

BLUE ROOM | MAY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div>7:30 Sing-Along w/ Brenda (S) 8:00 Personalized Active Stations (C) (CR) 9:00 Group Brain Games (C) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 May Day Celebration w/ Sarah (S) (SE) 12:30 Lunch (S) 1:15 Virtual Tour of D.C. w/ Becky (S) (SE) 1:45 Outdoor Walking Club (O) (P) 2:00 Red, White, or Blue Quiz w/ Bob (C) 2:30 Never Have I Ever.... (S) 3:00 Afternoon Music & Snack Social (S) 3:30 Most Famous Ads in History (S) (R) 4:00 Combined Noodle Hockey (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Odd One Out (C) 5:00 Balloon Toss & Tunes (SE) (P)</div>	<div>3</div> <div>7:30 Coffee & Conversations (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Piano Stylings w/ Frank (S) (SE) 11:00 Snack & Social (S) 11:30 History Spotlight w/ Charlie (S) 11:45 Chair Exercise (P) 12:00 Travelogue: Taiwan (C)(S)(R) 12:30 Lunch (S) 1:15 Brain Crunches w/ Sheryl (C) 1:15 Memories & Mocktails w/ Sarah (S) (R) 1:45 Afternoon Stretches w/ Jerry (P) 2:00 25 Most Popular US Cities w/ Bob (S) 2:30 Landmarks Around the World (C)(S) 3:00 Afternoon Music and Snack Social (S) 3:30 Hits of the 60s Sing-Along (S) (SE) 4:00 Combined Corn Hole Tournament (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Puzzle Fits w/ Tom (C) 5:00 Sing-Along w/ Brenda (S) (SE)</div>	<div>4</div> <div>7:30 News of the Day w/ Marilu (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 10:00 Combined Patriotic Sing-Along (SE) 10:15 Today in History Spotlight (S) (C) 10:30 Sentimental Choir Performance (SE) 11:00 Snack & Social (S) 11:30 Star Spotlight: James Brown (S) 12:00 Match Artist to their Songs (C) 12:30 Lunch (S) 1:15 Famous Folks of May w/ Maureen (S) 1:45 Tai-Chi w/ Bill (P) 2:00 Take Flight Day: Airplane Making & Race w/ Tony (S) 2:30 Career Spotlight: Firefighter (C)(S) 3:00 Afternoon Music and Snack Social (S) 3:30 Target Golf w/ Myrtle (P) 4:00 Combined Discussion w/ Casey (S) 4:20 1:1 Activities (S) (C) (CR) 4:45 Balloon Toss w/ Paul (P) 5:00 Coloring Group (CR)</div>	<div>5</div> <div>7:30 News of the Day w/ Marilu (S) 8:00 Personalized Active Stations (C) (CR) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Outdoor Patio Social (O) (S) (N) 12:00 Finish the Lyrics w/ Mary (C) 12:30 Lunch (S) 1:15 Star Spotlight: Franki Valli (S) 1:15 Art Expressions w/ Jenny (S) (SE) (CR) 1:45 Outdoor Nature Walk (O) (N) (P) 2:00 Cinco de Mayo Trivia (R)(S) 2:00 Men’s Group (S) (R) 2:30 Name that State w/ Cora (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Sing Along: Elvis Presley (R)(S) 4:00 Combined Timeslips (S) (CR) 4:30 Corn Hole Tournament (P) 5:00 Music & Movement (SE) (P)</div>	<div>6</div> <div>7:30 Coloring Group (CR) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Dancing w/ Garrey (S) (P) 11:00 Snack & Social (S) 11:30 The Price is Right w/ Bob (S) (C) 12:00 This Week in Photos (S) 12:30 Lunch (S) 1:15 Group Crossword w/ Cora (C) 1:45 Outdoor Walking Club w/ Tony (O) (P) 2:00 Astronomy Discussion w/ Gary (S) 2:30 Kentucky Derby Trivia and Facts (R)(S) 3:00 Afternoon Music and Snack Social (S) 3:30 Patriotic Sing-Along w/ Muriel (S) (SE) 4:00 Combined Bowling w/ Jeff (P) 4:45 Match the Suits w/ Charlie (C) 5:15 Social Circle (S)</div>
