

Monday	Tuesday	Wednesday	Thursday	Friday
14 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 Songs & Greetings (S) 10:15 Brain Game (C) 10:30 Exercise (P) 11:00 Morning Break (S) 11:15 Junk Detective (C) 12:00 Picture This Story Telling (S) 12:30 Lunch (S) 1:15 Music & Movement(P) 1:45 Exercise (P) 2:15 Active Stations (C) 3:00 Afternoon Break (S) 3:15 Horseshoes (S) 4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	15 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 Songs & Greetings (S) 10:15 Brain Game (C) 10:30 Exercise (P) 11:00 Morning Break (S) 11:15 Letter Quiz (C) 12:00 Music Spotlight (S) 12:30 Lunch (S) 1:15 Price is Right Game (S) 1:45 Exercise (P) 2:15 Snowball Bowling (P) 3:00 Afternoon Break (S) 3:15 Sit & Stretch (P) 4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	16 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 Songs & Greetings (S) 10:15 Brain Game (C) 10:30 Exercise (P) 11:00 Morning Break (S) 11:15 Category Quiz (C) 12:00 Music Spotlight (S) 12:30 Hotdog Day Luncheon (S) 1:15Good News Stories (S) 1:45 Exercise (P) 2:30 Cooking Demo (SE) 3:30 Afternoon Break (S) 4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	17 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 Ballroom Dancing w Rich & Charisse (S)(P) 11:00 Morning Break (S) 11:15 Brain Game (C) 12:00 Exercise (P) 12:30 Lunch (S) 1:15 Armchair Travel (S) 1:45 Exercise (P) 2:15 Pair Up Puzzles (C) 3:00 Afternoon Break (S) 3:15 Cornhole (P) 4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	18 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 Songs & Greetings (S) 10:15 Brain Game (C) 10:30 Exercise (P) 11:00 Morning Break (S) 11:30 Artist Spotlight (S) 12:00 Inspired Art (CR) 12:30 Lunch (S) 1:15 Art Explorers (CR) 1:45 Exercise (P) 2:15 Songs of Summer (S) 3:00 Afternoon Break (S) 3:15 Give Me 5 (C) 4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)

Calendar Key

BOLD RED: Small Group or Special Event

BOLD BLACK: Meal & Break Time or Outside Entertainers

Activities are planned with flexibility and may be subject to change.

Events & Special Guests

7/2 Music Therapy with Melanie

7/7 Shark Week Social

7/7 Violin Performance with Anthony

7/9 Beach Themed Jams w Jeff

7/11 Standing & Seated Tai Chi


7/16 Hot Dog Day Luncheon

7/17 Ballroom Dancing w Rich & Cherisse

7/24 Echoes of Nature Animal Showcase

7/25 Standing & Seated Tai Chi

7/31 Fair Oaks Mall Visit



Bruce 7.2

Jean 7.4

Tom S 7.13

Hank 7.14

Bill 7.16

Chuck 7.17

Rita D 7.18

Greg 7.25

Rita P 7.27

Activity Domain Key

Physical (P)

Social (S)

Cognitive (C)

Creative (CR)

Productive Sensory (SE)

Outdoor (O)

Nature (N)

Reflective (R)