

	<div> <div>Transitions Calendar</div> <div>June 2019</div> </div>			
<div> <div>Happy Birthday!</div> <div> <div>Jim M. 6/3</div> <div>Margarita 6/11</div> <div>Doris 6/19</div> <div>Annette 6/22</div> </div> </div>	<div>  </div>	<div>  <div>May Outing to Frying Pan Park</div> </div>	<div> <div>Activity Domain Key</div> <div> <div>Physical (P)</div> <div>Social (S)</div> <div>Cognitive (C)</div> <div>Expressive (E)</div> <div>Sensory (SE)</div> </div> </div>	<div> <div>Join us in Celebrating our 35th Anniversary, with an 80's themed party!</div> <div>June 5th 4-6 pm</div> <div>Refreshment and cake will be served.</div> </div>
<div>3 Monday</div> <div> 10:00 Nifty Fifty Chair Exercise w/ Ellie (C) (S) 10:00 Travels through Ireland w/ Susan and Ellie (C) 11:30 Writer Spotlight: <i>T.S. Elliot</i> (C) 11:45 Team Challenge: Whiteboard Poetry w/ Ellie and Ruth (E) 12:00 Discussion Circle: <i>Abraham Lincoln</i> (C) 1:30 Active Stations (S)(C)(E) 2:00 Brain Fitness: Word Unscrambles (C) 2:30 Finishing Famous Phrases (C) </div> <div>Happy Birthday Jim!</div>	<div>4 Tuesday</div> <div> 10:00 Crafting with Courtney (E) 10:30 Name 5 Game (C)(S) 11:30 Groovy 80's Art "Tie Dye T-Shirts" (E) 12:30 Lunch 1:15 Walking Club (S) (P) 1:45 Discussion: Countries of the World (C) 2:15 Finish the Song (E) </div>	<div>5 Wednesday</div> <div> 10:00 Morning Coffee and Conversation (S) 10:30 Spotlight in Sports "Jesse Owens (Track and Field) (C) 11:00 Snack 11:30 Discovering the Realms of Dreams (C)(E) 12:30 Lunch 1:15 Walking Club (S, P) 1:30 Friendship Support Group (S) 1:45 Singer/Songwriter "Lynyrd Skynyrd" (C) (E) 2:15 Ping Pong Toss (P) </div> <div>35th Anniversary Party! 4pm-6pm</div>	<div>6 Thursday</div> <div> 10:00 Music with Peg (E) 10:45 Patrick and Bharat's Graduation (S) 11:30 Cooking Club w/ Annette (S) (E) 11:30 Military Men's Group (S) 12:30 Lunch 1:15 Walking Club (P) 1:45 Art with Annette (E) 2:15 Discussion on the Season: Summer (C) 2:30 Cooking Club: Frozen Treats (S) </div>	<div>7 Friday</div> <div> 8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: The Beach Boys (SE) 10:00 ZumbaFit w/ Katelyn (P) (S) 10:30 Group Sing Along: Roadtrip Across the U.S.A. 11:30 Discussion w/ Tracy: <i>Comedic One Liners</i> (E) 1:30 Active Stations (S)(C)(E) 2:00 Name That Famous Musical (SE) (C) 2:45 Tai Chi w/ Cynthia (P) (SP) </div>
<div>10 Monday</div> <div> 10:00 Exercise w/ Ellie (P) 10:30 Exploring The Great Barrier Reef w/ Paul (C) 11:15 Composer's Club: Scottish Music and Dancing w/ Bob (E) 12:00 Small Learning Circle: <i>The Korean War w/ Jim</i> (C) 1:30 Active Stations (S)(C)(E) 2:00 Exploring San Diego w/ Kathryn (SE) 2:30 Who Am I? (C) 3:00 Bowling Tournament (P) </div>	<div>11 Tuesday</div> <div> 10:00 Guitar w/ Steve (S) 10:00 Group Crossword (C) 11:00 Snack (S) 11:30 Music Trivia (E) 12:00 State Bingo with Annette (C)(S) 12:15 Exercise (P) 12:30 Lunch 1:15 Walking Club (S) (P) 1:45 Summer Jeopardy (C) 2:15 Art and Music on the Patio: <i>Clay Pot Angels</i> (E) </div>	<div>12 Wednesday</div> <div> 10:00 Morning Coffee And Conversation(S) 10:30 Spotlight in Sports Michael Phelps (Swimming) (C) 11:00 Snack 11:30 Elton John and His Music (C)(E) 12:00 Who Wants To Be A Millionaire? (C) 12:30 Lunch 1:15 Walking Club (P) 1:45 Discussion on The White House (C) 2:30 Ice Cream Social (S) </div>	<div>13 Thursday</div> <div> 10:00 Music with Peg (SE) 10:45 Exercise w/ Bob (P) 11:00 Snack (S) 11:30 Art Class with Sally (E) 11:30 Take your Best Guess w/ Katie(C) 12:30 Lunch 1:15 Walking Club (S) (P) 1:30 Name 5 Game (C) 2:15 Father's Day Celebration (S) </div>	<div>14 Friday</div> <div> 8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: The Shirelles w/ Lucille (SE) 10:00 Dancing w/ Garrey (P) (S) 11:30 Scattegories w/ Ellie (C) 12:00 Musical Moments: <i>Doris Day's Greatest Works</i> (SE) (S) 1:30 Music Enhancement: 60's Jams w/ Carol (SE) 1:45 Brain Fitness: Finishing Phrases (C) 2:00 Trivia Dice (C)(P) 2:45 Tai Chi w/ Cynthia (P) (SP) </div>
