

Transitions Calendar

August 2019

	<h1 style="text-align: center;">Transitions Calendar</h1> <h2 style="text-align: center;">August 2019</h2>			
<p>Transition and Blue: Snack 11:00 & 3:30 Orange: Snack 11:30 & 3:30 Transition and Blue: Lunch 12:30 Orange Lunch 12:45</p> <p>Activity Domain Key Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE) Spiritual (SP)</p>			<p>1 Thursday</p> <p>10:00 Music with Peg (SE) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art with Annette: Circus Artwork (E) 11:30 Discussion: Exploring the Eiffel Tower w/ Annette (S) (C) 12:00 All About Julia Child's and French Cooking (C) 12:30 Lunch (S) 1:15 Religions of the World: Scientology (C) 1:30 A Trip Around the World (C) 2:30 Game: Name 5 (C)</p>	<p>2 Friday</p> <p>10:00 Exercise w/ Tracy (P) 10:30 Hiking Travelogue w/ Tracy (C) (SE) 11:30 Global Citizen Spotlight: The Life of Mother Theresa (C) 12:00 A Servant's Heart: Positivity Group w/ Annette (SP) 1:30 Active Stations (C)(E)(S) 2:00 Brain Fitness: Who Wants to Be A Millionaire w/Tracy (C) 2:30 Tai Chi w/ Cynthia (P) (SP) 3:00 Finish that Line w/ Annette (C)</p>
<p>5 Monday</p> <p>10:00 Exercise with Ellie (P) 10:30 Art: The Butterfly (Part 1) (E) 11:00 Snack (S) 11:30 Game: Duck, Duck, Moose (C) 12:00 Exploring National Parks (C) 12:30 Lunch (S) 1:15 Art: (Part 2) (E) 1:40 Composer's Club: John Williams (C) (SE)</p>	<p>6 Tuesday</p> <p>10:00 Activities with Courtney (E) (C) 11:00 Snack (S) 11:30 Harp with Judith (SE) 12:00 Hometown Heroes (C) 12:30 Lunch (S) 1:15 Game: Kerplunk (C) 2:00 Brain Fitness: Beginnings and Endings (C) 2:30 John F. Kennedy Jr.: The First Toddler (C)</p>	<p>7 Wednesday</p> <p>10:00 Exercise (P) 10:30 Spotlight in Sports: Russell Westbrook (C) 11:00 Snack (S) 11:30 Discussion: Exploring the White House w/James (S) (C) 12:00 Composer's Club: The Monkees w/Alan (C) (SE) 12:30 Lunch (S) 1:30 Brain Fitness: "World War II Trivia" (C) 2:00 Cooking Club: "Slow Cooker - Chocolate Cake" (SE) (S)</p>	<p>8 Thursday</p> <p>10:00 Music with Peg (SE) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art with Sally (E) 11:30 Travelogue with Tracy: Take Me to The Fair (C) 12:00 Trivia Board/ Wheel of Fortune (C) 12:30 Lunch (S) 1:15 Religions of the World: Hinduism (S) 1:30 Brain Games: Star Search (C) 2:00 Pine Cone Bird Feeder (E)</p>	<p>9 Friday</p> <p>10:00 Dancing w/ Garrey (P)(S) 11:00 Snack (S) 11:30 Changing the Faces of Sports w/ Stuart (C) 12:15 Discuss & Recall: Sports (C) 12:30 Lunch (S) 1:30 Active Stations 2:00 Famous Females: Susan B. Anthony w/ Kathryn (C) 2:30 Tai Chi w/ Cynthia (S) (P)</p>
<p>12 Monday</p> <p>10:00 Exercise with Annette (P) 10:30 Art: Summer Rice Candles (Part 1) (E) 11:00 Snack (S) 11:30 Incredible World Records (C) 12:00 Discussing American History (C) 12:30 Lunch (S) 1:15 Summer Rice Candles (Part 2) (E) 1:40 Composer Club: Ennio Morricone (C) (SE)</p>	<p>13 Tuesday</p> <p>10:00 Guitar with Steve (SE) 10:30 Reconnections Program w/ Rodney (C) 11:00 Snack (S) 11:30 Famous Weddings w/Annette (C) 12:00 Who, What, When (C) 12:30 Lunch (S) 1:15 Art: Flower Pens in a Clay Pot (E) 2:30 John F. Kennedy Jr.: The Son Rises (C)</p>	<p>14 Wednesday</p> <p style="text-align: center;">Movie Day</p> <p>10:00 Exercise (P) 10:30 "The Ghost and Mr. Chicken" (Part 1) (C) 11:00 Snack (S) 11:30 "The Ghost and Mr. Chicken" (Part 2) (C) 12:15 Discussion of the Movie: Would You Be Afraid? (C) (S) 12:30 Lunch (S) 1:15 "The Ghost and Mr. Chicken" (Part 3) (C) 2:00 Biography of Don