BLUE ROOM | JUNE 2021



Activity Domain Key

Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Reflective (R) Nature (N)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: June IQ (C) 11:00 Snack & Social (S)

11:30 It Happened in June Quiz (C) (R) 12:00 Armchair Travel w/ Muriel: Italy (S) 12:30 Lunch (S) 1:00 Paint Creations w/ Elena (CR)

1:45 Nature Walk w/ Lori (O) (N) (P) 2:00 Spelling Day! Spelling Bee w/ Barb (C) 2:30 Inventions: Real of Fake w/ Bob (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Junk Drawer Detective w/ Rich (S) (C)

4:00 Chair Zumba w/ Kay (P) 4:30 Combined Group Game w/ Jen (S) (P) 5:00 Sing-Along w/ CiCi

7:45 Personalized Active Stations (S) (CR)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C)

11:00 Snack & Social (S) 11:30 Vocab Game w/ Jay (S) (C)

12:00 Beach Ball Hockey w/ Rory (P) 12:30 Lunch (S)

1:00 True or False w/ Bob (S) 1:30 Outdoor Nature Walk w/ Jay (P) 1:45 Italian Day! Famous Italians & Quiz (C)

2:15 Discussion: Famous Monuments (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Active Game: Mini Golf w/ Bob (P)

4:00 Words That Start With... (C) 4:30 Combined Discussion w/ Jenny (S) 4:45 Active Game w/ CiCi (P)

3:30 Reminiscing: Going to the Movies (R) 4:00 Bowling w/ Jack (P) 5:00 Piano Hymns w/ Jen (SE) (R)

7:30 Balloon Toss (P) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along w/ Nellie (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C)

10:30 Chair Exercise (P) 10:45 Brain Game (C)

11:00 Snack & Social (S) 11:30 USA Quiz w/ Tom (C) 12:00 Group Discussion: States Traveled (R) 12:30 Lunch (S)

1:00 Craft Corner: Rock Painting (S) (CR) 1:45 Sit & Stretch (P)

2:00 Jeopardy w/ Willie (C) 2:30 Motown Spotlight w/ Marjorie (S) (SE) 3:00 Afternoon Music and Snack Social (S)

4:30 Combined Active Game w/ Jenny (P) 5:00 Sing-Along w/ CiCi (SE)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Drama Skit! Camp Adventure (S) 12:00 This Week in Photos w/ Charlie (S) 12:30 Lunch (S) 1:00 Who Am I? June Birthdays (S) (C) 1:45 Nature Walk (O) (N) (P) 2:00 You Be the Judge w/ Lori (S)

2:30 Family Feud Game w/ Howard (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Floor Hockey w/ Bob (P)

4:00 Finish the Phrase w/ Barb (C) 4:30 Combined Brain Game w/ Ellie (C) 5:00 Nature Documentary & Discussion (S)

7:30 Color Sorting w/ Jeff (C) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along w/ TsiTsi (S) (SE)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P)

10:45 Brain Game: Ten Words (C) 11:00 Snack & Social (S) 11:30 Active Game w/ Casey (P) 12:00 Brain Game: Fun in the Sun (C)

12:30 Lunch (S) 1:00 Travel Group w/ Tom: Belize (S) 1:45 Hollywood Squares w/ Muriel (S) (C) 2:15 Walking Club w/ Casey (P)

2:30 Discussion: Famous Iwo Jima Photo

3:00 Afternoon Music & Snack Social (S) 3:30 Bingo w/ Marjorie (S)

4:30 Combined Active Game w/ Jenny (P) 5:00 Music Selections w/ CiCi (S) (SE)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C)

11:00 Snack & Social (S) 11:30 World Oceans Day: Trivia & Quiz (C) 12:00 Oldies Sing-Along w/ Charlie (S) (SE)

12:30 Lunch (S) 1:00 Group Discussion: Family Ancestry (S) 1:30 Nature Walk w/ Barb (O) (N) (P)

1:45 Roll & Rhyme w/ Elena (C) 2:15 Oh, the Places We've Been (S) (R) 3:00 Afternoon Music and Snack Social (S) 3:30 Balloon Volleyball w/ Kay (P)

