

ORANGE ROOM | JANUARY 2021

<div></div> <div>Activity Domain Key Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Reflective (R) Nature (N)</div>	<div></div> <div></div>	<div></div>	<div></div> <div></div>	<div>IMCC IS CLOSED!</div> <div></div>
4 7:30 Group Discussion w/ Jeff (C) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Discussion w/ Ruth: What's New in the New Year (S) 12:00 Travels to Alaska (S) (C) 12:30 Lunch (S) 1:00 Art Expressions w/ Kathryn (S) (CR) 2:00 Outdoor Nature Walk w/ Jack (O) (N) 2:30 Reminiscing: Baby Boomer Memories w/ Dr. Buck (S) (R) 3:00 Afternoon Music & Music Social (S) 3:30 Football Team Trivia w/ Herbert (C) 4:00 Combined Piano w/ Annette (S) (SE) 4:30 Balloon Toss w/ Jeff (P) 5:00 50's Rock & Roll Hits (S) (SE)	5 7:30 Puzzle Group w/ Dr. Buck (C) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: Name Something (C) 11:00 Snack & Social (S) 11:30 National Bird Day: Name the Bird w/ Anita (C) 12:00 Balloon Volleyball w/ Bill (P) 12:30 Lunch (S) 1:00 Surprising Stories Discussion (S) 1:30 Travels to Ireland w/ Patty (S) (C) 2:00 Roll & Rhyme w/ Magda (C) 2:30 Happy Birthday, Robert Duvall (S) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Andrea Bocelli Bio w/ Nellie (S) 4:00 Name the Musician w/ Carol (C) (SE) 4:30 Combined News Currents (S) 5:00 Sinatra Sing-Along w/ Brenda (S) (SE)	6 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Fitness (C) 11:00 Snack & Social (S) 11:30 Famous Folks of January w/ Tom (S) 12:00 The Jazz Age w/ Andy (S) (C) (SE) 12:30 Lunch (S) 1:00 Art Expressions w/ John (S) (CR) 1:30 Funny Snapshots: What Were They Thinking Discussion (S) 2:00 Golden Age of Hollywood w/ Peg (S) (R) 2:30 Indoor Walking Club w/ Herbert (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Discuss & Recall w/ Peg (S) (R) 4:00 All About Bill Withers (S) (C) 4:30 Combined Discussion Group (S) (R) 5:00 Active Game: Corn Hole (P)	7 7:30 Balloon Toss (P) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along w/ Nellie (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Uplifting News Stories (S) 12:00 Animal Spotlight w/ Jack (S) (C) (N) 12:30 Lunch (S) 1:00 Art Expressions w/ Nellie (S) (CR) 2:00 Fashion Through the Decades (S) (R) 2:30 Golf Trivia & Icons w/ Anita (S) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Bowling w/ Magda (P) 4:00 Finish the Lyric w/ Carol (S) (C) 4:30 Combined Balloon Volleyball (P) 5:00 Piano Stylings w/ Annette (SE) (R)	8 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 This Week in Photos w/ Andy (S) 12:00 Elvis IQ & Graceland w/ Ruth (S) (C) 12:30 Lunch (S) 1:00 Ray Charles Bio w/ Herbert (S) (C) (SE) 1:30 Travels to France w/ Kathryn (S) 2:00 Guess the Occupation w/ Dr. Buck (C) 2:30 Mysteries of the Greenbrier w/ Bill (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Balloon Volleyball w/ John (P) 4:00 Combined Piano w/ Annette (SE) (R) 4:30 Combined Triple Treat Trivia (C) 4:45 Classical Music Exploration (SE) 5:00 Animal Exploration: Koalas (S) (C)
