

## Monday

**7**

**7:30 –10:00** Breakfast & Active Stations (S)(C)(CR)

**10:00** Violin w Anthony (SE)

**11:00 Morning Break (S)**

**11:15** Duck Duck Moose Memory Game (C)

**12:00** Target Toss (P)

**12:30 Lunch (S)**

**1:15** Music & Movement(P)

**1:45** Exercise (P)

**2:15** Active Stations (C)

**3:00 Shark Week Social (S)**

**3:15** Horseshoes (S)

**4:00** Combined Game (S)(P)

**4:30-5:00** 1:1 Activities (S) (C) (CR)

## Tuesday

**8**

**7:30 –10:00** Breakfast & Active Stations (S)(C)(CR)

**10:00** Songs & Greetings (S)

**10:30** Exercise (P)

**10:45** Brain Game (C)

**11:00 Morning Break (S)**

**11:15** Music Spotlight (S)

**12:00** Blueberry Day Cooking Demo (SE)

**12:30 Lunch (S)**

**1:15 Music Therapy (SE)**

**2:15** Exercise (P)

**2:45** Bumper bowling (P)

**3:00 Afternoon Break (S)**

**3:15** Sit & Stretch (P)

**4:00** Combined Game (S)(P)

**4:30-5:00** 1:1 Activities (S) (C) (CR)

## Wednesday

**9**

**7:30 –10:00** Breakfast & Active Stations (S)(C)(CR)

**10:00** Songs & Greetings (S)

**10:30** Exercise (P)

**10:45** Brain Game (C)

**11:00 Morning Break (S)**

**11:15** Logo Visual Quiz (C)

**12:00** Music Spotlight (S)

**12:30 Lunch (S)**

**1:15** Armchair Travel (S)

**1:45** Exercise (P)

**2:30 Beach Themed Jams & Social w/ Jeff (SE)**

**3:30 Afternoon Break (S)**

**4:00** Combined Game (S)(P)

**4:30-5:00** 1:1 Activities (S) (C) (CR)

## Thursday

**10**

**7:30 –10:00** Breakfast & Active Stations (S)(C)(CR)

**10:00** Songs & Greetings (S)

**10:30** Exercise (P)

**10:45** Brain Game (C)

**11:00 Morning Break (S)**

**11:15** This or That Trivia (C)

**12:00** Target Toss (P)

**12:30 Lunch (S)**

**1:15** Found in Nature Reminisce (R)

**1:45** Exercise (P)

**2:15** Pair Up Puzzles (C)

**3:00 Afternoon Break (S)**

**3:15** Cornhole (P)

**4:00** Combined Game (S)(P)

**4:30-5:00** 1:1 Activities (S) (C) (CR)

## Friday

**11**

**7:30 –10:00** Breakfast & Active Stations (S)(C)(CR)

**10:00** Songs & Greetings (S)

**10:30** Exercise (P)

**10:45** Brain Game (C)

**11:00 Morning Break (S)**

**11:30** Patio & Punch (S)(O)

**12:00** Gardening Club (N)(O)

**12:30 Lunch (S)**

**1:15** Trivia Games (C)

**2:00 Seated Tai Chi (P)**

**2:00 Standing Tai Chi (P)**

**3:00 Afternoon Break (S)**

**3:15** Give Me 5 (C)

**4:00** Combined Game (S)(P)

**4:30-5:00** 1:1 Activities (S) (C) (CR)

### Calendar Key

**BOLD RED:** Small Group or Special Event

**BOLD BLACK:** Meal & Break Time or Outside Entertainers

Activities are planned with flexibility and may be subject to change.

## Events & Special Guests

**7/2 Music Therapy with Melanie**

**7/7 Shark Week Social**

**7/7 Violin Performance with Anthony**

**7/9 Beach Themed Jams w Jeff**

**7/11 Standing & Seated Tai Chi**

**7/16 Hot Dog Day Luncheon**

**7/17 Ballroom Dancing w Rich & Cherisse**

**7/24 Echoes of Nature Animal Showcase**

**7/25 Standing & Seated Tai Chi**

**7/31 Fair Oaks Mall Visit**



Bruce 7.2

Jean 7.4

Tom S 7.13

Hank 7.14

Bill 7.16

Chuck 7.17

Rita D 7.18

Greg 7.25

Rita P 7.27

### Activity Domain Key

Physical (P)

Social (S)

Cognitive (C)

Creative (CR)

Productive Sensory (SE)

Outdoor (O)

Nature (N)

Reflective (R)