BLUE GROUP | JUNE 2019

Blue: Snack 11:00 & 3:30 Orange: Snack 11:30 & 3:30 Blue: Lunch 12:30 Orange Lunch 12:45



TUESDAY

Happy Birthday!

Jim M. 6/3 Margarita 6/11 **Doris 6/19** Annette 6/22

WEDNESD



THURSDAY

Activity Domain Key

Physical (P) Social (S) Cognitive (C) Expressive (E) Sensory (SE) Spiritual (SP

FRIDAY

Join us in Celebrating our 35th Anniversary, with an 80's themed party! June 5th 4-6 pm

Refreshment and cake will be served.

8:00 Mandala Coloring Group w/ Marilu (E) 8:30 Puzzle Group w/ Fred (C)

9:00 Daily Chronicle and Current Events (C) 10:00 Nifty Fifty Chair Exercise w/ Ellie (C) (S) 10:00 Travels through Ireland w/ Susan and

Ellie (C)

11:30 Writer Spotlight: T.S. Elliot (C) 11:45 Team Challenge: Whiteboard Poetry w/ Ellie and Ruth (E)

12:00 Discussion Circle: Abraham Lincoln (C)

1:30 Active Stations (S)(C)(E) 2:00 Brain Fitness: Word Unscrambles (C)

2:30 Finishing Famous Phrases (C)

3:30 Afternoon Music Social (S) 3:45 Musical Spotlight: The Wizard of Oz

4:15 Can You Name the TV Show? w/ Connie

4:30 Combined Dance Appreciation: Viennese Waltz (S)

8:00 Famous Faces Guessing Game w/

8:30 Daily Chronicle Discussion (S) 10:00 Chair Exercise w/ Tracy (P) 10:30 Exploring the Billy Goat Trail w/ Tracey (SE) (C)

11:30 Groovy 80's Tye Die (C) 1:30 Active Stations (S)

2:00 All About Ricky Nelson w/ Karen (C) 2:30 Active Game: Trivia Dice (C) (P)

3:15 Newscurrents w/ Karen (C) 3:30 Name that Famous Singer (C)

4:00 Trivia Disc Toss Group w/ Fred (C)(P)

4:30 Combined Wildlife Documentary (C)

8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C)

9:00 Music Enhancement: Michael Jackson

10:00 The Civil War: Barrett Family Letters (C) 10:45 Civil War Short Documentary (C) 11:30 Exploring the Realm of Dreams w/ Kanisha (C)

1:30 Active Stations (S) 2:30 The History of Yoga (C)

3:00 Yoga Exercises (P)

3:15 Across the USA Sing Along! (SE) 4:15 Coral Room: State Bingo (C)

35th Anniversary Party! 4pm-6pm

8:00 Adult Coloring Group w/ Gordon (E) 8:30 Trivia Questions (C)

9:00 Word Games: Fill in the Blank (C) 10:00 Music w/ Peg (SE)

10:45 Patrick and Bharat Graduation Party! (S) 11:00 Graduation Social and Cake (S)

11:30 Military Service Group: D-Day Discussion w/ Charlie (C)

11:30 Art w/ Sally (E)

12:00 Top 10 Moments in American History (C) 12:30 Kathryn's Book Club in Reconnections:

Michelle Obama (S) 1:30 Active Stations (S)

Paul (SE)

2:00 Creative Storytellers Group (E) 2:30 Architecture Appreciation w/ Katie and

3:15 Sport Racing Game w/ Annette (P) 4:00 Elvis Presley and Trivia Beach Ball Toss (P)

4:15 Small Reading Group: Positive Quotes about Love (C)

8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C)

9:00 Music Enhancement: The Beach Boys (SE) 10:00 ZumbaFit w/ Katelyn (P) (S)

10:30 Group Sing Along: Roadtrip Across the U.S.A. (SE)

11:30 Discussion w/ Tracy: Comedic One Liners (E)

1:30 Active Stations (S)(C)(E) 2:00 Name That Famous Musical (SE) (C)

2:30 Tai Chi w/ Cynthia (P) (SP)

3:15 Afternoon Music Social: Famous Country Hits

w/ Shelby (C)(SE) 3:45 Whose Eyes are They? (C)

4:00 Piano w/ Wendy (SE)

4:30 Swing Dance Appreciation (SE)

8:00 Mandala Coloring Group w/ Marilu (E) 8:30 Puzzle Group w/ Fred (C)

9:00 Daily Chronicle and Current Events (C) 10:00 Exercise w/ Ellie (P)

10:30 Exploring The Great Barrier Reef w/

11:30 Composer's Club: Scottish Music and Dancing w/ Bob (E) 12:00 Small Learning Circle: The Korean War

w/Jim (C)

1:30 Active Stations (S)(C)(E) 2:00 Exploring San Diego w/ Kathryn (SE)

2:30 Who Am I? (C)

Animals (C)

3:00 Bowling Tournament (P) 3:30 Afternoon Music Social (SE) (S) 3:45 Composer's Club: Patsy Cline w/ Ruth

4:30 Combined Group: Amazing Rainforest

8:00 Famous Faces Guessing Game w/ Marilu (C)

8:30 Daily Chronicle Discussion (S)

9:00 Adult Coloring Group w/ Sayed (E) 10:00 Guitar w/ Steve (P) (S)

11:30 Presentation: Finish the Chorus (C)

12:00 State Bingo w/ Annette (C) 1:30 Active Stations (S)

2:00 Music Enhancement: The 60's Top Hits w/ Karen (SE)

2:15 Active Game: Dice Trivia (P)(C)

3:00 Discussing Memories (S)(C) 3:30 Composer's Club: Louis Armstrong (SE)

4:00 Famous Movie Lines... (C) 4:30 Combined Elvis Presley Music Enhancement (SE)

