








Transitions Calendar

December 2019

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<p>2 Monday</p> <p>10:00 Opera Music with Peter (S) 11:00 Snack (S) 11:30 Scientific Discoveries that Changed the World: Telescope and Rockets with Cal (C) 12:00 Game: Match National Parks to States with Jim (C) 12:30 Lunch (S) 1:30 Balloon Volleyball with Shirl (P) 1:45 Reading Comprehension (C) 2:00 Art – Painting Wooden Candy Canes with Stuart (E)</p>	<p>3 Tuesday</p> <p>10:00 Coffee and Daily Chronical with Jack (C) 11:00 Harp with Judith (E) 11:30 Snack (S) 12:00 Dice Toss Trivia with John (C) 12:30 Lunch (S) 1:30 Name that Tune “Christmas Edition” with Pam (C) 2:00 Art - Wooden Christmas Trees with Nellie (E)</p>	<p>4 Wednesday</p> <p>10:00 Coffee and Daily Chronicle with Howard (S)(C) 10:30 Christmas Memories with Kathie (C) 11:00 Snack (S) 11:30 Art with Christa (E) 12:30 Lunch (S) 1:30 Who Am I? with Chet (C) 1:45 Friendship Support Group with Ellie (SP) 2:30 Music with April (SE)(S)</p>	<p>5 Thursday</p> <p>10:00 Music with Peg (SE) 10:45 Chair Exercise with Bob (P) 11:00 Snack (S) 11:30 Art – Christmas Jars with Annette (E) 12:30 Lunch (S) 1:30 Famous Faces (Movies and Music) with Nellie (C) 2:00 Spotlight in Sports: History of American Football with Jack (C)</p>	<p>6 Friday</p> <p>10:00 Coffee and Daily Chronicle (S)(C) 10:15 Holiday Painting w/ Thomas (E) 11:00 Snack (S) 11:30 Military Group w/ Rich: Branches (S) 12:15 Patriotic Sing-Along (S) 12:30 Lunch (S) 1:30 Art Project Touch Ups and Holiday Music (E)(SE)(S) 1:45 Test Your Knowledge: December Trivia w/ Dick (C) 2:20 Tai Chi w/Cynthia (S)(P)</p>
<p>9 Monday</p> <p>10:00 Music and Motion with Annette (S) 11:00 Snack (S) 11:30 Scientific Discoveries that Changed the World: Human Spaceflight and the Discovery of Mass Extinction with Chet (C) 12:00 Game: Impossible Words w/ Rene (C) 12:30 Lunch (S) 1:30 Pong Game with Thomas (P) 2:00 Art – Christmas Wreaths with Howard (E)</p>	<p>10 Tuesday</p> <p>10:00 Guitar with Steve (S) 11:00 Snack (S) 11:30 Balloon Volleyball (P) 11:45 The Price is Right “Christmas Edition” (C) 12:30 Lunch (S) 1:30 Name the Songwriter (C) 2:00 Art- Snowman Ornaments with Jim (E)</p>	<p>11 Wednesday</p> <p>10:00 Coffee & Daily Chronicle (S) 10:30 Jeopardy (Christmas Edition) (C) 11:00 Snack (S) 11:30 Where in the World with Cal (C) Or Spiritual Group with James (SP) 12:00 Beach Boys with Kathryn (SE) 12:30 Lunch (S) 1:30 Name 5 (Christmas Edition) (C) 1:45 Friendship Support Group with Ellie (SP)</p>	<p>12 Thursday</p> <p>10:00 Music with Peg (SE) 10:45 Chair Exercise with Shirl (P) 11:00 Snack (S) 11:30 Art with Sally (E) 12:30 Lunch (S) 1:30 Presentation of Navy Pilots with Chet (C) 2:00 Spotlight in Sports: 10 Greatest NBA Players of All Time with Stuart (C)</p> <p>4:00 Insight Holiday Party!</p>	<p>13 Friday</p> <p>10:00 Dancing w/ Garrey (P) 11:00 Snack (S) 11:30 Violin w/ Anthony (SE) 12:30 Lunch (S) 1:30 Traveling Through the Grand Canyon w/ Chet (C) 2:00 Test Your Knowledge: U.S. Geography Trivia w/ Bob B.(C) 2:20 Tai Chi w/ Cynthia (S) (P)</p>