<div>17 Monday</div> <div> 10:00 Chair Exercise w/ Ellie 10:30 Kayaking in the Pohick Bay w/ Tracy (SE) (S) 11:30 Composer's Club: <i>Loretta Lynn w/ Ellie and Shelby</i> (SE) (C) 12:00 Discussion Circle: Mickey Mouse and Walt Disney (C) 1:30 Active Stations (C)(E)(S) 2:00 Brain Fitness: Word Unscrambles (C) 3:00 Frank Sinatra Sing Along (SE) </div>	<div>18 Tuesday</div> <div> 10:00 Great Leaders in History (C) 11:00 Snack (S) 11:30 American Football over the Years (C) 12:00 Psychology 101: Are Emotions Necessary for Human Survival? (E) (C) 1:15 Walking Club (P) (S) 1:45 Beach Bingo (C) 2:15 Art and Music on the Patio (Mason Jar Crafts) (E) </div>	<div>19 Wednesday</div> <div> 10:00 Morning Coffee and Conversation (S) 10:30 Spotlight in Sports: Tennis (C) 11:00 <i>"Blast From the Past"</i> Part 1 11:30 1960's-1970's Bingo (C) 12:00 "Blast from the Past" Part 2 (C) 12:30 Lunch 1:15 Walking Club (P) 1:30 <i>"Blast from the Past" Movie (Part 3) (C)(S)</i> 2:30 60'S Singer/Songwriter Discussion (C) </div>	<div>20 Thursday</div> <div> <div>Insight in Action!</div> <div> 9:45 Chair Stretches (P) 10:00 Music with Peg (SE) 10:45 Exercise (P) 11:30 Art w/ Elba (E) 11:30 Crossword w/ Mark (C) 12:30 Lunch 1:15 Walking Club (S) (P) 1:45 History of Olympic Gymnastics (C) 2:15 Cooking Club on the Patio (SE) </div> </div>	<div>21 Friday</div> <div> 8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: The Beatles (SE) 10:00 Exercise / Ellie (P) 10:30 Filling in Famous Song Choruses: Singing Group (SE) 12:00 Creatures of the Deep Sea(C) 1:30 Active Stations (C)(E)(S) 2:00 Brain Fitness: States Bingo (C) 2:30 Summer Solstice Learning Circle (C) 2:45 Tai Chi w/ Cynthia (P) </div>
<div>24 Monday</div> <div> 10:00 Travels through The California Trail w/ Kathryn(C) 11:30 Writer Spotlight: John Steinbeck (C) 11:45 Team Challenge: Whiteboard Poetry w/ Ellie and Ruth (E) 12:00 Discussion Circle: <i>WWII Trenches w/ Jim</i> (C) 1:30 Active Stations (S)(C)(E) 2:00 Brain Fitness: Fill in the Gaps (C) 2:30 Finishing Famous Phrases Part II (C) </div>	<div>25 Tuesday</div> <div> 10:00 Music w/ Frank (S) 11:00 Snack 11:30 Exploring Indonesia with Jacqueline (C) 12:00 Around the World Bingo (C) 12:30 Lunch 1:15 Walking Club (S) (P) 1:45 Wheel of Fortune (C) 2:15 Art and Music on the Patio: <i>Group Collage</i> (E) </div>	<div>26 Wednesday</div> <div> 10:00 Coffee and Conversation 10:30 <i>Spotlight in Sports</i>: Basketball (C) 11:00 Hot German Pretzels 11:30 Composer's Club "Queen" (SE) 12:00 Bohemian Rhapsody: Clips to Talk About (S) 12:30 Lunch 1:15 Walking Club (S) (P) 1:30 Friendship Support Group w/ Ellie (SP) 1:30 The Great Race (C) 2:00 George Strait Showcase (SE) </div>	<div>27 Thursday</div> <div> 10:00 Music with Peg (E) 10:45 Chair Exercise (P) 11:00 Snack (S) 11:30 Art w/Sally (E) 12:30 Lunch 1:15 Walking Club (S) (P) 1:45 Summer Jeopardy (C) 2:15 Guess the President (P) </div>	<div>28 Friday</div> <div> 8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: Patriotic Tunes w/ Ruth M. (SE) 10:00 Exercise w/ Ellie (P) 10:30 News Junkies: Uplifting News from Around the Globe (C) 11:30 Name that Singer! (C) 12:00 Brain Fitness: Word Unscrambles (C) 1:30 Active Stations (S) 2:00 Who Said it? <i>Famous Phrases</i> 2:45 Tai Chi w/ Cynthia (P) (SP) </div>