BLUE GROUP | NOVEMBER 2019



Activity Domain Key

Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE) Spiritual (SP)

Happy Birthday!



Cal 11/30



8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: The Beatles (SE)

10:00 Violin w/ Anthony (S)

11:30 National Bread Month! Bread History Discussion (S)

12:15 Cooking Club: Pumpkin Spice Bread (C) 1:30 Timeslip Storytellers (E)

2:00 Discussion Group: Classrooms Through

the Decades w/ Connie (S) 2:30 Tai Chi w/ Cynthia (P) (SP)

3:15 Pumpkin Bread Tasting (SE)

3:30 Snack and Music Social (S)

4:00 Bowling w/ Stuart (P)

4:30 Combined Music Exploration: Doris Day

w/ Mary Anna (SE)

8:00 Mandala Coloring Group w/ Marilu (E)

8:30 Puzzle Group w/ Fred (C) 9:00 Daily Chronicle and Current

10:00 Music w/ Nancy (SE)

11:30 Quick Qigong Exercises (P) 12:00 Breaking Bread Trivia (C) 1:30 Surprising Stories: Kites (S) 2:00 Magazine Scavenger Hunt (S) (C) 2:45 Discussion: Things You Don't Hear Anymore (S)

3:00 Dicebreakers (S) 3:30 Afternoon Snack & Music Social

4:00 Music Exploration: Classic Rock Hit Singles (S) (C) 4:30 Combined Sing-Along w/ Arnie (SE) (S)

8:00 Famous Faces Guessing Game w/ Marilu (C)

9:00 Coffee & Conversations (S) 10:00 Daily Chronicle Discussion (C) 10:15 Chair Exercise w/ Connie (P) 10:45 Caption the Cat Photo w/ Kaye (S)

11:30 Art w/ Annette (E) 12:15 Brain Fitness: Whose Eyes (C)

1:30 Surprising Stories: Hula Hoops (S) 2:00 Finish the Lyric w/ Sayed (C) 2:30 Travelogue w/ Paul: Adelaide (S)

3:15 Newscurrents (C) 3:30 Afternoon Music Social (SE)

4:00 Combined Geography Group: Travels Through South Africa w/ Chrysta (S) (C) 4:30 Piano Sing-Along (SE)

8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: Michael Jackson (SE) 10:00 Use Your Noodle Exercises w/ Susan (P)

10:30 A Tour of Notre Dame w/ Paul (S) (C) 11:30 Men's Group w/ Tracy: Airplanes (S) (C) 11:30 Art w/ Crista (E)

12:15 Basketball Trivia (C)

1:30 Surprising Stories: Pac-Man (S)

1:45 Friendship Support Group w/ Ellie (SP) 2:00 Brain Fitness: Word Games (C)

2:30 Music w/ April (SE) (S) 3:30 Afternoon Snack and Music Social (S)

4:00 Combined Composer's Club: The Everly Brothers (SE) (C) 4:30 Johnny Carson Famous Interviews (SE)

8:00 Adult Coloring Group w/ Gordon (E) 8:30 Trivia Questions (C)

9:00 Word Games: Fill in the Blank (C) 10:00 Music w/ Peg (SE)

10:45 Meditative Movement (P) 11:30 Roll & Rhyme w/ Mark (C)

12:00 Discussion Group: Common Superstitions (S)

1:30 Surprising Stories: Soda (S) 2:00 Brain Fitness: Golf Trivia w/ Jim (C) 2:30 Music Through the Decades Sing-Along w/ Susan (S) (SE)

3:00 Bean Bag Tic-Tac-Toe (P) 3:30 Afternoon Music and Snack Social (S)

4:00 Combined Musical Chair Trivia (S) (C) 4:30 Andrea Bocelli Concert (SE)

8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C)

9:00 Music Enhancement: Doris Day (SE)

10:00 Dancing w/ Garrey (P) 11:30 Hedy Lemarr Biography (C)

12:00 Happy Birthday Montana: Montana Facts & Photo Showcase w/ Paul (S) (C)

1:30 Surprising Stories: Candles (S) 2:00 American Military Trivia w/ Howard (C)

2:30 Tai Chi w/ Cynthia (P) (SP) 3:15 Afternoon Music Social: Mozart w/ Cliff

3:30 Afternoon Music and Snack Social (S) 3:45 Veteran's Day Presentation (S)

4:15 Combined Patriotic Sing-Along w/ Joy (S)

VETERAN'S DAY!