<p>16 Monday</p> <p>10:00 Coffee and Daily Chronicle (S) 10:30 Discussion: “How the Grinch Stole Christmas” by Dr. Seuss (C)(S) 11:00 Snack (S) 11:30 Simple Stretching with Susan (P) 12:15 Song Request Session with Carol (SE) (E) 12:30 Lunch (S) 1:30 Poetry 101 with Roger (S)(E) 2:00 Art—Angel Ornaments with Nellie (E)</p>	<p>17 Tuesday</p> <p>10:00 Dancing with Garrey (S) 11:00 Snack (S) 11:30 This Day In History w/Rich (S)(C) 11:45 Simple Stretching with Jim (P) 12:00 Musicals with Pam: Singing in the Rain (S)(C) 12:30 Lunch (S) 1:30 Matching Game (Christmas Edition) (C) 2:00 Art – Wooden Nutcracker Ornaments with John (E)</p>	<p>18 Wednesday</p> <p>10:00 Coffee and Daily Chronicle (C) 10:30 Movie Day “Elf” with Bob (S) 12:30 Lunch (S) 1:30 Biography of Will Ferrell (C) 1:45 Friendship Support Group with Ellie (SP)</p> 	<p>19 Thursday</p> <p>10:00 Music with Peg (SE) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art with Elba (E) 12:30 Lunch (S) 1:30 Look Back at Bob Hope with the Troops at Christmas Time with Chet (C) 2:15 Christmas Party (S)</p>	<p>20 Friday</p> <p>10:00 Music w/Jessica (S) 10:45 Daily Chronicle (C) 11:00 Snack (S) 11:30 Classic Holiday Movies Pt.1 w/ Bob M. (C)(SE) 12:30 Lunch (S) 1:30 Remising on Holiday Traditions w/Kathie (C)(S) 2:00 Holiday Trivia w/ Howard (C) 2:20 Tai Chi with Cynthia (P)(SP)</p>
<p>23 Monday</p> <p style="text-align: center;">CLOSED</p> 	<p>24 Tuesday</p> <p style="text-align: center;">CLOSED</p> 	<p>25 Wednesday</p> <p style="text-align: center;">CLOSED</p> 	<p>26 Thursday</p> <p>9:45 Insight in Action 10:00 Music with Peg (SE) 10:45 Daily Chronicle (C) 11:00 Snack (S) 11:30 Art with Sally (E) 12:30 Lunch (S) 1:30 Scientific Discoveries that Changed the World: Newton’s Laws of Motion and Universal Gravitation and Electricity (C) 2:00 Spotlight in Sports: Ice Skating with Stuart (C)</p>	<p>27 Friday</p> <p>10:00 Coffee & Daily Chronicle (S) 10:15 Classic Holiday Movies Pt.2 w/ Bob B. (C)(SE) 11:00 Snack (S) 11:30 Forbidden Descriptions w/ Thomas (S) (C) 12:00 Johnny Cash Biography w/ Dick (S) (C) 12:30 Lunch (S) 1:30 World’s Most Unusual Sports w/ Stuart (C) 2:00 Think Fast: Sports Trivia w/ Stuart (C) 2:20 Tai Chi w/Cynthia (P)(SP)</p>
<p>30 Monday</p> <p>10:00 Coffee and Daily Chronicle (S) (C) 10:30 Five of the Most Influential Photographs of All Time (C) 11:00 Snack (S) 11:30 Art – Wooden Snowmen with Annette (E) 12:30 Lunch (S) 1:30 Music Through the Decades With Pam (C)(E) 2:00 New Year’s Party! (S)</p>	<p>31 Tuesday</p> <p>10:00 Music with Frank (S) 11:00 Snack (S) 11:30 Sweden and Swedish w/ Peter (C) (S) 12:00 Guess the Song (C) (SE) 12:30 Lunch (S) 1:30 Crossword w/ Sharron & Mark (C) 2:00 Art with Annette (E)</p>	<p>1 Wednesday</p> <p style="text-align: center;">CLOSED</p> 	<p style="text-align: center;">Happy Birthday!</p>  <p style="text-align: center;">Jean 12/01 Paul F. 12/08 Mary Anna 12/11 Carol 12/11 Shirl 12/12 Richard 12/13 Maria 12/17</p>	 <p style="text-align: center;">Activity Domain Key Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE) Spiritual (SP)</p>