ORANGE GROUP | OCTOBER 2019

	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
Activity Domain Key Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE) Spiritual (SP)	8:30 Sensory Activities w/ Jean (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Dancing w/ Garrey (P) 11:15 Musical Moments: Classical Fall Tunes w/ Mun Ja (SE) 12:00 Artistic Expressions: Fall Leaves Dot Art (E) 12:30 Memory Workout: Identify the Letter (C) 1:30 Music and Memory (SE) 2:00 Autumn Sensory Session (SE) (S) 2:30 Cinnamon Playdough (E) 3:00 Chime Choir w/ Ben (SE) 3:30 Snack and Music Social (S) 4:00 Combined Travelogue: Florida Keys w/ Diane (S) 4:30 Famous Piano Compositions (SE)	8:00 Mandala Coloring Group w/ Margarita (SE) 8:30 Jenga Group (C) 9:00 Magazine Collaging w/ Joy (E) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Noodle Range of Motion Exercises (P) 10:45 Corn Hole (P) 11:00 Reminiscing: The Joys of Fall (SE) 12:00 Outdoor Patio Social (S) 1:30 Music and Memory (SE) 2:00 Hand Massages w/ Guli (SE) 2:30 Music w/ April (S) 3:30 Combined Snack and Music Social (S) 4:00 Touring the French Quarter w/ Joy (S) 4:30 Piano Sing-Along (SE)	8:00 Morning Puzzle Group w/ Fred (C) 8:30 Matching Game (C) 9:00 Word Searching w/ Ben (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Musical Jingles Exercise (P) 10:30 Letter Toss w/ Jean (C) (P) 10:45 Music Therapy w/ Peg (S) (SE) 12:00 Montessori Care: Shell Digging & Washing (C) 12:30 Shell Sorting: Rough or Smooth (C) 1:30 Music and Memory (SE) 2:00 Beach Sensory Session w/ Dan (SE) (S) 2:30 Shell Menageries (E) 3:15 Beach Ball Toss (P) 3:30 Afternoon Snack and Music Social (S) 4:00 Combined Balloon Volleyball (P) 4:30 John Denver Greatest Hits (SE)	8:00 Puzzle Group (C) 8:30 Matching Games (C) 9:00 Social Circle (S) 10:00 Violin w/ Anthony (S) 11:00 Jackson 5 Music & Movement (P) 12:00 Autumn Bird Fabric Art (E) 12:30 Cardinal Fun Facts & Photo Showcase (S) 1:30 Music and Memory (SE) 1:30 Active Stations (SE) (E) 2:30 Cornstarch Quicksand (SE) 2:30 Classical Hymn Sing-Along w/ Jewell (SP) 3:00 Tai Chi Yoga w/ Cynthia (SP) 3:30 Afternoon Snack and Music Social (S) 4:00 Combined Elvis Sing-Along w/ Ruth (S) 4:30 Music Exploration: Bing Crosby w/ Mary Anna (SE)
8:00 Puzzle Group (C) 8:30 Social Circle (S) 9:00 Current Events Club (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Balloon Exercises (P) 10:45 Parachute and Perry Como (P) 11:00 Memory Workout: Finish The Phrase (C) 12:00 Artistic Expressions (E) 1:30 Music and Memory (SE) 2:00 Paper Airplane Making & Decorating (E) 2:30 Paper Airplane Race w/ Richard (S) (P) 3:00 Music Makers: Maracas and Shakers (SE) 3:30 Snack and Music Social (SE) 4:00 Combined Geography Group: Beijing w/ Mei (S) (C) 4:30 Dance Appreciation: Viennese Waltz (S)	8 8:30 Sensory Activities w/ Jean (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Guitar w/ Steve (C) 11:00 Toss & Talk: Name An Animal (P) (C) 12:00 Art Expression: Autumn Leaf Suncatchers (E) 12:15 Sensory Trivia: Hard or Soft (C) 1:30 Music and Memory (SE) 2:00 Garden Sensory Session (SE) 2:30 