## **MARCH 2020 CORAL GROUP**

2 Beach Day	3 Garden Day	4 Personal Experiences	5 Spa Day	6 Five Senses Day
8:30 Morning Discussion Group (S)	8:30 Coffee & Conversations (S)	8:30 Short Story Group (S)	8:30 Musical Hits w/ Marilu (SE)	8:30 Puzzle Group (C)
9:15 Coloring Group (CR)	9:15 Personalized iPods (SE)	9:15 Music Enhancement (SE)	9:15 Social Circle w/ Nancy (S)	9:15 Coffee & Conversations (S) (C)
10:00 Morning Greetings & Sing- Along (SE)	10:00 Range of Motion Exercises (P)	10:00 Range of Motion Exercises (P)	10:00 Multisensory Room Sessions (SE)	10:00 Violin w/ Anthony (SE)
10:00 Multisensory Room Sessions (SE)	10:00 Multisensory Room Sessions (SE)	10:00 Multisensory Room Sessions (SE)	10:00 Activities w/ Orange Group (SE) (S) (P)	11:15 Craft Corner w/ Grace: Women's History Month Art (CR)
10:15 Beach Namaste Environment (SE) (S)	10:30 Garden Namaste Environment (SE) (S)	10:30 Personal Experiences Namaste Environment (SE) (S)	10:45 Music Therapy w/ Peg (SE)	11:45 Spiritual Session w/ Mary Anna: Hymns of Happiness (SE) (R)
11:15 Beach Boys Music & Movement w/ Maria (P) (SE)	11:30 ElderSong Sing-Along w/ Nancy (SE) (C)	11:30 Music Makers w/ Maria: Cuban Beats (SE) (CR)	11:45 60's Top Music w/ Nancy (SE)	12:00 Lunch
11:45 Doris Day w/ Mary Anna (SE)	12:00 Lunch	12:00 Soothing Jazz Tunes w/ Doris	12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE)(S)
12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE) (S)	12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE) (S)	2:00 Five Senses Namaste Environment (SE) (S)
1:15 Music & Memory: Personalized iPods (SE)(S)	2:00 Sensory Session w/ Mary Anna: Floral Scented Flowers (SE) (S)	1:15 Music & Memory: Personalized iPods (SE) (S)	2:00 Spa Namaste Environment (SE) (S)	2:45 Movement & Music w/ Jean (P)
2:00 Cognitive Game: Texture Matching w/ Grace (S) (SE) (C)	2:30 Light Therapy w/ Jean (SE) (R)	2:00 Reading Circle w/ Grace: Short Story (S)	3:00 Snack	3:00 Snack
2:30 Balloon Toss w/ Doris (P)	3:00 Snack	2:30 Music w/ April (S) (SE)	3:30 Social Time w/ Orange Group (S)	3:30 Multisensory Room Sessions (SE)  3:30 Social Time w/ Orange Group (S)
3:00 Snack	3:15 Hymns w/ Annette & Bob (R) (SE)	3:30 Combined Snack & Music Social (S)		(a)
3:30 Social Time w/ Orange Group (S)	3 :45 Social Time w/ Orange Group (S)	Social (a)		

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9 Beach Day	10 Five Senses Day	11 Personal Experiences	12 Spa Day	13 Garden Day
8:30 Morning Social Circle (S)	8:30 Puzzle Group (C)	8:30 Coffee & Conversations (S)	8:30 Reading Circle (S)	8:30 Puzzle Group (C)
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9:15 Coloring Group (CR)	9:15 Coffee & Conversation (S)	9:15 Music Enhancement (SE)	9:15 Coloring Group (CR)	9:15 Coffee & Conversations (S) (C)
10:00 Social Circle (S)	10:00 Morning Greetings & Sing-	10:00 Morning Greetings & Sing-	10:00 Multisensory Room Sessions	10:00 Dancing w/ Garrey (P)
10.00 300.01 6.1 6.16 (3)	Along (S)	Along (S)	(SE)	Total Buriefing 117 Carrey (17
10:00 Multisensory Room Sessions				11:15 Garden Namaste Environment
(SE)	10:00 Multisensory Room Sessions (SE)	10:00 Multisensory Room Sessions (SE)	10:00 Activities w/ Orange Group	(SE) (S)
10:15 Beach Namaste Environment			10:45 Music Therapy w/ Peg (SE)	12:00 Musical Oldies w/ Grace (SE)
(SE) (S)	10:15 Five Senses Namaste	10:15 Personal Experiences		
	Environment (SE) (S)	Namaste (SE) (S)	11:45 Spiritual Reading w/ Mary	12:00 Lunch
11:15 Picture Travelogue w/ Grace:			Anna (S) (R)	
Hawaiian Beaches (SE) (S)	11:15 Range of Motion Stretching	11:15 Dance Exercise w/ Grace (P)		1:15 Music & Memory: Personalized
	w/ Maria (P)		12:00 Upbeat Instrumental Music	iPods (SE)(S)
11:45 Ukulélé Tunes w/ Doris (SE)		11:45 Classic 50's Sing-Along w/	Exploration w/ Maria (SE)	
	11:45 Music Exploration w/ Grace:	Doris (SE) (C)		2:00 Garden Herbs Aromatherapy w/
12:00 Lunch	Elvis (SE)		12:00 Lunch	Jean (SE) (S) (N)
		12:00 Lunch		
1:15 Music & Memory: Personalized	12:00 Lunch		1:15 Music & Memory: Personalized	2:30 Interactive Music w/ Maria:
iPods (SE)(S)		1:15 Music & Memory: Personalized	iPods (SE)(S)	Exploring Drums (SE) (CR) (C)
	1:15 Music & Memory: Personalized	iPods (SE)(S)		
2:00 Sensory & Memory w/ Jean:	iPods (SE)(S)		2:00 Spa Namaste Environment (SE)	3:00 Snack
Aromatherapy Smells (S) (C)		2:00 Baby Care Session w/ Maria		
	2:00 Cooking Club w/ Nancy: No-	(SE) (R)	3:00 Snack	3:30 Social Time w/ Orange Group (S)
2:30 Sound of Music Sing-Along w/	Bake Cheesecake (SE) (C)			
Mary Anna (SE) (S)		2:30 Personalized Photo Showcase	3:30 Social Time w/ Orange Group	
	3:00 Snack	(SE) (S)	(S)	
3:00 Snack				
	3:15 Hymns w/ Annette & Bob (SE)	3:00 Snack		
3:30 Social Time w/ Orange Group	(SP)			
(S)		3:30 Multisensory Room Sessions		
	3:45 Social Time w/ Orange Group	(SE)		
	(S)			
		3:30 Social Time w/ Orange Group		
		(S)		

