BLUE ROOM | APRIL 2021



Activity Domain Key

Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Reflective (R) Nature (N)

7:30 Color Sorting w/ Jeff (C)

9:15 Memory Workout (C)

10:30 Chair Exercise (P)

11:00 Snack & Social (S)

10:45 Brain Games (C)

12:30 Lunch (S)

8:45 Sing-Along w/ TsiTsi (S) (SE)

10:00 This Day in History (S) (C)

8:00 Personalized Active Stations (S) (C)

9:45 Morning Greetings & Flag Salute (S)

11:30 Celebrating Your Birth Year (C) (S)

12:00 Writing Prompts w/ Charlie (S) (C)

1:00 Craft Corner w/ Marjorie (S) (CR)

3:00 Afternoon Music & Snack Social (S)

4:00 National Geographic Showcase (S)

5:00 Piano Hymns w/ Annette (SE) (R)

4:30 Combined Active Game w/ Jenny (P)

1:45 Jane Goodall Bio w/ Becky (S)

2:15 It Happened in April (S) (R)

3:30 Scattergories w/ Bob (C)



7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

10:30 Chair Exercise (P)

11:00 Snack & Social (S)

12:30 Lunch (S)

9:15 Memory Workout (C)

10:00 This Day in History (S) (C)

10:45 Brain Game: Starts with A (C)

11:30 Star Spotlight: Paul McCartney (S)

1:00 Surprising Stories Discussion (S) (C)

2:00 Music Spotlight: John Denver (S) (SE)

2:30 People Who Positively Changed the

3:00 Afternoon Music and Snack Social (S)

4:30 Combined News Currents w/ Jen (S)

3:30 Easter Bingo w/ Marjorie (S) (C)

5:00 Sing-Along w/ Annette (S) (SE)

7:30 Puzzle Group w/ Dr. Buck (C)

12:00 Balloon Volleyball w/ Casey (P)

1:30 Nature Walk w/ Lori (O) (N) (P)

8:00 Personalized Active Stations (S) (C)

9:45 Morning Greetings & Flag Salute (S)

7:45 Personalized Active Stations (S) (CR)

9:45 Morning Greetings & Flag Salute (S)

11:30 Uplifting News Stories w/ Carol (S)

12:00 World Health Day Discussion (S)

1:00 Never Have I Ever w/ Bob (S)

3:30 Touring Pensacola w/ Jay (S)

7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

10:30 Chair Exercise (P)

11:00 Snack & Social (S)

12:30 Lunch (S)

9:15 Memory Workout (C)

10:00 This Day in History (S) (C)

8:00 Personalized Active Stations (C) (CR)

9:45 Morning Greetings & Flag Salute (S)

10:45 Brain Game: Three of a Kind (C)

11:30 Loretta Lynn: Life & Legacy (S) (SE)

1:00 Art Expressions w/ Howard (S) (CR)

2:30 Reminiscing: Vintage Photos (S) (R)

3:00 Afternoon Music and Snack Social (S)

1:45 Stand & Stretch w/ Casey (P)

2:45 Support Group w/ Ellie (S) (R)

3:30 Virtual Camping w/ Jay (S) (C) (R)

4:00 Group Challenge: Guess a Letter (C)

4:30 Combined Discussion Group w/ Jenny (S)

12:00 Armchair Travel: Chile w/ Denny (S) (C)

2:00 Peace Corps: A Discussion w/ Denny (C)

4:00 Frisbee Golf w/ Lori (P)

1:00 Small Group: Learning Circle w/

1:30 James Bonds in History w/ Charlie (S)

2:00 National Walking Day! Walking Club (P)

2:30 All About the Red Cross w/ Carol (S) (C)

3:00 Afternoon Music and Snack Social (S)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

10:30 Balance Exercises (P)

10:45 Brain Game (C)

Michelle (S) (C)

11:00 Snack & Social (S)

10:00 This Day in History (S) (C)

7:30 Balloon Toss (P)

8:00 Personalized Active Stations (S) (C)

8:45 Sing-Along w/ Nellie (S) (SE)

9:15 Memory Workout (C)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S) 9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:00 This Day in History (S) (C)