<div>9</div> <div>7:30 Sing-Along w/ Brenda (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Famous Mothers Trivia w/ Sheila (C) 12:00 Who Said It: Famous Quotes (S) (C) 12:30 Lunch (S) 1:15 Virtual Smithsonian Tour w/ Bill (S) 1:15 Women’s Group w/ Tammy (S) 1:45 Outdoor Walking Club (O) (P) 2:00 Reminiscing: Ladies Etiquette w/ Ruth (S) (R) 2:30 Target Golf w/ Gary (P) 3:00 Afternoon Music & Snack Social (S) 3:30 Music Spotlight: Louis Armstrong (SE) 4:00 Combined Noodle Hockey (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Balloon Toss & Tunes (SE) (P)</div>	<div>10</div> <div>7:30 Coffee & Conversations (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Star Spotlight: Willie Nelson (S) (SE) 12:00 Travel to London w/ Bob (S) 12:30 Lunch (S) 1:15 Famous Inventions & Inventors w/Al (C) 1:15 Memories & Mocktails w/ Sarah (S) (R) 1:45 Afternoon Stretches w/ Jerry (P) 2:00 Reading Circle: Famous Poems (S) 2:30 Armchair Travel w/ Carol (S) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Flashback to the 70s: Trends (S) (R) 4:00 Combined Corn Hole Tournament (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Puzzle Fits w/ Tom (C) 5:00 Sing-Along w/ Brenda (S) (SE)</div>	<div>11</div> <div>7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Writing Prompts w/ Sheryl (S) (CR) 12:00 Giant Jenga w/ Tony (C) (P) 12:30 Lunch (S) 1:15 Linked Senior 1:45 Nature Walk w/ Bill (O) (N) (P) 2:00 Discuss & Recall w/ Rory (S) (R) 2:30 Big Picture Quiz w/ Charlie (S) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Balloon Volleyball w/ Jack (P) 4:00 Combined Discussion w/ Casey (S) 4:20 1:1 Activities (S) (C) (CR) 4:45 Balloon Toss w/ Paul (P) 5:00 Coloring Group (CR)</div>	<div>12</div> <div>7:30 Newspaper Headlines (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 10:00 Guitar Sing-Along w/ Peggy (S) (SE) 10:45 Balance Exercises (P) 11:00 Snack & Social (S) 11:30 Uplifting News Stories w/ Muriel (S) 12:00 Learning Circle w/ Cora: Florence Nightingale (C) 12:30 Lunch (S) 1:15 How Well Do You Know Virginia? (C) 1:15 Art Expressions w/ Jenny (S) (SE) (CR) 1:45 Stand & Stretch w/ Nancy (P) 2:00 Biography: Michael Jordan (S) (C) 2:30 Reminiscing: Flower Songs (SE) (R) 3:00 Afternoon Music and Snack Social (S) 3:30 Cranium Crunch: Odd One Out (C) 4:00 Combined Pet Therapy w/ Jenny (S) 4:30 1:1 Activities (S) (C) (CR) 4:45 Finish the Phrase (S) (C) 5:15 Red or Black w/ Sarkis (C)</div>	<div>13</div> <div>7:30 Coloring Group (CR) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Violin w/ Anthony (S) (SE) 11:00 Snack & Social (S) 11:30 History Spotlight w/ Ruth (S) 11:45 Chair Exercise (P) 12:00 This Week in Photos w/ Krena (S) 12:30 Lunch (S) 1:15 Discussion: Armed Forces Day (S) 1:45 Outdoor Walking Club w/ Tony (O) (P) 2:00 Tai-Chi w/ Cynthia (P) (R) 2:45 Letter R Puzzle w/ Myrtle (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Motown Sing-Along (S) (SE) 4:00 Combined Bowling w/ Jeff (P) 4:45 Match the Suits w/ Charlie (C) 5:15 Social Circle (S)</div>