4:00 Reminiscing: Marriage (S) (R) 4:30 Combined Brain Game w/ Michelle

5:00 Sing-Along w/ CiCi (SE)

7:45 Personalized Active Stations (S) (CR) 8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C)

10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S)

11:30 International Archives Day: Exploring Fascinating Archives (S) 12:00 Balloon Volleyball (P)

12:30 Lunch (S) 1:00 Would You, Could You, Have You? (S) 1:30 Stand & Stretch w/ Jay (P) 1:45 Musical Toss Game w/ Howard (SE) (P)

2:15 Name That Plant (C) 2:45 Horsehoes w/ Rory (P) 3:00 Afternoon Music and Snack Social (S)

3:30 Group Pictionary w/ Rory (CR) 4:00 Skee-Ball w/ Casey (P) 4:30 Combined Balloon Volleyball (P) 5:00 Piano Tunes w/ Jen (SE)

7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

10:30 Chair Exercise (P)

11:00 Snack & Social (S)

10:45 Brain Game (C)

12:30 Lunch (S)

9:15 Memory Workout (C)

10:00 This Day in History (S) (C)

8:00 Personalized Active Stations (C) (CR)

9:45 Morning Greetings & Flag Salute (S)

11:30 Uplifting News Around the World (S)

12:00 Discussion: Have You Ever... (S) (R)

1:00 Biography Spotlight: Usain Bolt (S)

1:45 Sit & Stretch w/ Casey (P)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S) 10:15 Music Performance w/ Jeff L. (S) (SE) 11:00 Snack & Social (S) 11:30 Dicebreakers w/ Tom (S)

12:00 Biography Spotlight: Maya Angelou 12:30 Lunch (S)

1:00 Chair Dancing w/ Becky (P) 1:30 Charades w/ Cora (S) (CR) 2:00 Discussion: Why Do Athletes Cheat (S) 2:30 Balloon Badminton w/ Kay (P)

3:00 Afternoon Music and Snack Social (S) 3:30 Picture This w/ Charlie (C) (S) 4:00 Around the World Toss & Trivia (C) (P) 4:30 Combined Active Game w/ CiCi (P) 5:00 Are You Smarter Than a 5th Grader (C)

7:30 Group Social w/ Ruth (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Stand & Stretch (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 This Week in Photos w/ Rich (S) 12:00 Beach Ball Hockey (P)

12:30 Lunch (S) 1:00 Art w/ Cora (S) (CR) 1:45 Scramble: Mixed up Car Brands (C)

2:00 Junk Drawer Detective w/ Bob (C) (S) 2:30 Outdoor Nature Walk & Talk (P) 3:00 Afternoon Music and Snack Social (S)

3:30 Name That Tune w/ Everlene (SE) (C 4:00 This Is the Witching Hour (S) 4:30 Combined Game w/ Ellie 5:00 Sing-Along w/ CiCi (SE)

7:30 Active Brain Games w/ Marilu (C) 8:00 Personalized Active Stations (S) (C)

8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C)

10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Celebrating Flag Day w/ Jay (S) (C)

10:30 Chair Exercise (P)

12:00 Balloon Badminton (P) 12:30 Lunch (S) 1:00 Patriotic Sing-Along w/ Becky (S) (SE)

1:45 Indoor Walking Club w/ Casey (P) 2:00 Poem Writing: Monday (CR)

2:30 Corn Hole Tournament w/ Rory (P) 3:00 Afternoon Music & Snack Social (S) 3:30 You Be the Judge w/ Howard (S)

4:00 Chair Zumba (P) 4:30 Combined Game w/ Michelle (S) 5:00 Sing-Along w/ CiCi (SE)

7:30 Puzzle Group w/ Dr. Buck (C) 8:00 Personalized Active Stations (S) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

10:30 Balance Exercises (P) 10:45 Brain Games: Rhyme Time (C) 11:00 Snack & Social (S) 11:30 Nature Photography Day!

