BLUE GROUP | JUNE 2019

| MONDAY <br> Blue: Snack 11:00 \& 3:30 Orange: Snack 11:30 \& 3:30 <br> Blue: Lunch 12:30 Orange Lunch 12:45 | TUESDAY <br> Happy Birthday! <br> Jim M. 6/3 <br> Margarita 6/11 <br> Doris 6/19 <br> Annette 6/22 |  | THURSDAY <br> Activity Domain Key <br> Physical (P) <br> Social (S) <br> Cognitive (C) <br> Expressive (E) <br> Sensory (SE) <br> Spiritual (SP | friday <br> Join us in Celebrating our $35^{\text {th }}$ Anniversary, with an 80's themed party! June $5^{\text {th }}$ 4-6 pm <br> Refreshment and cake will be served. |
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| 8:00 Mandala Coloring Group w/ Marilu (E) 8:30 Puzzle Group w/ Fred (C) 9:00 Daily Chronicle and Current Events (C) 10:00 Nifty Fifty Chair Exercise w/ Ellie (C) (S) 10:00 Travels through Ireland w/ Susan and Ellie (C) <br> 11:30 Writer Spotlight: T.S. Elliot (C) <br> 11:45 Team Challenge: Whiteboard Poetry w/ Ellie and Ruth (E) <br> 12:00 Discussion Circle: Abraham Lincoln (C) <br> 1:30 Active Stations (S)(C)(E) <br> 2:00 Brain Fitness: Word Unscrambles (C) <br> 2:30 Finishing Famous Phrases (C) <br> 3:30 Afternoon Music Social (S) <br> 3:45 Musical Spotlight: The Wizard of Oz <br> (SE)(C) <br> 4:15 Can You Name the TV Show? w/ Connie (C)(S) <br> 4:30 Combined Dance Appreciation: Viennese Waltz (S) | 8:00 Famous Faces Guessing Game w/ Marilu (C) <br> 8:30 Daily Chronicle Discussion (S) <br> 10:00 Chair Exercise w/ Tracy (P) <br> 10:30 Exploring the Billy Goat Trail w/ Tracey (SE) (C) <br> 11:30 Groovy 80's Tye Die (C) <br> 1:30 Active Stations (S) <br> 2:00 All About Ricky Nelson w/ Karen (C) <br> 2:30 Active Game: Trivia Dice (C) (P) <br> 3:15 Newscurrents w/ Karen (C) <br> 3:30 Name that Famous Singer (C) <br> 4:00 Trivia Disc Toss Group w/ Fred (C)(P) <br> 4:30 Combined Wildlife Documentary (C) | 8:00 Puzzle Group w/ Fred (C) <br> 8:30 Crossword Solvers w/ Ruth (C) <br> 9:00 Music Enhancement: Michael Jackson <br> (SE) <br> 10:00 The Civil War: Barrett Family Letters (C) <br> 10:45 Civil War Short Documentary (C) <br> 11:30 Exploring the Realm of Dreams w/ <br> Kanisha (C) <br> 1:30 Active Stations (S) <br> 2:30 The History of Yoga (C) <br> 3:00 Yoga Exercises (P) <br> 3:15 Across the USA Sing Along! (SE) <br> 4:15 Coral Room: State Bingo (C) <br> 35 ${ }^{\text {th }}$ Anniversary Party! 4pm-6pm | 8:00 Adult Coloring Group w/ Gordon (E) <br> 8:30 Trivia Questions (C) <br> 9:00 Word Games: Fill in the Blank (C) <br> 10:00 Music w/ Peg (SE) <br> 10:45 Patrick and Bharat Graduation Party! (S) <br> 11:00 Graduation Social and Cake (S) <br> 11:30 Military Service Group: D-Day Discussion <br> w/ Charlie (C) <br> 11:30 Art w/ Sally (E) <br> 12:00 Top 10 Moments in American History (C) <br> 12:30 Kathryn's Book Club in Reconnections: <br> Michelle Obama (S) <br> 1:30 Active Stations (S) <br> 2:00 Creative Storytellers Group (E) <br> 2:30 Architecture Appreciation w/ Katie and Paul (SE) <br> 3:15 Sport Racing Game w/ Annette (P) <br> 4:00 Elvis Presley and Trivia Beach Ball Toss (P) <br> (C) <br> 4:15 Small Reading Group: Positive Quotes <br> about Love (C) | 8:00 Puzzle Group w/ Fred (C) <br> 8:30 Crossword Solvers w/ Ruth (C) <br> 9:00 Music Enhancement: The Beach Boys (SE) <br> 10:00 ZumbaFit w/ Katelyn (P) (S) <br> 10:30 Group Sing Along: Roadtrip Across the U.S.A. <br> (SE) <br> 11:30 Discussion w/ Tracy: Comedic One Liners (E) <br> 1:30 Active Stations (S)(C)(E) <br> 2:00 Name That Famous Musical (SE) (C) <br> 2:30 Tai Chi w/ Cynthia (P) (SP) <br> 3:15 Afternoon Music Social: Famous Country Hits w/ Shelby (C)(SE) <br> 3:45 Whose Eyes are They? (C) <br> 4:00 Piano w/ Wendy (SE) <br> 4:30 Swing Dance Appreciation (SE) |
| 8:00 Mandala Coloring Group w/ Marilu (E) 8:30 Puzzle Group w/ Fred (C) <br> 9:00 Daily Chronicle and Current Events (C) 10:00 Exercise w/ Ellie (P) <br> 10:30 Exploring The Great Barrier Reef w/ Paul (C) <br> 11:30 Composer's Club: Scottish Music and Dancing w/ Bob (E) <br> 12:00 Small Learning Circle: The Korean War $w / \operatorname{Jim}$ (C) <br> 1:30 Active Stations (S)(C)(E) <br> 2:00 Exploring San Diego w/ Kathryn (SE) <br> 2:30 Who Am I? (C) <br> 3:00 Bowling Tournament (P) <br> 3:30 Afternoon Music Social (SE) (S) <br> 3:45 Composer's Club: Patsy Cline w/ Ruth (C)(SE) <br> 4:30 Combined Group: Amazing Rainforest Animals (C) | 8:00 Famous Faces Guessing Game w/ Marilu (C) <br> 8:30 Daily Chronicle Discussion (S) <br> 9:00 Adult Coloring Group w/ Sayed (E) <br> 10:00 Guitar w/ Steve (P) (S) <br> 11:30 Presentation: Finish the Chorus (C) <br> 12:00 State Bingo w/ Annette (C) <br> 1:30 Active Stations (S) <br> 2:00 Music Enhancement: The 60's Top Hits w/ Karen (SE) <br> 2:15 Active Game: Dice Trivia (P)(C) <br> 3:00 Discussing Memories (S)(C) <br> 3:30 Composer's Club: Louis Armstrong (SE) <br> 4:00 Famous Movie Lines... (C) <br> 4:30 Combined Elvis Presley Music <br> Enhancement (SE) |  | 8:00 Adult Coloring Group w/ Gordon (E) 8:30 Trivia Questions (C) <br> 9:00 Word Games: Crosswords w/ Marilu (C) 10:00 Music w/ Peg (SE) <br> 10:45 Racing Through the Decades Exercise (P) <br> 11:30 Art Class w/ Sally (P) (C) <br> 11:30 Take Your Best Guess w/ Katie (C) <br> 12:15 Exploring Orlando w/ Katie (SE) <br> 12:30 Kathryn's Book Club in Reconnections: <br> Michelle Obama (S) <br> 1:30 Active Stations (S) <br> 2:00 Father's Day Discussion (S) <br> 2:20 Father's Day Poems (E) <br> 2:45 Father's Day Float Social (S) <br> 3:00 Jitterbug Music and Dance w/ Bob (SE) <br> 4:00 Learning Circle: Apollo $11 \mathrm{w} /$ Katie and Gordon (C) <br> 4:15 Composer Club: John Denver's Greatest Hits (C) | 8:00 Puzzle Group w/ Fred (C) <br> 8:30 Crossword Solvers w/ Ruth (C) <br> 9:00 Music Enhancement: The Shirelles w/ Lucille (SE) <br> 10:00 Dancing w/ Garrey (P) (S) <br> 11:30 Scattegories w/ Ellie (C) <br> 12:00 Musical Moments: Doris Day's Greatest <br> Works (SE) (S) <br> 1:30 Music Enhancement: 60's Jams w/ Carol (SE) <br> 1:45 Brain Fitness: Finishing Phrases (C) <br> 2:00 Trivia Dice (C)(P) <br> 2:30 Tai Chi w/ Cynthia (P) (SP) <br> 3:15 Combined Travelogue w/ Tracey: Adventures through Hawaii (SE) <br> 3:45 Combined Smoothie Social (SE) <br> 3:45 Hawaiian Music Enhancement (SE) <br> 4:30 Combined Discussion: Hawaiian Fun Facts w/ Tracy (C) |