10:30 Balance Exercises (P) 10:30 Chair Exercise (P)

10:45 Brain Game: April Trivia (C) 11:00 Snack & Social (S)

11:30 April Fool's Day Around the World (S)

12:00 Baseball Player Trivia w/ Rich (C) 12:30 Lunch (S)

1:00 Magazine Scrapbooks w/ Cora (S) (CR) 1:45 Sit & Stretch (P)

2:00 Fact or Foolery w/ Brenda (S) (C)

2:30 Discussion: Debbie Reynolds (S)

3:00 Afternoon Music and Snack Social (S)

3:30 Famous New Yorkers w/ Kay (S)

4:00 Bowling w/ Becky (P)

4:30 Combined Brain Game w/ Jenny (C) 4:45 Active Game w/ Nicole (P)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

11:15 Snack & Social (S)

1:45 Letter E Puzzle (C)

12:30 Lunch (S)

10:00 This Day in History (S) (C)

11:30 Golf Legends w/ Bob (S) (C)

1:00 Craft Corner w/ Cora (S) (CR)

2:15 Famous Folks of April (C)

4:45 Active Game w/ Nicole (P)

5:00 Sing-Along w/ Annette (SE)

5:00 Sing-Along w/ Annette (SE)

9:45 Morning Greetings & Flag Salute (S)

10:30 Music Therapy w/ Peggy (SE) (S)

12:00 What is Rolling Thunder w/ Becky (S)

3:00 Afternoon Music and Snack Social (S)

3:30 Teeing Off: Floor Golfing w/ Bob (P)

4:30 Combined Brain Game w/ Jenny (C)

4:45 Piano Hymns w/ Annette (SE) (R)

7:30 Current Events Discussion (S) 7:30 Group Social w/ Ruth (S) 8:00 Personalized Active Stations (S) (C) 8:00 Personalized Active Stations (S) (C)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C)

7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

10:45 Brain Games (C)

12:30 Lunch (S)

11:00 Snack & Social (S)

8:00 Personalized Active Stations (S) (C)

11:30 This Week in Photos w/ Barb (S) 12:00 Balloon Volleyball w/ Denny (P)

1:00 Reminiscing: Easter Traditions (S) (R) 1:30 Nature Walk w/ Lori (O) (N) (P)

3:00 Afternoon Music and Snack Social (S)

2:00 Sci-Fi Day: Guess the Movie (S) (C)

3:30 Corn Hole Tournament w/ Jay (P)

4:00 Combined Brain Game w/ Nate (C)

2:30 Calvin Graham: War Hero (S)

4:30 Discussion w/ Jenny (S)

10:30 Stand & Stretch (P) 10:45 Brain Game (C)

11:00 Snack & Social (S)

11:30 This Week in Photos w/ Rich (S)

12:00 Creative Writing Group w/ Carol (CR) 12:30 Lunch (S)

1:00 Art w/ Cora (S) (CR)

1:45 Siblings Day Discussion w/ Brenda (S) 2:15 Reminiscing w/ Maggie: Antiques Trivia

Quiz (C) (R)

3:00 Afternoon Music and Snack Social (S) 3:30 Indoor Walking Club & Social (P) (S)

4:00 Combined Brain Game w/ Nate (C)

4:30 Discussion w/ Jenny (S) 4:45 Piano Hymns w/ Annette (SE) (R)

7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

8:00 Personalized Active Stations (S) (C)

4:30 Combined Discussion Group w/ Jenny (S) 4:45 Brain Game w/ Nate (C) 5:00 Active Game w/Jen (P)

7:30 Personalized Active Stations (C) (CR)

9:45 Morning Greetings & Flag Salute (S)

10:45 Brain Game: PLUTO Categories (C)

12:00 Balloon Volleyball w/ Cora (P)

1:45 Armchair Travel: Texas (S) (C)

11:30 Artist Spotlight: Leonardo da Vinci (C)

2:15 Chester Nimitz: Naval Hero w/ Rich (S)

3:00 Afternoon Music and Snack Social (S)

4:30 Combined Brain Game w/ Jenny (C)

