BLUE ROOM | SEPTEMBER 2021



Activity Domain Key

Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Reflective (R) Nature (N)

Happy Birthday!



Bob 9/7 Wassila 9/8 Eileen 9/9 Cora 9/12 **Bob 9/13 Becky 9/18** Brenda 9/29

7:30 Coffee & Conversations (S)

8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C)

9:30 Music Selections (S) (SE)

11:00 Snack & Social (S)

11:45 Chair Exercise (P)

8:00 Personalized Active Stations (C) (CR)

10:00 Piano Sing-Along w/ Frank (S) (SE)

12:00 Famous Couples w/ Jeanette (S) (R)

1:15 Reminiscing Slideshow: 1940 Sports (S)

2:00 Armchair Travel w/ Eileen: Maryland (S)

3:00 Afternoon Music and Snack Social (S)

11:30 Today in History Spotlight (S) (C)

1:15 Gardening Club w/ Liv (S) (N)

1:45 Nature Walk w/ Lori (O) (N) (P)

2:30 Amazing Technology w/ Jack (S)

4:00 Combined Balloon Volleyball (P)

5:00 Sing-Along w/ Brenda (S) (SE)

7:30 Current Events Discussion (S)

3:30 Match Ups w/ Kay (C)

4:30 What Color Is... (C)

7:30 Coffee & Conversations (S) 8:00 Personalized Active Stations (C) (CR)

8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C)

9:30 Music Selections (S) (SE)

10:00 This Day in History (S) (C)

10:30 Chair Exercise (P)

10:45 Brain Game (C) 11:00 Snack & Social (S)

11:30 Discussion w/ Ruth: How Did We Do Without... (S)

12:00 Team Challenge: Giant Jenga (S) 12:30 Lunch (S)

1:15 What Am I: Plants & Animals (C)

1:15 Men's Group w/ Jesse (S)

1:45 Nature Walk w/ Bob (O) (N) (P) 2:00 Rhyme Day Game: Roll & Rhyme (C)

2:30 Career Spotlight w/ Larry: Engineer (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Funny Photo Captions w/ Bob (S) (CR)

4:00 Combined Corn Hole Tournament (P)

4:30 What Am I (C) 5:00 Finish the Advice (C)

7:30 Current Events Discussion (S)

8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE)

10:00 This Day in History (S) (C) 10:30 Balance Exercises (P)

10:45 Brain Game (C)

11:00 Snack & Social (S)

11:30 Oh, the Places We've Been (S) (R) 12:00 Music Spotlight: Buddy Holly (S) (SE) 12:30 Lunch (S)

1:15 Tools of the Trade Trivia w/ Bob (C) 1:45 Stand & Stretch w/ Casey (P) 2:00 TV Spotlight w/ Franklin: M.A.S.H (S)

2:30 Discussion w/Joyce: School Days (S)(R) 3:00 Afternoon Music and Snack Social (S)

3:30 Group Pictionary w/ Rory (CR) 4:00 Combined Skee-Ball w/ Casey (P)

4:30 Piano Tunes w/ Jen (SE) 5:00 Coloring Group (CR)

7:30 Coffee & Conversations (S)

8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE)

8:00 Personalized Active Stations (C) (CR)

10:00 Virtual Music Performance w/ Peggy (S) (SE)

10:45 Chair Exercise w/ Cora (P)

7:30 Puzzle Stations w/ Joy (C)

11:00 Snack & Social (S) 11:30 Reading Circle w/ Al: V-J Day (S) (C) 12:00 Music Spotlight w/ Franklin:

Fleetwood Mac (SE)

12:30 Lunch (S) 1:15 Left, Right, Center Game (S) (C) 1:15 Art Expressions w/ Jenny (S) (CR)

1:45 Sit & Stretch w/ Willie (P)

2:00 Discussion: Cynthia Riggs Story (S) 2:30 Piano Month: Great Performances (SE)

3:00 Afternoon Music and Snack Social (S) 3:30 Touring Rock & Roll Hall of Fame (S)

4:00 Combined Rhyming Riddles (S) (C) 4:30 Noodle Hockey (P) 5:00 Sing-Along (S) (SE)

7:30 Newspaper Headlines (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P)

10:45 Brain Game (C) 11:00 Snack & Social (S)

11:30 National Geographic Spotlight (S) (C)

12:00 World Jeopardy w/ Al (S) (C)