Reminiscing: Pumpkin Patches (SE) (S) 3:15 Cooking Club: Pumpkin Mousse (S) 3:30 Afternoon Snack & Music Social (S) 4:00 Combined Composer's Club: Dolly Parton (S) 4:30 Piano Sing-Along (SE)	8:30 Adult Coloring Group (E) 9:15 Coffee & Conversations w/ Ruth B (S) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 BeBalanced w/ Richard (P) 10:30 Parachute and Perry Como (P) 11:00 Short Story and Photo Showcase w/ Tracy (C) 12:00 Paper Bead Necklaces (E) 1:30 Music and Memory (SE) 2:00 Spa Namaste Environment (SE) (S) 2:45 China Photo Showcase w/ Mei (S) 3:15 Cooking Club: Mango Pudding (SE) (C) 3:30 Afternoon Music Social (SE) 4:00 Active Game: Frisbee Toss (P) 4:30 Combined Group: Travels to Columbia w/ Hilia (S)	8:00 Morning Puzzle Group w/ Fred (C) 8:30 Matching Game (C) 9:00 Word Searching w/ Ben (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Noodle Range of Motion Exercise (P) 10:30 Great Race Game (S) (C) 10:45 Music Therapy w/ Peg (S) (SE) 12:00 Outdoor Patio Social (S) 1:30 Music and Memory (SE) 2:00 Travel Sensory Session: Japan w/ Fay (SE) (S) 2:30 Cherry Blossom Dot Art (E) 3:00 Sensory Tea Social w/ Joy (SE) (S) 3:30 Afternoon Snack and Music Social (S) 4:00 Combined Classic Jazz and Beach Ball Toss Trivia w/ Dan (P) (C) 4:30 Classic Hymns Sing-Along (SE) (SP)	8:00 Puzzle Group (C) 8:30 Matching Games (C) 9:00 Letter Unscrambling (C) 10:00 Zumba (P) 11:00 Short Story Group (S) 12:00 Make & Decorate: Popsicle Stick Harmonicas w/ Betty (E) 12:15 Harmonica Music Makers (SE) 1:30 Music and Memory (SE) 2:00 Animal Exploration: Land or Sea? (C) 3:00 Tai Chi Yoga w/ Cynthia (SP) 3:30 Afternoon Snack and Music Social (S) 3:45 Positive Stories Around the World w/ Howard (SP) 4:15 Combined Music Exploration: Julie Andrews Musicals (SE) (S)
COLUMBUS DAY! IMCC IS CLOSED Columbus Day	8:30 Sensory Activities w/ Jean (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Dancing w/ Garrey (S) 11:00 Musical Jingles and Bongos (SE) 12:00 Montessori Baby Care Station (SE) 12:15 Clothes Sorting (C) 12:30 Elder's Famous Sing Along w/ Jewell (SE) 1:30 Music and Memory (SE) 2:00 Pet Visit w/ Brawny (SE) 2:00 Garden Ladybug Rock Painting (E) 2:45 Flower Arranging w/ Sutjiati (E) (S) 3:15 Flower Vase Ribbon Décor (E) 3:30 Afternoon Music Social (S) 4:00 Combined Balloon Volleyball (P) 4:30 Clumsy Cats & Dogs (SE)	8:30 Adult Coloring Group (E) 9:15 Coffee & Conversations w/ Ruth B (S) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 BeBalanced w/ Richard (P) 10:45 Parachute and Patti Page (P) 11:00 Sensory Enrichment Group: Essential Oils (SE) (S) 12:00 Bird Aviary Sensory Session w/ Ben (SE) 12:30 Cognitive Challenge: Which Is Heavier (C) 1:30 Music and Memory (SE) 2:00 Spa Namaste Environment (SE) (S) 2:45 50's Music Exploration w/ Grace (SE) 3:15 Hummus Tasting w/ Ben (SE) 3:30 Afternoon Snack Social (S) 4:00 Active Game: Dice Racing Game (S) (C) 4:30 Combined Musical Appreciation: Mozart Piano Covers (SE)	8:30 Cognitive Cabinet Activities w/ Jean (C) 9:15 Coffee & Conversations (S) 9:00 Current Events w/ Marilu (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Chair