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| PARTICIPANT BIRTHDAY'S <br> Fred M. 8/14 <br> Madeline M. 8/9 <br> Lois P. 8/2 <br> Jewell H. 8/23 <br> Ruth M. 8/1 | SNACK : 11:00 <br> LUNCH: 12:30 <br> SNACK: 3:00 <br> Activity Domain Key <br> Physical (P) <br> Social (S) <br> Cognitive (C) <br> Expressive (E) <br> Sensory (SE) <br> Spiritual (SP) | 8:30 Puzzle Group (C) <br> 9:15 Mandala Coloring Group (E) <br> 10:00 Morning Meditation (S) <br> 10:15 Creativity with Yarn w/ Ruth B. (S) <br> 11:00 Snack <br> 11:30 All About Oregon w/ Andy (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Jeopardy (Oregon) (C) <br> 3:00 Snack <br> 3:15 Major Life Moments w/ Katelyn (S) <br> (C) <br> 4:00 Oregon Documentary and Discussion (C) (S) | 2 <br> 8:30 Puzzle Group (C) <br> 9:15 Coloring Group (E) <br> 10:00 Music Therapy w/ Peg (SE) <br> 10:45 Racing through the Decades w/ <br> Rick (P) <br> 11:00 Snack <br> 11:30 Jeopardy! (C) <br> 12:00 Gratitude Garden (S)(C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Cognitive Class: US Navy History w/ <br> Charlie (C) <br> 3:00 Snack <br> 3:15 Name that Tune! (C) (SE) <br> 4:00 Balloon Volleyball (S) (P) | 3 <br> 8:30 Reading Circle w/ Nora (S) <br> 9:15 Coffee \& Conversations (C)(S) <br> 10:00 Classic Indian Dancing w/ Joya <br> (S) <br> 10:30 Cognitive Class: Machu Pichu w/ <br> Candy (C) <br> 11:00 Snack <br> 11:30 A Hike through Peruvian Jungles <br> (C) <br> 12:30 Lunch <br> 1:30 Social Hour -(S) <br> 2:30 Tai Chi w/ Cynthia (P) <br> 3:00 Snack <br> 3:15 Dance Appreciation (P) (C) <br> 3:45 Name 5! (C) <br> 4:00 Balloon Volleyball (P) <br> 5:00 Poetry Reading Group (SE) |
| 6 <br> 8:30 Morning Discussion Group (S) <br> 9:15 Memory Workout (C) <br> 10:00 Rise and Shine Exercise (P) <br> 10:30 Famous Photography w/ Bob (SE) <br> 10:45 Photography Discussion (C) <br> 11:00 Snack <br> 11:30 Book Club w/ Gordon: Jackie <br> Robinson (C) (S) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> (C) <br> 2:00 Annette and Ellie's Support Group <br> (S) <br> 2:30 Cognitive Class (C) <br> 3:00 Snack <br> 3:15 Net Volleyball Tournament <br> 4:00 Piano Bar w/ Wendy (SE) (S) | 8:30 Morning Discussion Group (S) <br> 9:15 Memory Workout (C) <br> 10:00 Morning Meditation (S) <br> 10:15 Cognitive Class: Into the Amazon (C) <br> 10:30 Name 5: Things You Would Find in the <br> Amazon (C) <br> 11:00 Snack <br> 11:30 Harp w/ Judith (SE) (S) <br> 12:00 Family Feud (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Travelogue Tuesday: Amazon (SE) (C) <br> 3:00 Snack <br> 3:15 Animals of the Amazon (C) <br> 3:30 Ballroom Dancing w/ Madeline ( P ) <br> 4:00 Rainforest Sensory Environment (SE) <br> 4:30 Piano Bar Jingles w/ Arnie (C) | 8 <br> 8:30 Puzzle Group (C) <br> 9:15 Scrambled Eggs (E) <br> 10:00 Morning Meditation (S) <br> 10:15 Creativity with Yarn w/ Ruth B. (S) <br> 11:00 Snack <br> 11:30 All About Virginia w/ Lois (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Jeopardy ! (C) <br> 3:00 Snack <br> 3:15 Major Life Moments w/ Katelyn (S) <br> (C) <br> 4:00 African Safari Wildlife Animals <br> Discussion (C) (S) | 9 <br> 8:30 Puzzle Group (C) <br> 9:15 Coloring Group (E) <br> 10:00 Music Therapy w/ Peg (SE) <br> 10:45 Racing through the Decades w/ <br> Rick (P) <br> 11:00 Snack <br> 11:30 Jeopardy! (C) <br> 12:00 Gratitude Garden (S) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Cognitive Class: US Navy History w/ <br> Charlie (C) <br> 3:00 Snack <br> 3:15 Name that Tune! (C) (SE) <br> 4:00 Balloon Volleyball (S) (P) | 10 <br> 8:30 Reading Circle w/ Nora (S) <br> 9:15 Coffee \& Conversations (C)(S) <br> 10:00 Dancing w/ Garrey (P) (S) (SE) <br> 11:00 Snack <br> 11:30 Spirituality Group w/ Annette <br> (SP) <br> 12:00 Music Making (SE) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Tai Chi w/ Cynthia (P) <br> 3:00 Snack <br> 3:15 Cooking Club w/ Katelyn (S) (SE) <br> 4:00 Piano Bar w/ Wendy (S) <br> 5:00 Poetry Reading Group (SE) |
