL)	15 10:00am - **Third Eye Tai Chi (M)** 11:30am - Flashback Today (C)(R) 12:00pm - Conversation Corner (SE) **Fall Festival** 2:30pm 4:00pm	16 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Recognize the Legend (C) 12:00pm - Postcards around /world 1:30pm - Animal Discovery (NL)(C) 2:30pm - The Thinking Room (NL) 3:30pm - Brain Builders (NL) 4:00pm - Around the Table (SE)
19 **10:00am - Music w/ Anthony (R)** 10:30am - Chair Exercise (M) 11:30am - Picture Puzzle (C) 12:00pm - Food and Nostalgia(CE) 1:30pm - Unscramble the word (C) 2:30pm - Animal Discovery (NL)(C) 3:30pm - Game and Connect (P)(M)	20 10:00am - Flashback Today (C)(R) 10:30am - Living Well Fitness(M) 11:30am - Brain Fitness (NL) 12:00pm - Lower Body Stretches 1:30pm - **Melanie Edwards Music (R)** 2:30pm - Toss and Score (SE) 3:30pm - Guess the Logos (CE) 4:00pm - Count and Connect	21 10:00am - **Nashville Standard (R)** 10:30am - Flashback Today (C)(R) 11:30am - America's Great Outdoors(C) 12:00pm - Upper Body Stretches(M) 1:30pm - ***Music w/Shakers/Alondra*** *2:30pm - Hist. American Automobile* 3:30pm - Guess Country Flags (C)(R) 4:00pm - Questions and Connections vil	22 *10:00am* -**Paint Therapy / Heather** 11:30am -Flex and Strength (M) 12:00pm - Broadway / Musicals (NL) *1:30pm - History Trivia (NL)* 2:30pm - Memorable Journeys(C)(R) 3:30pm - Volleyball (M)(SE) 4:00pm - Quick Think (NL)	23 10:00am -Flashback Today (C)(R) 11:30am Cars Through / Decades (NL) 12:00pm - Around The World(NL) 1:30pm - Animal Discovery (NL)(C) **2:00pm - Tai Chi w/ Cynthia (M)** 3:30 pm - Ball Toss (M) 4:00pm - Afternoon Social (SE)
26 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Comedy Corner (SE) 1:30pm - Guess the tv show (C)(NL) 2:30pm - Animal Discovery (NL)(C) 3:00pm - Think and Solve (NL) 4:00pm - Math Matters (NL)	27 10:00am -Flashback Today (C)(R) 11:30am - A day in History (NL) 12:00pm - Lower Body Stretches (M) 1:30pm - Jeopardy Labs (C) 2:30pm - Toss and Score (SE) 3:30pm - Harvest and Beginning of Falls Discussions. (NL) 4:00pm - Number Crunch (NL)	28 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - Picture Detective (C) 12:00pm - Famous Paintings (NL) 1:30pm - **Around the World** 2:30 pm - History of the White House 3:30pm - Historical Moments (R) 4:00pm Flip and Match (NL)	29 10:15am - Flashback Today (C)(R) 11:30am - Movement in Motion (M) 12:00pm - Famous inventions (NL) **1:30pm - Music / Tender (R)** 2:00pm - Historical Moments (R) 2:30pm - Animal Discovery (NL)(C) 3:30pm - Story Recall (NL) 4:00pm - Getting to know you (NL)	30 10:00am - Flashback Today (C)(R) 10:30am - Chair Exercise (M) 11:30am - America's Historic Train Stn. 12:00pm - Postcards around /world 1:30pm - Animal Discovery (NL)(C) 2:30pm - Memory Connections **3:00pm - Birthday Celebration** 4:00pm - Music and Memories (M)

Activity Types: Cognitive Engagement (C), Creative Expression (CE), Movement (M), Purpose (P), Reflection (R), Social Engagement (SE), New Learning (NL).

Please note:Calendar are subject to change

Additional Time Slots: 7:30am-10:00am = Montessori Centers / 11:00am -11:30 = Snack / 12:00pm - 1:00pm Lunch 3:00pm = Snack / 4:00pm - 5:30pm = Montessori Centers