ORANGE GROUP | DECEMBER 2019

8:00 Puzzle Group (C) 8:30 Adult Coloring Group (E) 8:00 Puzzle Group (C) 8:30 Sensory Activities w/ Marilu (SE) 8:00 Morning Puzzle Group w/ Fred (C) 9:15 Expressive Cabinet Activities (E) 8:30 Matching Games (C) 8:30 Social Circle (S) 9:15 Coffee & Conversations w/ Ruth B (S) 8:30 Matching Game (C) 10:00 Morning Greetings & Patriotic Songs (S) 9:00 Current Events Club (C) 10:00 Morning Greeting & Patriotic Songs (S) 9:00 Word Searching w/ Marilu (C) 9:00 Social Circle (S) 10:00 Music w/ Peter (SE) (S) 10:15 Jackson 5 Dance Exercise w/ Lucille (P) 10:15 BeBalanced w/ Richard (P) 10:00 Morning Greetings & Patriotic Songs (S) 10:00 Morning Greetings & Patriotic Songs (S) 11:00 Chair Exercise w/ Guli (P) 10:15 Noodle Range of Motion Exercise (P) 10:30 Music Meditation & Breathing (P) 10:30 Parachute and Perry Como (P) 10:15 Simple Stretching w/ Guli (P) 12:00 Cup Bowling (S) (C) 10:45 Music Exploration: Patti Page (SE) 11:00 Upbeat Instrumentals w/ Ben (SE) 10:30 Great Race Game (S) (C) 10:30 USO Big Bands Ball Toss w/ Grace (P) 12:30 Reading Circle w/ Jean: Winter Tales 12:00 Cooking Sensory Session w/ Sutjiati (SE) 10:45 Music Therapy w/ Peg (S) (SE) 11:00 Harp w/ Judith (SE) 11:00 Seasonal Magazine Collages w/Lillian (E) 12:00 Cooking Club: Baking Bread (SE)
12:30 Brain Fitness w/ Dan: Bicycle Facts (S) (C) 12:00 Aviary Sensory Session w/ Fred (SE) (S) 12:30 Birds of the Tropic Photo Showcase (S) 12:00 Art Expression: Holiday Tree Dot Art 1:30 Music and Memory (SE) w/ Richard (E) 12:30 Kitchen Herbs & Spices (SE) (C) 12:30 Name the Farm Animal w/ Betty (C) 1:30 Active Stations (C) (SE) (E) 1:30 Music and Memory (SE) 1:30 Music and Memory (SE) 1:30 Music and Memory (SE) 2:00 Color Sorting w/ Margarita (C) 1:30 Music and Memory (SE) 1:30 Spa Namaste Environment (SE) (S) 1:30 Active Stations (C) (SE) (E) 1:30 Salsa Beats & Balloon Toss w/ Hilia (P) 2:30 Music Exploration w/ Mei: Chinese 1:30 Active Stations (C) (SE) (E) 2:00 Photo Showcase w/ Lillian: Germany (SE) 2:00 Paris Tea Session w/ Joy (E) 2:00 Tai Chi Yoga w/ Cynthia (SP) (P) 2:00 Garden Sensory Session w/ Margarita Opera (SE) 2:45 Jewelry Exploration w/ Mun Ja (SE) 2:15 Great Wall of China Photo Showcase w/ Mei 3:00 Music Makers: Maracas and Shakers (SE) (S) 2:30 Music w/ April (SE) (S) 3:15 Bing Crosby Holiday Hits (SE) 3:30 Afternoon Snack and Music Social (S) 3:30 Afternoon Music Social (SE) 2:30 Dog Discussion w/ Jean: Huskies (S) (SE) 2:30 Flower Arranging (E) 3:00 Movers & Shakers Rhythm Instruments (SE) 3:30 Snack and Music Social (SE) 3:00 Chime Choir w/ Fred (SE) 4:00 Combined Music Exploration: Doris Day 4:00 Combined Composer's Club: Donna Summers 4:00 Music Exploration: Classic Rock Hit 3:30 Afternoon Snack & Music Social (S) 3:30 Afternoon Snack and Music Social (S) w/ Dan (S) (SE) 4:30 Calamity Jane Sing-Along (S) (SE) Singles (S) (C) 4:00 Combined Geography Group: Maine (S) 4:30 Andrea Bocelli Concert (SE) 4:00 Corn Hole w/ Fay (P) 4:30 Combined Sing-Along w/ Arnie (SE) (S) 4:30 Combined Musical Hits w/ Mary Anna (SE) 4:30 Piano Sing-Along (SE) 13 8:00 Puzzle Group (C) 8:00 Puzzle Group (C) 8:30 Sensory Activities w/ Marilu (SE) 8:30 Adult Coloring Group (E) 8:00 Morning Puzzle Group w/ Fred (C) 9:15 Coffee & Conversations w/ Ruth B (S) 8:30 Social Circle (S) 9:15 Expressive Cabinet Activities (E) 8:30 Matching Game (C) 8:30 Matching Games (C) 9:00 Word Searching w/ Marilu (C) 9:00 Current Events Club (C) 10:00 Guitar w/ Steve (SE) 10:00 Morning Greetings & Patriotic Songs (S) 9:00 Letter Unscrambling (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:15 