16 Personal Experiences	17 Garden Day	18 Beach Day	19 Spa Day	20 Five Senses Day
8:30 Coffee & Conversations (S)	8:30 Music Enhancement (SE)	8:30 Coffee & Conversation (S)	8:30 Reading Circle (S)	8:30 Personalized iPods (SE)
9:15 Personalized iPods (SE)	9:15 Magazine Reading w/ Nancy (S)	9:15 Spanish Phrases w/ Maria (C)	9:15 Hand Massages w/ Doris (SE)	9:15 Table Ball w/ Maria (P)
10:00 Morning Greetings & Sing- Along (S)	10:00 Dancing w/ Garrey (P)	10:00 Range of Motion Exercises (P)	10:00 Multisensory Room Sessions (SE)	10:00 Range of Motion Exercises (P)
10:00 Multisensory Room Sessions (SE)	11:15 Garden Namaste Environment w/ Nancy (SE) (S)	10:00 Multisensory Room Sessions (SE)	10:00 Activities w/ Orange Group (SE) (S) (P)	10:00 Multisensory Room Sessions (SE)
10:15 Personal Experiences	12:00 Irish Instrumental Music (SE)	10:30 Beach Namaste Environment (SE) (S)	10:45 Music Therapy w/ Peg (SE)	10:30 Five Senses Namaste Environment (SE) (S)
Namaste (SE) (S)	12:00 Lunch	11:30 Cognitive Game w/ Grace:	11:45 Motown Musical Stylings (SE)	11:30 Sensory Game w/ Jean: Rough
11:15 Range of Motion Stretching	1:15 Music & Memory: Personalized	Table Golf (C)	11.43 Motown Musical Stylings (SL)	or Smooth (SE) (C)
w/ Jean (P)	iPods (SE) (S)	12:00 Lunch	12:00 Lunch	11:45 Sing-Along w/ Grace (SE)
11:45 ElderSong Sing-Along w/ Doris (SE) (C)	2:00 Makeup & Skin Care Session w/ Maria (SE)	1:15 Music & Memory: Personalized iPods (SE) (S)	1:15 Music & Memory: Personalized iPods (SE) (S)	12:00 Lunch
12:00 Lunch	2:30 Flower Arranging w/ Jean (CR)	2:00 Nail Care w/ Doris (SE) (S)	2:00 Sensory Blankets w/ Nancy (SE)	1:15 Music & Memory: Personalized iPods (SE) (S)
1:15 Music & Memory: Personalized iPods (SE)(S)	3:00 Snack	2:30 Lemonade Luau (S)	2:15 Spa Namaste Environment (SE) (S)	2:00 Pet Therapy (SE) (R)
2:00 Light Therapy w/ Maria (SE) (S)	3:30 Combined ShamRockin' Social (S)	3:00 Snack	3:00 Snack	2:30 Spring Tea Outdoor Social (SE) (S) (O)
2:30 Craft Corner w/ Grace: Shamrock Dot Art (CR)	3:30 Green 'Beer' & Shamrock Dessert Tasting (SE)	3:30 Multisensory Room Sessions (SE)	3:30 Social Time w/ Orange Group (S)	3:00 Snack
3:00 Snack	4:00 Irish Jig Danceathon (P)	3:30 Social Time w/ Orange Group (S)		3:30 Social Time w/ Orange Group (S)
3:30 Social Time w/ Orange Group (S)	4:30 Irish Sing-Along (SE) (S)			
				FIRST DAY SPIRING