| 13 <br> 8:30 Morning Discussion Group (S) <br> 9:15 Memory Workout (C) <br> 10:00 Rise and Shine Exercise (P) <br> 10:30 Famous Photography w/ Bob (SE) <br> 10:45 Photography Discussion (C) <br> 11:00 Snack <br> 11:30 Book Club w/ Gordon: The Wright <br> Brothers (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:00 Annette and Ellie's Support Group <br> (S) <br> 2:30 Cognitive Class: Who's Eyes are <br> Those (C) <br> 3:00 Snack <br> 3:30 Net Volleyball Tournament (P) <br> 4:00 Piano Bar w/ Wendy (SE) (S) | 14 <br> 8:30 Coffee and Current Events w/ Lucille (S) 9:15 Large Discussion Group: Today in the World (S) <br> 10:00 Guitar w/ Steve (SE) <br> 11:00 Snack <br> 11:30 Art w/ Roshna (E) <br> 11:30 Travelogue Tuesday: Mumbai India <br> (SE) (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Dancing with Garry (P) (S) (SE) <br> 3:00 Snack <br> 3:30 Puzzle Group (C) (S) <br> 4:00 French Culture Club w/ Madeleine (S) <br> 5:00 Famous Composer's Club: Franz Liszt <br> (SE) | 15 <br> 8:30 Puzzle Group (C) <br> 9:15 Mandala Coloring Group (E) <br> 10:00 Morning Meditation (S) <br> 10:15 Creativity w/ Ruth B. (S) <br> 11:00 Snack <br> 11:30 All About California w/ John (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Jeopard) (C) <br> 3:00 Snack <br> 3:15 Major Life Moments w/ Katelyn (S) <br> (C) <br> 4:00 Latin America Documentary and Discussion (C) (S) <br> 4:30 Classical Music Appreciation (SE) | 16 <br> 8:30 Puzzle Group (C) <br> 9:15 Coloring Group (E) <br> 10:00 Music Therapy w/ Peg (SE) <br> 10:45 Racing through the Decades w/ <br> Rick (P) <br> 11:00 Snack <br> 11:30 Jeopardy! (C) <br> 12:00 Gratitude Garden (S) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Cognitive Class: Baseball and Babe <br> Ruth w/ Charlie (C) <br> 3:00 Snack <br> 3:15 West Coast Swing Appreciation! (C) <br> (SE) <br> 4:00 Balloon Volleyball (S) (P) | 17 <br> 8:30 Reading Circle w/ Nora (S) <br> 9:15 Coffee \& Conversations (C)(S) <br> 10:00 Music Therapy w/ Jessica (S) <br> 10:45 Trivia (C) <br> 11:00 Snack <br> 11:30 Spirituality Group w/ Annette <br> (S) <br> 12:00 Music Making (SE) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Tai Chi w/ Cynthia (P) <br> 3:00 Snack <br> 3:15 Name 5! (C) <br> 4:00 Balloon Volleyball (P) <br> 5:00 Poetry Reading Group (SE) |
| 20 <br> 8:30 Morning Discussion Group (S) <br> 9:15 Memory Workout (C) <br> 10:00 Rise and Shine Exercise (P) <br> 10:30 Famous Photography w/ Bob (SE) <br> 10:45 Photography Discussion (C) <br> 11:00 Snack <br> 11:30 Book Club w/ Gordon: Albert <br> Einstein (C) (S) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:00 Annette and Ellie's Support Group <br> (S) <br> 3:00 Snack <br> 3:30 Balloon Volleyball Tournament (P) <br> 4:00 Piano Bar w/ Wendy (SE) (S) | 21 <br> 8:30 Morning Discussion Group (S) <br> 9:15 Memory Workout (C) <br> 10:00 Cognitive Class: Jungles Around the <br> World (C) <br> 11:00 Snack <br> 11:30 Travelogue Tuesday: British Columbia <br> (C) <br> 12:00 Name 5! Canadian Travel Destination <br> (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Travelogue Tuesday! (SE) (C) <br> 3:00 Snack <br> 3:00 Annette's Victorian Tea (S) <br> 3:30 Tea Party History (C) <br> 4:00 Victorian Music Appreciation (SE) <br> 4:30 Piano