

BLUE GROUP | DECEMBER 2018

<div><div>3</div><div>8:30 Cognitive Cabinet Activities w/ Jean (C) 9:15 Coffee &amp; Conversations (C)(S) <b>10:00 Art w/ Elba: Birch Tree Forest Canvases (E)</b> 10:00 Ellie’s Holiday Creations (E) 11:30 The History of Hanukah w/ Annette (C) 12:00 Travel Trivia: Road Trip Trivia (C) 1:30 Creative Sketching w/ Sayed (E) 1:30 Snowflake Centerpieces (E) 2:15 Name 5! <i>December Edition</i> (C) 2:45 Nifty Fifty Sing Along w/ Carol (S) 3:00 Jeopardy! (C) 3:30 Ladies Group w/ Ruth and Michelle*: Raising Children (S) 3:30 Discussion: LifeClass and Quote Crafting (S)(C) 4:15 Short Story Group: Holiday Poetry (E) 4:30 Combined Balloon Volley (P) 5:00 Famous Fifties Music Appreciation (S)  <i>Happy Hanukkah!</i></div></div>	<div><div>4</div><div>8:00 Word Scrambles w/ Bob B.(C) 9:15 Current Events w/ Gordon (C) 10:00 Jazzercise Exercise w/ Bill E. (P) 10:00 Cork Christmas Trees w/ Carol* (E) <b>11:30 Harp w/ Judith (SE)</b> 12:00 History of Salsa Music w/ Candy (S) (C) 1:30 Brain Fitness Stations (C) 1:30 Famous French 50’s Music w/ Madeleine (S) 2:15 Exploring France: A Travelogue Journey w/ Jaqueline (C) (S) 3:00 Word in a Word Games w/ Virginia (C) 4:00 Brain Stations and Trivia w/ Rick (P) (C) 4:30 Composer Spotlight: Ray Charles (S) 5:00 Franz Listz: Music Enhancement and Listening (SE)</div></div>	<div><div>5</div><div>8:30 Adult Coloring Group (E) 9:15 Coffee &amp; Conversations w/ Ruth B (S) 10:00 Artistic Expressions w/ Annette: <i>Cork Christmas Trees*</i> (E) 10:00 Discuss and Recall: Holiday Traditions Around the World (C) (S) 10:45 Racing through the Decades (P) 11:00 Walking Club (P) <b>11:30 Art Therapy w/Crista &amp; Candy (S) (E)</b> 11:30 Architecture Appreciation: <i>Frank Lloyd Wright</i> w/ Bob &amp; Michael (S) (C) 12:00 Global Citizen Spotlight: <i>Hilary Clinton</i> (C) 1:30 Arts and Craft Stations (E) <b>1:30 Friendship Support Group w/ Ellie &amp; Shasta (SP)</b> 2:30 Designer Discussion: Coco Chanel w/ Shelby (S) 3:45 Composer’s Club: <i>Bing Crosby Life Story and Music Enhancement</i> (S) (C) 4:30 Active Game (P) 5:00 Piano Stylings w/ Annette (S)</div></div>	<div><div>6</div><div>8:30 Writing Exercises Activities w/ Bob (C) 9:15 Expressive Cabinet Activities (E) <b>10:00 Music Therapy w / Peg (S)</b> 10:45 Fitness Group (P) 11:30 Artists Loft w/ Katie: Holiday Greeting Cards (E) 11:30 Discuss and Recall: D Day and The Effects on WWII w/ Charlie (C)(S) 1:30 Brain Fitness: Word Finding (C) 1:45 Spiritual Group w/ Bob (SP) 2:30 Composer’s Club: Famous Forties w/ Bill E. (S) 3:30 You be the Judge w/ Andy (C) (S)  <u><b>4:00 IMCC Holiday Party</b></u></div></div>	<div><div>7</div><div>8:00 Scrambled Eggs (C) 9:15 Mandala Coloring (E) <b>10:00 Zumba w/ Katelyn (P)</b> 10:45 Which Word Does Not Belong? (C) 11:30 Classic Film Appreciation: Holiday Classics w/ Ellie (S) - 1:30 Brain Fitness: Word Finding (C) 1:45 Woodworking Painting Art (E)(SE) <b>2:30 Tai Chi w/ Cynthia (P) (SP)</b> 3:30 Spiritual Music w/ Annette (SP) 3:30 Composer’s Club: <i>Barry Manilow’s Greatest Hits</i> (S) (C) 4:00 Travelogue Across Italy w/ Gordon (S) (C) 4:30 Combined Balloon Volleyball Tournament (P) 5:00 Music Enhancement: The Rat Pack Classics (S)</div></div>
