



ORANGE GROUP | AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Happy Birthday!</p> <p>Ruth M 8/1 John W 8/7 Madeleine 8/9 Fred 8/14 Muoi 8/18 Donald 8/21 Jewell 8/23</p>  <p>Blue: Snack 11:00 & 3:30 Orange: Snack 11:30 & 3:30 Blue: Lunch 12:30 Orange Lunch 12:45</p> <p>Activity Domain Key Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE) Spiritual (SP)</p>			<p>8:00 Puzzle Group w/ Richard (C) 8:30 Adult Coloring Group w/ Margarita (E) 9:00 Music Enhancement: Frank Sinatra (SE) 10:00 Jingle Exercises w/ Guli (P) 10:15 Beach Ball Toss (P) 10:30 Letter Bean Bag Toss (C)(P) 10:45 Music w/ Peg (SE) 12:00 Cotton Ball Tree Artwork (E) 12:00 Scrabble Letter Sorting w/ Jean Kap. (C) (S) 12:30 Balloon Badminton (P) 1:30 Active Stations (SE) (S) 1:30 Music and Memory (SE) 2:00 Namaste Care: At the Beach (SE) 2:30 Summer Popsicles and Beach Boys (SE) 2:45 Beach Ball Toss (P) 3:00 Parachute Beach Ball Toss (SE) 3:30 Afternoon Snack and Music Social (S) 4:30 Combined Geography Group: Hollywood Sign w/ Shelby (C)</p>	<p>8:00 Sensory Activities w/ Marilu (C) 9:00 Music Enhancement: The Beatles (SE) 10:00 Senior-cise Range of Motion Exercise (P) 10:15 Cooking Club: Honey Buttermilk Bread (SE) 10:15 Frank Sinatra Sing-Along (S) 10:30 Coffee Filter Art (E) 11:00 Floral Matching and Arranging (SE) (C) 12:00 Button Sorting (C) 12:00 Garden Planting Party (SE) (S) 1:30 Participant's Choice (S) (SP) (C) 2:00 Namaste Care Environment: <i>Summer Citrus</i> (SE) 2:15 Smells of Summer: <i>Grapefruit Coolers</i> (SE) 2:30 Grapefruit Essential Oil Massages (SE) 2:30 Soda Bottle Flower Paintings Artwork (E) 3:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:30 Snack and Music Social (S) 4:00 Balloon Tennis and The Beatles (P)</p>
<p>8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:00 Current Events Club (C) 10:00 Big and Loud: Chair Exercise w/ Richard (P) 10:30 Sponge Painting w/ Karen (E) 10:30 Flower Arranging and Matching w/ Hilia (SE) (C) 11:00 Elder's Famous Sing Along (S) 12:00 Octo-stretch and Salsa Music w/ Hilia (P) 12:15 Bean Bag Letter Toss (P) 1:45 Beach Watercolor Resist Painting w/ Margarita (E) 1:45 Music and Memory (SE) 2:00 Sensory Environment: Travels to the Beach (SE) 2:30 Sensory Station: Coconut Hand Massages (SE) 2:30 WaterBeads Sensory Tray (SE) 3:00 Music Makers and Bongo Drums w/ Tracy (SE) 3:30 Featured Music Snack Social: <i>Luau Edition</i> (S) 4:00 Beach Ball Toss and Beach Boys Soundtrack (P) 4:30 Combined Waltz Appreciation (SE)</p>	<p>8:00 Famous Faces w/ Marilu (C) 9:00 Music Enhancement: The Beatles (SE) 10:00 Parachute and Perry Como (P) (SE) 10:30 Balloon Badminton (P) 10:45 Bean Bag Letter Toss (C) (P) 11:00 Harp w/ Judith (S) 12:00 Montessori Washing and Changing Station w/ Hilia (E) 12:00 Daily Activity Sequence (C) 12:00 Lavender Scented PlayDough Cooking Club (SE) 1:30 Participant's Choice (S) (SP) (C) 2:00 Namaste Care Environment: <i>In the Garden</i> (SE) 2:00 Flower Arranging w/ Lucille (E) 2:15 Flower Matching Program w/ Kanisha (C) 2:30 Spice Painting w/ Guli (SE) (E) 3:30 Snack and Music Social (S) 4:00 Parachute and Paul Anka (P) 4:30 Combined Wildlife Documentary (SE)</p>	<p>8:00 Puzzle Group w/ Richard (C) 8:30 Adult Coloring Group w/ Margarita (E) 9:00 Music Enhancement: Frank Sinatra (SE) 10:00 Bubble Exercises w/ Guli (P) 10:15 Short Story Reading Group (SE) 10:30 Elder's Famous Sing Along w/ Jewell (S) 11:00 Spelling Bee w/ Jean Kap (C) 12:00 Matching and Sorting w/ Richard (C) 12:00 Natural Landscapes Sponge Art (E) 1:30 Participant's Choice (SE) (S) 2:00 What's in the Bag w/ Katie (SE) 2:20 Flower Discussion w/ Hilia (C) 2:45 Flower Matching w/ Lillian (C) 3:00 Elder's Famous Sing Along and Music Makers w/ Grace (SE) 3:30 Afternoon Snack and Music Social (S) 3:45 Composer's Club: Johnny Cash (SE) 4:15 Combined Group Crocodile Antics w/ Tracy (S)</p>	<p>8:00 Sensory Cabinet Activities w/ Doris (SE) 8:30 Word Puzzling (C) 9:00 Current Events w/ Marilu (C) 10:00 Patriotic Greeting Songs (S) 10:15 Octo Stretch Exercises and Tunes (P) 10:45 Music w/ Peg (SE) 11:15 Anne Geddes Photo Showcase (S) 11:15 Button Sorting w/ Lillian (C) 11:30 Let's Design a House w/ Karen and Hilia (C) 12:00 Across the USA Sing Along (S) 1:30 Music Enhancement: Diana Ross w/ Lucille (SE) 1:30 Music and Memory (SE) 2:00 Namaste Care Environment: Sensory Spa Environment (SE) 2:30 Essential Oil Hand Massages and Classical Compositions (SE) 3:15 Balloon Tennis w/ Lillian (P) 3:30 Afternoon Snack and Music Social (S) 4:00 Flower Arranging w/ Karen and Jewell (SE) 4:15 Combined Geography Group: Exploring New Zealand w/ Tracy (C)</p>	<p>8:30 Cognitive Cabinet Activities w/ Jean (C) 9:15 Coffee & Conversations (S) 10:00 Dancing with Garry (P) 10:45 Exploring Smithsonian Zoo Animals w/ Karen (C) 11:15 Famous Hymns w/ Jewell (SE) 12:00 Ball Toss and Music w/ Richard (P) 12:00 Tissue Paper Canvases (E) 1:30 Music and Memory (SE) 2:00 Aquapainting Expressions (E) 2:00 Fly Swatter Splatter Paintings (SE) 3:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:30 Snack and Music Social (S) 3:45 Elder's Famous Sing Along (S) 4:00 Short Story Group (S) 4:30 Fiddle Music Appreciation (SE)</p>
<p>8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:00 Current Events Club (C) 10:00 Big and Loud: Chair Exercise (P) 10:30 Colored Frisbee Toss (P) 11:00 What's in the Bag w/ Karen? (C) (SE) 11:20 Composer's Club: Donna Summer w/ Lucille (C)(SE) 12:00 Octo-stretch and Salsa Music w/ Hilia (P) 12:15 Identifying Common Objects: Spanish and English Edition w/ Hilia (C) 1:45 Water Painting w/ Margarita (E) 1:45 Music and Memory (SE) 2:00 Sensory Environment: Travels to the Beach (SE) 2:30 Beach Ball Salt Art w/ Karen (E) (SE) 2:30 Shell Washing w/ Hilia (SE) 3:00 Beading and Knots w/ Karen (SE) 3:00 Button Sorting w/ Lillian (C) 3:30 Featured Music Snack Social: <i>Luau Edition</i> (S) 4:00 Beach Ball Toss and Beach Boys Soundtrack (P) 4:30 Combined Canine Conversations: The Husky (C)</p>	<p>8:30 Sensory Activities w/ Jean (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Daily Range of Motion Exercises (P) 10:15 Which Comes First: Sequencing Program (C) 10:30 Hunting