## ORANGE GROUP | APRIL 2019

| 8:00 Artistic Expressions (E) <br> 8:30 Sorting and Folding Sensory Activity (SE) <br> 9:00 Essential Oil Hand Massages w/ Sarah (SE) <br> 10:00 Range of Motion Exercises w/ Richard (P) <br> 10:15 Fill in the Gaps: Song Titles (C) 11:00 Rhythmic Jingles (SE) <br> 12:00 Sock Sorting w/ Margarita (C) <br> 1:30 Music and Memory (SE) <br> 2:00 Namaste Care Environment: At the Beach (SE) <br> 3:30 Afternoon Snack and Music Social (S) <br> 4:00 Pass the Pigs w/ Jewell (P) <br> 4:30 ABBA Music Enhancement | 8:00 Famous Faces w/ Marilu (C) <br> 9:00 Music Enhancement: The Beatles <br> w/ David (SE) <br> 10:00 Latin Range of Motion Exercise w/ Margarita (P) <br> 10:15 Household Items Guessing Game (C) <br> 11:00 Elder's Famous Sing Along (SE) <br> 12:00 Beach Ball Toss and Tunes (P) <br> 12:15 Famous Faces: Who is Who? (C) <br> 1:30 Participant's Choice (S) (SP) (C) <br> 2:00 Namaste Care Environment: In the <br> Garden (SE) <br> 2:30 Artistic Expressions: Butterfly <br> Rubbing (E) <br> 3:00 Culinary Club: Dirt and Worm <br> Parfaits (SE) <br> 3:30 Snack and Music Social (SE) | 8:00 Puzzle Group w/ Richard (C) <br> 8:30 Adult Coloring Group w/ Margarita (E) 9:00 Music Enhancement: Frank Sinatra (SE) 10:00 The Beatle's Range of Motion Exercises ( P ) 10:20 Spelling Bee w/ Jean Kap. (C) 10:40 Short Story Group: Dancing in the Rain (S) 10:50 Music Makers: Rythmic Jingles (SE) 11:15 Music Enhancement: Elvis Presley (SE) <br> 12:00 Exploring Animals: The Golden Retriever (C) (S) <br> 12:30 Animal Antics Video: Golden Retrievers (S) <br> 1:30 Participant's Choice (SE) (S) <br> 2:00 Namaste Care Environment: Travels through the Shenandoah (SE) <br> 2:30 Photo Showcase of The Shenedoah (SE) <br> 3:00 Plants of the Shenandoah (SE) <br> 3:30 Afternoon Music Social (SE) <br> 4:00 Group Trivia Board Game (C) | 8:00 Sock Sorting w/ Sarah (C) <br> 8:30 Matching Game w/ Margarita <br> 9:00 Mandala Coloring Group w/ Guli (SE) <br> 10:00 Frank Sinatra Range of Motion Exercises w/ <br> Sutjiati (P) <br> 10:15 Roll the Dice! (P) (C) <br> 10:45 Music Therapy w/ Peg (SE) <br> 11:15 Two Belong Together w/ Jean Kap. (C) <br> 12:00 Jukebox Sing Along (S) <br> 12:30 Short Story Reading (C) <br> 1:30 Active Stations (SE) (S) <br> 2:00 Namaste Care Environment: Sensory Spa <br> Environment (SE) <br> 2:30 Essential Oil Hand Massages (SE) <br> 3:00 Sensory Spice Face Masks (SE) <br> 3:30 Afternoon Music Social (S) <br> 4:00 Combined Group Game: Pass the Pigs (P) <br> 4:30 Tony Bennett's $40^{\text {th }}$ Anniversary Show (SE) | CLOSED FOR STAFF DEVELOPMENT |