11 7:30 Color Sorting w/ Sutjiati (C) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: FROST Categories (C) 11:00 Snack & Social (S) 11:30 Exploring the Grand Canyon w/ Tom (S) (C) 12:00 Presidential Trivia w/ Ruth (C) 12:30 Lunch (S) 1:00 Craft Corner w/ Carol (S) (CR) 1:45 All About Jackie Joyner-Kersey (S) 2:15 Indoor Walking Club (P) 2:45 Name 5 w/ John (C) 3:00 Afternoon Music & Snack Social (S) 3:30 Julie Andrews Bio w/ Kathryn (S) (C) 4:00 Combined Piano w/ Annette (SE) 4:30 Bean Bag Tic-Tac-Toe (P) 5:00 Opera Exploration (S) (SE)	12 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: Letter N Puzzle (C) 11:00 Snack & Social (S) 11:30 Jackie Robinson Bio w/ Bill (S) (C) 12:00 Balloon Volleyball (P) 12:30 Lunch (S) 1:00 Surprising Stories Discussion (S) 1:30 Art Expressions w/ Patty (S) (CR) 2:30 "Bowl" Me Over Puzzle (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Superhero Day: the History of Superman (S) (C) 4:00 Great Gardens of the World w/ Anita (S) 4:30 Combined News Currents (S) 5:00 John Denver Sing-Along (S) (SE)	13 7:30 Puzzle Group w/ Jeff (C) 8:00 Personalized Active Stations (S) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Active Dice Game w/ Andy (S) (P) 12:00 Uplifting News Stories w/ Peg (S) 12:30 Lunch (S) 1:00 50's Sing-Along w/ Carol (S) (SE) 1:30 Pictionary w/ John (S) (CR) 2:00 Random Trivia w/ Tom (S) (C) 2:30 Composer's Club: Johnny Cash (S) (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Guess the Musical w/ Kathryn (C) 4:00 Balloon Toss & Tunes (P) 4:30 Combined Discussion Group (S) (R) 5:00 Active Game: Frisbee Toss (P)	14 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Discussion: Dress Your Pets Day (S) 11:00 Snack & Social (S) 11:30 Side by Side w/ Jack (S) 12:00 Benny Goodman & His Clarinet w/ Andy (S) (SE) 12:30 Lunch (S) 1:00 Craft Corner w/ Kathryn (S) (CR) 1:45 Surprising Stories Discussion (S) 2:15 Reminiscing: Famous Couples (S) (R) 3:00 Afternoon Music and Snack Social (S) 3:30 Virtual Violin Performance w/ Anthony (S) (SE) 4:15 Combined Balloon Volleyball (P) 4:45 Participant Choice Song Selection (SE)	15 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: Finish the Saying (C) 11:00 Snack & Social (S) 11:30 This Week in Photos w/ Andy (S) 12:00 Corn Hole w/ Herbert (P) 12:30 Lunch (S) 1:00 Art Expressions w/ Dr. Buck (S) (CR) 2:00 Star Spotlight: Betty White (S) (C) 2:30 Celebrating MLK (S) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Utah True or False w/ John (S) (C) 4:00 Combined Piano w/ Annette (SE) (R) 4:30 Combined Triple Treat Trivia (C) 4:45 Classical Music Exploration (SE) 5:00 Amazing Music Performances (S) (SE)
18 <div>IMCC IS CLOSED!</div> <div></div>	19 7:30 Puzzle Group w/ Dr. Buck (C) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: January Trivia (C) 11:00 Snack & Social (S) 11:30 Ocean Animal Spotlight w/Anita (S) (C) 12:00 All About Louis Armstrong (S) (C) 12:30 Lunch (S) 1:00 Art Expressions w/ Nellie (S) (CR) 2:00 Reminiscing: the Apollo Missions w/ Bill (S) (R) 2:30 TV Spotlight: I Love Lucy Top 10 (S) (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Outdoor Nature Walk w/ Bill (O) (N) (P) 4:00 Odd One Out (C) 4:30 Combined News Currents (S) 5:00 Johnny Cash Sing-Along (S) (SE)	20 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Reminiscing: Comedic Legends (S) (R) 12:00 Dicebreakers w/ Andy (S) 12:30 Lunch (S) 1:00 Would You Rather w/ Carol (S) 1:30 Balloon Volleyball w/ John (P) 2:00 Marilyn Monroe Bio (S) (C) 2:30 All About the Tabernacle Choir (S) (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Travels to Italy w/ Kathryn (S) (C) 4:00 Brain Fitness: Starts with J (C) 4:30 Combined Discussion Group (S) (R) 5:00 Active Game: Target Toss (P)	21 