10:00 This Day in History (S) (C)

Camouflaged Animals (S) (SE) 12:00 Group Trivia Challenge w/ Jack (C) 12:30 Lunch (S)

1:00 Bingo w/ Marjorie (S) (C) 1:45 Balloon Volleyball (P)

2:15 Group Discussion: Good Bugs? (S) 2:45 Name That Tune w/ Casey (C) (SE)

3:00 Afternoon Music and Snack Social (S) 3:30 Giant Jenga w/ Rich (S) 4:00 Brain Game: Words Starting with J (C) 4:30 Combined Brain Game w/ Ellie (C) 5:00 Karaoke w/ CiCi (S) (SE)

7:30 News of the Day w/ Marilu (S)

8:45 Sing-Along (S) (SE)

10:30 Chair Exercise (P)

10:45 Brain Games (C)

12:30 Lunch (S)

11:00 Snack & Social (S)

9:15 Memory Workout (C)

10:00 This Day in History (S) (C)

8:00 Personalized Active Stations (S) (C)

9:45 Morning Greetings & Flag Salute (S)

11:30 World Music Day – Music Bingo (SE)

12:00 Song Quiz w/ Elena (S) (C) (R)

1:00 Art Expressions w/ Elena (S) (CR)

2:30 Golf Tournament w/ Charlie (P)

4:00 Timeslip Storytellers (S) (CR)

2:00 Learning Circle: Teddy Roosevelt (S)

3:00 Afternoon Music and Snack Social (S)

4:30 Combined Brain Game w/ Tammy (C)

5:00 Music & Movement w/ CICi (SE) (P)

2:00 Finish the Lyrics: Weather Songs (SE) 2:30 Reminiscing: Going to the Fair (S) (R) 3:00 Afternoon Music and Snack Social (S) 3:30 Bowling w/ Jay (P)

4:00 Group Challenge: Wheel of Fortune (C) 4:30 Combined A-Z Brain Game w/ CiCi (C) 4:45 Balloon Toss w/ Tammy (P) 5:00 Active Game w/ Jen (P)

8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

7:30 Group Discussion w/ Ruth (S)

10:00 This Day in History (S) (C)

10:30 Chair Exercise (P) 10:45 Brain Game: Letter R Puzzle (C) 11:00 Snack & Social (S) 11:30 Virtual Tour of the Smithsonian (S)

12:00 Reminiscing: the 1970s (S) (R) 12:30 Lunch (S) 1:00 Learning Circle: Louis Armstrong (S) (C)

1:45 PINK Categories w/ Muriel (C) 2:15 Discussion: Summer Olympics (S) 2:45 Sit & Stretch w/ Jay (P)

3:30 Sing-Along w/ Casey (S) (SE)

4:00 Corn Hole Tournament w/ Casey (P) 4:30 Combined Brian Game w/ Jen (S) 5:00 Active Game w/ Tammy (P)

10:30 Balance Exercises (P) 10:45 Brain Game (C)

12:00 Group Discussion: Current Events (S) 12:30 Lunch (S) 1:00 Red or Black Card Game w/ Rory (S) 1:30 Jeopardy w/ Jay (C)

2:00 Chair Zumba (P) 2:30 Group Challenge: 21 Questions (S) (C) 3:00 Afternoon Music & Snack Social (S) 3:30 Noodle Soccer w/ Howard (P)

4:00 Three of a Kind (C) 4:30 Combined Active Game (P) 5:00 Piano Tunes w/ Jen (SE)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (CR) 8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Games (C)

11:00 Snack & Social (S) 11:30 All About Juneteenth (S) (C) 12:00 Chair Dancing w/ Cora (P) 12:30 Lunch (S)

1:00 Travel Group w/ Charlie: Mexico (S) 1:45 Outdoor Nature Walk (O) (N) (P) 2:00 Scrabble w/ Rich (C) 2:30 Heads Up Game w/ Tom (S) (C)

3:00 Afternoon Music and Snack Social (S) 3:30 Balloon Badminton (P) 4:00 Discussion: Inspirational Quotes (S) 4:30 Combined Balloon Volleyball (P)

7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

10:30 Chair Exercise (P)