1:30 Piano Concert w/ Jerry (S) (SE)

2:30 Combined Words Starting With T (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Combined Have You Ever... (S) (R)

4:00 Combined Balloon Toss & Trivia (C) (P) 4:30 Balloon Badminton (P) 5:00 Name 5 (C)

7:30 Coloring Group (CR)

4:00 Combined Name 5 (C)

4:30 Active Game: Mini Golf (P)

5:00 Famous Phrases w/ Gordon (C)

7:30 Current Events Discussion (S)

8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C)

11:00 Snack & Social (S)

History (S) (R)

12:30 Lunch (S)

9:30 Music Selections (S) (SE)

10:00 Violin w/ Anthony (S) (SE)

11:30 Chair Zumba w/ Jean (P)

8:00 Personalized Active Stations (C) (CR)

11:45 What Line of Work Were They In (C)

12:00 World Beard Day: Famous Beards in

1:15 Travelogue w/ Jane: South Carolina (S)

1:45 Outdoor Walking Club w/ Bob (O) (P)

3:00 Afternoon Music and Snack Social (S)

2:00 Labor Day Discussion & Jokes (S)

2:30 Two Truths & a Lie w/ Terry (S) (C)

3:30 Balloon Volleyball w/ Howard (P)

8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE)

10:00 Dancing w/ Garrey (S) (SE) (P)

11:00 Snack & Social (S) 11:30 Who Said It w/ Lori (S) (C)

12:00 Psychology Spotlight w/ Drew (S)

12:30 Lunch (S) 1:15 Uplifting News w/ Terri (S)

1:15 Men's Group w/ Jesse (S) 1:45 Optical Illusions w/ Barb (S) (C)

2:00 Tai-Chi w/ Cynthia (P) (R) 3:00 Afternoon Music and Snack Social (S)

3:30 Discussion: Grandparents Day (S)

4:00 Combined Bowling w/ Lori (C) 4:30 Sing-Along w/ Paul (S) (SE)

5:00 Balloon Toss (P)

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7:30 Music Reflections (SE) (R)

8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C)

9:30 Music Selections (S) (SE)

10:00 This Day in History (S) (C)

10:30 Chair Exercise (P) 10:45 Brain Games (C)

11:00 Snack & Social (S)

11:30 Wheel of Fortune w/ Franklin (S) (C) 12:00 Hula Hoop Toss w/ Willie (S) (P) 12:30 Lunch (S)

1:15 Team Bingo w/ Marjorie (S) (C)

2:00 It Happened in September (S)

2:30 Corn Hole Tournament w/ Rory (P) 3:00 Afternoon Music & Snack Social (S)

3:30 Finishing Phrases w/ Earline (C)

4:00 Combined You Be the Judge (S)

7:30 Sing-Along w/ Brenda (S)

8:30 Table Talk Discussion (S)

9:30 Music Selections (S) (SE)

10:00 This Day in History (S) (C)

12:00 Trivia Pursuit w/ Joyce (C)

1:15 Group Table Quiz w/ Charlie (C)

1:15 Women's Group w/ Tammy (S)

2:00 Language Group w/ Drew (C)

9:00 Group Brain Games (C)

9:30 Music Selections (S) (SE)

10:30 Chair Exercise (P)

11:00 Snack & Social (S)

10:45 Brain Games (C)

12:30 Lunch (S)

10:00 This Day in History (S) (C)

11:30 Fishing Trivia w/ Jay (S) (C)

1:15 Women's Group w/ Tammy (S)

2:30 Garden Club / Willie (O) (N) (SE)

4:00 Combined Noodle Hockey (P)

4:30 Documentary Spotlight (S)

5:00 Group Discussion (P)

3:00 Afternoon Music & Snack Social (S)

3:30 One Hit Wonders w/ Charlie (S) (SE)

2:15 Icebreakers w/ Mike (S)

12:00 Behind the Scenes:West Side Story(S)

1:15 Famous Foreign Words w/ Drew (S)(C)

1:45 Outdoor Patio Social & Stretch (O) (P)

1:45 Outdoor Walking Club w/ Casey (P)

2:30 Unsolved Mysteries w/ Muriel (S)

3:00 Afternoon Music & Snack Social (S)

9:00 Group Brain Games (C)

10:30 Balance Exercises (P)

10:45 Brain Game (C)

12:30 Lunch (S)

11:00 Snack & Social (S)

