

# ORANGE ROOM | MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Activity Domain Key</b>            Physical (P)            Social (S)            Cognitive (C)            Creative (CR)            Productive Sensory (SE)            Outdoor (O)            Nature (N)            Reflective (R)</p>	<p><b>Happy Birthday!</b></p>  <p><b>Nancy 3/1</b>  <b>David P. 3/1</b>  <b>Nafisa 3/1</b>  <b>Bonnie 3/9</b>  <b>Steven 3/12</b>  <b>Margy 3/13</b>  <b>Gregory 3/14</b>  <b>Patrick 3/22</b>  <b>Gretchen 3/31</b></p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Sit and Stretch Fitness (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Finish the Phrase w/ Bill (C)            11:30 Balloon Badminton (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Where in the World Trivia w/ Bob (C)            2:00 I Spy Board w/Andy (C)            2:30 Bowling Tournament w/ Vernelle (P)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Match Game (C)            4:00 Guinness World Record Holders (S)            4:30 Piano Tunes (SE)            5:00 Coloring Group (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing a Long (S)            10:15 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Bean Bag Hangman w/ Bobbi (C)            11:30 Twister Toss (SE) (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Music &amp; Movement Fitness (P)            2:00 Bird Watchers Club w/ Jim (C)            2:30 Musical Spotlight: Elton John (S)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Active Stations (S)(C) (CR)            4:00 Combined Rhyming Riddles (S) (C)            4:30 Noodle Hockey (P)            5:00 Sing-Along (S) (SE)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)  <b>10:00 Dancing w/ Garrey (P) (S)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:15 Chair Exercise (P)            11:30 Brain Game (C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Cooking Demo: Brownies (SE)            2:00 Music &amp; Movement w/ Bill (P)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Spring Watercolor Paintings w/ Bob (CR)            4:00 Active Stations &amp; 1:1 (S) (C) (CR)            4:30 Name That Tune (S)            5:00 Faces &amp; Places (C)</p>
<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Can You Picture This? w/ Drew (SE)            11:30 Noodle Balloons (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Travelogue: Acadia National Park (S)            2:00 Cardio Kicking Fitness (P)            2:30 Folk Song Sing a Long (S)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Categories Game w/ Bill (C)            4:00 Combined Sing-Along (S) (SE)            4:30 Active Game (P)            5:00 Balloon Toss &amp; Tunes (SE) (P)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Finish the Phrase (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Toss &amp; Tell Game (C)(P)            11:45 Finish the Lyrics (C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Gospel Hymns Sing-Along (S) (SE)            2:00 Discuss &amp; Recall: Lucky- Charms (S)            2:30 EZ Does It Trivia w/ Andy (C)  <b>3:00 Afternoon Music and Snack Social (S)</b>            3:15 Where in the World Quiz (C) (P)            4:00 Combined Bowling w/ Myrtle (P)            4:30 What If... (S)            5:00 Name 5 (C)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Finish the Phrase (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Name 10 Game w/ Bill (C)            11:30 Shake &amp; Stretch Fitness (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Sights &amp; Sounds: New York City (SE)            2:00 Pair It Puzzles w/ Jim (C)            2:30 Getting to Know You Ball Toss (S) (P)  <b>3:00 Piano Jams w/ Andrew (SE)</b>            4:00 Combined Noodle Hockey (P)            4:30 Piano Tunes (SE)            5:00 Coloring Group (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Finish the Phrase (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Hymns Sing a Long w/ Phyllis (S)            11:30 Balloon Badminton w/ Dr. Buck (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Sit and Stretch Fitness (P)            2:00 State &amp; Cities Trivia (C)            2:30 Color Bucket Toss w/ Walter (C)(P)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Calming Coloring (CR)            4:00 Combined Letter Quiz (C)            4:30 Balloon Badminton (P)            5:00 Name 5 (C)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)  <b>10:00 Violin w/ Anthony (SE)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:15 Move &amp; Groove Fitness (P)            11:30 Close Up Trivia (S)(C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Musical Spotlight: Johnny Cash (S)            2:00 Sit and Stretch Fitness (P)            2:30 Discuss &amp; Recall: Fine Dining (S) (SE)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Parachute Balloon (P)            4:00 Combined Tabletop Puzzles (P)            4:30 Piano Tunes (SE)            5:00 Coloring Group (CR)</p>