8:00 Coloring Group w/ Nellie (CR)

10:00 This Day in History (S) (C)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

10:30 Stand & Stretch (P)

11:00 Snack & Social (S)

1:00 Art Expressions (S) (CR)

2:45 Walking Club (P)

3:30 Name 5 w/ Kay (C)

8:45 Sing-Along (S) (SE)

10:30 Chair Exercise (P)

11:00 Snack & Social (S)

10:45 Brain Game (C)

12:30 Lunch (S)

9:15 Memory Workout (C)

10:00 This Day in History (S) (C)

4:45 Active Game w/ Nicole (P)

5:00 Sing-Along w/ Annette (SE)

7:30 Current Events Discussion (S)

8:00 Personalized Active Stations (S) (C)

9:45 Morning Greetings & Flag Salute (S)

11:30 Earth Day Celebration w/ Kay (S) (CR)

2:15 Ella Fitzgerald Bio w/ Marjorie (SE) (C)

3:00 Afternoon Music and Snack Social (S)

3:30 Touring the Library of Congress (S)

4:30 Combined Brain Game w/ Jenny (C)

12:00 Uplifting News w/ Motoko (S)

1:00 Surprising Stories Discussion (S)

1:30 Top 5 News Stories w/ Kay (S)

1:45 Armchair Travel: Brazil (S) (C)

2:45 Active Game: Bowling (P)

4:45 Active Game w/ Nicole (P)

12:30 Lunch (S)

7:30 Active Brain Games w/ Marilu (C) 8:00 Personalized Active Stations (S) (C)

8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S)

10:00 This Day in History (S) (C)

10:30 Chair Exercise (P)

10:45 Brain Games (C) 11:00 Snack & Social (S)

11:30 Gene Kelly Bio w/ Muriel (S) (C) 12:00 Balloon Badminton (P)

12:30 Lunch (S)

1:00 Craft Corner w/ Marjorie (S) (CR) 1:00 Small Group: Current Events w/ Michelle (S) (C)

1:45 Indoor Walking Club w/ Casey (P) 2:00 Group Discussion: Ramadan (S)

2:30 Cranium Crunches w/ Denny (C) 3:00 Afternoon Music & Snack Social (S) 3:30 Touring the Pentagon w/ Carol (S)

4:00 Combined Cookie Decorating (CR) 4:30 Combined Active Game w/ Jenny (P) 5:00 Piano Hymns w/ Annette (SE) (R)

8:00 Personalized Active Stations (S) (C)

9:45 Morning Greetings & Flag Salute (S)

11:30 Reading Circle: Mona Lisa (S) (C)

12:00 Hollywood Toss of Fame w/ Becky

1:00 Art Expressions w/ Becky (S) (CR)

2:15 Oh the Places We've Been (S) (R)

2:45 Outdoor Nature Walk w/ Howard (O)

3:00 Afternoon Music & Snack Social (S)

4:30 Combined Active Game w/ Jen (P)

5:00 Piano Hymns w/ Annette (SE) (R)

1:45 All About Kathrine Switzer (S)

3:30 Giant Jenga w/ Casey (C)

4:00 Dicebreakers w/ Carol (S)

7:30 Group Discussion w/ Jeff (C)

10:00 This Day in History (S) (C)

7:30 Current Events Discussion (S)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

10:30 Balance Exercises (P)

10:45 Brain Game (C) 11:00 Snack & Social (S)

12:30 Lunch (S)

10:00 This Day in History (S) (C)

8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S)

10:00 This Day in History (S) (C) 10:30 Balance Exercises (P)

10:45 Brain Games: Rhyme Time (C)

11:00 Snack & Social (S)

11:30 Discuss & Recall w/ Barb (S) (R) 12:00 Flora & Fauna Quiz w/ Brenda (C)

1:00 Bingo w/ Marjorie (S) (C)

1:45 Balloon Volleyball (P)

2:45 Picture a Word w/ Lori (C)

3:00 Afternoon Music and Snack Social (S)

4:00 Animal Spotlight: Pandas (N) (S) (C) 4:30 Combined News Currents w/ Jen (S) 5:00 Louis Armstrong Sing-Along w/