8:00 Personalized Active Stations (C) (CR)

11:30 Things You Don't Hear Anymore (S)

4:30 Noodle Hockey (P) 5:00 Sing-Along (S) (SE) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C)

9:30 Music Selections (S) (SE)

10:00 Music Performance w/ Brian (S) (SE) 11:00 Snack & Social (S)

11:30 Today in History Spotlight w/ Bob (S) 11:45 Chair Exercise w/ Lori (P)

12:00 Exotic Animal Trivia (S) (C)

12:30 Lunch (S) 1:15 Slideshow Reminiscing w/ Al (S) (R)

1:15 Gardening Club w/ Liv (S) (N)

2:00 Creative Day: Line Drawings (CR)

3:00 Afternoon Music and Snack Social (S)

3:30 Stories Out of a Hat w/ Jean (S) (R) 4:00 Combined Corn Hole Tournament (P)

4:30 One-Shot Movie Trivia w/ Gordon (C)

5:00 Group Discussion (S)

2:30 TV Spotlight w/ Muriel: Golden Girls (S)

8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C)

7:30 News of the Day w/ Marilu (S)

9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P)

10:45 Brain Games (C) 11:00 Snack & Social (S)

11:30 Biography: Stephen King (S) (C) 12:00 How the Workplace is Changing w/ Bob (S) (C) 12:30 Lunch (S)

1:15 Hollywood Squares w/ Jim (S) (C) 1:15 Art Expressions w/ Liv (S) (CR)

2:00 Group Game: Giant Connect Four (S) (C) 2:30 Amazing Child Prodigies (S)

3:00 Afternoon Music and Snack Social (S)

3:30 Wheel of Fortune w/ Jack (C) 4:00 Combined Timeslip Storytellers (S) (CR)

4:30 Corn Hole Tournament (P)

5:00 Music & Movement (SE) (P)

8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C)

10:30 Balance Exercises (P) 10:45 Brain Game (C)

11:00 Snack & Social (S)

11:30 Benefits of Curiosity w/ Janice (S)

12:30 Lunch (S)

1:15 Group Discussion w/ Jean (S) 1:15 Art Expressions w/ Liv (S) (SE) (CR) 1:45 Family Feud w/ Eileen (S) (C)

2:15 Teachers Day Showcase (S) (R) 2:45 Lecture Spotlight w/ Myrtle (S) (C)

3:30 Music Bingo w/ Marjorie (S) (C) 4:00 Music Circle w/ Donald (SE) (CR)

4:30 Combined Noodle Hockey (P) 5:00 Pictionary (CR) (C)

8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE)

10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C)

11:00 Snack & Social (S) 11:30 Professions That Are Vanishing (S) 12:00 Word Game w/ Myrtle: Synonyms (C) 12:30 Lunch (S)

1:15 Discussion w/ Ruth: Life Lessons (S) 1:15 Men's Group w/ Jesse (S) 1:45 Walking Club w/ Howard (O) (P) 2:00 Where Are They Now (S) (R)

2:30 Armchair Travel: Savannah (S) (C) 3:00 Afternoon Music and Snack Social (S)

3:30 Target Golf w/ Bob (P) 4:00 Combined Letter S Puzzle (C)

4:30 Bowling (P) 5:00 Karaoke (S) (SE)

7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C)

9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P)

10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Military Terms Crossword w/ Jay (C)

12:00 First Day of Autumn Showcase (S) (R) 12:30 Lunch (S) 1:15 Cards & Dice Matching Game (A) (C) 1:45 Reminiscing w/ Rory: Fall Sports (S) (R)

2:15 Balloon Badminton w/ Howard (P) 2:45 Alphabetical Autumn Words (C) 3:00 Afternoon Music and Snack Social (S)

3:30 Finish the Song Title w/ Casey (C) 4:00 Combined Bowling w/ Muriel (P) 4:30 What If... (S) 5:00 Name 5 (C)

8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE)

7:30 Group Discussion w/ Jeff (S)

10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C)

11:00 Snack & Social (S) 11:30 Visual Trivia w/ Bob (C) 12:00 Discussion: Christopher Columbus (S) 12:30 Lunch (S)

1:15 Left, Right, Center Game (S) (C) 1:15 Men's Group w/ Jesse (S) 1:45 What If...w/ Howard (S) 2:15 Afternoon Stretches w/ Joyce (P) 2:30 National Coffee Day Discussion: Why

