

Monday	Tuesday	Wednesday	Thursday	Friday
14 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR) 10:00 Daily Chronicle (S)  10:30 Exercise (P)  11:00 Morning Break (S)  11:30 Brain Game (C)  12:00 Music Spotlight (S)  12:30 Lunch (S)  1:15 Artist Spotlight (S) 1:45 Inspired Art (CR)  2:30 Sit & Stand Exercise (P)  3:00 Afternoon Break (S)  3:15 Bowling (P)  4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	15 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR)  10:00 Daily Chronicle (S)  10:30 Exercise (P)  11:00 Morning Break (S)  11:30 Brain Game (C)  12:00 Travelogue (S)  12:30 Lunch (S) 1:15 OMA Art Group (CR)  1:15 Categories Triva (C)  1:45 Paper Plane Experiment (SE)  2:30 Sit & Stand Exercise (P)  3:00 Afternoon Break (S)  3:15 Target Toss (P)  4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	16 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR)  10:00 Daily Chronicle (S)  10:30 Exercise (P)  11:00 Morning Break (S)  11:30 Brain Game (C)  12:00 Family Gatherings (R)  12:30 Hotdog Day Luncheon (S)  1:15 Celebrity Spotlight (S)  1:45 Famous Faces (C) 2:30 Sit & Stand Exercise (P)  3:00 Afternoon Break (S)  3:15 Minute to Win Games (SE)  4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	17 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR)  10:00 Ballroom Dancing w Rich & Charisse (S)(P)  11:00 Morning Break (S)  11:30 Daily Chronicle (S)  12:00 Exercise (P)  12:30 Lunch (S)  1:15 Brain Game (C) 1:45 Pair Up Puzzles (C)  2:30 Sit & Stand Exercise (P)  3:00 Afternoon Break (S)  3:15 Axe Throwing (P)  4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)	18 7:30 –10:00 Breakfast & Active Stations (S)(C)(CR)  10:00 Daily Chronicle (S)  10:30 Exercise (P)  11:00 Morning Break (S)  11:30 Brain Game (C)  12:00 Jeopardy (C)  12:30 Lunch (S) 1:15 Walking Club (O)(P)(N)  1:15 Hydro Farming (N) 1:45 Cooking Demo (SE)  2:30 Sit & Stand Exercise (P)  3:00 Afternoon Break (S)  3:15 This or That (S)  4:00 Combined Game (S)(P) 4:30-5:00 1:1 Activities (S) (C) (CR)

Calendar Key

BOLD RED: Small Group or Special Event

BOLD BLACK: Meal & Break Time or Outside Entertainers

Activities are planned with flexibility and may be subject to change.

Events & Special Guests



Bruce 7.2
Jean 7.4
Tom S 7.13
Hank 7.14
Bill 7.16
Chuck 7.17
Rita D 7.18
Greg 7.25
Rita P 7.27

Activity Domain Key
Physical (P)
Social (S)
Cognitive (C)
Creative (CR)
Productive Sensory (SE)
Outdoor (O)
Nature (N)
Reflective (R)