Knotts (C)</p>	<p>15 Thursday</p> <p style="text-align: center;"><i>Insight In Action</i></p> <p>9:45 Morning Warm Up (P) 10:00 Music with Peg (SE) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art Class with Elba (E) 12:30 Lunch (S) 1:15 Religions of the World: Buddhism (C) 1:30 Brain Games: Synonym Unscramble (C) 2:15 Discovery Latvia (C)</p>	<p>16 Friday</p> <p>10:00 Traveling to the Bermuda Triangle (C) 10:30 Team Challenge: Surviving the Bermuda Triangle (C) 11:30 Composer's Club: Willie Nelson w/ Howard (C)(SE) 12:00 All About Pennsylvania w/ Mark (C) 12:30 Lunch (S) 1:30 Walking Club (P) 2:00 Who Am I? (C) 2:30 Tai Chi w/ Cynthia (S) (P)</p>
<p>19 Monday</p> <p>10:00 Exercise with Ellie (P) 10:30 Art: Cats and Dogs: "Clay Pots" (Part 1) (E) 11:00 Snack (S) 11:30 Guess that Musical (C) 12:00 Science Spotlight: Odd Animals (C) 12:30 Lunch (S) 1:15 Art (Part 2) (E) 1:40 Composer's Club: Han's Zimmer (C) (SE)</p>	<p>20 Tuesday</p> <p>10:00 Activities with Courtney (E)(C) 11:00 Snack (S) 11:30 Game: Jeopardy (C) 12:00 Farming: Then vs Now w/ Bob (C) 12:30 Lunch (S) 1:15 Brain Fitness: Charlie's Painting (C) 1:30 John F. Kennedy Jr.: Most Eligible Bachelor (C) 2:00 Art: Bean Mosaic (E)</p>	<p>21 Wednesday</p> <p>10:00 Exercise (P) 10:30 Spotlight in Sports: Dwayne Wade (C) 11:00 Snack (S) 11:30 Small History Group: Exploring Havana w/Rene (C) 12:00 Composer's Club: Ella Fitzgerald w/Dan (C) (SE) 12:30 Lunch (S) 1:15 Brain Fitness: Infamous and Controversial Characters (C) 2:00 Cooking Club: Crock Pot "Peach Cobbler" (SE) (S)</p>	<p>22 Thursday</p> <p>10:00 Music with Peg (SE) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art Class with Sally (E) 12:30 Lunch (S) 1:15 Religions of the World: Mormonism (C) 1:30 Brain Games: Spell It Out (C) 2:15 Travel to Europe (C)</p>	<p>23 Friday</p> <p>10:00 The 10 Benefits of Happiness (C) 10:30 Composers Club: Bing Crosby w/ Shirl (C) 11:00 Snack (S) 11:30 Name That Singer w/ Thomas (C) 12:00 Celebrating Classic Books w/ Kathie (C) 12:30 Lunch 1:30 Walking Club (P) 2:00 Afternoon Riddles w/ Dick (C) 2:30 Tai Chi w/ Cynthia (S) (P)</p>
<p>26 Monday</p> <p>10:00 Exercise with Annette (P) 10:30 Art: Thumbprint Sunflower Jar (E) 11:00 Snack (S) 11:30 Gratitude Garden (E) 12:00 Brain Drill: Grasshopper Game (C) 12:30 Lunch (S) 1:15 Art (Part 2) (E) 1:40 Composer's Club: Bernard Herrmann (C) (SE)</p>	<p>27 Tuesday</p> <p>10:00 Piano with Frank (E) 11:00 Snack (S) 11:30 Brain Drill: At the Movies (C) 12:00 Trivia Board with Karen (C) 12:30 Lunch (S) 1:15 Brain Fitness: Cross It Out (C) 1:30 John F. Kennedy Jr.: Editor and Chief (C) 2:00 Art: Make Your Own Potpourri (E)</p>	<p>28 Wednesday</p> <p>10:00 Exercise (P) 10:30 Spotlight in Sports: Earl Lloyd (C) 11:00 Snack (S) 11:30 I Love Lucy w/Annette (C) 12:00 Murder She Wrote Mysteries w/ Kathie (C) 12:30 Lunch (S) 1:15 Brain Fitness: Infamous and Controversial Characters in the 1960s (C) 2:00 Cooking Club: Ice Cream Surprise (S) (SE)</p>	<p>29</p> <p>10:00 Music with Peg (SE) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art Class with Annette (E) 12:30 Lunch 1:15 Religions of the World: Christianity (C) 1:30 Brain Games: Triplets (C) 2:15 Travel to Africa (C)</p>	<p>30</p> <p>10:00 Famous Females: Amelia Earhart (C) 10:30 Alphabetical Categories w/ Thomas (C) 11:00 Snack (S) 11:30 Animal Antics- Big Cats w/ Kathie (C) 12:00 Let's Visit Ireland w/ Susan (C) 12:30 Lunch (S) 1:30 Walking Club (P) 2:00 Mad Libs w/ Ellie (C) 2:30 Tai Chi w/ Cynthia (S) (P)</p>