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| 8:00 Artistic Expressions (E) <br> 8:30 Sorting and Folding Sensory Activity (SE) <br> 9:00 Essential Oil Hand Massages w/ Sarah (SE) <br> 10:00 Range of Motion Exercises w/ Richard (P) <br> 10:15 The Great Race Game (C) 11:00 Rhythmic Jingles (SE) <br> 12:00 Sock Sorting w/ Margarita (C) 1:30 Music and Memory (SE) <br> 2:00 Namaste Care Environment: At the Beach (SE) <br> 2:30 Soundscapes: At the Beach Soundtrack (SE) <br> 3:30 Afternoon Snack and Music Social (S) <br> 4:00 Pass the Pigs! (P) <br> 4:30 Famous Classical Music Enhancement (SE) | 8:00 Famous Faces w/ Marilu (C) 9:00 Music Enhancement: The Beatles w/ David (SE) <br> 10:00 Latin Range of Motion Exercise w/ Margarita ( P ) <br> 10:15 Cooking Club: Chocolate Chip Pancake Muffins (SE) <br> 10:15 Motown Music Enhancement w/ Lucille (SE) <br> 11:00 Elder's Famous Sing Along (SE) <br> 12:00 Beach Ball Toss and Tunes (P) <br> 12:15 Fashion Group: Jewelry Dressing <br> and Appreciation (S) <br> 1:30 Participant's Choice (S) (SP) (C) <br> 2:00 Namaste Care Environment: In the Garden (SE) <br> 2:30 Artistic Expressions: Butterfly Rubbing (E) <br> 3:00 Culinary Club: Chopping Garden Variety Fresh Fruits (SE) <br> 3:30 Snack and Music Social (S) <br> 4:00 Octo-stretch Exercises (E) | 8:00 Puzzle Group w/ Richard (C) <br> 8:30 Adult Coloring Group w/ Margarita (E) 9:00 Music Enhancement: Frank Sinatra (SE) 10:00 Dance from Around the World w/ Guli (P) <br> 10:20 Word Challenge: Fill in the Gaps (C) <br> 10:40 Short Story Group: Dancing in the Rain (S) <br> 10:50 Music Makers: Rhythmic Jingles to classic <br> 11:15 Music Enhancement: Elvis Presley (SE) <br> 12:00 Exploring Animals: The Golden <br> Retriever (C) (S) <br> 12:30 Animal Antics Video: Golden Retrievers (S) <br> 1:30 Participant's Choice (SE) (S) <br> 2:00 Namaste Environment: Travels through <br> Canada w/ Jean <br> 2:30 Pet Visit w/ Pender (SE) <br> 2:45 Sounds and Smells of the Newfoundland Seaside (SE) <br> 3:30 Afternoon Music Social (SE) <br> 4:00 Parachute and Perry Como (P) (SE) <br> 4:30 Composer's Club: Diana Ross and the <br> Supremes (SE) | 8:00 Sensory Cabinet Activities w/ Doris (SE) 8:30 Word Puzzling (C) 9:00 Current Events w/ Marilu (C) 10:00 Chair Jazzercise w/ Richard (P) 10:30 Marble Shaving Cream Art w/ Lucille (E) 10:45 Music w/ Peg (SE) 12:30 Elder's Famous Sing Along w/ Lucille (S) 1:30 All About: Newfoundland Canada (C) (SE) 2:00 Namaste Care Environment: Sensory Spa Environment (SE) 2:00 Aromatherapy Facials (SE) 2:30 Essential Oil Hand Massages and Classical Compositions (SE) 3:00 Grace's Reading Group: Famous Folk Tales (C) (S) 3:30 Combined Afternoon Music Social: The Ink Spots w/ Lois (S) 4:45 Combined Dance Appreciation: West Coast Swing w/ Richard (P) | 8:30 Cognitive Cabinet Activities w/ Jean (C) <br> 9:15 Coffee \& Conversations (S) <br> 10:00 Dancing w/ Garrey (P) <br> 10:00 MSE Room visit w/ Jewell (SE) <br> 11:15 Whiteboard Word Finds and Spelling <br> Bee (C) <br> 12:00 Cooking Group: Edible Play Dough (SE) <br> 1:30 Music and Memory (SE) <br> 2:00 Cherry Blossom Landscape Art (E) <br> 2:00 Pet Visit w/ Brawny (SE) <br> 2:30 Multi-Sensory Environment Room Visit <br> w/ Grace (SE) <br> 2:30 Tai Chi/Yoga w/Cynthia (SP) (P) <br> 3:15 Identifying Animals: Unique Mammals <br> (C)(S) <br> 3:30 Featured Music Snack Social (SE) <br> 3:45 Featured Composer's Club: The <br> Temptations (SE) <br> 4:00 Arnie's Piano Happy Hour w/ Wendy (S) |
| 8:00 Puzzle Group (C) <br> 8:30 Word Searching (C) <br> 9:00 Current Events Club (C) <br> 10:00 BeBalanced: Chair Exercise (P) <br> 10:30 The Great Race! (P) <br> 11:00 Name that Animal (C) <br> 11:20 Composer's Club: John Denver w/ Arnie (S) (C) <br> 12:00 Cooking Club: Oreo Parfaits w/ Lillian (SE) <br> 1:45 Water Painting w/ Margarita (E) <br> 1:45 Music and Memory (SE) <br> 2:00 Sensory Environment: At the Beach (SE) <br> 3:00 Tropical Smoothies and Hawaiian Tunes (S)(SE) <br> 3:30 Featured Music Snack Social: Luau Edition (S) <br> 4:00 Beach Ball Toss and Beach Boy's Soundtrack (P) <br> 4:30 Combined Balloon Volley Tournament ( P ) | 8:30 Sensory Activities w/ Jean (SE) <br> 9:15 Expressive Cabinet Activities (E) 10:00 Guitar w/ Steve (S) <br> 10:45 Spring Fabric Sorting w/ Karen (C) <br> 12:00 Stamp and Sticker Collaging w/ <br> Sutjiati (SE) <br> 1:30 Music and Memory (SE) <br> 2:00 Animals of the Shenandoah <br> Discussion (C) <br> 2:00 Pet Visit w/ Brawny (SE) <br> 2:00 Namaste Care Environment: In the Garden (SE) <br> 2:30 Artistic Expressions: Cherry <br> Blossom Bottle Art (SE) <br> 3:00 Garden Sensory Bins (SE) <br> 3:30 Snack and Music Social (S) <br> 4:00 Group Basketball (P) <br> 4:30 Music Enhancement: Famous <br> Waltzes w/ Mary Anna (SE) | 8:30 Adult Coloring Group (E) <br> 9:15 Coffee \& Conversations w/ Ruth B (S) 10:00 Morning Greetings (S) <br> 10:15 Stretch and Flex w/ Bill E. and Patrick <br> (P) <br> 10:30 Parachute and Perry Como (P) <br> 11:00 In the Aviary w/ Karen: All About Birds <br> Sensory Activity (C) (SE) <br> 11:00 Walking Club w/ Sarah (P) <br> 12:00 Aquapaintings (E) <br> 1:30 Music and Memory (SE) <br> 2:00 Participant's Choice (C)(E)(S)(P) <br> (SE) <br> 2:00 Namaste Environment: Travels through <br> Puerto Rico w/ Margarita <br> 2:30 Soft Salsa and Massages (SE) <br> 2:45 Sounds and Smells of the Puerto Rico <br> (SE) <br> 3:30 Afternoon Music Social (SE) <br> 4:00 Active Game: Frisbee and Frank Sinatra <br> w/ Richard (P) (SE) <br> 4:30 Composer's Club: The Shirelles (SE) | 8:30 Cognitive Cabinet Activities w/ Jean (C) <br> 9:15 Coffee \& Conversations (S) <br> 10:00 Morning Greetings (S) <br> 10:15 BeBalanced w/ Richard (P) <br> 10:30 The Great Race