

# BLUE ROOM | SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Activity Domain Key</b>            Physical (P)            Social (S)            Cognitive (C)            Creative (CR)            Productive Sensory (SE)            Outdoor (O)            Nature (N)            Reflective (R)</p>	 <p><b>Janice 9.1</b>  <b>Barbara 9.2</b>  <b>Wassila 9.8</b>  <b>Bert 9.11</b>  <b>Helen 9.12</b>  <b>Cora 9.12</b>  <b>Eloise 9.30</b></p>	<p><b>ADULT DAY SERVICES WEEK</b>  <b>SEPTEMBER 18<sup>TH</sup> -22<sup>ND</sup></b></p> <p>Get Into the spirit by dressing to these themes!</p> <p><b>Monday 18th: Wear your favorite hat.</b>  <b>Tuesday 18th: Wear something popular from the past.</b>  <b>Wednesday 20th: Wear you PJ's!</b>  <b>Thursday 21st: Wear something wacky.</b>  <b>Friday 22nd: Wear your favorite jersey.</b></p>		<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)  <b>10:00 Music therapy w/ Jeff (SE)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:30 Modern Jeopardy Trivia (C)            12:00 Junk Detective w/ Gretchen (C)  <b>12:30 Lunch (S)</b>            1:15 Reminiscing to the 60's (S)            1:45 Sit &amp; Stretch (P)            2:00 Tabletop Puzzles w/ Bill (C)            2:30 September Birthdays Word Search (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:30 Aerobics of the Mind Trivia (C)(S)            4:00 Combined Horseshoes (P)            4:30 Pictionary Guessing Game (C)            5:00 1:1 Activities (S) (C) (CR)</p>
<p><b>IMCC CLOSED</b></p> 	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Photographic Memory Game w/ Tony (C)            12:00 Who Am I? Guessing Game  <b>12:30 Lunch (S)</b>            1:15 Getting to Know You Toss n' Talk (S)  <b>1:30 Echoes of Nature Animal Visit (SE)</b>            2:30 Word Mining w/ Sheila (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Prize BINGO (C)            4:00 Combined Bowling (P)            4:30 Name 5 (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Brown Categories w/ Steve (C)            12:00 Travelogue: American Southwest (S)  <b>12:30 Lunch (S)</b>  <b>1:15 Music w/ Melanie (SE)</b>            2:15 Bowling Tournament (P)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Word Search Puzzles (C)            4:00 Combined Corn Hole (P)            4:30 Finish the Phrase (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)  <b>10:45 Song Master's Band (SE)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:30 Fashion Logos Quiz (C)            12:00 Musical Spotlight: Etta James (S)  <b>12:30 Lunch (S)</b>            1:15 Watercolor painting w/ Jim (CR)            1:45 Chair Yoga (P)            2:00 Signature Song Matching w/ Tom(C)            2:30 Odd One Out (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Balloon Badminton (P)            4:00 Combined Balloon Volleyball (P)            4:30 Name 5 (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)  <b>10:00 Music Therapy w/ Linda (SE)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:30 Secret Quote w/ Bill (C)            12:00 Travelogue: Milan (S)  <b>12:30 Lunch (S)</b>            1:15 Giant Jenga (P)            1:45 Sit &amp; Stretch (P)  <b>2:00 Tai Chi w/ Cynthia (P)</b>            2:45 Water Break &amp; Music (S)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:30 Aerobics of the Mind Trivia (C)(S)            4:00 Combined Horseshoes (P)            4:30 Pictionary Guessing Game (C)            5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Marching Bands Reminisce w/ Art (S)            12:00 Near &amp; Far Toss (P)  <b>12:30 Lunch (S)</b>            1:15 Musical Trivia (SE)(SPP)            2:00 Chair Yoga (P)            2:30 Target Toss w/ Tony (P)  <b>3:00 Afternoon Music and Snack Social (S)</b>            3:15 Word Scramble (P)            4:00 Combined Bowling (P)            4:30 Cartoon Characters Matching (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Discuss &amp; Recall: American Revolution (S)  <b>12:30 Lunch (S)</b>            1:15 Musical Spotlight: The Temptations (S)            1:45 Sit &amp; Stretch Yoga (P)            2:00 Finish the Phrase w/ Sheila (C)  <b>3:00 Afternoon Music and Snack Social(S)</b>            3:15 Magazine Scavenger Hunt (CR)            4:00 Combined Corn Hole (P)            4:30 Could You, Would You, Have You? (S)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)  <b>10:00 Music Therapy w/ Roberta (SE)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:30 High Rollers Game (S)(P)            12:00 Categories Trivia (C)  <b>12:30 Lunch (S)</b>  <b>1:15 Book Club (S)</b>            1:15 Step by Step Craft w/ Yvonne (CR)            2:15 Hollywood Stars Game w/ Sheryl (S)            2:30 Word Mining w/ Paul (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Table Tennis Tournament (P)            4:00 Combined Balloon Volleyball (P)            4:30 This or That (S)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 What Am I Guessing Game (C)            12:00 Target Toss (P)  <b>12:30 Lunch (S)</b>  <b>1:15 Quilting Group w/ Sarah (S)</b>            1:15 Star Spotlight: Jimmy Buffet (S)            1:45 Chair Yoga (P)            2:00 Travelogue: Chicago (S)            2:30 Family Feud Game (C)  <b>3:00 Afternoon Snack Social (S)</b>            3:15 Best Clips of Kids Say (S)            4:00 Balloon Badminton Tournament (P)            4:30 Numbers Quiz (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 This Day in History (S)            12:00 Chair Exercise (P)  <b>12:30 Lunch (S)</b>  <b>1:15 Sports Club w/ Jimmy (S)</b>            1:15 Jenga Trivia w/ Tony (C)(P)            1:45 Chair Yoga (P)            2:00 Geography Quiz w/ Jack (C)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Feel Good Stories of the Week (S)            4:00 Combined Parachute (P)            4:30 Who When Where Trivia (C)            5:00 1:1 Activities (S) (C) (CR)</p>
<p><b>HAT DAY</b></p> <p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Axe Throwing Competition (P)            12:00 Name 5 Categories (C)  <b>12:30 Lunch (S)</b>  <b>1:15 Virtual Travel w/ Carl (S)</b>            1:15 Travelogue: Canada (S)            1:45 Sit &amp; Stretch Fitness (P)            2:30 Minute to Win It Games (P)  <b>3:00 Afternoon Music and Snack Social (S)</b>            3:15 Prize BINGO w/ Bonnie (C)            4:00 Combined Balloon Volleyball (P)            4:30 Conversation Starters (S)            5:00 1:1 Activities (S) (C) (CR)</p>	<p><b>BLAST FROM THE PAST</b></p> <p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Close Up Quiz w/ Bert (C)            12:00 Target Toss (P)  <b>12:30 Lunch (S)</b>  <b>1:15 Walking Club (S)(N)(O)</b>            1:15 Action &amp; Reaction Experiment (SE)            2:00 Musical Spotlight: Celine Dion (S)            2:30 Golfing Tournament w/ Paul (P)  <b>3:00 Afternoon Music and Snack Social (S)</b>            3:15 Fall Colors Collage (CR)            4:00 Combined Bowling (P)            4:30 This or That? (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p><b>PAJAMA DAY</b></p> <p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Jeopardy (C)(S)            12:00 Have You Ever Game (S)  <b>12:30 Lunch (S)</b>  <b>1:15 Book Club (S)</b>            1:15 Conversation Starters w/ Bill (S)            1:45 Chair Yoga (P)            2:00 Baseball Legends w/ Tony (S)  <b>3:00 Afternoon Music and Snack Social (S)</b>            4:00 Combined Target Toss (P)            4:30 A to Z Word Game w/ Myrtle (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p><b>WACKY TACKY DAY</b></p> <p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Categories Trivia w/ Helen (C)            12:00 Bean Bag Toss Trivia (C)(P)  <b>12:30 Lunch (S)</b>  <b>1:15 Art Club w/ Deborah (S)(CR)</b>            1:15 Art Appreciation: Michael Angelo (S)            2:00 Clay Sculpting w/ Foster (CR)  <b>3:00 Afternoon Music &amp; Snack Social (S)</b>            3:15 Roll'em Tournament (P)            4:00 Combined Parachute (P)            4:30 Word Hangman (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p><b>JERSEY DAY</b></p> <p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Categories Trivia (C)            12:00 Famous faces Trivia (C)(S)  <b>12:30 Lunch (S)</b>  <b>1:15 Spiritual Group w/ Brittany (S)</b>            1:15 The Art of Zen Gardens (CR)(S)            1:45 Sit &amp; Stretch (P)  <b>2:00 Tai Chi w/ Cynthia (P)</b>            2:45 Water Break &amp; Music (S)  <b>3:00 Afternoon Music and Snack Social (S)</b>            4:00 Combined Balloon Volleyball (P)            4:30 Pictionary (C)            5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Potluck Quiz (C)            12:00 Spotlight: One Hit Wonders (S)  <b>12:30 Lunch (S)</b>            1:15 Step by Step Art w/ Sheila (CR)            2:00 Sit &amp; Stretch Fitness (P)            2:30 September Photo Recap (R)  <b>3:00 Afternoon Music and Snack Social (S)</b>            3:15 Prize BINGO (S)            4:00 Combined Noodle Hockey (P)            4:30 Odd One Out (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Wheel of Fortune Game (C)            12:00 Balloon Badminton Tournament (P)  <b>12:30 Lunch (S)</b>  <b>1:15 Walking Club (S)(N)(O)</b>            1:15 What Would You Do? (S)            1:45 Chair Yoga (P)            2:00 Lightning Round Trivia (C)  <b>3:00 Afternoon Music and Snack Social (S)</b>            3:15 Word Search Puzzle (SE)            4:00 Combined Noodle Hockey (P)            4:30 Odd One Out (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Potluck Quiz (C)            12:00 Jeopardy: Americana (C)  <b>12:30 Lunch (S)</b>  <b>1:15 Book Club (S)</b>            1:15 Higher or Lower Game w/ Brittany (C)            2:15 Name that Movie Visual Quiz (C) (S)  <b>3:00 Afternoon Music and Snack Social (S)</b>            4:00 Combined Target Toss (P)            4:30 A to Z Word Game w/ Myrtle (C)            5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)            10:00 This Day in History (S) (C)            10:30 Chair Exercise (P)            10:45 Brain Game (C)  <b>11:00 Snack &amp; Social (S)</b>            11:30 Around the world Tea Tasting (SE)            12:00 Letter Quiz w/ Paul (C)  <b>12:30 Lunch (S)</b>  <b>1:15 Quilting Group w/ Sarah (S)</b>  <b>1:15 Neuro Sounds Music Therapy (SE)</b>            2:15 Balloon Badminton (P)  <b>3:00 Afternoon Music and Snack Social (S)</b>            3:15 Minute to Win It Games (P)  <b>4:00 Fall Festival Family Party (S)</b></p> 	<p>7:30 Music Reflections (SE)            8:00 Coffee &amp; Chat (S)            8:30 Current Events Discussion (C)            9:00 Group Brain Games (C)            9:30 Music Selections &amp; Puzzles (SE) (C)  <b>10:00 Violin w/ Anthony (SE)</b>  <b>11:00 Snack &amp; Social (S)</b>            11:30 This Day in History (S) (C)            12:00 Chair Exercise (P)  <b>12:30 Lunch (S)</b>            1:15 Musical Spotlight: Bob Dylan (S)            1:45 Sit &amp; Stretch (P)            2:00 Name 10 Game (C)  <b>3:00 September Birthday Celebration (S)</b>            3:30 Aerobics of the Mind Trivia (C)(S)            4:00 Combined Horseshoes (P)            4:30 Pictionary Guessing Game (C)            5:00 1:1 Activities (S) (C) (CR)</p>