

BLUE ROOM | MAY 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Musical Spotlight: Andre Bocelli (S) 12:00 First & Last Letter Quiz (C) 12:30 Lunch (S) 1:15 Artist Spotlight: Dale Chihuly (S) 1:45 Dale Chihuly Inspired Art (CR) 2:00 Sit & Stretch Fitness (P) 2:30 Kids Say the Darndest Things (S) 3:00 Afternoon Music and Snack Social (S) 3:15 Prize BINGO (S) 4:00 Active Stations & 1:1 (S) (C) (CR) 4:30 Name That Tune (S) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Discuss & Recall: School Days w/ Shelia(S) 12:00 Minute to Win It Games (P) 12:30 Lunch (S) 1:15 Step by Step Art w/ Chrystal (S) 1:15 Name that Movie Visual Quiz (C) (S) 1:45 Sit & Stretch Fitness (P) 2:30 Summer in the City Watercolor Paintings w/ Yvonne (CR) 3:00 Afternoon Music & Snack Social (S) 3:15 Prize BINGO (C) 4:00 Cornhole (P) 4:30 50's Sing-Along (S) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Achievers Spotlight: Academy Award (S) 12:00 Who Wants to be a Millionaire (S) (C) 12:30 Lunch (S) 1:15 Book Club w/ Racheal (S) 1:15 Armchair Travel: New Jersey w/ Steve (S) 1:45 Chair Yoga (P) 2:00 Dog Breed Trivia w/ Myrtle (C) 2:30 Guinness World Records -2022 (S) 3:00 Afternoon Music & Snack Social (S) 3:15 Word Search Puzzles (C) 4:00 Musical Child Prodigies (S) 4:30 Piano Tunes (SE) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Sense A Poem Word Game (C)(S) 12:00 Name 10 Game (C) 12:30 Lunch (S) 1:15 Women's Group w/ Sarah (S) 1:15 Aerobics of the Mind Trivia (C)(S) 2:00 Twister Trivia Toss w/ Jack (C) 2:30 Table Bowling Tournament (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Balloon Badminton (P) 4:00 Combined Rhyming Riddles (S) (C) 4:30 Noodle Hockey (P) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Hollywood Stars Trivia (S) (C) 1:45 Sit & Stretch (P) 2:00 Brain Fitness: A to Z Categories (C) 3:00 Cinco de Mayo Snack Social (S) 4:00 Combined Tabletop Puzzles (P) 4:30 Piano Tunes (SE) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> |
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| <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Violin w/ Anthony (SE) 11:00 Snack & Social (S) 11:30 Secret Word Puzzle w/ Sheila (C) 12:00 Name 10 (C) 12:30 Lunch (S) 1:15 Conversation Starters w/ Gloria (S) 1:45 Chair Yoga (P) 2:00 Name 10 Game w/ Joe (C) 2:00 Men's Club (S) 2:30 What Animal Is It? (C) 3:00 Afternoon Music and Snack Social(S) 3:15 Candy BINGO (C) 4:00 Combined Sing-Along (S) (SE) 4:30 Active Game (P) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Television Spotlight: Audrey Hepburn (s) 12:30 Lunch (S) 1:15 1970s Vehicles w/ Jerry (S) (R) 1:45 Sit & Stretch Yoga (P) 2:00 Word Mining w/ Mauro (C) 3:00 Afternoon Music and Snack Social(S) 3:15 Magazine Scavenger Hunt (CR) 4:00 Corn Hole Tournament (P) 4:30 Landmark Quiz (C) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 High Rollers Game (S)(P) 12:00 Categories Trivia (C) 12:30 Lunch (S) 1:15 Book Club (S) 1:15 Square Dancing Spotlight w/ Ruth (S) 1:45 Sit & Stretch w/ Tony (P) 2:00 Travelogue: Nevada (S) 2:30 Alphabet Quiz w/ Tom (C) 3:00 Afternoon Music & Snack Social (S) 3:15 Table Tennis Tournament (P) 4:00 Active Stations & 1:1 (S) (C) (CR) 4:30 Name That Tune (S) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Price Is Right Game (S) 12:00 Potluck Quiz w/ Tony (C) 12:30 Lunch (S) 1:15 Women's Group w/ Sarah (S) 1:15 The Match Game (C) 1:45 Chair Yoga (P) 2:00 Partner Up Puzzles (C) 2:30 Balloon Badminton (P) 3:00 Afternoon Snack Social (S) 3:15 Guess Who Game (S) 4:00 Combined Prize BINGO (C) 4:30 Our Favorite Music Videos (S) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Music & Dancing w/ Garrey (P) (S) 11:00 Snack & Social (S) 11:30 Finish the Phrase w/ David (C) 12:00 The Golden Age of Hollywood (R) 12:30 Lunch (S) 1:15 Sports Club w/ Jimmy (S) 1:15 Virtual Tour: Coca-Cola Company (S) 1:45 Chair Yoga (P) 2:00 Geography Quiz w/ Jack (C) 3:00 Afternoon Music & Snack Social (S) 3:15 Candy BINGO (C) 3:30 TV Spotlight: The Brady Bunch (S) 4:00 Castle Crash Game (P)(S) 4:30 Tabletop games (C) (S) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> |