<div><div>10</div><div>8:30 Cognitive Cabinet Activities w/ Jean (C) 9:15 Coffee &amp; Conversations (S) 10:00 Famous 20<sup>th</sup> Century Quotes (C) 10:00 Ladies Positivitea w/ Shelby, Annette and Ruth B. w/ Stephanie (S) 11:30 Annette’s Book Club: <i>First Lady Michelle Obama (C)</i> 11:30 Walking Club w/ Veronica (P) 12:15 Chair Aerobics (P) <b>1:30 PAL’s Pet Therapy (S) (SE)</b> 1:30 Active Craft Stations (P) (E) 2:30 BeBalanced Exercises (P) 2:45 Discuss and Recall” Family Holiday Traditions (C) (S) 3:00 Jeopardy! (C) 3:45 Composer’s Club: Dean Martin w/ Carol (S) 3:30 John Clare Poetry: Reading and Writing w/ Eric (S) (C) 4:15 Trivia! Famous Fifties Facts (C) 4:30 Combined Balloon Volley (P) 5:00 Dining Room Discussion: Women in WWII (S)(C)</div></div>	<div><div>11</div><div>8:30 Social Cabinet Activities (S) 9:15 Puzzle Group (C) 10:00 Cognitive Class w/ Katelyn: The Art of Listening (C) <b>10:00 Men’s Small Group w/ Rick (S)</b> 11:30 Discuss and Recall: Favorite Family Vacations (SE) (C) 11:30 Zumba Fit w/ Patrick and Rick (P) 1:30 Participant’s Choice (P) (S) (C) (E) 1:30 Brain Fitness: Word Finding (C) Katie can you print some and have rick run? <b>2:00 Pet Visit w/ Brawny (SE)</b> 2:30 Famous Foreign Foods Discussion w/ Candy* (C) (S) 3:30 Musical Social: The Carpenters Holiday Album (S) 4:00 Bean Bag Toss (P) 4:30 Elvis Presley: Famous Hits and History (S) (C) 5:00 Dining Room Discussion: Today in History (C) (S)</div></div>	<div><div>12</div><div>8:30 Adult Coloring Group (E) 9:15 Coffee &amp; Conversations w/ Ruth B (S) 10:00 Artistic Expressions w/ Nicki and Veronica (E) 10:00 “In My Life” Presentation w/ Katie (S) 10:45 Racing through the Decades (P) 11:00 Walking Club (P) <b>11:30 Art Therapy w/Crista &amp; Candy (S) (E)</b> 11:30 Architecture Appreciation: Gaudi’s Spanish Influence on Madrid w/ Michael &amp; Bob (S) (C) 12:00 Global Citizen Spotlight: <i>Eleanor Roosevelt (C)</i> 1:30 Arts and Craft Stations (E) <b>1:30 Friendship Support Group w/ Ellie &amp; Shasta (SP)</b> 2:30 Designer Discussion: <i>Famous First Lady Outfits*</i> w/ Shelby (S) 2:30 Jukebox Sing Along w/ Annette (S) 3:15 Chair Yoga: <i>Flexibility Training (P)</i> 4:00 Active Stations (P) 4:00 Dining Room Discussion: Presidential Trivia (C)</div></div>	<div><div>13</div><div>8:30 Writing Exercises Activities w/ Bob (C) 9:15 Expressive Cabinet Activities (E) <b>10:00 Music Therapy w / Peg (S)</b> 10:45 Fitness Group w/ Rick (P) 11:30 Artists Loft w/ Katie: <i>Water Color Outlines</i> (E) 11:30 Famous Ski