8:45 Sing-Along (S) (SE)

10:00 This Day in History (S) (C) 10:30 Chair Exercise (P)

10:45 Brain Games (C)

12:00 Oktoberfest: Germany's Largest

Party (S) (C)

2:00 Indoor Walking Club w/ Mike (P)

3:00 Afternoon Music and Snack Social (S)

3:30 Star Spotlight: Glen Campbell (S) (SE)

5:00 Sinatra Sing-Along w/ Annette (S) (SE)

7:30 Group Discussion w/ Ruth (S) 8:00 Personalized Active Stations (S) (C) (CR) 8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

4:45 Brain Game w/ Nate (C)

5:00 Active Game w/ Jen (P)

10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: Letter R Puzzle (C) 11:00 Snack & Social (S)

11:30 Happy Birthday, Queen Elizabeth (S) 12:00 Balloon Volleyball w/ Bob (P)

12:30 Lunch (S) 1:00 Travelogue w/ Roy: Pennsylvania (S) (C)

1:00 Small Group: Learning Circle w/ Michelle (S) (C) 1:45 Trivia w/ Denny (C)

2:15 Group Discussion: School Years (S) (R) 2:45 Sit & Stretch w/ Jay (P) 3:00 Afternoon Music and Snack Social (S)

3:30 Optical Illusions w/ Muriel (S) (C) 4:00 Corn Hole Tournament w/ Casey (P)

4:30 Combined Discussion w/ Jenny (S) 4:45 Brain Game w/ Nate (C)

5:00 Active Game w/ Jen (P)

5:00 Sing-Along w/ Annette (SE) 7:30 Current Events Discussion (S)

4:00 Who Said It? (C)

8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P)

10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Willie Nelson Bio w/ Becky (S) 12:00 Uplifting News w/ Mike (S)

12:30 Lunch (S) 1:00 Canvas Paintings w/ Becky (CR)

2:15 Rosemary Clooney Hits w/Cora (S) (SE) 2:45 Active Game: Horseshoes (P)

4:00 Brain Game: Finish the Lyrics (SE) (C)

3:00 Afternoon Music and Snack Social (S)

9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P)

10:45 Brain Game: Finish the Saying (C) 11:00 Snack & Social (S)

11:30 This Week in Photos w/ Jay (S) 12:00 Dances from Around the World (S) (C) 12:30 Lunch (S)

1:00 Yester Year Song Quiz (S) (C) (R) 1:00 Small Group: Women's Social w/

1:30 The Wright Brothers w/ Howard (S) (C)

2:00 Paper Airplane Races w/ Bob (CR) 2:30 Spring Poetry Writing w/ Barb (CR) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Armchair Travel: Ellis Island w/ Kay (S) 4:00 Combined Brain Game w/ Nate (C)

4:30 Discussion w/ Jenny (S) 4:45 Piano Hymns w/ Annette (SE) (R)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C)

8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C)

9:45 Morning Greetings & Flag Salute (S) 10:00 This Day in History (S) (C)

10:30 Balance Exercises (P)

10:45 Brain Game: World Book Day Quiz (C) 11:00 Snack & Social (S)

11:30 This Week in Photos w/ Lori (S)

12:00 Let's Learn Spanish w/ Denny (S) (C) 12:30 Lunch (S)

1:00 Art Expressions w/ Howard (S) (CR) 1:45 Discussion w/ Cora: Gathering of Nations (S)

2:15 Outdoor Nature Walk w/ Bob (O) (N) 2:30 Testing Your Senses w/ Howard (SE) (C) 3:00 Afternoon Music and Snack Social (S)

3:30 Picture This w/ Barb (S) (CR) (C) 4:00 Combined Brain Game w/ Nate (C)

4:30 Discussion w/ Jenny (S)

4:45 Piano Hymns w/ Annette (SE) (R)

7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (S) (C)

8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game: JEANS Categories (C)

11:00 Snack & Social (S) 11:30 This Week in Photos w/ Lori (S)

12:30 Lunch (S) 1:00 Art Expressions w/ Howard (S) (CR)