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 40's Flashback w/ Carol (S) (R) 12:00 Musical Hangman w/ Anita (S) (C) 12:30 Lunch (S) 1:00 Art Expressions w/ Jack (S) (CR) 1:45 Surprising Stories Discussion (S) 2:15 Irish Sing-Along w/ Patty (S) (SE) 2:45 What Comes Next w/ Kathryn(C) 3:00 Afternoon Music and Snack Social (S) 3:30 Brain Fitness: A – Z (C) 4:15 Combined Chair Dancing (P) 4:45 Andrea Bocelli Music Exploration (SE)	22 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: Finish the Saying (C) 11:00 Snack & Social (S) 11:30 This Week in Photos w/ Dr. Buck (S) 12:00 Whose Eyes Are They (C) 12:30 Lunch (S) 1:00 Tour of Rock & Roll Hall of Fame (S) 1:45 Buzz Aldrin Bio w/ Bill (S) (C) 2:30 Corn Hole w/ John (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Discuss & Recall w/ Ruth (S) (R) 4:00 Combined Piano w/ Annette (SE) (R) 4:30 Combined Triple Treat Trivia (C) 4:45 Classical Music Exploration (SE) 5:00 Amazing Music Performances (S) (SE)
25 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Then vs Now w/ Carol (S) 12:00 Music Spotlight: Etta James (S) (SE) 12:30 Lunch (S) 1:00 Art Corner w/ Dr. Buck (S) (CR) 1:45 Scattergories (C) 2:00 Bowling w/ Tom (P) 2:30 Things You Don't Hear Anymore (S) (R) 3:00 Afternoon Music & Snack Social (S) 3:30 Surprising Stories Discussion (S) 4:00 Combined Piano Stylings w/ Annette (S) (SE) 4:30 Balloon Toss w/ Jeff (P) 5:00 Opera Exploration (S) (SE)	26 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Travels to Australia (S) (C) 12:00 Paul Newman Bio w/ Nellie (S) (C) 12:30 Lunch (S) 1:00 Art Expressions w/ Patty (S) (CR) 2:00 Trivia w/ Anita (C) 2:30 Dicebreakers w/ Peg (S) 3:00 Afternoon Music and Snack Social (S) 3:30 All About Sea Otters (S) (C) 4:00 Music Spotlight: John Denver (S) (C) (SE) 4:30 Combined News Currents (S) 5:00 Sinatra Sing-Along (S) (SE)	27 7:30 Group Discussion w/ Ruth (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: Letter L Puzzle (C) 11:00 Snack & Social (S) 11:30 Wintertime Reminiscence (S) (R) 12:00 Great Race Game w/ Carol (S) (P) 12:30 Lunch (S) 1:00 Craft Corner w/ Ruth (S) (CR) 1:45 Discussion: Odd Jobs (S) 2:15 Indoor Walking Club (P) 2:45 Composer's Club: Barbara Streisand (S) 3:00 Afternoon Music and Snack Social (S) 3:30 National Geographic Photo Showcase w/ Sharron (S) (SE) 4:00 Corn Hole w/ Gordon (P) 4:30 Combined Name 5 (S) (C) 5:00 Active Game: Frisbee Toss (P)	28 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Touring Virginia w/ Carol (S) (C) 12:00 Uplifting News Stories w/ Andy (S) 12:30 Lunch (S) 1:00 TV Spotlight: M*A*S*H (S) (SE) 1:30 Celia Cruz Bio w/ Magda (S) (SE) 2:15 Famous Women in History (S) (C) 2:45 Balloon Toss & Tunes (P) 3:00 Afternoon Music and Snack Social (S) 3:30 June Carter Cash Bio (S) (SE) 4:00 Odd Museums Around the World (S) 4:30 Combined Balloon Volleyball (P) 4:45 Participant Choice Song Selection (SE)	29 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: Finish the Saying (C) 11:00 Snack & Social (S) 11:30 This Week in Photos w/ Andy (S) 12:00 All About Oprah (S) (C) 12:30 Lunch (S) 1:00 Art Expressions w/ Bill (S) (CR) 2:00 Name 5 (C) 2:30 D.C. Landmarks w/ John (S) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Fabulous 50's w/ Carol (S) (R) 4:00 Combined Piano w/ Annette (SE) (R) 4:30 Combined Triple Treat Trivia (C) 4:45 Classical Music Exploration (SE) 5:00 Amazing Music Performances (S) (SE)