| <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Jenga Trivia Game w/ Jack (C) 12:00 Virtual Tour: Georgia Aquarium (S) 12:30 Lunch (S) 1:15 Card Games w/ Carl (S) 1:15 Step by Step Art w/ Sheila (CR)(O)(N) 1:45 Chair Yoga (P) 2:00 Activity Planning Committee (S) 2:30 Jeopardy w/ Joe (C)(S) 3:00 Afternoon Music and Snack Social (S) 3:15 Greatest Music Videos of the 80's (S) 4:00 Most Famous Musicals (S) 4:30 Corn Hole Tournament (P) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Brain Fitness: Color Quiz (C) 12:00 Aroma Therapy Towels w Yvonne (SE) 12:30 Lunch (S) 1:15 Walking Club w/ Miranda (S)(N)(O) 1:15 Celebrity Spotlight: Oprah (S) 1:45 Chair Yoga (P) 2:00 Fashion Through the Years (S) (R) 2:30 Jeopardy (C)(S) 3:00 Afternoon Music and Snack Social (S) 3:15 Spring Floral Arrangements (CR) 4:00 Calming Coloring (CR) 4:30 Corn Hole Tournament (P) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 History of the Airplane (S) 12:00 Name 10 w/ Helen (C) 12:30 Lunch (S) 1:15 Book Club (S) 1:15 Conversation Starters w/Gloria (S) 1:45 Chair Yoga (P) 2:00 Step by Step Art w/ Yvonne (CR) 3:00 Celebrating April Birthday's (S) 4:00 Combined Bowling w/ Drew (P) 4:30 What If... (S) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Meet the Puppies Memory Game (C) 12:00 Target Toss Trivia (P)(C) 12:30 Lunch (S) 1:15 Scrapbooking Club w/ Hallie (CR) 1:15 Music Therapy w/ Melanie (SE) 2:15 Balloon Badminton Tournament (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Best of I Love Lucy (S) 4:00 Combined Rhyming Riddles (S) (C) 4:30 Noodle Hockey (P) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Categories Trivia (C) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Color Quiz w/ Jack (C) 1:45 Sit & Stretch (P) 2:00 Tai Chi w/ Cynthia (P) 2:45 Where in the World Quiz (C)(S) 3:00 Afternoon Music and Snack Social (S) 3:15 Reminisce: First Dates (R) 4:00 Combined Tabletop Puzzles (P) 4:30 Piano Tunes (SE) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> |
| <p>IMCC CLOSED</p> <p>Happy Memorial Day</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Armchair Travel: Maryland (S) 12:00 Large Card Concentration (C) 12:30 Lunch (S) 1:15 Then vs Now w/ Willie (S) (R) 1:45 Sit & Stretch Fitness (P) 2:30 Table Tennis w/ Tony (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Prize BINGO (C) 4:00 Cornhole (P) 4:30 50's Sing-Along (S) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Armchair Travel: Egypt (S) (C) 12:00 Countries Quiz (C) 12:30 Lunch (S) 1:15 All About Fenway Park w/ Bob (S) 1:45 Chair Yoga (P) 2:00 Letter Quiz w/ Helen (C) 2:30 Bowling Tournament (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Word Search Puzzles (C) 4:00 Musical Child Prodigies (S) 4:30 Piano Tunes (SE) 5:00 1.1 Tabletop Activities (S) (C) (CR)</p> | <p>Happy Birthday!</p> <p></p> <p>Sheila 5.8 Mark 5.13 Terry D. 5.15 Bob A. 5.21 Jean 5.22 Lucille 5.27 Bill S 5.30</p> | <p></p> <p>Activity Domain Key</p> <ul style="list-style-type: none"> Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R) |