Jazzercise w/ Lucille (P) 10:30 Balloon Noodle Badminton (P) 10:45 Music Therapy w/ Peg (S) 12:00 Letter Toss (C) 12:15 Hymnal Sing Along w/ Jewell (SP) 1:30 Active Stations (SE) 2:00 Fall Sensory Session (SE) (S) 2:30 Pumpkin Butter Playdough (SE) 3:00 Memory Workout: Fall or Summer (C) 3:30 Music and Snack Social (SE) 4:00 Combined Geography Group: Exploring Japan w/ Kaye (S) (C) 4:30 Japanese Drum Performances (SE)	8:30 Coffee & Conversations (S) 8:30 Walking Club (P) 9:15 Adult Coloring Group (E) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Columbian Music & Movement w/ Hilia (P) 10:45 Music Therapy w/ Jessica (S) 12:00 Word Buzz: Starts with B (C) 12:15 Composer's Club: Bing Crosby (SE) 1:30 Participant's Choice (P)(C)(E)(S) 2:30 Active Game: Horseshoe w/ Lillian (P) 3:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:30 Combined Snack and Music Social (S) 3:45 Combined Luau Social and Hawaiian Music Enhancement (S) 4:30 Combined Piano Sing-Along (SE)
8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:00 Current Events Club (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Exercise w/ Jen (P) 10:45 Balloon Badminton and the Beach Boys (P) 11:15 What's in the Bag? Fall Items (C) 12:00 Artistic Expressions: Autumn Fingerprint Pudding Paintings (E) 1:30 Music and Memory (SE) 2:00 Autumn Sensory Session (SE) (S) 2:30 Fall Spices Aromatherapy (SE) 3:00 Cooking Club: Pumpkin Mousse (SE) 3:30 Snack and Music Social (SE) 4:00 Combined Composer's Club: Aretha Franklin (S) 4:30 Jackson 5 Hit Singles (SE)	8:30 Sensory Activities w/ Jean (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Music w/ Frank (S) 11:00 Niagara Falls Fun Facts & Photo Showcase w/ Jean (S) 12:00 Scrapbooking Group w/ Joy (E) 12:30 Building and Sorting w/ Richard (C) 1:30 Music and Memory (SE) 2:00 Pet Visit w/ Brawny (SE) 2:00 Beach Sensory Session (SE) (S) 2:30 Beach Travel Tins (E) 3:15 Soft Waves Meditation (SE) (SP) 3:30 Afternoon Snack & Music Social (S) 4:00 Combined Frank Sinatra Sing Along w/ Lucille (SE) 4:30 Classical Music Appreciation w/ Mary Anna (SE)	8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:00 Current Events Club (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Chair Exercise w/ Lucille (P) 10:30 Balloon Toss (P) 10:45 Elder's Famous Sing Along (SE) 11:15 The Great Race (P) 12:00 Artistic Expressions (SE) 1:30 Music and Memory (SE) 2:00 Spa Namaste Environment (SE) (S) 2:45 Jewelry Group w/ Mun Ja (S) 3:15 Cooking Club: Pumpkin Apple Punch (SE) 3:30 Snack and Music Social (SE) 4:00 Composer's Club: Andrews Sisters (SE) 4:30 Combined Balloon Badminton (P)	8:00 Sensory Cabinet Activities w/ Doris (SE) 8:30 Word Puzzling (C) 9:00 Current Events w/ Marilu (C) Insight in Action 9:45 Chair Jazzercise w/ Doris (P) 10:15 The Great Race Game (S) 10:45 Music Therapy w/ Peg (S) 12:00 Floral Fanatics: Flower Arranging w/ Lillian (SE) 12:30 Short Story Group (S) 1:30 Participant's Choice (SE) (C) 2:00 Travel Sensory Session: France w/ Joy (SE) (S) 2:45 Eiffel Tower Dot Art (E) 3:00 Sensory Tea Social (SE) (S) 3:30 