| 8:00 Mandala Coloring Group w/ Marilu (E) <br> 8:30 Puzzle Group w/ Fred (C) <br> 9:00 Daily Chronicle and Current Events (C) <br> 10:00 Chair Exercise w/ Ellie (P) <br> 10:30 Reconnections: Kayaking in the Pohick Bay w/ Tracy (SE) (S) <br> 10:30 All About Rodney Thim III (C) <br> 11:30 Composer's Club: Loretta Lynn w/ Ellie and Shelby (SE) (C) <br> 12:00 Discussion Circle: The History of Mickey Mouse and Walt Disney (C) <br> 1:30 Active Stations (C)(E)(S) <br> 2:00 Brain Fitness: Word Unscrambles (C) <br> 3:00 Frank Sinatra Sing Along (SE) <br> 3:30 Monday Motown Music and Smoothies <br> w/ Ellie and Karen (S) (SE) <br> 4:00 Motown Music Appreciation (SE) <br> 4:15 Combined Group: All About Swans (C) | 8:00 Famous Faces Guessing Game w/ Marilu (C) <br> 8:30 Current Events and News w/ Marilu (C) <br> 9:00 Word Puzzles w/ Doreen (C) <br> 10:00 Dancing w/ Garrey (P) (S) <br> 11:30 Presentation: American Football Over the Years (C) <br> 12:00 Psychology 101: Are Emotions Necessary for Human Survival? (C) <br> 1:30 Music Enhancement: The Era of Disco Music (SE) <br> 2:00 Brain Fitness: Alphabet Countries w/ Rodney (C) <br> 2:00 Reconnections: Exploring Orlando w/ Katie (C) <br> 2:30 Photo Showcase: Babies Acting Like Adults (S) <br> 3:00 Margaritas and Learn About Salsa Dancing! (SE) (C) <br> 4:00 Combined Afternoon Spring Sing w/ Lucille (SE) <br> 4:30 Viennese Waltz Appreciation w/ Mary Anna (SE) | 8:00 Puzzle Group w/ Fred (C) <br> 8:30 Crossword Solvers w/ Ruth (C) <br> 9:00 Music Enhancement: Mozart's Classics <br> w/ Gordon (SE) <br> 10:00 Chair Exercise (P) <br> 10:15 Discussion: What is Love? (C) <br> 11:30 Science Society: Earthquakes Around the World (C) <br> 1:30 Participant's Choice (SE) (S) <br> 2:00 Ladies Cooking Group: Edible Cookie Dough (S) <br> 2:00 Automobile Appreciation Group w/ Karen: Classic Car Showcase (S) <br> 2:45 Composer's Club: The Beatles (SE) <br> 3:15 Horseshoe w/ Fred (P) <br> 4:00 Afternoon Sing Along: Roadtrip Across the US (S) (C) | 8:00 Adult Coloring Group w/ Gordon (E) <br> 8:30 Trivia Questions (C) <br> 9:00 Word Games: Fill in the Blank (C) insight in Action! <br> 9:45 Chair Exercise <br> 10:00 Music w/ Peg (SE) <br> 10:45 Racing Through the Decades (P) <br> 11:30 Reconnections: Conversations w/ <br> Anette (C) <br> 11:30 Art w/ Elba and Rodney (E) <br> ,or <br> 11:30 Military Group w/ Kanisha: Bay of Pigs <br> and Cuban Missile Crisis <br> 1:30 Active Stations (S) <br> 2:00 Exploring the Everglades: All About <br> Alligators w/ Tracy (SE) (S) <br> 2:30 Violin w/ Anthony (E) <br> 3:30 Composer's Club: Bob Dylan (S) <br> 4:00 Balloon Volleyball Tournament (P) | 8:00 Puzzle Group w/ Fred (C) <br> 8:30 Crossword Solvers w/ Ruth (C) <br> 9:00 Music Enhancement: The Beatles (SE) <br> 10:00 Exercise / Ellie (P) <br> 10:30 Filling in Famous Song Choruses: Singing Group (SE) <br> 11:30 Creatures of the Deep Sea (C) <br> 12:00 Scattegories (C) <br> 1:30 Active Stations (C)(E)(S) <br> 2:00 Brain Fitness: States Bingo (C) <br> 2:30 Summer Solstice Learning Circle (C) <br> 2:30 Tai Chi w/ Cynthia (P) (SP) <br> 3:15 Name that Tune! (C) <br> 3:30 Afternoon Snack and Music Social (S) <br> 3:45 Frank Sinatra Sing Along (S) <br> 4:30 Piano Stylings w/ Wendy (SE) (S) |