23 Personal Experiences	24 Garden Day	25 Beach Day	26 Spa Day	27 Five Senses Day
8:30 Coloring Group (CR)	8:30 Personalized iPods (SE)	8:30 Coffee & Conversation (S)	8:30 Music Exploration (SE)	8:30 Hand Massages w/ Maria (SE)
9:15 Music Exploration: Opera (SE)	9:15 Coloring Group (CR)	9:15 Music Enhancement (SE)	9:15 Reading Circle w/ Nancy (S)	9:15 Personalized iPods (SE)
10:00 Range of Motion Exercises (P)	10:00 Combined Group Activities (S)	10:00 Range of Motion Exercises (P)	10:00 Multisensory Room Sessions (SE)	10:00 Range of Motion Exercises (P)
10:00 Multisensory Room Sessions (SE)	10:30 Guitar w/ Steve (SE)	10:00 Multisensory Room Sessions (SE)	10:00 Activities w/ Orange Group	10:00 Multisensory Room Sessions (SE)
10:30 Personal Experiences	11:30 Flower Stamp Art (CR) (SE)	10:30 Beach Namaste Environment	(SE) (S) (P)	10:30 Five Senses Namaste
Namaste Environment (SE) (S)	12:00 Classical Compositions w/ Mary Anna (SE)	w/ Jean (SE) (S)	10:45 Music Therapy w/ Peg (SE)	Environment (SE) (S)
11:15 Essential Oils Sensory Dough w/ Doris (SE) (CR)	12:00 Lunch	11:30 Music Makers w/ Maria: Maracas (SE) (CR)	11:45 Doris Day Top Songs w/ Mary Anna (SE) (S)	11:30 Sensory Art w/ Jean: Coffee Filter Tie-dye (CR) (SE)
12:00 Bing Crosby Top Singles (SE)	1:15 Music & Memory: Personalized iPods (SE) (S)	12:00 Lunch	12:00 Lunch	12:00 Musical Hits w/ Mary Anna (SE)
12:00 Lunch	2:00 Garden Namaste Environment	1:15 Music & Memory: Personalized iPods (SE) (S)	1:15 Music & Memory: Personalized iPods (SE) (S)	12:00 Lunch
1:15 Music & Memory: Personalized iPods (SE) (S)	(S) (SE)	2:00 Craft Corner w/ Grace: Spring Suncatchers (CR)	2:00 Texture Sorting w/ Nancy (C) (SE)	1:15 Music & Memory: Personalized iPods (SE) (S)
2:00 National Puppy Day ! PALs Pet	2:45 Picture Matching w/ Grace (C)	. ,	, ,	2:00 Sensory Blankets w/ Maria (SE)
Therapy (SE) (R)	3:00 Snack	2:45 Ocean Waves Meditation w/ Doris (SE) (R) (N)	2:15 Spa Namaste Environment (SE) (S)	2:15 Montessori Baby Clothes
2:15 Table Piano w/ Jean (SE) (CR) (C)	3:15 Hymns w/ Annette & Bob (R) (SE)	3:00 Snack	3:00 Snack	Changing & Folding w/ Grace (C)
	(02)		2222 117	3:00 Snack
3:00 Snack	3:45 Social Time w/ Orange Group (S)	3:30 Multisensory Room Sessions (SE)	3:30 Social Time w/ Orange Group (S)	3:30 Social Time w/ Orange Group (S)
3:30 Multisensory Room Sessions (SE)		3:30 Social Time w/ Orange Group (S)		
3:30 Social Time w/ Orange Group (S)				

30 Spa Day 8:30 Coloring Group (CR)	31 Beach Day 8:30 Puzzle Group (C)		
9:15 Social Circle w/ Doris (S)	9:15 Coloring Group (E)		
10:00 Range of Motion Exercises (P)	10:00 Music w/ Frank (SE)		
10:00 Multisensory Room Sessions (SE)	11:15 Beach Namaste Environment (SE) (S)		insight MEMORY CARE CENTER
10:30 Spa Namaste Environment (SE) (S)	12:00 Exploring Ocean Drum Music w/ Jean (SE)		
11:30 Interactive Music w/ Maria: Exploring Bells & Chimes (SE) (CR)	12:00 Lunch		
(C)	1:15 Music & Memory: Personalized iPods (SE) (S)		
12:00 Music Exploration w/ Grace: Women of Oldies Country (SE)	2:00 Individualized Active Activities w/ Nancy (SE) (CR) (S)		Activity Domain Key Physical (P) Social (S) Cognitive (C)
12:00 Lunch			Creative (CR) Sensory (SE)
1:15 Music & Memory: Personalized iPods (SE) (S)	2:30 Sensory Tea Social w/ Mary Anna (SE) (S)		Outdoor (O) Reflective (R) Nature (N)
2:00 Sing-Along w/ Doris (SE) (C)	3:00 Snack		Nature (N)
2:30 Music w/ Chyp & Andrea (SE)	3:15 Hymns w/ Annette & Bob (R) (SE)		
3:30 Combined Snack & Music Social (S)	3 :45 Social Time w/ Orange Group (S)		