



insight MEMORY CARE CENTER		Transitions Calendar		May 2019	
		<b>1 Wednesday</b>  10:00 Morning Coffee And Conversation (S) 10:30 Spotlight in Sports “Kevin Durant” (C, S) 11:00 Snack (S) 11:30 Trivia Board w/ Karen(C) 12:30 Lunch 1:15 Walking Club (P) 1:30 Matching Game (C) 2:00 Singer/Songwriter “The Grateful Dead w/ Alan” (C) E  2:30 Fun with Fabric (Life Review) (E)	<b>2 Thursday</b>  10:00 Music with Peg (SE) 10:45 Exercise (P) 11:00 Snack 11:30 Margarita Smoothies for Cinco de Mayo! (SE) 12:30 Lunch 1:15 Walking Club (P)(S) 1:30 Brain Fitness (C) 1:45 History Group w/ Mark: Richard Nixon (C) 2:00 Cooking Club on the Patio: Ice Cream Sandwich Cake(S)	<b>3 Friday</b>  10:00 Zumba w/ Ellie and Patrick (P) (S) 11:30 National Pet Day: All About Pet Therapy w/ Katelyn and Pender (S) 12:00 Name that Famous Animal w/ Katelyn (C) 1:30 Active Stations (S) 2:30 Spring Singalong (S) 2:45 Tai Chi w/ Cynthia (P) (SP)	
<b>6 Monday</b>  10:00 Group Discussion: The Leaning Tower of Pisa w/ Gordon (C) (S) 10:00 Iceland Travels w/ Stephanie (C) 10:20 Pisa Watercolor Landscapes (E) 10:20 Italian Opera Music Enhancement (SE) 11:30 Discussions w/ Dick: WWII (C) 12:00 Composer’s Club: Bruce Springsteen w/ Alan(C) 1:15 Walking Club (P) 2:00 Brain Fitness: Word Unscrambles (C) 2:30 Whose Eyes Are Those? (C)	<b>7 Tuesday</b>  10:00 Flyers w/ Courtney (E) 10:30 Trivia Board w/ Annette (C) 11:30 Exploring Broadway w/ Annette and Annette (E) (S) 12:15 Racing Through the Decades w/ Patrick and Karen (P) 12:30 Lunch 1:15 Walking Club (S) (P) 1:30 Countries of the World (C) 2:00 In the Garden “Flowers” (S) 2:30 Inspirational Stories (SP)	<b>8 Wednesday</b>  10:00 Morning Coffee and Conversation (S) 10:30 Spotlight in Sports “Tiger Wood’s Comeback” (C) 11:00 Snack 11:30 Artistic Garden Expressions w/ Annette: Garden Rocks (E) 11:30 Mother’s Day Woodworking w/ Bob (E) 12:30 Lunch 1:15 Walking Club (S, P) 1:30 Name Five from the Box (C) 2:00 Singer/Songwriter: “Glen Campbell” (C) (E)	<b>9 Thursday</b>  10:00 Music with Peg (E) 10:45 Chair Exercise (P) 11:30 Snack 11:30 Art with Sally (E) or 11:30 Military Group w/ Katelyn (C) 12:30 Snack 1:15 Walking Club (P) 1:30 What does a Mother Mean to You? Mother’s Day Cards (C)(E) 2:00 Gifts on the Patio (S)	<b>Friday 10</b>  10:00 Dancing w/ Garrey (P) (S) 11:30 Mother’s Day Discuss and Recall: Famous Mother’s (S) 12:00 Mother’s Day Floral Creations (E) 2:00 Name That Famous President (C) 2:45 Tai Chi w/ Cynthia (P) (SP) 3:15 Afternoon Music Social: Famous Country Hits w/ Shelby (C)(SE)	
<b>13 Monday</b>  10:00 Exercise w/ Ellie (P) 10:30 Exploring Mt. Rushmore w/ Ellie and Bob B. (C) 11:15 In the Garden Arts: Butterfly Feeders w/ Annette (E) 12:00 Discussion Circle: Global Citizen Spotlight Steven Hawking(C) 1:30 Active Stations (S)(C)(E) 1:30 Brain Fitness w/ Annette (C) 2:00 Amazing Animals w/ Annette (S) 2:00 Music Enhancement: Nifty Fifties w/ Ruth B. (SE) 2:30 Who am I? (C)	<b>14 Tuesday</b>  10:00 Guitar w/ Steve (S) or 10:00 Group Crossword (C) 11:00 Snack (S) 11:30 Exploring Grand Cayman w/ Karen (C) (S) 12:00 Grand Cayman Photography Showcase (E) 12:15 Caribbean Music Chair Exercise (P) 12:30 Lunch 1:15 Walking Club (S, P) 1:30 Review of the States (C) 2:00 In the Garden “Plants” (C) (S) 2:30 Inspirational Stories (SP)	<b>15 Wednesday</b>  10:00 Morning Coffee And Conversation (S)  10:30 Spotlight in Sports “Jackie Robinson” (C) 11:00 Snack 11:30 Gardening Group (SE) 11:30 Woodworking w/ Bob: IMCC Bench (E) 1:30 Friendship Support Group w/ Ellie (SP) 1:30 The Price is Right (C) 2:00 Singer/Songwriter: “Hank Williams” (E) 2:30 Fun with Fabrics (S, E) (Life Review)	<b>16 Thursday</b>  Insight in Action!  10:00 Music with Peg (SE) 10:45 Exercise (P) 11:00 Snack (S) 11:30 Art Class with Elba (E) 12:30 Lunch 1:15 Walking Club (S, P) 1:30 Adventures in Science (C) 2:00 Cooking on the Patio (S)	<b>17 Friday</b>  10:00 Music Therapy w/ Jessica (SE) (S) 10:45 Chair Stretching and Flexibility w/ Ellie and Patrick (P) 11:30 Scattegories w/ Ellie (C) 12:00 Musical Moments: Doris Day’s Greatest Works (SE) (S) 1:30 Music Enhancement: 60’s Jams w/ Carol (SE) 2:00 Ball Toss Trivia (C)(P) 2:45 Tai Chi w/ Cynthia (P) (SP) 3:15 National Strawberry Month Social (S) (SE)	