| 8:00 Mandala Coloring Group w/ Marilu (E) 8:30 Puzzle Group w/ Fred (C) 9:00 Daily Chronicle and Current Events (C) 10:00 Nifty Fifty Chair Exercise w/ Ellie (C) (S) 10:30 Travels through The California Trail w/ Kathryn (C) <br> 11:30 Writer Spotlight: John Steinbeck (C) <br> 11:45 Team Challenge: Whiteboard Poetry w/ Ellie and Ruth (E) <br> 12:00 Discussion Circle: WWII Trenches w/ Jim (C) <br> 1:30 Active Stations (S)(C)(E) <br> 2:00 Brain Fitness: Fill in the Gaps (C) <br> 2:30 Finishing Famous Phrases Part II (C) <br> 3:30 Afternoon Music Social (S) <br> 3:45 Musical Spotlight: The Sound of Music (SE)(C) <br> 4:15 Can You Name the TV Show? w/ Connie (C)(S) <br> 4:30 Combined Dance Appreciation: Jitterbug Swing (S) | 8:00 Famous Faces Guessing Game w/ Marilu (C) <br> 8:30 Current Events and News w/ Marilu (C) <br> 9:00 Word Puzzles w/ Doreen (C) <br> 10:00 Music w/ Frank (S) <br> 11:30 Exploring Indonesia w/ Jaqueline (C) <br> 12:00 Country Bingo (C) <br> 1:30 Music Enhancement: Fleetwood Mac <br> Discussion (SE) <br> 2:00 Roadtrip Across the US: Exploring <br> Montana w/ Paul (C) <br> 2:30 Have You Ever...(C) <br> 3:00 Laundry-Basketball (P) <br> 4:00 Combined Afternoon Spring Sing w/ Lucille (SE) <br> 4:30 Classical Waltz Appreciation w/ Mary Anna (SE) | 8:00 Puzzle Group w/ Fred (C) <br> 8:30 Crossword Solvers w/ Ruth (C) <br> 9:00 Music Enhancement: Classic 40's w/ Ruth (SE) <br> 10:00 Chair Exercise w/ Susan (P) <br> 10:30 Exploring Germany w/ Karen and Jim (C) <br> 11:00 Hot German Pretzels (SE) <br> 11:30 Composer's Club: Queen (SE) <br> 12:00 Bohemian Rhapsody: Clips to Talk About (SE) <br> 1:30 Active Stations (S) <br> 1:30 Friendship Support Group w/ Ellie (SP) <br> 2:00 Have You Ever... (S) <br> 3:00 Discuss \& Recall: Florida w/ Tracey (C) <br> 3:45 Composer's Club: Elvis Presley (SE) <br> 4:15 Short Story Group: Summertime (E) <br> 4:30 Combined Balloon Volleyball (P) | ```8:00 Adult Coloring Group w/ Sayed (E) 8:30 Trivia Questions (C) 9:00 Word Games: Fill in the Blank (C) 10:00 Music w/ Peg (SE) 10:45 Racing Through the Decades w/ Tracy (P) 11:30 Art w/ Sally (C) ,or 11:30 Who Said It? (C) 12:15 Short Story Group: Positive News of the Day (S) 1:30 Active Stations (S) 2:00 Music Bingo w/ Annette (SE) (C)) 2:30 Exploring America's National Parks w/ Paul (C) 3:15 Sport Racing Game w/ Annette (P) (C) 3:30 4:00 Discussion: Artist's Corner w/ Gordon (C) 4:30 Finish the Expression (C)``` | 8:00 Puzzle Group w/ Fred (C) <br> 8:30 Crossword Solvers w/ Ruth (C) <br> 9:00 Music Enhancement: Patriotic Tunes w/ Ruth <br> M. (SE) <br> 10:00 Exercise w/ Ellie (P) <br> 10:30 News Junkies: Uplifiting News from Around the Globe (C) <br> 11:30 Name that Singer! (C) <br> 12:00 Brain Fitness: Word Unscrambles (C) <br> 1:30 Active Stations (S) <br> 2:00 Who Said it? Famous Phrases <br> 2:30 Tai Chi w/ Cynthia (P) (SP) <br> 3:15 Combined Composer's Club: The Monkees w/ Susan (S)(SE) <br> 3:45 Across the US Sing Along (S) <br> 4:30 Piano Stylings w/ Wendy (SE) (S) |