for Words Bean Bag Toss (C) (P) 11:00 Musical Jingles and Bongos (SE) 12:00 Elder's Famous Sing Along w/ Jewell (SE) 12:00 Montessori Baby Care Station (SE) 12:15 Hula Hoop Basketball (P) 12:30 Composer Club: Doris Day (SE) 1:30 Music and Memory (SE) 2:00 Unbelievable Birds Discussion: The Penguin (C) 2:00 Pet Visit w/ Brawny (SE) 2:00 Namaste Care Environment: Seasonal Summer Immersion (SE) 2:15 Beaches of the World Discussion w/ Katie (C) 2:30 Ocean Beads Sensory Bins (SE) 2:30 Sounds of the Ocean (SE) 2:30 Beach Ball Dot Art w/ Margarita (E) 3:00 Beach Boys Ball Toss and Music Enhancement (SE) (P) 3:30 Tropical Drink Mixer and Music Social (S) 4:00 Birds of the Beach Discussion w/ Kanisha (C) 4:30 Combined Aviary Documentary (SE)</p>	<p>8:30 Adult Coloring Group (E) 9:15 Coffee & Conversations w/ Ruth B (S) 10:00 Morning Greetings (S) 10:15 BeBalanced w/ Richard (P) 10:30 Parachute and Perry Como (P) 11:00 Short Story and Photo Showcase w/ Tracy (C) 12:00 Sensory Station: Herbal Scents and Essential Oil Playdough (SE) 12:00 Tools and Building Group w/ Richard (SE) 12:30 Elder Famous Sing Along and Music Makers (SE) 1:30 Music and Memory (SE) 2:30 Soft Salsa and Massages (SE) 2:30 Aromatherapy Hand Massages (SE) 3:00 Scrapbooking Photo Club w/ Lillian (E) 3:30 Afternoon Music Social (SE) 4:00 Active Game: Frisbee and Frank Sinatra w/ Richard (P) (SE) 4:30 Combined Composer's Club: <i>Lena Horne w/ Karen</i> (SE) (C)</p>	<p>8:30 Cognitive Cabinet Activities w/ Jean (C) 9:15 Coffee & Conversations (S) 9:00 Current Events w/ Marilu (C) <i>Insight in Action</i> 9:45 Daily Chronicle and Morning Greetings (S) 10:00 Chair Jazzercise w/ Lucille (P) 10:30 Balloon Badminton (P) 11:00 Flower Arranging w/ Hilia (SE) 11:00 Dolled Up Gals w/ Karen (SP) 12:00 Let's Learn Spanish w/ Hilia and Kanisha (C) 12:15 Hymnal Sing Along w/ Jewell (SP) 1:30 Active Stations (SE) 2:00 Namaste Care Environment: In the Garden (SE) 2:30 Strawberry Play Dough Making (SE) 3:00 The Sound of Drums w/ Tracy (SE) 3:30 Music and Snack Social (SE) 4:00 Canine Companions w/ Jean: Dog Breed of Day (C) 4:15 Composer's Club: John Denver (SE) 4:30 Combined Geography Group: Ireland w/ Susan (S)</p>	<p>8:30 Coffee & Conversations (S) 8:30 Walking Club (P) 9:15 Adult Coloring Group (E) 10:00 Let's Design a House w/ Karen (E) 10:45 Music Therapy w/ Jessica (S) 12:00 Door Décor Decorations (C) (SE) (E) 12:00 Button Sorting (C) 12:30 Composer's Club: Louis Armstrong (SE) 1:30 Participant's Choice (P)(C)(E)(S) 2:00 Namaste Environment: Lemon Scent Hand Massages and Lemonade Coolers (SE) 2:30 Trip to the Louvre – Painting Slideshow w/ Tracy (C) 3:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:30 Combined Snack and Music Social (S) 3:45 Famous Hymns and Music Makers w/ Jewell (SE) 4:00 Arnie's Piano Happy Hour (SE) 4:15 Virginia Fun Facts (C)</p>