Destinations w/ Bob (C) (S) 1:30 Name 5! <i>Holiday Edition</i> (C) 1:45 Spiritual Group w/ Bob (SP) 2:30 Nature’s Abnormalities w/ Rick (S) (C) 2:30 Animals of the Artic w/ Al (C) 3:45 Composer’s Club: Dean Martin w/ Carol (S) 4:00 Active Cognitive Stations (P) (C) 4:30 Active Game: Trivia Beach Ball Toss (C) (P) 5:00 Dining Room Discussion: E.E. Cummings Poetry (E)</div></div>	<div><div>14</div><div>8:30 Coffee &amp; Conversations (S) 9:15 Morning Trivia w/ Cora (C) <b>10:00 Dancing w/ Garrey (P)</b> 10:00 Fred’s Puzzle Group (C) 11:30 Crockpot Strudel w/ Annette (SE) (S) 1:30 Participant’s Choice (C)(S)(E)(P) <b>2:30 Tai Chi w/ Cynthia (SP)(P)</b> 3:15 Spiritual Group w/ Annette (SP) 3:30 Friday Tastings! <i>German Strudel (S)(SE)</i> 3:45 Happy Hour Short Story: ‘Twas the Night Before Christmas (S) 4:00 Musical Stylings w/ Wendy (S) 5:00 Dining Room Word Searches (C)</div></div>
<div><div>17</div><div>8:30 Cognitive Cabinet Activities w/ Jean (C) 9:15 Coffee &amp; Conversations (S) <b>10:00 Art w/ Elba (E)</b> 10:00 Classic Movies w/ Ellie: <i>The Sound of Music</i> (S) 11:30 Annette’s Book Club: The Evolution of Nursing w/ Clara Barton (C) 1:30 Creative Sketching w/ Sayed (E) 1:30 Active Craft Stations w/ Ellie and Annette (P)(E) 2:15 BeBalanced Exercises (P) 2:45 Nifty Fifty Sing Along w/ Carol (S) 3:15 Jeopardy! (C) 3:45 Walking Club w/ Lois (P) 4:30 Combined Balloon Volley (P) 5:00 Dining Room Discussion: WWII Era and America (S)(C)</div></div>	<div><div>18</div><div>8:30 Social Cabinet Activities (S) 9:15 Puzzle Group (C) <b>10:00 Piano w/ Frank (SE) (S)</b> 11:30 All About Pennsylvania w/ Arnie and Patrick* (C) <b>11:30 Art History w/ Roshna (C)</b> 1:30 Participant’s Choice (S)(C)(E)(P) <b>1:30 Men’s Small Group w/ Rick (S)</b> <b>2:00 Pet Visit w/ Brawny (SE)</b> <b>2:30 Dancing w/ Garrey (P)</b> 3:30 Composer Club: <i>History of Rock and Roll w/ Rick (S) (C)</i> 4:30 Balloon Volley (P) 5:00 Dining Room Discussion: Today in History (C)(S)</div></div>	<div><div>19</div><div>8:30 Adult Coloring Group (E) 9:15 Coffee &amp; Conversations w/ Ruth B (S) 10:00 Discussion and Analysis: The Evolution of Dogs; Canine Companions and Military Heroes (S) (C) 10:00 Military Mania: <i>History of the US Air Force *</i> (C) 10:45 Fitness Group (P) 11:00 Walking Club w/ Sarah (P) <b>11:30 Art Therapy w/Crista &amp; Candy (S) (E)</b> 11:30 Family Feud! (S) (C) 1:30 Arts and Craft Stations (E) <b>1:30 Friendship Support Group w/ Ellie &amp; Shasta (SP)</b> 2:30 Famous Poets: <i>An Analysis of John Clare and His Best Work w/ Eric (S) (C)</i> 2:30 Women’s Small Group: Famous First Ladies* (C) (S) 3:30 Jukebox Sing Along w/ Annette (S) 4:00 Bean Bag Toss (P) 4:30 Trivia! (C)</div></div>	<div><div>20</div><div>8:30 Sensory Activities w/ Ruth M (SE) 9:15 Expressive Cabinet Activities (E) <b>10:00 Music Therapy w / Peg (S)</b> 10:45 Fitness Group (P) 11:30 