	insight MEMORY CARE CENTER	Transitions Ca	alendar	
	April 2019			
	2 Tuesday	3 Wednesday	4 Thursday	
	10:00 Morning Coffee And Conversation (S) 10:15 Cognitive Challenge (C) 10:30 The Life of Mother Theresa (C) 11:00 Snack (S) 11:30 Blue Team Challenge: Wheel of Fortune (C) 12:15 Racing Through the Decades (P) 12:30 Lunch (S) 1:15 Walking Club (P)(S) 1:45 Building a Volcano (C) 2:45 Music Appreciation (E)	10:00 Morning Conversation And Coffee (S) 10:15 Cognitive Challenge (C) 10:30 Discussion in Sports: Shaquille O'Neal (C) 11:00 Snack (S) 11:30 Art with Christa (E) 11:30 Team Jeopardy: Blue Challenge (C) 12:15 Grab Bag Game with Karen (S)(C) 12:30 Lunch (S) 1:15 Walking Club (P) 1:45 First Lady Jacqueline Kennedy (C) 2:30 Music of the 60s – Part I (E)	10:00 Music with Peg (SE) 10:45 Bob's Spiritual Group (SP) (Who is Jesus?) 10:45 Zumba with Patrick (P) 11:00 Snack (S) 11:30 Art Therapy with Courtney (E) 11:30 Pick A Simple Craft Project With Annette and Katie (E) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 Royalty: Princess Diana (C) 2:00 Cognitive Challenge (C) 2:30 A Look at the Cute and Colorful Lady Bug (C)	
	9 Tuesday	10 Wednesday	11 Thursday	
	10:00 Music with Steve (E) 11:00 Snack (S) 11:30 Exploring Broadway With Annette (S) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 Cognitive Challenge (C) 2:00 Painting Bird Houses for the Patio (E)	10:00 Morning Coffee And Conversation (S) 10:15 Exercise (P) 10:30 Discussion in Sports: Michelle Kwan (C) 11:00 Snack (S) 11:30 Artistic Expressions w/ Annette (E) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 First Lady: Betty Ford (C) 2:00 Music of the 60s – Part II (E)	10:00 Music with Peg (E) 10:45 Bob's Spiritual Group (SP)	
15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday
10:00 Morning Coffee and Conversation (S) 10:15 Family Feud (C) 11:00 Snack (S) 11:30 Artistic Corner with Annette and Ellie Painting Clay Pots for the Patio (E) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 Cognitive Challenge (C) 2:00 Let's Roll the Dice (C) 2:30 Frank Sinatra: A Musical Experience With Ellie (SE)	10:00 Dancing with Garrey (E) 11:00 Snack (S) 11:30 Exploring France with Mark (C) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 Cognitive Challenge (C) 2:00 Building the Solar System (Science) (C)	10:00 Morning Coffee and Conversation (S) 10:15 Exercise (P) 10:30 Discussion in Sports: Lebron James (C) 11:00 Snack (S) 11:30 Beach Bingo (C) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 First Lady: Michelle Obama (C) 2:00 Music of the 70s (E)	10:00 Music with Peg (SE) 10:45 Bob's Spiritual Group (SP) A Review of The Beatitudes 10:45 Zumba w/ Patrick (P) 11:00 Snack (S) 11:30 Art Class with Elba (E) 11:30 Pass the Pigs (P) (C) 12:15 Whiteboard Poetry (E) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 Royalty: Prince William (C) 2:00 Cognitive Challenge (C) 2:30 The Praying Mantis (C)	10:00 Music w/ Jessica (SE) 10:45 Chair Stretching w/ Ellie (P) Snack (S) 11:30 Scattegories (C) 12:00 Musical Moments w/ Ellie (SE) 1:30 Brain Fitness (C) 2:00 Jeopardy (C) 2:30 Musical Moments- The Beach Boys (SE) (C)
22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday
10:00 Morning Coffee and Conversation (S) 10:15 Family Feud Earth Day 2.0 (C) 11:30 Growing the Garden (S) (G) 12:00 Walking Club (P) 12:30 Lunch (S) 1:15 Cognitive Challenge (C) 2:00 Trees of the World Matching Game (C) 2:30 Sing-a-Long "In The Garden" (E)	10:00 Morning Coffee and Conversation (S) 10:15 Exercise (P) 10:30 Discussion of Nelson Mandela (C) 11:00 Snack (S) 11:30 A Variety of Craft Stations in the Blue Room (E) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 Cognitive Challenge (C) 2:00 Piano Music (E) 2:30 Name 5 (C)	10:00 Morning Coffee and Conversation (S) 10:15 Exercise (P) 10:30 Discussion in Sports: Simone Biles (C) 11:30 Cooking Club with Kennedy (E) 11:30 Art History with Karen (C) 12:30 Lunch (S) 1:15 The Price is Right (C)(S) 2:00 A Trip Through the Underground Railroad (C)	10:00 Music with Peg (SE) 10:45 Bob's Spiritual Group (SP) 10:45 Zumba with Patrick (P) 11:30 Art with Sally (E) 11:30 Exploring Romania with Alan (C) 12:30 Lunch (S) 1:15 Music Trivia (C)(E) 2:00 Steven Hawking and His Incredible Life (C)	10:00 Coffee and Conversations (C) 10:30 Violin w/ Anthony (S) 11:30 American History- The Declaration of Independence (C) 1:30 Brain Fitness (C) 2:00 Who Am I? (C) 2:30 Musical Moments- Little Richard w/ Bob (SE) (C)
29 Monday	30 Tuesday			
10:00 Morning Coffee and Conversation (S) 10:15 The Story of Easter and History (C) 11:30 Growing the Garden (S) (SE) 12:00 Walking Club (P) 12:30 Lunch (S) 1:15 Brain Fitness: Easter (C) 2:00 All About Arbor Day (S) 2:30 Sing-a-Long "In The Garden" (E)	10:00 Music w/ Frank (S) 11:00 Group Social (S) 11:30 All About Earth Day (C) 12:30 Lunch (S) 1:15 Walking Club (P) 1:30 Brain Fitness (C) 2:00 The Life of Sidney Pointier (C) 2:30 Discussion: Famous Films of Sidney Pointier (SE)			Activity Domain Key Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE) Spiritual (SP)