<p>8:00 Puzzle Group (C) 8:30 Word Searching (C) 9:00 Current Events Club (C) 10:00 Range of Motion Exercises w/ Jean Kap. (P) 10:15 Balloon Badminton (P) 10:30 The Amazing Race Game (P) (C) 11:00 Exploring Iran w/ Ben (C) 11:20 Composer's Club: The Penguins (SE) 2:00 Namaste: At the Beach (SE) 2:00 Shell and Sand Washing Stations (SE) 2:15 Shell Sorting w/ Margarita (C) 2:15 Seahorse Salt Painting w/ Guli (E) (SE) 2:45 Beach Boys Soundtrack (SE) 3:30 Monday Motown Music and Smoothies w/ Ellie and Karen (S) (SE) 4:15 Combined Group: You Be the Judge (C)</p>	<p>8:30 Sensory Activities w/ Jean (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Racing through the Decades w/ Katie (P) 10:30 Spelling Bee w/ Jean Kap. (C) 10:45 Composer's Club: The Temptations w/ Lucille (SE) 11:00 Travelogue w/ Tracy: <i>Wild Horses</i> (C) 12:00 Scrapbooking Group w/ Joy (E) 12:00 Building and Sorting w/ Richard (C) 1:30 Music and Memory (SE) 2:00 Pet Visit w/ Brawny (SE) 2:00 Namaste Care Environment: <i>Summer Citrus</i> (SE) 2:15 Smells of Summer: <i>Lemonade Coolers</i> (SE) 2:30 Lemon Essential Oil Massages (SE) 2:30 Lemon Stamping Artwork (E) 4:00 Combined Afternoon Sing Along (S) 4:30 Music Enhancement: Famous Waltzes w/ Mary Anna (SE)</p>	<p>8:30 Expressive Cabinet Activities w/ Margarita (E) 9:15 Cognitive Cabinet Activities w/ Ruth B (C) 10:00 Morning Greetings (S) 10:15 Parachute and Famous Fifties Hits w/ Richard (P) 10:45 Let's Design a House w/ Karen (C) 12:00 Famous Musicals w/ Grace: The Sound of Music (S) (SE) 1:30 Music and Memory (SE) 2:00 Namaste Travels: Travels through Canada w/ Jean Kap (SE) 2:15 Canadian Landmark Photo Showcase (SE) (C) 2:15 Pet Visit w/ Pender (SE) 2:45 Canadian Maple Syrup Tasting (SE) 3:00 Identifying Things You Find in Canada (C) 3:30 Afternoon Music Social (SE) 4:00 Active Game: Frisbee Laundry Basket Toss (P) (C) 4:30 Famous Musical Songs: Singing in the Rain (SE)</p>	<p>8:00 Sensory Cabinet Activities w/ Doris (SE) 8:30 Word Puzzling (C) 9:00 Current Events w/ Marilu (C) 10:00 Chair Jazzercise w/ Lucille (P) 10:30 Cognitive Challenge: Fill in the Blank (C) 10:45 Music Therapy w/ Peg (S) 12:00 Floral Fanatics: <i>Flower Arranging w/ Lillian</i> (SE) 12:20 Culinary Club: Fresh Fruit Parfaits (SE) 1:30 Namaste Care: Sensory Spa Environment (SE) 2:00 Manicures and Hand Massages (SE) 2:30 Jewelry Group w/ Karen (S) 3:00 Bean Bag Letter Toss w/ Richard (P) 3:30 The Everly Brothers Music Social w/ Jewell (SE) 4:00 Balloon Volleyball Tournament (P) 4:30 Exploring Venice w/ Gordon (C)</p>	<p>8:30 Sensory Activities (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Morning Greetings and Daily Chronicle (S) 10:15 Senior-cise Range of Motion Exercise (P) 10:30 Short Story Group (C) 10:45 Composer's Club: The Righteous Brothers (SE) 11:15 Balloon Toss and The Righteous Brothers (P) 12:00 Rolling Pin Paintings (E) 12:00 Button Sorting (C) 1:30 Participant's Choice (P)(C)(E)(S) 1:30 Music and Memory (SE) 2:00 Namaste Environment: Lemon Scented Hand Massage (SE) 3:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:30 Combined Snack and Music Social (S) 4:00 Classical Classics w/ Mary Anna (SE)</p>