<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Ka-Blab Trivia Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Sights &amp; Sounds: California (S)            11:30 Family Feud Game (S)(C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Musical Spotlight: David Bowie (S)            2:00 Café Aromatherapy w/ Sarkis (SE)            2:30 Bowling Tournament w/ Jim (P)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Most Popular Musicals (S)            4:00 Combined Sing-Along (S) (SE)            4:30 Active Game (P)            5:00 Balloon Toss &amp; Tunes (SE) (P)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 I Spy Board Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Travelogue: Rome            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Dance Moves of the Decades (P)            2:00 Cooking Demo: Baking on Pi Day (SE)            2:30 Painting by Numbers w/ Bobbi (CR)  <b>3:00 Pi Day Pie Tasting (S)</b>            4:00 Corn Hole Tournament (P)            4:30 Landmark Quiz (C)            5:00 Group Discussion (S)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Musical Spotlight: Buddy Holly (S)            11:30 Bean Bag Toss &amp; Trivia (P)(C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Shake It Off Fitness w/ Bob (P)            2:00 Presidential Portraits (CR)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Pair Up Puzzles (C)            4:00 Active Stations &amp; 1:1 (S) (C) (CR)            4:30 Name That Tune (S)            5:00 Faces &amp; Places (C)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 White Board Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 The History of St Patrick's Day (S)            11:45 Dance-a-thon w/ Donna (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Cardio Kick Fitness (P)            2:00 Aromatherapy: Tropical Paradise (SE)            2:30 Balloon Volley w/ Jim (P)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Would You Rather (S)            4:00 Combined Prize BINGO (C)            4:30 Our Favorite Music Videos (S)            5:00 Sing-Along (S) (SE)</p>	<p><b>WEAR GREEN DAY</b></p> <p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)  <b>10:00 Dancing w/ Garrey (SE)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:15 Hand Weight Exercise (P)            11:30 Finish the Expression w/ Andy (C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 I Spy Board w/ Walter (C)            2:00 Putt-Putt Golf (P)            2:30 Active Stations (S) (CR) (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Noodle Balloons (P)            4:00 Castle Crash Game (P)(S)            4:30 Tabletop games (C) (S)            5:00 Tabletop Puzzles (P)</p> 
<p><b>FIRST DAY OF SPRING</b></p> <p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Finish the Phrase (C)            10:30 Finish the Song Lyric w/ Bill (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Sensory Quiz: What's in the Bag (SE)            12:00 Beach Sensory Session w/ Bob (SE) (S)  <b>12:30 Lunch (S)</b>            1:15 Movement &amp; Music w/ Sarkis (P)            2:00 Biography Photo Showcase: ABBA (S)            2:30 Aromatherapy: Fruity &amp; Floral Scents (SE)  <b>3:00 First Day of Spring Social (S)</b>            4:00 Combined Group: Hangman (C) (CR)            4:30 Music Exploration: Billy Joel (SE)</p> 	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Kicking Fit Cardio (P)            10:30 Mind Jogger Trivia (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Finish the Song Title (C)            11:30 Darts Competition (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Active Stations (S) (C) (CR)            2:00 Musical Spotlight: Diana Ross (S)            2:30 Target Golf w/ Bob (P)  <b>3:00 Afternoon Snack &amp; Music Social (S)</b>            4:00 Most Famous Musicals (S)            4:30 Corn Hole Tournament (P)            5:00 Music &amp; Movement (SE) (P)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Sit and Stretch Fitness (P)            