



FY22 at a Glance

September 2021

Held a small ceremony to rename our scholarship fund to the **Kenneth G. Wood Financial Assistance Fund** in memory of his dedication to our mission and for his service on the board. **\$215,000 was provided to 22 participants** during the fiscal year.

October 2021

Held our **10th Annual Paintings & Pairings** event virtually, raising over \$140,000 in support of our programs. We awarded our 6th annual Excellence in Memory Care Award to R. Scot Turner, MD for his research expertise and commitment to quality care.

January 2022

Opened our second location, **Insight Memory Care Center – Sterling!** The new early stage focused center offers our Reconnections program for participants four days per week, along with care partner support groups and education programs.

Added the **Obie for Seniors system** to our day center that uses a projector and motion sensors to turn walls, floors, and tables into interactive gaming centers! This program was funded by the Alzheimer’s Foundation of America (AFA).

February 2022

Offered six distinct support groups throughout the year, and introduced a new **Successful Support Group train-the-trainer course** to expand support offerings in the community.

March 2022

The **Mind & Body Workshop** was offered after a two year hiatus in our new Sterling Early Stage Center! Both the care partner and the early stage individual participate, providing social engagement and peer support, while adjusting to life with a new diagnosis.

Our annual monitoring visit from the Virginia Department of Social Services was completely **deficiency free** for the 11th year in a row to renew at the highest level of licensure.

Our **Caregiving at a Glance Workshop** was awarded Honorable Mention in the 2022 Best Practices Awards from the Commonwealth Council on Aging. The Workshop is a unique learning experience for a cohort of family care partners to learn together with dementia experts while exploring many common caregiving topics together.

May 2022

Held our second **Legacy Breakfast** in May 2022, inviting new supporters to learn more about our organization and raising over \$40,000 in support of our programs.

June 2022

Named one of the **best local nonprofits** through The Catalogue for Philanthropy: Greater Washington, an honor we have received each four year cycle since 2006.

Completed **SAGECare training** at a Platinum level, and we continue to work towards making our services welcoming to LGBTQ+ people and their families.

Individuals Served: 4163

12% increase from last year!

Care

Day Center

144

Reconnections

72

Insight at Home

14

Support

Support Groups

960

Consultations

355

Memory Cafe

106

SHARE Program

34

Mind & Body

22

Education

Classes

1370

Webinar Views

905

Prof Training

181

Family Survey Results



94% agree they have more time to do work or other needed things since becoming involved at IMCC.

"It's a safe, caring environment for my loved one during the day and allows me time for errands and self-care. Every single person I have come in contact with has been very kind and friendly."

100% were satisfied overall with the care and services their family member received.

"The staff are truly wonderful. They have families and those living with dementia first, front and center. The programs are thoughtful and engaging. The caregiving programs are well balanced. This is the only location that offers the variety I've been looking for."

100% agree their family member is safe while at the day center.

97% find the Care Plans helpful and informative.

88% agree their family functions better on days they attend.



99% agree education programs have been helpful

"I like all the classes, particularly the ability to watch them online at a later date, as I am still working and am often not available when seminars are offered."

100% agree staff treats me and my family warmly and respectfully.

"I like it because it is like joining a family when you start there and you are treated like one of the family from the very start. And that family atmosphere extends even if you lose your loved one."

100% agree staff made a sincere effort to help their loved one adjust.

"Staff at all levels "gets it". If my husband is especially difficult on a given day, gentle measures are used to identify and address issue. Staff really seems to understand who each individual participant is."



94% agree support services help them feel more connected

"Insight was the FIRST level of support when my father moved in with us. Through webinars, conversations, in person meetings I was able to get a grasp of our new reality."

100% agree the Reconnections program has provided opportunity for increased socialization.

"The Sterling Instructors are the BEST of the Best - very knowledgeable, kind, helpful, happy, and welcome our suggestions. My participant feels his brain is challenged and has shown signs of improvement. Loves the friends he has made in class."

100% agree staff is responsive and professional.

94% have found the Reconnections group helpful.



100% agree staff is attentive to my needs as a caregiver.

"Professional and caring staff that are willing to listen and make things better for your family member and caregiver."

100% agree Insight's virtual community is welcoming and inviting.

"Love all you have virtually, both Insight at Home as well as educational and support programs for caregivers."

100% agree that virtual activities are engaging for their family member.

"We liked the virtual Reconnections. The activities could engage our entire family in "preparing" my husband to participate."

View our full 2020-2021 Annual Report online: InsightMCC.org/YearInReview

We sincerely appreciate funding from Fairfax County Government. Many thanks to all of our supporters who make this possible!