Bar Jingles w/ Arnie (C) | 22 <br> 8:30 Puzzle Group (C) <br> 9:15 Word Puzzles (E) <br> 10:00 Morning Meditation (S) <br> 10:15 Crochet Club w/ Ruth B. (SE) <br> 11:00 Snack <br> 11:30 All About Oklahoma w/ Annette <br> (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Bingo (Oklahoma) (C) <br> 3:00 Snack <br> 3:15 Major Life Moments w/ Katelyn (S) <br> (C) <br> 4:00 Oklahoma Documentary and Discussion (C) (S) <br> 4:30 Oklahoma in Photos (SE) | 23 <br> 8:30 Puzzle Group (C) <br> 9:15 Coloring Group (E) <br> 10:00 Music Therapy w/ Peg (SE) <br> 10:45 Racing through the Decades w/ <br> Rick (P) <br> 11:00 Snack <br> 11:30 Jeopardy! (C) <br> 12:00 Gratitude Garden (S) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Cognitive Class: Korean War History <br> w/ Charlie (C) <br> 3:00 Snack <br> 3:15 Name that Tune! (C) (SE) <br> 4:00 Balloon Volleyball (S) (P) | 24 <br> 8:30 Reading Circle w/ Nora (S) <br> 9:15 Coffee \& Conversations (C)(S) <br> 10:00 Zumba w/ Katelyn (P) <br> 10:30 Cognitive Class (C) <br> 11:00 Snack <br> 11:30 Spirituality Group w/ Annette <br> (S) <br> 12:00 Music Making (SE) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Tai Chi w/ Cynthia (P) (P) (C) <br> 3:00 Snack <br> 3:15 Name 5! (C) <br> 4:00 Balloon Volleyball (P) <br> 5:00 Waltz Appreciation (P) (SE) |
| 27 | 28 | 29 | 30 | 31 |
| 8:30 Morning Discussion Group (S) <br> 9:15 Memory Workout (C) <br> 10:00 Rise and Shine Exercise (P) <br> 10:30 Famous Photography w/ Bob (SE) <br> 10:45 Photography Discussion (C) <br> 11:00 Snack <br> 11:30 Book Club w/ Gordon: Helen Keller <br> (C) (S) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:00 Annette and Ellie's Support Group <br> (S) <br> 2:30 Cognitive Class (C) <br> 3:00 Snack <br> 3:30 Net Volleyball Tournament (P) <br> 4:00 Piano Bar w/ Wendy (SE) (S) | 8:30 Coffee and Current Events w/ Lucille (S) <br> 9:15 Small Discussion Group (S) <br> 10:00 Piano w/ Frank (SE) <br> 11:00 Snack <br> 11:30 Travelogue Tuesday (C) (SE) <br> 12:00 Famous Destinations Photos (SE) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Travelogue Tuesday: The Jungles of <br> Papua New Guinea (SE) (C) <br> 3:00 Snack <br> 3:15 Puzzle Group (C) (S) <br> 3:30 Tango Dancing w/ Madeline (P) <br> 4:00 Famous Composer's Club: Sebastian <br> Bach (SE) | 8:30 Puzzle Group (C) <br> 9:15 Coloring Group (E) <br> 10:00 Morning Meditation (S) <br> 10:15 Crochet Club w/ Ruth B. (SE) <br> 11:00 Snack <br> 11:30 All About Texas (C) <br> 12:30 Lunch <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Texas Jeopardy (S) (C) <br> 3:00 Snack <br> 3:15 Major Life Moments w/ Katelyn (S) <br> (C) <br> 4:00 Texas Documentary and Discussion <br> (C) (S) <br> 4:30 Country Music Line Dancing (P) (S) | 8:30 Puzzle Group (C) <br> 9:15 Coloring Group (E) <br> 10:00 Music Therapy w/ Peg (SE) <br> 10:45 Racing through the Decades w/ <br> Rick (P) <br> 11:00 Snack <br> 11:30 Jeopardy! (C) <br> 12:00 Gratitude Garden (S) <br> 12:30 Lunch <br> 1:30 Social Hour (S) <br> 2:30 Cognitive Class: Famous US <br> Presidents (C) <br> 3:00 Snack <br> 3:15 Name that Tune! (C) (SE) <br> 4:00 Balloon Volleyball (S) (P) | 8:30 Reading Circle w/ Nora (S) <br> 9:15 Coffee \& Conversations (C)(S) <br> 10:00 Zumba w/ Katelyn (P) <br> 10:30 Cognitive Class (C) <br> 11:30 Spirituality Group w/ Annette <br> (S) <br> 12:00 Music Making (SE) <br> 1:30 Social Hour (S) (C) (E) (SE) <br> 2:30 Happy Hour Social: Gin Fizzes (S) <br> 3:00 Snack <br> 3:15 Dance Appreciation (P) (C) <br> 3:45 Name 5! (C) <br> 4:00 Balloon Volleyball (P) <br> 5:00 Swing Dance Appreciation (SE) <br> (P) |