10:45 Brian Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Duck, Duck, Moose Game (C)            11:30 Balloon Badminton (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Logo Quiz w/ Sarkis (C)            2:00 Bowling w/ Larry (P)            2:30 Quick Fire Trivia (C)  <b>3:00 Piano Jams w/ Andrew (SE)</b>            4:00 Active Stations w/ Walter (S) (C)            4:30 What If... (S)            5:00 Name 5 (C)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Finish the Phrase (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 This or That Game (S)            11:30 Color Categories Quiz (C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Sit and Stretch Fitness (P)            2:00 Alphabet Quiz (C)  <b>2:15 Music Therapy w/ Melanie (SE)</b>  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Calming Coloring (CR)            4:00 Combined Rhyming Riddles (S) (C)            4:30 Noodle Hockey (P)            5:00 Sing-a long (S) (SE)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Finish the Phrase (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Junk Drawer Detective w/ Bill (C)(S)            11:30 Noodle Hockey (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Kicking Cardio (P)            2:00 EZ Does It Trivia w/ Andy (C)            2:30 Color Bucket Toss (SE)  <b>3:00 To Tea or Not to Tee Snack Social (S) (P)</b>            3:15 World Famous Musicals w/ Kay (S)            4:00 Name That Tune (S)            4:30 Sing a Long Songs (S)            5:00 Coloring Group (CR)</p>
<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Can You Picture This w/ Drew (SE)            11:30 Balloons Badminton w/ Bob (P)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Sights &amp; Sounds: Timbuktu (SE)            2:00 Egg Shaker Fitness (P)            2:30 Mystery Guessing Game (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Calming Coloring: Good Luck Charms (CR)            4:00 Darts Competition (P)            4:30 Piano Tunes (SE)            5:00 Coloring Group (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Sit and Stretch Fitness (P)            10:45 Brian Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 A to Z Quiz (C)            11:30 Color Toss Trivia (P)(C)            12:00 Warm Aromatherapy Towels (SE)  <b>12:30 Lunch (S)</b>            1:15 Mystery Guessing Game (C)            2:00 Finish the Lyric w/ Donna (C)            2:30 Cornhole Tournament (P)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Active Stations (S) (C) (CR)            4:00 Sing a Long Songs (S)            4:30 What If... (S)            5:00 Name 5 (C)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Sit and Stretch Fitness (P)            10:45 Brian Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Bird Watching Sensory (SE) (C) (S)            11:30 Color Bucket Toss w/ Mir (SE) (P)  <b>12:30 Lunch (S)</b>            1:30 Music and Memory (SE)            1:30 Active Stations (C) (SE) (CR)            2:00 Cooking Demo: Pudding Parfait (SE))            2:30 Montessori Pet Care Session (SE)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Afternoon Snack and Music Social (S)            4:00 Combined Chair Dancing (P) (SE)            4:30 Top Hits From the 70's (SE) (S)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Greetings &amp; Sing A Long (S)            10:15 Sit and Stretch Fitness (P)            10:45 Brian Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Travelogue: Spain (S)            12:00 Can You Picture This? (S)  <b>12:30 Lunch (S)</b>            1:15 Music &amp; Movement w/ Mir (P)(SE)            2:00 Art Expressions: Watercolor Rain Clouds w/ Bob (C)            2:30 Matching Game (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Popular TV Shows from the 60's (S)            4:00 Combined Letter Quiz (C)            4:30 Balloon Badminton (P)            5:00 Name 5 (C)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 Music &amp; Dancing by Brian Rudolph (S) (P)  <b>11:00 Snack &amp; Social (S)</b>            11:15 Chicken Target Toss (P)            11:30 Travelogue: Italy (S)            12:00 Aromatherapy: Dried Kitchen Herbs (SE)  <b>12:30 Lunch (S)</b>            1:15 Nature Talk: Healing Hot Springs (N)(O)            2:00 Ka-Blab Word Game (C)  <b>2:30 Sensory Tea Social w/ (SE) (S)</b>  <b>3:00 Combined Birthday Celebration (S)</b>            4:00 Combined Tabletop Puzzles (P)            4:30 Piano Tunes (SE)            5:00 Coloring Group (CR)</p> 