Noodle Range of Motion Exercise (P) 10:00 Dancing w/ Garrey (P) 11:30 Violin w/ Anthony (S) 10:00 Morning Greetings & Patriotic Songs 11:00 Toss & Talk: Name An Animal (P) (C) 10:15 BeBalanced w/ Richard (P) 12:00 Art Expression: Spice Paintings (E) 10:30 Parachute and Perry Como (P) 12:30 Sensory Trivia: What Color (SE)(C) 10:15 Range of Motion Stretching (P) 11:00 All About Rhinos w/ Ben (S) (C) 10:30 Clothes Bin Basketball (P) 1:30 Music and Memory (SE) 10:30 Persian Beats Balloon Toss w/ Ben(P) 1:30 Music and Memory (SE) 12:00 Holiday Button Cards (E) 10:45 Music Therapy w/ Peg (S) (SE) 1:30 Great Race Game w/ Guli (P) (C) 10:45 Roll & Rhyme (C) 1:30 Active Stations (C) (SE) (E) 12:30 Song Matching w/ Grace (SE) (C) 12:00 Travel Photo Session: Hawaii (S) (SE) 2:00 Tai Chi Yoga w/ Cynthia (SP) (P) 11:00 ElderSong Sing-Along (SE) (S) 2:00 Holiday Decorations Discussion w/ 1:30 Music and Memory (SE) 12:30 Tropical Scents Aromatherapy w/ Virginia 2:15 Octo-Stretch (P) 12:00 Spiritual Group w/ Grace (S) (SP) 1:30 Active Stations (C) (SE) (E) Karen (S) (SE) 2:30 Holiday Sing-Along w/ Grace (SE) 3:00 Reminiscing: Classic Holiday Movies (S) (SE) 3:30 Afternoon Snack and Music Social (S) 2:00 Sna Namaste Environment (SE) (S) 2:30 Winter Seasonal Session w/ Mun Ja (SE) 1:30 Music and Memory (SE) 12:30 Reading Circle: Holly History (S) 1:30 Music and Memory (SE) 2:30 Warm Essential Oil Towel Session (SE) 1:30 Active Stations (C) (SE) (E) 1:30 Active Stations (C) (SE) (E) 2:00 Felt Coloring Sheets w/ Margarita (E) 3:00 Cooking Club: No Bake Cocoa Dip (SE) 3:00 Tactile Stimulation w/ Lillian (SE) 3:45 Corn Hole w/ Fay (P) 2:00 Pet Therapy w/ Fay (SE) 2:30 Harmonica Music Makers w/ Betty (SE) 4:00 Winter Songs Sing-Along (S) (C) 3:30 Afternoon Music Social (SE) 2:30 Scrapbook Paper Art w/ Mei (E) 3:30 Afternoon Snack & Music Social (S) 4:00 Movie Exploration: White Christmas (S) 3:00 Sensory Exploration: What's in the Stocking 4:30 Combined Patriotic Sing-Along w/ Arnie (S) (C) 3:00 Music Makers: Maracas and Shakers 4:00 Combined Composer's Club w/ Carol: 4:30 Combined Balloon Toss Trivia (P) (C) Judy Garland (S) (SF) 3:30 Afternoon Snack and Music Social (S) 4:30 Songs from the Wizard of Oz (SE) 3:30 Snack and Music Social (SE) 4:00 Holiday Party! 4:00 Toss & Talk: Holiday Food (S) 4:30 Susie Q Sing-Along w/ Paul (SE) (S) 16 20 19 8:30 Coffee & Conversations (S) 8:00 Puzzle Group (C) 8:30 Reading Circle (S) 8:30 Adult Coloring Group (E) 8:30 Cognitive Cabinet Activities w/ Marilu (C) 9:15 Coffee & Conversations w/ Ruth B (S) 9:15 Coffee & Conversations (S) 8:30 Social Circle (S) 9:15 Expressive Cabinet Activities (E) 8:30 Walking Club (P) 9:00 Current Events Club (C) 10:00 Morning Greetings & Patriotic Songs (S) 9:00 Current Events w/ Marilu (C) 10:00 Dancing w/ Garrey (P) 9:15 Adult Coloring Group (E) 11:15 Simple Stretching w/ Lucille (P) 10:00 Morning Greetings & Patriotic Songs 10:15 BeBalanced w/ Richard (P) 10:00 Morning Greetings & Patriotic Songs (S) 12:00 Doll Therapy w/ Donald (SE) (S) 10:30 Balloon Badminton (P) 9:45 Morning Greetings & Patriotic Songs (S) 10:15 Columbian Music & Movement w/ Hilia (P) 10:15 Tito Puente Music & Movement w/ 12:15 Baby Clothes Sorting & Folding w/ 10:45 Brain Game: Finish the Lyric (C) 10:30 Brain Game: Land or Water (C) 10:00 Chair Jazzercise w/ Lucille (P) 11:00 Letter Toss w/ Betty (C) 10:45 Music Therapy w/ Jessica (S) 12:00 Holiday Lights Art w/ Margarita (E) Hilia (P) Margarita (C) 10:15 Great Race Game (S) (C) 12:30 Holiday Sing Along w/ Jewell (SE) 12:00 Holiday Present