

Monday	Tuesday	Wednesday	Thursday	Friday
October 2026 Coral Group				
10:00am - Historical Images (C) 5 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Listen Waltz (SE) 1:30 pm - The folding Station 2:30pm - Aroma Memories (SE) 3:30pm - Parachute Game (SE) 4:00pm - Rest and Restore (P)	10:00am - Spa Coral (R) 6 10:30am - Assisted Movement (M) 11:30am - Cupcake Decoration (CE) 1:15pm - Meditation Moments (R) 1:30pm - Melanie Edwards (R) 2:30pm - Guess the Smell (SE) 3:30pm - Music and Memory (R) 4:00pm - Moments of Serenity (P)	10:00am - Jazz with Eric (R) 7 10:30am -This Day in History (R) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Heart, Mind & Harmony (R) 2:00pm - Music w/Sticks (Alondra) R 2:30pm - The Sensory Garden (SE) 3:30pm - Music and Memory (R) 4:00pm - Serenity Sessions (P)	10:00am - Apple Cider &Classics(R) 8 10:30am - Pumpkin Creativity 12:30pm - Challenge (SE) 11:30am - Bake and Create (P)(SE) 1:15pm - Calm Connections (R) 1:30pm - Mindful moments (P) 2:30pm - Sensory Experience (SE) 3:30pm - Music and Memory (R)	10:00am - Historical Images (C) 9 10:30am - Assisted Movement (M) 11:30am - Sensory Lab (SE) 1:15pm - Meditation Moments (R) 1:30pm - Art w/ Alondra (M)(NL) 2:30pm - Sensory Lab (P) 3:30pm - Music and Memory (R) 4:00pm - Serenity Sessions(P)
Columbus Day 12	10:00am - This Day in History (R) 13 10:30am - Assisted Movement (M) 11:30am - Fruit and Flavor (P)(SE) 1:15pm - Meditation Moments (R) 1:30pm - Music and melodies (R) 2:30pm - Sensory Circle (SE) 3:30pm - Music and Memory (R) 4:00pm - The Calm Space (P)	10:00am - This Day in History (R) 14 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Meditation & Reflection (R) 2:00pm - Music w/Drums(Alondra) R 2:30pm - Texture Treasure (SE) 3:30pm - Music and Memory (R) 4:00pm - Restful reflections (P)	10:00am - Apple Cider &Classics(R) 5 10:30am - Assisted Movement (M) 11:30am - Bake and Create (P)(SE) 1:15pm - Calm Connections (R) Fall Festival 2:30pm - 4:00pm -	10:00am - Historical Images (C) 16 10:30am - Assisted Movement (M) 11:30am - Sensory Table (SE) 1:15pm - Chair Breathing Circle (R) 1:30pm- Sensory Journey(P)(C) 2:30pm - Pete the Folksinger (R) 3:30pm - Son of Our Lives R) 4:00pm - Restful reflections (P)
10:00am - Music w/ Anthony (R) 19 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Soothing Moments (R) 1:30pm - Meditation Moments (R) 2:30pm - Sensory bins (P) 3:30pm - Music and Memory (R) 4:00pm - The Calm Space (P)	10:00am - Iced Tea and Tunes (R) 20 10:30am - Assisted Movement (M) 11:30am - Apple And Cinnamon 1:15pm - Meditation Moments (R) 1:30pm - Music and Melodies R 2:30pm - Sensory Lab (SE) 3:30pm - Music and Memory (R) 4:00pm = Comfort Corner (	10:00am - This Day in History (R) 21 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:15pm - Calm and Breath (R) 2:00pm - Music w/Shakers(R) 2:30pm - Memory and Senses (SE) 3:30pm - Music and Memory (R) 4:00pm - Gently Serenity (P)	10:00am - Tea Time & Tunes (R) 22 10:30am - Assisted Movement (M) 11:30am -The memory Baker ((P) 1:15pm - Meditation Moments (R) 1:30pm - Fell, See and Explore (R) 2:30pm - Sensory Lab (SE) 3:30pm - Music and Memory (R) 4:00pm - Serenity Sessions (P)	10:00am - Historical Images (C) 23 10:30am - Assisted Movement (M) 11:30am - Nashville Standard (R) 1:15pm - Mindful Moments (R) 1:30pm - Awaken the senses (P)(C) 2:30pm -Sensory Lab (SE) 3:30pm - Memories & Melodies (SE) 4:00pm - Restful reflections (P)
10:00am - Historical Images (C) 26 10:30am - Assisted Movement (M) 11:30am - Baking + Friends (P)(SE) 1:15pm - Soothing Moments (R) 1:30pm - Sensory Journey (R) 2:30pm - Sensory Connections (SE) 3:30pm - Music and Memory (SE) (R)4:00pm - Restful reflections (P)	10:00am - Tea and Tunes (R) 27 10:30am - Assisted Movement (M) 11:30am - Baking Cookies (P) 1:15pm - Meditation Moments (R) 1:30pm - Melanie Edwards (R) 2:30pm - Sensory Scavenger H.(P) 3:30pm - Music and Memory (R) 4:00pm - Gently Serenity (P)	10:00am - This Day in History (R) 28 10:30am - Assisted Movement (M) 11:30pm - Baking + Friends (P)(SE) 1:30pm - Around the World 2:30pm - Texture Matching (SE) 3:30pm - Music and Memory (R) 4:00pm - Restful reflections (P)	10:00am - Mornings Tunes (R) 29 10:30am - Assisted Movement (M) 11:30am - Art with Alondra (M)(NL) 1:15pm - Meditation Moments (R) 1:30pm - Color Match Challenge (NL) 2:30pm - Sensory Table (SE) 3:30pm - Music and Memory (R) 4:00pm - The Calm Space (P)	10:00am - Historical Images (C) 30 10:30am - Assisted Movement (M) 11:30am - Sensory Table (SE) 1:15pm - Meditation Moments (R) 1:30pm - Discover your Senses (SE) 2:30pm - Laundry Day Memories (R) 3:00 pm - Birthday Celebration (SE) 3:30pm - Music and Memory (R)

Activity Types: Cognitive Engagement (C), Creative Expression (CE), Movement (M), Purpose (P), Reflection (R), Social Engagement (SE), New Learning (NL).

Please note: Calendar are subject to change

Additional Time Slots: 7:30am-10:00am = Montessori Centers / 11:00am -11:30 = Snack / 12:00pm - 1:00pm Lunch 3:00pm = Snack / Montessori Centers