<div>16</div> <div>7:30 Sing-Along w/ Brenda (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 What Is Rolling Thunder w/ Becky (S) 12:00 Bean Bag Tic-Tac-Toe (S) 12:30 Lunch (S) 1:15 Cover the Number Dice Game (C) 1:15 Women’s Group w/ Tammy (S) 1:45 Outdoor Nature Walk (N) (O) (P) 2:00 Battle of the Sexes Trivia w/ Bob (C) 2:30 All About Judy Garland (S) (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Irish Sing-Along w/ Sheila (S) (SE) 4:00 Combined Reminiscing Group (S) (R) 4:20 1:1 Activities (S) (C) (CR) 4:45 This or That w/ Brenda (S) 5:00 Puzzle Solvers (C)</div>	<div>17</div> <div>7:30 Current Events Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Gene Kelly Bio w/ Muriel (S) (C) 12:00 Balloon Badminton (P) 12:30 Lunch (S) 1:15 Reminiscing: Traditions (S) (R) 1:15 Memories & Mocktails w/ Sarah (S) (R) 1:45 Indoor Walking Club (P) 2:00 Planes, Trains, & Automobiles (C) 2:30 Horseshoes w/ Altaf (P) 3:00 Afternoon Music & Snack Social (S) 3:30 Discussion: Climbing Mt Everest (C) 4:00 Combined Noodle Hockey w/Gordon (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Mandala Coloring Group (SE) 5:00 Group Discussion (S)</div>	<div>18</div> <div>7:30 Coffee & Conversations (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Halley’s Comet Day w/ Gary (C) 12:00 Happy Birthday, Perry Como (SE) (C) 12:30 Lunch (S) 1:15 Music Bingo w/ Charlie (SE) (C) 1:45 Tai-Chi w/ Bill (P) 2:00 Odd Museums Around the World (S) 2:30 Cornhole w/ Jack (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Jeopardy w/ Altaf (C) 4:00 Combined Letter C Puzzle (C) 4:20 1:1 Activities (S) (C) (CR) 4:45 Pictionary w/ Sarkis (CR) (C) 5:15 Karaoke (S) (SE)</div>	<div>19</div> <div>7:30 Puzzle Stations (C) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Jimmy Stewart Life & Legacy (S) (SE) 12:00 World Bee Day: Why We Need Them (C) (S) 12:30 Lunch (S) 1:15 Mandala Mindfulness w/ Nancy (CR) 1:15 Art Expressions w/ Jenny (S) (SE) (CR) 1:45 Sit & Stretch w/ Willie (P) 2:00 Linked Senior 2:30 Picture This w/ Rory (S) (CR) 3:00 Afternoon Music and Snack Social (S) 3:30 Americas First Lady Trivia (C) 4:00 Combined Noodle Hockey (P) 4:30 Finish the Sayings (C) 5:00 Balloon Toss & Talk (S)</div>	<div>20</div> <div>7:30 Group Social w/ Ruth (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Dancing w/ Garrey (S) (P) 11:00 Snack & Social (S) 11:30 Group Crossword w/ Cora (C) 12:00 Things That Go Together Quiz (C) 12:30 Lunch (S) 1:15 Active Game: Hungry Hungry Hippo (P) 1:45 Walking Club w/ Bob (O) (P) 2:30 Discuss: Endangered Animals (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Dicebreakers (S) 4:00 Large Dice Game: Beat the Dealer (C) 4:20 1:1 Activities (S) (C) (CR) 4:45 Name 3 (C) 5:15 What Comes Next (C)</div>
<div>23</div> <div>7:30 Sing-Along w/ Brenda (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Balance Exercises (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Wellness Discussion: Stress (S) 12:00 Balloon Badminton w/ Barbara (P) 12:30 Lunch (S) 1:15 Ellis Island Stories w/ Muriel (S) 1:15 Women’s Group w/ Tammy (S) 1:45 Outdoor Walking Club w/ Tony (P) 2:00 Linked Senior Program 2:30 The Boston Marathon w/ Bob (S) 3:00 Afternoon Music & Snack Social (S) 3:30 Sing-Along w/ Krena (S) (SE) 4:00 Combined Corn Hole Tournament (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Tabletop