<b>20 Monday</b>  10:00 Entertainment w/ Peter Burroughs (S) 11:30 Time Slips Storytellers: Creative Storytelling (E) 12:00 Discussion Circle: Global Citizen Spotlight Frida Kahlo (C) 1:30 Active Stations (C)(E)(S) 2:00 Brain Fitness: Word Unscramble (C) 2:30 Can You Name the TV Show? w/ Connie (C)(S) 3:30 Piano w/ Annette (S)	<b>21 Tuesday</b>  10:00 History of Airplanes (C) 10:30 Airplane Flying Contest (S) 11:00 Snack (S) 11:30 Seven Wonders of the World (C) 12:00 Discuss and Recall: Memorable Travels (C) 12:15 Around the World Trivia (C)(P) 1:15 Walking Club (P) (S) 1:30 Countries around the World (C) 2:00 In the Garden All About “Birds” (C) 2:30 Inspirational Stories (SP)	<b>22 Wednesday</b>  10:00 Morning Coffee and Conversation (S) 10:30 Spotlight in Sports “Serena Williams” (C) 11:00 “The Bucket List” Movie Game 11:30 Bucket List Bingo! (S) 12:00 The Bucket List (S) 12:30 Lunch 1:15 Walking Club (P) 1:30 The Bucket List (S) 2:00 Music of your Life...(SE) 2:30 Singer/Songwriter “Simon and Garfunkel” (C, E) 2:30 Fun with Fabric Life Review (E)	<b>23 Thursday</b>  10:00 Music with Peg (SE) 10:45 Exercise (P) 11:30 Art w/ Elba (E) 11:30 Crossword w/ Mark (C) 12:30 Lunch 1:15 Walking Club (S) (P) 1:30 History Group: Great Leaders (C) 2:00 Cooking on the Patio (S)	<b>24 Friday</b>  10:00 Chair Exercise (P) 10:00 Musical Appreciation w/ Ellie: Greece Lightning (C) 10:00 Famous Fifties Facts w/ Ellie (C) 11:30 Snack 12:00 American History: The Declaration of Independence (C) 1:30 Active Stations (C)(E)(S) 2:00 Brain Fitness: A to Z Challenge (C) 2:45 Tai Chi w/ Cynthia (P) (SP)	
<b>27 Monday</b>  IMCC CLOSED FOR MEMORIAL DAY!	<b>28 Tuesday</b>  10:00 Music w/ Frank (S) 11:30 Learning Circle: Leo Tolstoy’s Life & Writings (C) 12:00 Crazy About Cats w/ Karen & Kaye (S) 12:15 Creating Storytelling: Russian Vocabulary Edition (E) 1:15 Walking Club (S, P) 1:30 Review of the States (C) 2:00 In the Garden “Incredible Animals” (C) (E) 2:30 Inspirational Stories (SP)	<b>29 Wednesday</b>  10:30 Rosie the Riveter Day: A Discussion (C) 11:30 Gardening Group (SE) 12:00 Discussing Allie Raisman (C) 12:30 Lunch 1:15 Walking Club (S, P) 1:30 Friendship Support Group w/ Ellie (SP) 1:30 The Great Race (C) 2:00 Singer/Songwriter “Dolly Parton” (C) 2:30 Fun with Fabric: Life Review (E)	<b>30 Thursday</b>  10:00 Music with Peg (E) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art w/ Annette: Tile Coasters (E) 12:30 Lunch 1:15 Walking Club (S, P) 1:30 Adventures in Science (C) 2:00 Cooking on the Patio (E)	<b>31 Friday</b>  10:00 Exercise w/ Ellie (P) 10:30 Filipino Classic Music w/ Cora (SE) 11:30 Engineering Marvels of the World w/ Dick (C) 12:00 Brain Fitness: Word Unscrables (C) 1:30 Active Stations (S) 2:00 Musical Spotlight: Julie Andrews’ Greatest Hits w/ Anne (C)(SE) 2:45 Tai Chi w/ Cynthia (P) (SP)	

Commented [KS2]: Katelyn to prepare and send to recon

Commented [KS1]: Saved in common drive

Commented [KS3]: Saved in early stage programs

Commented [I4]: Steph to help prep?

Commented [SH6]: Powerpoint. Common drive → Recreation Therapy → Powerpoints → 7 Wonders of the World

Commented [SH5]: Steph to prep.

Commented [SH7]: Basketball.

Commented [SH8]: Common drive → Recreation Therapy → May Activities → Leo Tolstoy Worksheet AND Leo Tolstoy Quotes. (From: Kids Konnect.)

Commented [SH9]: Karen to prep – making for orange, edit a version for blue.

Commented [SH10]: Steph to prep.

Commented [SH12]: Powerpoint: common drive → Recreation Therapy → Powerpoints → Engineering Marvels

Commented [SH11]: Steph to prep. Will find photo with questions to prompt a story. Will supply some Russian word to include in the story.