The Everly Brothers Music Social w/ Jewell (SE) 4:00 Combined Geography Group: Exploring Venice w/ Gordon (C) 4:30 Fiddle Music & Movement w/ Arnie (SE) (P)	8:30 Sensory Activities (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Use Your Noodle Exercises (P) 10:45 What Does Not Belong (C) 11:00 Music Exploration: Classical Composers (SE) 12:00 Aromatherapy (SE) 12:30 Hot Apple Cider Social (SE) (S) 1:30 Participant's Choice (C)(E) 1:30 Music and Memory (SE) 2:00 Garden Sensory Session (SE) (S) 2:30 Floral Picture Matching (C) 3:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:30 Combined Rat Pack Music Social (S) (SE) 3:45 Bean Bag Tic-Tac-Toe (P) (S) 4:15 Combined Composer's Club: Elvis (SE)
8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:00 Current Events Club (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Exercise w/ Jen (P) 10:45 Motown & Parachute Movement (P) 11:00 Exploring Korea w/ Mun Ja (C) 12:00 National Chocolate Day! Chocolate Playdough (SE) 1:30 Music and Memory (SE) 2:00 Montessori Care: Pets (S) 2:30 Animal Exploration: Flying or Not (C) 3:30 Snack and Music Social (SE)	8:30 Sensory Activities w/ Jean (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Music w/ Frank (S) 11:00 Travelogue w/ Tracy: Wild Horses (C) 11:15 Animal Antics: Horses (C) 12:00 Scrapbooking Group w/ Joy (E) 12:00 Building and Sorting w/ Richard (C) 1:30 Music and Memory (SE) 2:00 Pet Visit w/ Brawny (SE) 2:00 Garden Sensory Session (SE) (S) 2:30 Common Gardening Tools (C) 2:45 Cooking Club: Egyptian Strawberry Juice w/ Guli (SE) (C) 3:30 Snack and Music Social (SE) 4:00 Combined Group: Musical Chairs Trivia	8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:00 Current Events Club (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Polka Music & Movement (P) 10:45 The Great Race w/ Margarita (P) 11:00 Bean Bag Tic-Tac-Toe (P) (C) 12:00 Alpine Hat Decorating (E) 12:30 Oktoberfest History & Photo Showcase (SE) (S) 1:30 Music and Memory (SE) 2:00 Spa Namaste Environment (SE) (S) 2:45 Eldersong Sing-Along w/ Grace (S) 3:00 Time Slip Storytellers Group (E) 3:30 Oktoberfest Celebration! (S)	8:00 Sensory Cabinet Activities w/ Doris (SE) 8:30 Word Puzzling (C) 9:00 Current Events w/ Marilu (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Chair Jazzercise w/ Lucille (P) 10:20 Cognitive Challenge: Fill in the Blank (C) 10:45 Music Therapy w/ Peg (S) 12:00 Apple Pumpkin Stamping (E) 1:30 Active Stations (SE) (C) 2:00 Beach Sensory Session (SE) (S) 2:30 Bath Bomb Hand Massages w/ Lucille (SE) 3:00 Laundry Basket Frisbee Toss w/ Richard (P) 3:30 The Everly Brothers Music Social w/ Jewell (SE) 4:00 Combined Halloween Games Group (S)	

2:30 Animal Exploration: Flying or Not (C)
3:30 Snack and Music Social (SE)
4:00 Combined Willy Wonka Famous

Scenes (S)
4:30 Combined Dance Appreciation:
Jitterbug Swing (S)

4:30 Elvis Presley Sing Along (SE)



Andy (10/23)

Mark (10/27)

Susan (10/30)

Betty (10/15)

Nellie (10/12)

Alan (10/12)

Hilia (10/12)

Candy (10/13)

4:00 Combined Halloween Games Group (S) 4:30 Michael Jackson Hit Songs (SE)