Game w/ Elizabeth (C) <br> 10:45 Music Therapy w/ Peg (S) <br> 12:00 Cooking Club: Yougurt Parfaits w/ Lucille (SE) <br> 12:15 Spiritual Music w/ Jewell (SP) <br> 1:30 Active Stations (SE) <br> 2:00 Namaste Care Environment: Sensory Spa <br> Environment <br> 2:00 Aromatherapy Facials (SE) <br> 2:30 Essential Oil Hand Massages and Classical Compositions (SE) <br> 4:00 Canine Companions w/ Jean: All about Pender and Newfoundlands (C) <br> 4:30 Animals of Newfoundland Documentary (SE) | 8:30 Coffee \& Conversations (S) <br> 8:30 Walking Club w/ Elizabeth (P) <br> 9:15 Adult Coloring Group (E) <br> 10:00 Morning Greetings (S) <br> 10:15 Zumba Fit w/ Patrick (P) <br> 10:30 A Sensory Tour of the Flower fields in <br> Carlsbad C) (S) <br> 10:45 Music Therapy with Jessica (SE) <br> 12:00 Butcher Paper Cutting and Collaging w/ <br> Joy (E) <br> 1:30 Participant's Choice (P)(C)(E)(S) <br> 2:00 Namaste Environment: Coconut Hand <br> Massages w (S)(C) <br> 2:30 Tai Chi/Yoga w/Cynthia (SP) (P) <br> 3:15 Active Basketball and Tunes (C) <br> 3:30 Snowcone Social (S) <br> 3:45 Arnie's Piano Happy Hour (S) <br> 4:30 Active Stations (P) <br> 5:00 Participant's Choice (P)(S)(C)(E) |
| 8:30 Cognitive Cabinet Activities w/ Jean (C) <br> 9:15 Coffee \& Conversations (S) 10:00 Morning Greetings (S) 10:15 Racing through the Decades w/ Richard (P) <br> 10:30 Pass the Pigs w/ Elizabeth (C) 11:00 Horseshoe Toss w/ Arnie (P) 11:15 Reading Circle w/ Grace: Chicken Soup for the Soul (SP) 12:00 Dot Art Landscapes Creations (SE) (E) <br> 12:30 Animal Antics Discussion: The Honey Bee (C) <br> 12:45 Honey Tasting! (SE) <br> 1:45 Music and Memory (SE) <br> 2:00 Sensory Environment: At the Beach (SE) <br> 3:00 Tropical Smoothies and Hawaiian Tunes (S)(SE) 3:30 Featured Music Snack Social: Luau Edition (S) <br> 4:00 Beach Ball Toss and Beach Boy's Soundtrack (P) <br> 4:30 Combined Balloon Volley Tournament (P) | 8:30 Sensory Activities w/ Jean (SE) <br> 9:15 Expressive Cabinet Activities (E) 10:00 Racing through the Decades w/ Katie (P) <br> 10:30 Spelling Bee (C) <br> 10:45 SpringSing w/ Doris (C) <br> 11:15 Short Story Group: Poems w/ Katie (S) <br> 12:00 Stamp Art and Magazine <br> Collaging w/ Joy (S) (SP) <br> 1:30 Music and Memory (SE) <br> 2:00 Participant's Choice (S)(C)(E)(P) <br> 2:00 Pet Visit w/ Brawny (SE) <br> 2:00 Namaste Care Environment: In the Garden (SE) <br> 2:30 Artistic Expressions: Flower <br> Arranging (SE) <br> 3:00 Garden Sensory Bins (SE) <br> 3:30 Snack and Music Social (S) <br> 4:00 Group Basketball (P) <br> 4:30 Music Enhancement: Famous <br> Waltzes w/ Mary Anna (SE) | 8:30 Expressive Cabinet Activities w/ Margarita (E) <br> 9:15 Cognitive Cabinet Activities w/ Ruth B (C) 10:00 Morning Greetings (S) <br> 10:15 Parachute and Famous