BLUE ROOM | AUGUST 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| Activity Domain Key Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R) | Calendar Key BOLD RED: Small Group or Special Event BOLD BLACK- Meal & Snack Time or Outside Entertainers Activities are planned with flexibility and may be subject to change. | Renee 8.8 Gloria 8.12 Raul 8.12 Johnny 8.14 Jay 8.15 Steve 8.15 | Muoi 8.18 Terry 8.18 Dan 8.24 Mary S 8.29 Sonny 8.30 Barry 8.31 | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Celebrity Spotlight (S) 12:30 Lunch (S) 1:15 Jewelry Workshop (CR) 1:15 Cooking Demo (SE) 2:00 Close Up Quiz (C) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 This or That (S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S)(C) (CR) |
| 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Star Spotlight(S) 12:30 Lunch (S) 1:15 Bird House DIY (SE) 1:15 Giant Jenga (C)(S) 2:00 Guinness Records (S) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Best Clips of Classic TV (S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Bean Bag Toss (P) 12:30 Lunch (S) 1:15 Music with Melanie (SE) 2:15 Famous Faces (C) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Pair Up Puzzles & Music (C) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) 10:30 Tai Chi w Caregivers (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Animal Superlatives (S) 12:30 Lunch (S) 1:15 Walking Club (P) 1:15 Timeline Trivia (C) 2:00 Word Wise Advice (R)(S) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Word Puzzles (C) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Hand & Eye Game (P) 12:30 Lunch (S) 1:15 Art Explorers (S) 2:00 Inspired Craft (CR) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Minute to Win Game (C) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Where Am I Game (C) 12:30 Lunch (S) 1:15 OMA Creations (CR) 1:15 Name That Flag (C) 2:00 Seated Tai Chi (P) 2:00 Standing Tai Chi (P) 3:00 Afternoon Break (S) 3:15 Snowball Target Toss (P) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) |
| 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 Piano Jams Anthony (SE) 11:00 Morning Break (S) 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Capitals & Countries (S) 2:00 Sit & Stretch Exercise (P) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Giant Jenga Game (C)(S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Seedling Start Up (SE) 12:30 Lunch (S) 1:15 OMA Creations (CR) 1:15 Artist Spotlight (S) 2:00 Inspired Artwork (CR) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Amazing Child Prodigies(S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Travelogue (S) 12:30 Lunch (S) 1:15 Just Desserts Jeopardy (C) 2:00 Sit & Stand Exercise (P) 2:30 DIY Ice Cream (SE) 3:00 ICE CREAM Social (S) 3:15 Pair Up Puzzles (C) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 You Be the Judge (S) 12:30 Lunch (S) 1:15 Walking Club (O)(N)(P) 1:15 Musical Spotlight (S) 2:00 Guess That Song Trivia (C) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Axe Throwing (P) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Close Up Quiz (C) 12:30 Lunch (S) 1:15 Travelogue (S) 2:00 Seated Tai Chi (P) 2:00 Standing Tai Chi (P) 3:00 Afternoon Break (S) 3:15 Name 10 (C) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) |
| 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Good News Stories (S) 12:30 Lunch (S) 1:15 Travelogue (S) 2:00 Destination Tasting (SE) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Pair Up Puzzles (C)(SE) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Photographic Memory Game (S) 12:30 Lunch (S) 1:15 Musical Movie Spotlight (S) 2:00 Musical Puzzles (C) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Music & Puzzles (P) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Giant Jenga (SE) 12:30 Lunch (S) 1:15 Around the World Fit (P) 2:00 Where in The World (C) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Free Rice Trivia (C) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 News Current (S) 12:30 Lunch (S) 1:15 Scattergories Game (C) 2:00 Music Spotlight (S) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Bowling Tournament (P) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C) (CR) 10:00 This Day in History (S) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Truth or Tale (S) 12:30 Lunch (S) 1:15 OMA Art Creations (CR) 1:15 Jeopardy (C) 2:00 Tai Chi w Cynthia (P) 3:00 Afternoon Break (S) 3:15 BINGO (S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) |
| 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Hidden Object Game (C) 12:30 Lunch (S) 1:15 Artist Spotlight (S) 1:45 Inspired Craft (CR) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Categories Trivia (C) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Inspired Art (CR 12:30 Lunch (S) 1:15 Reading Club (S) 1:15 Musical Spotlight (S) 2:00 Target Toss (P) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Candy BINGO (S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Faces & Places Trivia (C) 12:30 Lunch (S) 1:15 Travelogue (S) 2:00 Destination Tasting (SE) 2:30 Sit & Stand Exercise (P) 3:00 Afternoon Break (S) 3:15 Songs of the Summer (S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Build A Story Telling (S) 12:30 Lunch (S) 1:15 Walking Club (O)(N)(P) 1:45 So Long Summer Craft (CR) 1:45 Sit & Stand Exercise (P) 2:30 Aloha LUAU (S) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR | 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 This Day in History (S) 10:30 Chair Exercise (P) 11:00 Morning Break (S) 11:30 Brain Game (C) 12:00 Science Explorers (SE) 12:30 Lunch (S) 1:15 Summer Memories (R)(CR) 2:00 Tai Chi w Cynthia (P) 3:00 Afternoon Break (S) 3:15 Balloon Tennis (P) 3:30 Combined Activity (S)(P) 4:30-5:30 1:1 Activities (S) (C) (CR) |