So Many Drink It (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Finish the Song Title w/ Casey (C)

7:30 Puzzle Stations (C) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S)

9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C)

10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Blank Slate Word Game w/ Cora (C)

10:30 Balance Exercises (P)

12:00 History of Motorcycles w/ Becky (S) 12:30 Lunch (S) 1:15 Name That Singer w/ Charlie (C)

1:15 Art Expressions w/ Jenny (S) (SE) (CR) 1:45 Bowling w/ Kay (P) 2:00 Famous Polish Folks w/ Jeannette (S)

2:30 Reminisce Slideshow: 1920s Trends (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Reminisce & Reflect w/ Willie (S) (R) 4:00 Combined Noodle Hockey (P)

4:30 Finish the Sayings (C) 5:00 Balloon Toss & Talk (S)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C)

10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Match Musicians to Instruments (C) 12:00 Music Spotlight: Ray Charles (S) (SE)

10:30 Chair Exercise (P)

12:30 Lunch (S) 1:15 Animal Spotlight: Red Pandas (S) (C) 1:15 Ladies Fall Tea w/ Jenny (S) (SE) 1:45 Outdoor Walking Club w/ Eileen (P) 2:00 Zeroes In Quiz w/ Jack (C)

2:30 Ping Pong Toss w/ Willie (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Who Am I w/ Jeannette (C)

4:00 Combined Group Discussion (S) 4:30 Noodle Hockey (P) 5:00 Music & Movement w/ Paul (SE) (P)

8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE)

10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Notable Women Crossword w/ Cora

12:30 Lunch (S) 1:15 The Middle Years w/ Charlie (S) (R)

Mean to You (S) 2:30 Ring Toss Trivia w/ Becky (C) (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Who Am I w/ Jeannette (C)

7:30 Group Social w/ Ruth (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C)

9:30 Music Selections (S) (SE) 10:00 Dancing w/ Garrey (S) (SE) (P) 11:00 Snack & Social (S) 11:30 This Week in Photos w/ Janice (S)

12:00 Air Force Trivia w/ Drew (S) 12:30 Lunch (S)

1:15 Group Discussion w/ Marjorie: Good Citizens (S) 1:45 Germany Travelogue w/ Lori (S) (C)

2:30 Combined Oktoberfest Celebration (S) (CR) (SE) 3:00 Afternoon Music and Snack Social (S)

4:00 Combined Balloon Volleyball (P) 4:30 Around the World Game (P) 5:00 What Comes Next (C)

7:30 Coffee & Conversations (S) 8:00 Personalized Active Stations (C) (CR)

9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P)

10:45 Brain Game (C)

8:30 Table Talk Discussion (S)

11:00 Snack & Social (S) 11:30 Most Dangerous Careers (S) (C) 12:00 Reminiscing Slideshow: 1949 (S) (R) 12:30 Lunch (S)

1:45 Mini Golfing w/ Lori (P) 2:00 Tai-Chi w/ Cynthia (P) (R) 3:00 Combined Birthday Celebration (S) 3:30 Combined Group Discussion (S)

1:15 Shuffle Scuffle w/ Barb (S) (R)

1:15 Men's Group w/ Jesse (S)

4:00 Combined Magnetic Darts (P) 4:30 Reminiscing Group (S) (R) 5:00 Sing-Along (S) (SE)





3:30 Reminiscing: 1980s in Review (S) (R) 4:00 Combined Sing-Along (S) (SE) 4:30 Active Game (P) 5:00 Balloon Toss & Tunes (SE) (P) 7:30 Personalized Active Stations (C) (CR) 7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S)

> 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C)

12:00 Noodle Soccer w/ Larry (P)

3:00 Afternoon Music & Snack Social (S)

4:00 Combined Bowling w/ Muriel (P) 4:30 Name the Animal (C) 5:00 Social Circle (S)

7:30 Current Events Discussion (S) 10:00 This Day in History (S) (C)

10:30 Chair Exercise (P)

12:00 You Be the Judge w/ Andy (S)

1:15 Art Expressions w/ Jenny (S) (SE) (CR) 1:45 Outdoor Walking Club w/ Jim (P) 2:00 Motivational Quotes: What Do They

4:00 Combined Group Discussion (S) 4:30 Noodle Hockey (P) 5:00 Music & Movement w/ Paul (SE) (P)