Artist’s Loft w/ Bharat (E) 11:30 Today in the World: Current Events Discussion w/ Rick (C) 1:30 Puzzle Games(C) 1:30 Spiritual Group w/ Bob (SP) <b>2:00 IMCC Participant Party (S)</b> 4:30 Poetry Reading: <i>Mark Twain Famous Writings</i> (E)</div></div>	<div><div>21</div><div>8:30 Coffee &amp; Conversations (S) 9:15 Morning Trivia w/ Cora (C) <b>10:00 Music Therapy w/ Jessica (S)(SE)</b> 10:00 Fred’s Puzzle Group (C) 10:45 Racing Through the Decades w/ Ellie (P) <b>11:30 Famous Holiday Hits w/ Ellie (C) (S)</b> 11:30 Crockpot Strudel w/ Latoria (SE) (S) 1:30 Participant’s Choice (S)(P)(C)(E) <b>2:30 Tai Chi w/ Cynthia (SP)(P)</b> 3:15 Famous Figures: <i>History of Buzz Aldrin (C)</i> 3:45 Composer’s Club: <i>John Denver</i> (S) 4:30 Balloon Volley (P) 5:00 Puzzle Group (C)</div></div>
<div><div>24</div><div><b>IMCC CLOSED FOR CHRISTMAS HOLIDAY!</b>  ----- <div><div>31</div><div><b>IMCC IS CLOSED FOR NEW YEAR HOLIDAY!</b></div></div></div></div>	<div><div>25</div><div><b>IMCC CLOSED FOR CHRISTMAS HOLIDAY!</b></div></div>	<div><div>26</div><div>8:30 Adult Coloring Group (E) 9:15 Coffee &amp; Conversations w/ Ruth B (S) <b>10:00 Dancing w/ Garrey (P)</b> 10:45 Discuss and Recall: Famous Presidents (C) (S) 11:00 Walking Club (P) <b>11:30 Art Therapy w/Crista &amp; Candy (S) (E)</b> 11:30 Modern Architecture w/ Michael: <i>Frank Lloyd Right</i> (S) (C) 1:30 Arts and Craft Stations (E) <b>1:30 Friendship Support Group w/ Ellie &amp; Shasta (SP)</b> 2:30 Fashion through the Ages w/ Shelby (C) (S) 2:30 Staff Spotlight: <i>Annette’s Life in Okinawa</i> (C) (S) 3:00 Discuss and Recall: Favorite Trips Abroad (C) 3:30 Jukebox Sing Along w/ Annette (S) 4:00 Basketball and Trivia (P) 5:00 Participant’s Choice</div></div>	<div><div>27</div><div>8:30 Writing Exercises Activities w/ Bob (C) 9:15 Expressive Cabinet Activities (E) <b>10:00 Music Therapy w / Peg (S)</b> 10:45 Fitness Group (P) 11:30 Artists Loft w/ Katie: WaterColor Drip Art (C) 11:30 History in the Making: Famous Presidents (C) 1:30 Name 5! <i>New Year’s Eve Edition</i> (C) 1:45 Spiritual Group w/ Bob (SP) 2:30 Nature’s Abnormalities w/ Rick (S) (C) 3:00 Let’s Learn Spanish w/ Candy* (E) 3:30 John Clare Poetry: Reading and Writing w/ Eric (S) 4:00 Active Cognitive Stations: NYE Word Finding 4:30 Discussion: E.E. Cummings Poetry (E)</div></div>	<div><div>28</div><div><b>10:00 Violin w/ Anthony (P)</b> 10:30 <i>Music History and Appreciation:</i> Elvis Presley w/ Ruth B. (SE) (C) 11:30 <i>Music History and Appreciation:</i> Elvis Presley (C) 12:00 Historical Holidays: New Year’s Eve Traditions (S) 1:30 All About John Wayne: <i>Western Hour (S) (C)</i> 2:30 Active Game: Basketball Trivia (P) (C) 3:00 Short Story Group: <i>Ernest Hemmingway Life and Famous Works</i> (S)(C) 3:30 Musical Social: Beach Boys (S) 4:00 Active Cognitive Stations (P) (C) 4:30 Parachute and Holiday Hits (SE) (P)</div></div>