Fifties Hits w/ Patrick (P)(SE) <br> 10:45 Easter Egg Dying w/ Lillian (E)(C) <br> 11:00 All About... Musicals w/ Giovanna (C) <br> 11:00 Multi-Sensory Environment Room w/ Jean K. (SE) <br> 12:00 Famous Musicals: A Showcase w/ Giovanna (E) (S) <br> 12:20 Hollywood Walk of Fame Butcher Paper <br> Art w/ Giovanna (E) <br> 1:30 Music and Memory (SE) <br> 2:00 Namaste Environment: Travels through <br> Santa Barbara w/ Grace (SE) <br> 2:30 Coconut Smoothies (SE) <br> 2:45 Ocean Sounds and Smells of the Santa Barbara (SE) <br> 3:30 Afternoon Music Social (SE) <br> 4:00 Active Game: Frisbee and Frank Sinatra <br> w/ Richard (P) (SE) <br> 4:30 Composer's Club: Elvis Presley (SE) |  | 8:30 Sensory Activities w/ Ruth M (SE) <br> 9:15 Expressive Cabinet Activities (E) <br> 10:00 Morning Greetings and Daily Chronicle <br> (S) <br> 10:30 Violin w/ Anthony (SE) <br> 12:00 The Story of Edelweiss w/ Karen (C) <br> 12:20 Crazy About Cats w/ Karen (SE) <br> 1:30 Participant's Choice (P)(C)(E)(S) <br> 1:30 Music and Memory (SE) <br> 2:00 Essential Oil Hand Massages (SE) <br> 2:30 Tai Chi/Yoga w/Cynthia (SP) (P) <br> 3:15 Active Basketball and Tunes (P) <br> 4:00 Music Enhancement: Famous Piano <br> Pieces w/ Wendy (S) |
| 8:30 Cognitive Activities w/ Jean (C) <br> 9:15 Coffee \& Conversations (S) 10:00 Morning Greetings (S) <br> 10:15 BeBalanced w/ Richard (P) 10:30 Jeopardy Questions! (C) <br> 11:00 Composer's Club: Chubby Checker w/ Jewell (C) <br> 11:15 Reading Circle w/ Grace: Chicken Soup for the Soul (SP) <br> 12:00 Octostretch Bands Exercise (P) <br> 1:45 Sensory Stations (SE) <br> 2:00 Namaste Sensory Environment: <br> At the Beach (SE) <br> 3:00 Tropical Smoothies and Hawaiian Tunes (S)(SE) <br> 3:30 Featured Music Snack Social: <br> Luau Edition (S) <br> 4:00 Beach Ball Toss and Beach Boy's Soundtrack (P) <br> 4:30 Combined Balloon Volley <br> Tournament (P) | 8:30 Sensory Activities w/ Ruth M (SE) <br> 9:15 Expressive Cabinet Activities (E) <br> 10:00 Music w/ Frank (S) <br> 11:00 Aviary Photo Showcase w/ Karen and Arnie (C) (S) <br> 12:00 Quirkel and Fabric Sorting w/ <br> Margarita (S)(C) <br> 1:30 Music and Memory (SE) <br> 2:00 Participant's Choice (S)(C)(E)(P) <br> 2:00 Pet Visit w/ Brawny (SE) <br> 2:00 Namaste Care Environment: In the <br> Garden (SE) <br> 2:30 Artistic Expressions: Flower <br> Arranging (SE) <br> 3:00 Garden Sensory Bins (SE) <br> 3:30 Snack and Music Social (S) <br> 4:00 Group Basketball (P) | nsight | Blue: Snack 11:00 \& 3:30 Orange: Snack 11:30 \& 3:30 <br> Blue: Lunch 12:30 <br> Orange Lunch 12:45 <br> Activity Domain Key <br> Physical (P) <br> Social (S) <br> Cognitive (C) <br> Expressive (E) <br> Sensory (SE) <br> Spiritual (SP) | Monthly Birthdays! <br> Bob B. 4/27 <br> Despina G. 4/3 Joan S. 4/24 |

