

# Reconnections Calendar March 2019



**Insight Memory Care Center**

3953 Pender Drive, Suite 100

Fairfax, VA 22030

703-204-4664 | phone

**InsightMCC.org | web**

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<p><b>4 Monday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Comedy Showcase                  11:15 Word Within a Word: Foods                  12:00 Bowling                  12:30 Lunch                  1:00 Brain Fitness                  1:30 History of the George Washington Bridge                  1:45 Musical Jeopardy: Pop Hits                  2:30 Resistance Band Exercises</p>	<p><b>5 Tuesday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Group Challenge: Giant Crosswords                  11:15 The Rise of Beatlemania                  12:00 This Week in Pictures                  12:30 Lunch                  1:00 Cognitive Challenge  <b>1:30 Tai Chi and Yoga with Cynthia</b>                  2:15 Art Critiques  <b>FTD Support Group</b>                  1:00-2:30p  <b>Early Stage/ MCI Support Group for Participants</b>                  3:15-4:15p</p>	<p><b>6 Wednesday</b></p> <p style="text-align: center;"><b>Memory Café</b> 4:00-6:00p</p>	<p><b>7 Thursday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Song Choruses: Fill in the Blank                  11:15 Reminisce and Write                  12:00 Charades                  12:30 Lunch                  1:00 Cranium Crunches  <b>1:30 Movement and Memory with Sonia</b>                  2:15 Active Game                  2:30 Sweet Treats Demo                  2:30 Then vs. Now: People and Places</p>	<p><b>1 Friday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Musical Critiques                  11:15 TV and Talk Show Screen Grabs                  12:00 Active Game                  12:30 Lunch                  1:00 Cognitive Challenge                  1:30 Stretch Exercises                  2:15 Science Spotlight: Odd Animals                  2:45 Team Trivia</p>
<p><b>11 Monday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 World's Most Unusual Towns                  11:00 Name That Tune                  11:30 Which Country Am I?                  12:15 Word Toss                  12:30 Lunch                  1:00 Cranium Crunches                  1:30 Head's Up                  2:00 Meditation and Stretch                  2:30 This Month in History</p>	<p><b>12 Tuesday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Forbidden Descriptions                  11:00 News Currents  <b>11:30 Music with Jerry Roman</b>                  12:30 Lunch                  1:00 Brain Fitness                  1:30 Presidential Advice with Skeets                  1:45 World's Craziest Sports                  2:30 Stretch Exercises  <b>Early Stage Caregiver Support Group</b>                  2:00-3:00p</p>	<p><b>13 Wednesday</b></p> <p style="text-align: center;">Caregiver Support Group <b>10:00-11:30a</b></p>	<p><b>14 Thursday</b>                  10:00 Morning Coffee &amp; Conversation  <b>10:30 Poetry Writing with Courtney</b>                  11:00 American Wives' Tales                  11:45 Active Game                  12:15 Reminisce and Discuss                  12:30 Lunch                  1:00 Cognitive Challenge  <b>1:30 Tai Chi and Yoga with Cynthia</b>                  2:15 Musical Hangman</p>	<p><b>15 Friday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Magazine Collages                  11:15 Active Game  <b>11:45 Music with Jessica</b>                  12:30 Lunch                  1:00 Group Challenge: Crosswords                  1:30 Holidays of March                  2:15 Trivia Tic-Tac-Toe</p>
<p><b>18 Monday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Conversations with Katelyn                  11:30 Discuss and Reminisce                  11:45 Scattergories Categories                  12:30 Lunch                  1:00 Brain Fitness                  1:30 Weirdest State Facts                  2:15 Pop Culture Jeopardy!</p>	<p><b>19 Tuesday</b>                  10:00 Morning Coffee &amp; Conversation  <b>10:45 Educational Theater Company with Patti</b>                  11:30 A Trip to the Red                  12:00 Grasshopper Game                  12:30 Lunch                  1:00 Cognitive Challenge  <b>1:30 Tai Chi and Yoga with Cynthia</b>  <b>2:15 Discussions with Rick</b></p>	<p><b>20 Wednesday</b></p> <p style="text-align: center;"><b>Parkinson's Social Network</b> 10:00-12:00p <b>Memory Café</b> 4:00-6:00p</p>	<p><b>21 Thursday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Mad Libs                  11:00 Where We Were Born  <b>11:45 Spring Watercolor with Courtney</b>                  12:30 Lunch                  1:00 Brain Fitness                  1:30 Team Challenge: 5 Second Rule                  2:00 Resistance Exercises                  2:30 Uplifting News of the Week</p>	<p><b>22 Friday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Unusual Vacations                  10:30 Darts and Trivia  <b>11:30 Violin with Anthony</b>                  12:30 Lunch                  1:00 Cranium Crunches  <b>1:45 Tai Chi and Yoga with Cynthia</b>                  2:30 Sweet Treats Demo                  2:30 This Week in Pictures</p>
<p><b>25 Monday</b>                  10:00 Morning Coffee &amp; Conversation  <b>10:30 Conversations with Karen</b>                  11:15 Stretch Exercises                  11:45 Balderdash                  12:30 Lunch                  1:00 Brain Fitness                  1:30 Musical Hangman                  2:00 Uplifting Stories from the Week  <b>2:30 Cards for Kids</b></p>	<p><b>26 Tuesday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 Short Story Spotlight  <b>11:00 Music with Frank Plumer and Family</b>                  12:00 Science Spotlight                  12:30 Lunch                  1:00 Cranium Crunches                  1:30 Unusual Sports Around the World                  2:00 Healthy Habits                  2:15 Weight and Chair Exercises</p>	<p><b>27 Wednesday</b></p> <p style="text-align: center;">Caregiver Support Group <b>10:00-11:30a</b></p>	<p><b>28 Thursday</b>                  10:00 Morning Coffee &amp; Conversation                  10:30 The Moving Finger                  11:00 News Currents                  11:30 Guess That Food                  12:00 Breaking Down Song Lyrics                  12:30 Lunch                  1:00 Cognitive Challenge  <b>1:30 Tai Chi and Yoga with Cynthia</b>                  2:15 Musical Critiques</p>	<p><b>29 Friday</b>                  10:00 Morning Coffee &amp; Conversation  <b>10:30 Discussions with Michelle</b>                  11:15 Active Game                  11:45 Famous Figures of History                  12:30 Lunch                  1:00 Brain Fitness                  1:30 Music Through the Decades                  2:00 Stretch and Meditate                  2:30 This Month in History</p>