11:00 Snack & Social (S)

10:45 Brain Game (C)

12:30 Lunch (S)

Mariorie (S)

9:15 Memory Workout (C)

10:00 This Day in History (S) (C)

12:00 Chair Zumba w/ Willie (P)

8:00 Personalized Active Stations (S) (CR)

9:45 Morning Greetings & Flag Salute (S)

11:30 Travel Group w/ Kay: Canada (S) (C)

1:00 Craft Corner w/ Everlene (S) (CR)

1:45 Exploring Area 51 w/ Charlie (S)

2:15 Kids Say the Darndest Things w/

3:30 Star Spotlight: Barbara Streisand (S)

2:45 Active Game: Bowling (P)

4:00 Who Said It? w/ Elena (C)

5:00 Song Selection w/ CiCi (SE)

4:30 Combined Game w/ Tammy (C)

5:00 Documentary & Discussion w/ CiCi (C)

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<u>JUNETEENTH</u>



7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

10:30 Balance Exercises (P)

10:45 Brain Game (C)

VA? (S) (C)

12:30 Lunch (S)

11:00 Snack & Social (S)

10:00 This Day in History (S) (C)

12:00 Rebus Puzzles w/ Bob (C)

8:00 Personalized Active Stations (S) (C)

9:45 Morning Greetings & Flag Salute (S)

11:30 Virginia Day: How Well Do You Know

1:00 This Week in Photos w/ Howard (S)

1:30 Balloon Badminton w/ Lori (P)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C)

10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Celebrating Summer! Discussion,

10:30 Balance Exercises (P)

Game and Trivia (S) (C) 12:15 Chair Dancing w/ Everlene (P) 12:30 Lunch (S)

1:00 Father's Day Discussion & Game (S) 1:45 Pot Luck Quiz w/ Casey (C) 2:15 Matching Tiles Game w/ Willie (C) 2:45 Nature Walk w/ Mike (O) (N) (P)

3:30 Giant Jenga w/ Muriel (C) 4:00 Dicebreakers w/ Carol (S) 4:30 Combined Active Game w/ CiCi (P)

5:00 Sing-Along w/ Tammy (SE)

7:30 Active Brain Games w/ Marilu (C) 8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C)

11:00 Snack & Social (S) 11:30 Reminiscing: Famous Couples (S) (R)

12:00 Trivia Board Game w/ Tom (C) 12:30 Lunch (S) 1:00 Group Discussion: Leaders Who

Defined a Century (S) 1:30 Outdoor Patio Social & Stretch (O) (P) 2:15 Faces & Places w/ Becky (S) (C) 2:45 Name 5 w/ Willie (C)

3:00 Afternoon Music & Snack Social (S) 3:30 Active Game: Hoop Toss (P) 4:00 Optical Illusions: What Do You See (S) 4:30 Combined Active Game w/ CiCi (P) 5:00 Sing-Along w/ Tammy (SE)

7:30 Puzzle Group w/ Dr. Buck (C) 8:00 Personalized Active Stations (S) (CR) 8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C)

11:00 Snack & Social (S) 11:30 Hollywood Toss of Fame (S) (C) 12:00 Where in the World Trivia (C)

12:30 Lunch (S) 1:00 JUNE Word Game w/ Casey (C) 1:30 Athletes & Their Amazing Feats (S) 2:00 Active Game: Smile Toss (P) 2:30 Karaoke w/ Barb (S) (SE)

3:00 Afternoon Music & Snack Social (S) 3:30 Music Bingo w/ Marjorie (S) (C) 4:30 Combined Brain Game w/ Tammy (C) 5:00 Music & Movement w/ CICi (SE) (P)

7:45 Personalized Active Stations (S) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 11:00 Snack & Social (S) 11:30 Famous Women Quiz w/ Muriel (C)

2:00 A - Z Trivia (C) 2:30 Jeopardy w/ Cora (C) nack Social (S) 3:30 Group Discussion: True or False (S) 4:00 Guess the Occupation (C) 4:30 Discussion w/ CiCi (S) 4:45 Active Game w/ Ellie (P)