Wrapping w/ Karen (E) 10:30 Cup Bowling (P) 10:45 Music Therapy w/ Peg (S) 1:30 Music and Memory (SE) 12:30 Finish the Holiday Lyric w/ Grace(C) 11:00 Seasonal Sensory Session w/ Lillian 1:30 Music and Memory (SE) 12:00 Holiday Card Stamp Decorating w/ Dan (E) 1:30 Active Stations (C) (SE) (E) 1:30 Jingle Bell Beats (SE) 1:30 Active Stations (C) (SE) (E) 12:30 Hymnal Sing Along w/ Jewell (SP) 12:00 Holiday Card Jigsaw Puzzles w/ 2:00 Brain Fitness: Sequencing Sets (C) 2:00 Spa Namaste Environment (SE) (S) 2:00 Tai Chi/Yoga w/Cynthia (SP) (P) 1:30 Active Stations (SE) Virginia (S) (C) 2:15 String Light Suncatchers (E) 2:45 Reminiscing w/ Donald: Holiday 2:00 Winter Sensory Session (SE) (S) 2:20 Chime Choir w/ Ben (S) (SE) 12:30 Reading Circle: Holiday Poems (S) 2:45 Apple Cider Social w/ Grace (SE) (S) 2:45 Active Game: Horseshoe w/ Lillian (P) Traditions (S) 2:30 Dance Exploration: The Nutcracker Ballet w/ 1:30 Music and Memory (SE) 3:15 Classical Compositions w/ Mun Ja (SE) 3:15 50's Music Exploration w/ Grace (SE) Fred (SE) (S) 3:15 Music Exploration: London Symphony 1:30 Active Stations (C) (SE) (E) 3:30 Afternoon Music Social (S) 3:30 Afternoon Snack Social (S) 3:00 Clothes Bin Basketball w/ Betty (P) Orchestra (SE) 4:00 Music Makers: Holiday Hits (SE) (S) 3:30 Snack and Music Social (S) 2:00 Craft Corner: Gingerbread Stress Ball 4:00 Combined Composer's Club: Elton John 3:30 Music and Snack Social (SE) 4:30 Combined Musical Appreciation: Mozart 4:00 Reminisce: A Christmas Carol (SE) (S) 4:00 Combined Geography Group: Greece w/ 2:30 Notre Dame Photo Showcase w/ Fred 4:30 Top 70's Tracks w/ Nancy (SE) 4:30 Combined Piano Sing-Along (SE) Piano Covers (SE) Despina (S) (C) (SE) (S) 4:30 Country Western Oldies w/ Arnie (SE) 3:00 Hula Hoop Bean Bag Toss (P) 3:30 Snack and Music Social (SE) 4:00 Music Exploration: Frank Sinatra (SE) 4:30 Combined Opera Exploration (SE) 23 8:00 Sensory Cabinet Activities w/ Doris (SE) 8:30 Sensory Activities (SE) 9:15 Expressive Cabinet Activities (E) 8:30 Word Puzzling (C) 9:00 Current Events w/ Marilu (C) 10:00 Morning Greetings & Patriotic Songs (S) 10:00 Morning Greetings & Musical Hits (S) 10:15 Chair Exercise w/ Guli (P) **IMCC IS CLOSED! IMCC IS CLOSED! IMCC IS CLOSED!** 10:15 Range of Motion Movement w/ Lucille (P) 10:30 Balloon Toss & Talk (P) (S) 10:30 Great Race Game (S) (C) 10:45 Brain Fitness: Dog or Cat (C) 10:45 Music Therapy w/ Peg (S) 11:00 Music Exploration: Korean Oldies w/ Mun Ja 12:00 Gumdrop Tree Craft (E) 12:30 Reading Circle w/ Lillian: Short Story (S) 12:00 Art Expressions: Faux Flame Menorah (E) 1:30 Participant's Choice (SE) (C) 12:30 Reading Circle: Hanukkah Quick Facts (S) 1:30 Music and Memory (SE) 2:00 Travel Sensory Session: Indonesia w/ Sutjiati 1:30 50's Beats & Ball Toss (P) 2:30 Cooking Club: Strawberry Shortcake (SE) 2:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:00 Sensory Tea Social w/ Jewell (SE) (S) 2:15 Pass the Balloon w/ Ben (P) 2:30 ElderSong Sing-Along w/ Jewell (SE) (S) 3:30 Snack and Music Social (SE) 3:00 Aromatherapy Matching w/ Margarita (S) (C) 4:00 Combined Geography Group: Paris (C) 3:30 Snack and Music Social (SE) 4:30 Fiddle Music & Movement w/ Arnie (SE) (P) 4:00 Music Exploration: Dean Martin (SE) 4:30 Combined Composer's Club: Elvis w/ Ruth (SE) 8:30 Sensory Activities w/ Marilu (SE) 8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:15 Expressive Cabinet Activities (E) **Happy Birthday! HAPPY NEW YEAR!** 9:00 Current Events Club (C) 10:00 Music w/ Frank (S) 10:00 Morning Greetings & Patriotic Songs 11:00 Movement & Music w/ Grace (P)