<p>8:00 Puzzle Group w/ Richard (C) 8:30 Adult Coloring Group w/ Margarita (E) 9:00 Music Enhancement: Frank Sinatra (SE) 10:00 Salsa Range of Motion Exercises w/ Margarita (P) 10:20 Spelling Bee w/ Jean Kap. (C) 10:45 Photo Showcase: <i>Birds at the Beach w/ Karen</i> (C) 11:00 Animal Antics: Identifying Sea Animals w/ Tracy (C) 12:00 Composer's Club: Don Ho (SE) 12:30 Hawaiian Photo Showcase (SE) (C)(SE) 1:45 Namaste Care: At the Beach (SE) 2:00 Shell Washing and Sorting w/ Fay (SE) (C) 2:00 WaterBead Sensory Bin (SE) 2:30 Beach Ball Toss and Beach Boys (P) 3:00 Cooking Club: Mango Smoothies (SE) 3:30 Afternoon Music Social (SE) 4:30 Combined Jitterbug Dance Appreciation (P)</p>	<p>8:30 Sensory Activities (SE) 9:15 Expressive Cabinet Activities (E) 10:00 Music w/ Frank (S) 11:00 Hunting for Words Bean Bag Toss (C) (P) 12:00 Tissue Paper Modge Podge Canvases (E) 12:00 Aquapainting w/ Jean (E) 1:30 Music and Memory (SE) 2:00 Pet Visit w/ Brawny (SE) 2:00 Namaste Care Environment: <i>Travels to Florida w/ Katie</i> (SE) 2:00 Citrus Hand Massages (SE) 2:00 Florida Beaches Photo Showcase w/ Katie (C) 2:30 Smells of Florida: Fresh Sliced Oranges (SE) 3:00 Florida Key Lime Pie Smoothies (SE) 3:30 Snack and Music Social (S) 4:00 Combined Elvis Presley Sing Along w/ Lucille (P) 4:30 Dance Appreciation w/ Mary Anna (SE)</p>	<p>8:30 Expressive Cabinet Activities w/ Margarita (E) 9:15 Cognitive Cabinet Activities w/ Ruth B (C) 10:00 Morning Greetings (S) 10:15 Chair Exercise and Famous Fifties Hits (P) 10:30 What's in the Bag? (C) (SE) 10:45 Tissue Paper Collage Window Clings (E) 10:45 Matching and Sorting w/ Richard (C) 11:15 Summer Short Story Group (C) 1:30 Music and Memory (SE) 2:00 Namaste Environment: Sensory Spa (SE) 2:30 Manicures w/ Sutjiati, Tracy, and Katie (SE) 2:30 Soft Jazz Music Enhancement (SE) 2:45 Octo-Stretch Exercises (P) 3:00 Ice Cream Truck w/ Tracy (SE) (S) 3:30 Afternoon Music Social (SE) 4:00 Active Game: Frisbee and Frank Sinatra w/ Richard (P)</p>	<p>8:00 Artistic Expressions (E) 8:30 Sorting and Folding Sensory Activity (SE) 9:00 Essential Oil Hand Massages (SE) 10:00 Range of Motion Exercises w/ Margarita (P) 10:15 Beach Ball Toss (P) 10:30 Musical Rhythms w/ Tracy (E) 11:00 All About Loretta Lynn: Country Music Showcase (C) 11:00 Rhythmic Jingles (E) 12:00 Sock Sorting w/ Margarita (C) 12:00 Short Story Group: Red Moon (SE) 1:30 Music and Memory (SE) 2:00 Namaste Care Environment: <i>Travels to the Beach w/ Grace</i> (SE) 2:30 Salt Painted Starfish (E) 3:30 Afternoon Snack and Music Social (S) 4:00 Ball Toss (P) 4:30 Combined Geography Group: Peru w/ Tracy (C)(S)</p>	<p>8:30 Coffee & Conversations (S) 8:30 Walking Club (P) 9:15 Adult Coloring Group (E) 10:00 Range of Motion Exercises w/ Jean Kap. (P) 10:30 Door Décor Decorations (C) (SE) (E) 11:00 Button Sorting (C) 12:00 Composer's Club: Louis Armstrong (SE) 1:30 Participant's Choice (P)(C)(E)(S) 2:00 Namaste Environment: Lemon Scent Hand Massages and Lemonade Coolers (SE) 2:30 Trip to the Louvre – Painting Slideshow w/ Tracy (C) 3:00 Tai Chi/Yoga w/Cynthia (SP) (P) 3:30 Combined Snack and Music Social (S) 3:45 Road Trip Across the U.S.A. Sing Along (SE) 4:00 Arnie's Piano Happy Hour (SE) 4:15 Virginia Fun Facts (C)</p>