2:15 Outdoor Nature Walk w/ Bob (O) (N)

3:00 Afternoon Music and Snack Social (S) 3:30 Seven Wonders of the World (S) (C)

4:00 Combined Brain Game w/ Nate (C) 4:30 Discussion w/ Jenny (S)

8:00 Personalized Active Stations (S) (C) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S)

11:30 One-Shot Movie Trivia w/ Casey (C) 12:00 Mysteries in History w/ Muriel (S) 12:30 Lunch (S)

1:00 Art Expressions w/ Brenda (S) (CR) 1:00 Small Group: Current Events w/ Michelle (S) (C)

2:00 Discuss & Recall w/ Rory (S) (R) 2:30 Balloon Volleyball (P) 3:00 Afternoon Snack & Music Social (S)

5:00 Piano Hymns w/ Annette (SE) (R)

3:30 Jeopardy w/ Carol (C) 4:00 Frank Sinatra Sing-Along (SE) (S) 4:30 Combined Active Game w/ Jenny (P) 12:30 Lunch (S)

2:15 Battle of the Sexes w/ Casey (C)

3:30 Jeopardy w/ Barb (C)

Annette (S) (SE) 7:30 News of the Day w/ Marilu (S)

8:00 Personalized Active Stations (S) (C)

9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

11:00 Snack & Social (S) 11:30 Armchair Travel w/ Lori: Germany (S)

12:30 Lunch (S)

1:00 Canvas Painting w/ Brenda (CR) 2:30 Philanthropy: A Discussion w/ Bob (S)

4:00 The Intelligence of Dogs (S) (C) 4:30 Combined News Currents w/ Jen (S)

7:30 Puzzle Group w/ Dr. Buck (C)

9:45 Morning Greetings & Flag Salute (S)

10:45 Brain Game: Name Something (C)

11:30 All About the Blue Angels w/ Jay (S)

12:00 Armchair Travel w/ Rich (S) (C)

1:00 Discussion: Just For Fun (S) (R)

2:45 Brain Game: Who Said It? (C)

1:30 Indoor Walking Club w/ Casey (P)

2:00 Road Trip Down the West Coast (S) (C)

3:00 Afternoon Music and Snack Social (S)

3:30 Hollywood Squares w/ Marjorie (C)

4:30 Combined News Currents w/ Jen (S)

5:00 Oldies Sing-Along w/ Annette (S) (SE)

4:00 Top Continent Destinations (S)

8:45 Sing-Along (S) (SE)

9:15 Memory Workout (C)

10:30 Stand & Stretch (P)

11:00 Snack & Social (S)

12:30 Lunch (S)

10:00 This Day in History (S) (C)

7:45 Personalized Active Stations (S) (C) 8:00 Personalized Active Stations (C) (CR) 8:45 Sing-Along (S) (SE) 9:15 Memory Workout (C) 9:45 Morning Greetings & Flag Salute (S)

10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Fitness (C) 11:00 Snack & Social (S)

12:00 Balloon Hot Potato Toss (P) 12:30 Lunch (S) 1:00 Art Expressions w/ Muriel (S) (CR) 1:45 Name 5 w/ Jay (C)

11:30 What Would You Do w/ Brenda (S)

2:30 Broadway Plays w/ Carol (S) 2:45 Support Group w/ Ellie (S) (R) 3:00 Afternoon Music and Snack Social (S)

4:00 Bowling (P) 4:30 Combined Discussion Group w/ Jenny (S) 4:45 Brain Game w/ Nate (C) 5:00 Active Game w/ Jen (P)

2:00 Discussion: Inventions of the Future (S) 2:00 Starts with M (C)

3:30 Caption This w/ Casey (S) (CR)

3:30 Group Pictionary w/ Rich (CR) (C) 4:30 Combined Brain Game w/ Jenny (C) 4:45 Active Game w/ Nicole (P) 5:00 Sing-Along w/ Annette (SE)

12:00 All About Arbor Day w/ Cora (S) (C) 1:45 What Tree Am I? (C) 2:30 Wheel of Fortune w/ Maggie (C) 4:45 Piano Hymns w/ Annette (SE) (R)