IMCC IS CLOSED



8:00 Famous Faces Guessing Game w/

8:30 Current News Stories (S) 9:00 Adult Coloring Group w/ Sayed (E)

10:00 Guitar w/ Steve (SE) 11:30 Stretching & Stevie Wonder (P) 11:45 Daily Chronicle Discussion (S) (C) 12:00 Musicals w/ Muoi: West Side Story

1:30 Surprising Stories: History of Hot Dogs (S)

or 1:30 Spiritual Group w/ Candy (S) (SP) 2:00 Large Card Bingo w/ John (C) 2:45 Cooking Club: No Bake Dessert w/

Beth (SE) (C) 3:30 Afternoon Snack and Music Social

4:00 Combined Balloon Volleyball (P) 4:30 John Denver Hits w/ Carole (SE) 8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: Classic 40's w/ Ruth

10:00 Daily Chronicle Discussion (S) (C) 10:15 Chair Jazzercise w/ Beth (P) 10:45 A Trip Down Memory Lane (S)

11:30 Testing Your Nose (SE) (C) 12:00 Discuss & Recall w/ Kathryn: Cooking (S) 1:30 Surprising Stories: Applause (S) 2:00 Composer's Club: Jo Stafford w/ Cora (C)

2:30 You Be the Judge (C) 3:00 Time Slip Storytellers (E)

3:30 Afternoon Snack and Music Social (S) 4:00 Corn Hole w/ Gordon (P)

4:30 Combined Musical Appreciation: Mozart Piano Covers (SE)

8:00 Adult Coloring Group w/ Gordon (E) 8:30 Trivia Questions (C) 9:00 Word Games: Crosswords w/ Marilu

10:00 Music w/ Peg (SE)

10:45 Meditative Movement (P)

11:30 Art Class w/ Elba (E)

11:30 Travelogue: Romania w/ Alan (C) 12:00 On This Day In History w/ Kathie (S) 1:30 Surprising Stories: Gesundheit (S) 2:00 Short Story Discussion: Girl with A

Pearl Earring (S) 2:30 Who Said It? (C)

3:00 50's Sing Along w/ Carol (S) 3:30 Afternoon Snack and Music Social (SE) 4:00 Combined Geography Group: Exploring

Moscow w/ Beth (C) 4:30 Russian Ballet Performances (SE) (S)

8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C)

9:00 Music Enhancement: The Shirelles w/

10:00 Music w/ Jessica (S) 10:45 Daily Chronicle (C)

11:30 Quick Qigong Exercises (P)

12:00 Travelogue: The Caribbean w/ Alan (C)

1:30 Time Slip Storytellers (E) 2:00 Dicebreakers (S)

2:30 Tai Chi w/ Cynthia (P) (SP)

3:15 Discussion: Would You Rather (S) 3:30 Afternoon Snack & Music Social (S) 4:00 Cognitive Game: Forbidden Descriptions

(S) (C) 4:30 Combined Piano Sing-Along (SE)

8:00 Mandala Coloring Group w/ Marilu (E) 8:30 Puzzle Group w/ Fred (C) 9:00 Daily Chronicle and Current Events (C)

10:00 Chair Exercise w/ Ellie (P) 10:30 Hot Potato Trivia (C) 11:30 Behind the Making of: Bewitched (S) (C)

1:30 Surprising Stories: Daylight Saving Time (S) 2:00 National Geographic Best In

12:00 Bewitched Famous Scenes (S)

Photos w/ Alan (SE) (S) 2:45 Fact or Fiction (C) 3:30 Monday Motown Music Snack and Social (S) (SE)

4:00 Discussion Group: Pumpkin

4:30 Classic Hymns w/ Mary Anna

Patches (S)

Chronicle (S) (C)

8:00 Famous Faces Guessing Game w/ Marilu (C) 8:30 Current Events and News w/ Marilu

9:00 Word Puzzles (C) 10:00 Daily Chronicle (S) (C) 10:15 Use Your Noodle Exercises (P)

10:45 Discussion Group: Relaxation (S) 11:30 Art w/ Annette (E) 12:15 Music Exploration: Bob Dylan (SE) 1:30 Family Feud (S) (C)

2:00 Brain Fitness: Name the Singer w/ Carol (C) 2:30 Short Story Group: In History (C)

3:00 Hollywood Toss of Fame w/ Jaqueline (S) (C) 3:30 Afternoon Music and Snack Social

3:45 Bowling w/ John (P) 4:00 Combined Presentation: Autumn

Festivals (S) 4:30 Classical Music Appreciation w/ Dan (SE)

8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C)

9:00 Music Enhancement: Mozart's Classics w/ Gordon (SE) 10:00 Exercise w/ Jen (P)