10:15 Disco Dance Exercise w/ Ben (P) 10:30 Motown & Parachute Movement (P) 10:45 Beach Boys Sing-Along (SE) (S) 11:15 Sensory Enhancement: Rough or Smooth (SE) (C) 12:00 Beach Sensory Session w/Lillian (SE) 12:30 Montessori Shell Cleaning w/ Margarita (SE) (C) 1:30 Music and Memory (SE) 1:30 Active Stations (SE) (E) (C) 2:00 PAL's Pet Therapy (SE) 2:30 Art Exploration w/ Mun Ja: Straw Fireworks (E) 3:00 Corn Hole w/ Fay (P) 3:30 Snack and Music Social (SE)

4:00 Balloon Badminton w/ Guli (P) 4:30 Piano Sing-Along (SE)

12:00 Artistic Expressions w/ Lucille: New Year's Art (E) 12:30 ElderSong Sing-Along w/ Jewell (SE) (S) 1:30 Music and Memory (SE) 1:30 Active Stations (SE) (E) (C)

2:00 Pet Visit w/ Brawny (SE) 2:00 Building & Sorting w/ Richard (C) 2:30 Assateague Island Photo Showcase w/

Dan (SE) (S) 3:00 Cooking Club: Fruit Parfaits (SE) (S) 3:30 Snack and Music Social (SE) 4:00 Combined Geography Group: South Africa w/ Chrysta (S) (C) 4:30 60's Hits w/ Nancy (SE)

IMCC IS CLOSED!

Activity Domain Key Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE)

Spiritual (SP)



Jean 12/01 Paul F. 12/08 Mary Anna 12/11 Carol 12/11 Shirl 12/12 Richard 12/13 Maria 12/17