Discussion w/ Brenda (S) 5:15 Finish the Sayings w/ Gordon (C)</div>	<div>24</div> <div>7:30 News of the Day w/ Marilu (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Reading Circle: Graduation Rituals (S) 12:00 Hollywood Squares w/ Al (C) 12:30 Lunch (S) 1:15 Linked Senior 1:15 Memories & Mocktails w/ Sarah (S) (R) 1:45 General Knowledge Trivia (C) 2:15 Happy Birthday, Rosemary Clooney (S) 2:45 Nature Walk (O) (N) (P) 3:00 Afternoon Music & Snack Social (S) 3:30 Hot Potato Balloon Toss (P) 4:00 Combined Timeslip Storytellers (S) (CR) 4:20 1:1 Activities (S) (C) (CR) 4:45 Large Card Blackjack w/ Sarkis (C) 5:15 Music & Movement (SE) (P)</div>	<div>25</div> <div>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Career Spotlight: Tap Dancing (S) (C) 12:00 Old Wives Tales: True or False (C) 12:30 Lunch (S) 1:15 Gratitude Journaling w/ Tony (S) (R) 1:45 Nature Walk (O) (N) (P) 2:00 Shenandoah National Park Tour (SE) 2:30 Reminiscing: Headline News w/ Ruth (S) (R) 3:00 Afternoon Music and Snack Social (S) 3:30 Wheel of Fortune w/ Bill (C) 4:00 Combined Name 5 (C) 4:20 1:1 Activities (S) (C) (CR) 4:45 Building & Sorting w/ Tom (CR) (C) 5:15 Social Circle w/ Brenda (S)</div>	<div>26</div> <div>7:30 Newspaper Headlines (S) 8:00 Personalized Active Stations (C) (CR) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Virtual Music Session w/ Peggy (SE) 11:00 Snack & Social (S) 11:30 Happy Birthday, John Wayne (S) (C) 12:00 Rebus Puzzles w/ Mary (C) 12:30 Lunch (S) 1:15 Twister With a Twist w/ Becky (C) 1:15 Art Expressions w/ Jenny (S) (SE) (CR) 1:45 Beatles Songs Hangman (C) 2:00 Outdoor Patio Social (O) (S) 3:00 Afternoon Music and Snack Social (S) 3:30 70’s Sing-Along (S) (SE) 4:00 Combined Pet Therapy w/ Jenny (S) 4:30 1:1 Activities (S) (C) (CR) 4:45 Coloring Group (SE) 5:00 Balloon Toss w/ Paul (P)</div>	<div>27</div> <div>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Earth Day Jeopardy w/ Carol (S) (C) 12:00 Uplifting News w/ Cora (S) 12:30 Lunch (S) 1:15 Discussion: The Bermuda Triangle (S) 1:45 Chair Yoga w/ Maureen (P) 2:00 Memorial Day Celebrations (S) 2:30 Active Game: Bowling (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Touring the Library of Congress (S) 4:00 Combined Corn Hole (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Table Puzzles w/ Gordon (C) 5:00 Social Circle (S)</div>
<div>30</div> <div><div>IMCC CLOSED</div><div></div></div>	<div>31</div> <div>7:30 News of the Day w/ Marilu (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Linked Senior 12:00 Star Spotlight: Barbara Streisand (S) 12:30 Lunch (S) 1:15 Animal Spotlight w/Jerry: Large Dogs (C) 1:15 Memories & Mocktails w/ Sarah (S) (R) 2:00 Who Wants to be a Millionaire (S) (C) 2:30 Sinatra Sing-Along w/ Muriel (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Biography Spotlight w/ Nancy (S) (C) 4:00 Combined Noodle Hockey w/Gordon (P) 4:20 1:1 Activities (S) (C) (CR) 4:45 Mandala Coloring Group (SE) 5:00 Group Discussion (S)</div>		<div><div>Happy Birthday!</div><div></div><div>Al 5/1 Krena 5/6 Lucille 5/27 Rosemary 5/28</div></div>	<div><div></div><div>Activity Domain Key Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R)</div></div>