10:30 History of Queen Elizabeth (C) 11:30 English Tea Social w/ Connie (SE) (S)

12:15 Discussion Group: Nature (S) 1:30 Surprising Stories: Handshakes (S) 1:45 Friendship Support Group w/ Ellie (SP)

2:00 Brain Fitness: Name That Tune (C) 2:30 Composer's Club: J.S. Bach w/ Michael (C) 3:00 Timeslip Storytellers (E)

3:30 Music and Snack Social (SE) 4:00 Horseshoe w/ Fred (P)

8:00 Adult Coloring Group w/ Gordon (E) 8:30 Trivia Questions (C) 9:00 Word Games: Fill in the Blank (C)

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INSIGHT IN ACTION! 9:45 Daily Chronicle Discussion (S) (C) 10:00 Music w/ Peg (SE)

10:45 Racing Through the Decades (P) 11:30 Art w/ Sally (E) 11:30 Exploring Odd Museums (S)

12:00 Scattegories w/ Karen (C) 1:30 Surprising Stories: Indoor Lighting (S) 2:00 Match the Musical w/ Muoi (C) 2:30 Singin' In The Rain Sing-Along (C) 3:00 Cornhole w/ Michael (P) 3:30 Afternoon Snack and Music Social (S) 4:00 Combined Geography Group: Exploring Salt Lake City w/ John (C)

4:30 Fiddle Music & Movement w/ Arnie

(SE) (P)

8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: The Beatles (SE)

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10:00 Daily Chronicle Discussion (S) 10:15 60's Hits Dance Fitness w/ Connie (P) 10:45 Comedy Showcase (S)

11:30 Forbidden Descriptions (S) (C) 12:00 Balloon Badminton (P)

1:30 Surprising Stories: Zippers (S) 2:00 Air Force Airshows w/ James (S) 2:30 Tai Chi w/ Cynthia (P) (SP)

3:15 Learning Circle: Autumn Quick Facts (C) 3:30 Snack and Music Social (S) (SE) 3:45 Bean Bag Tic-Tac-Toe (P) (S)

4:15 Combined Composer's Club: Johnny Cash (SE)

8:00 Mandala Coloring Group w/ 8:30 Puzzle Group w/ Fred (C) 9:00 Current Events (C) 10:00 Morning Greetings & Daily

10:15 Nifty Fifty Chair Exercise w/ Ellie (P) 10:45 Reminiscing: Thanksgiving Traditions (S)

11:30 Fold & Fly It Day: Paper Airplane Folding (C) 11:45 Paper Airplane Race (S) (P) 12:00 Corn Hole w/ Cal (P)

1:30 Surprising Stories: Ketchup (S) 2:00 Discuss & Recall (S) 2:30 Music w/ Chyp & Andrea (SE) 3:30 Motown Music Social (S)

4:00 Combined Joe DiMaggio Presentation (S) (C)

4:30 Combined Piano Sing-Along (SE)

8:00 Famous Faces Guessing Game w/ 8:30 Daily Chronicle Discussion (S) 9:00 Adult Coloring Group w/ Sayed (E)

10:00 Music w/ Frank (S) (SE) 11:30 Simple Stretching w/ Susan (P) 11:45 Autumn Scenes Around the USA (S)

12:00 Dicebreakers (S) 1:30 Surprising Stories: Referees (S) 2:00 Autumn Sensory Exploration (SE) (C) 2:30 Reminiscing: A Charlie Brown

Thanksgiving (S) 3:00 Wishbone Toss (P) 3:30 Afternoon Snack and Music Social

4:00 Combined Musical Chair Trivia (P) (C) 4:30 60's Hits w/ Nancy (SE)

8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C)

10:00 Daily Chronicle Discussion (S) (C) 10:15 Dancing Through the Decades w/ Connie

9:00 Music Enhancement: Classic 40's w/ Ruth

10:45 Cool Down Compositions (SE) (P) 11:30 Discussion Group: A Wild Turkey Tale (S)

11:30 Spiritual Group w/ Annette & James (SP) 12:00 Macy's Thanksgiving Parade w/ Diane (S) 1:30 Surprising Stories: Neon Lights (S) 2:00 Truth or Turkey Trivia (C)

3:00 Time Slip Storytellers Group (E) 3:30 Afternoon Snack & Music Social (SE) 4:00 Bowling (P) 4:30 Combined Musical Appreciation: Mary

2:45 Cranium Crunch: What Am I (C)

Poppins (SE)

Happy Thanksgiving!



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