8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: Classic 40's w/ Ruth

10:00 Chair Exercise w/ Susan (P) 10:20 Daily Chronicle and Newscurrents w/

Karen (C) 10:45 Word in a Word (C)

11:30 Elton John's Life and Music (C) (SE)

12:00 Who Wants to be a Millionaire? (C) 1:30 Active Stations (S)

1:30 Friendship Support Group w/ Ellie (SP)

2:00 You be the Judge w/ Karen and Susan (C) 3:00 Quote Club: All About Happiness (E)(C) 3:45 Composer's Club: Tribute to Doris Day

(SE) 4:15 Combined Balloon Volleyball (P) 4:30 Combined Musical Appreciation The Wizard of Oz Hits w/ Mary Anna (SE)

8:00 Adult Coloring Group w/ Gordon (E) 8:30 Trivia Questions (C)

9:00 Word Games: Crosswords w/ Marilu (C) 10:00 Music w/ Peg (SE)

10:45 Racing Through the Decades Exercise (P) 11:30 Art Class w/ Sally (P) (C)

11:30 Take Your Best Guess w/ Katie (C)

12:15 Exploring Orlando w/ Katie (SE) 12:30 Kathryn's Book Club in Reconnections:

Michelle Obama (S)` 1:30 Active Stations (S)

2:00 Father's Day Discussion (S)

2:20 Father's Day Poems (E) 2:45 Father's Day Float Social (S)

3:00 Jitterbug Music and Dance w/ Bob (SE) 4:00 Learning Circle: Apollo 11 w/ Katie and

4:15 Composer Club: John Denver's Greatest Hits (C)

8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C)

11:30 Scattegories w/ Ellie (C)

9:00 Music Enhancement: The Shirelles w/ Lucille 10:00 Dancing w/ Garrey (P) (S)

12:00 Musical Moments: Doris Day's Greatest Works (SE) (S)

1:30 Music Enhancement: 60's Jams w/ Carol (SE)

1:45 Brain Fitness: Finishing Phrases (C)

2:00 Trivia Dice (C)(P)

2:30 Tai Chi w/ Cynthia (P) (SP)

3:15 Combined Travelogue w/ Tracey: Adventures through Hawaii (SE)

3:45 Combined Smoothie Social (SE)

3:45 Hawaiian Music Enhancement (SE) 4:30 Combined Discussion: Hawaiian Fun Facts w/

8:00 Mandala Coloring Group w/ Marilu (E)

8:30 Puzzle Group w/ Fred (C) 9:00 Daily Chronicle and Current Events (C)

10:00 Chair Exercise w/ Ellie (P) 10:30 Reconnections: Kayaking in the Pohick Bay w/ Tracy (SE) (S)

10:30 All About Rodney Thim III (C) 11:30 Composer's Club: Loretta Lynn w/ Ellie

and Shelby (SE) (C) 12:00 Discussion Circle: The History of Mickey

Mouse and Walt Disney (C) 1:30 Active Stations (C)(E)(S)

2:00 Brain Fitness: Word Unscrambles (C)

3:00 Frank Sinatra Sing Along (SE) 3:30 Monday Motown Music and Smoothies

w/ Ellie and Karen (S) (SE) 4:00 Motown Music Appreciation (SE) 4:15 Combined Group: All About Swans (C)

8:00 Famous Faces Guessing Game w/ 8:30 Current Events and News w/ Marilu

9:00 Word Puzzles w/ Doreen (C)

10:00 Dancing w/ Garrey (P) (S) 11:30 Presentation: American Football

Over the Years (C) 12:00 Psychology 101: Are Emotions Necessary for Human Survival? (C)

1:30 Music Enhancement: The Era of Disco Music (SE) 2:00 Brain Fitness: Alphabet Countries w/

Katie (C)

Adults (S) 3:00 Margaritas and Learn About Salsa

Rodney (C) 2:00 Reconnections: Exploring Orlando w/

2:30 Photo Showcase: Babies Acting Like

Dancing! (SE) (C) 4:00 Combined Afternoon Spring Sing w/

4:30 Viennese Waltz Appreciation w/ Mary

8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: Mozart's Classics w/ Gordon (SE) 10:00 Chair Exercise (P)

10:15 Discussion: What is Love? (C)

11:30 Science Society: Earthquakes Around 1:30 Participant's Choice (SE) (S) 2:00 Ladies Cooking Group: Edible Cookie

2:00 Automobile Appreciation Group w/ Karen: Classic Car Showcase (S) 2:45 Composer's Club: The Beatles (SE) 3:15 Horseshoe w/ Fred (P)

the US (S) (C)

4:00 Afternoon Sing Along: Roadtrip Across

8:00 Adult Coloring Group w/ Gordon (E) 8:30 Trivia Questions (C)

9:00 Word Games: Fill in the Blank (C) **INSIGHT IN ACTION!** 9:45 Chair Exercise

10:45 Racing Through the Decades (P) 11:30 Reconnections: Conversations w/ 11:30 Art w/ Elba and Rodney (E)

10:00 Music w/ Peg (SE)

11:30 Military Group w/ Kanisha: Bay of Pigs and Cuban Missile Crisis

1:30 Active Stations (S) 2:00 Exploring the Everglades: All About Alligators w/Tracy (SE) (S)

2:30 Violin w/ Anthony (E) 3:30 Composer's Club: Bob Dylan (S) 4:00 Balloon Volleyball Tournament (P) 8:00 Puzzle Group w/ Fred (C)

8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: The Beatles (SE) 10:00 Exercise / Ellie (P)

10:30 Filling in Famous Song Choruses: Singing Group (SE) 11:30 Creatures of the Deep Sea (C)

12:00 Scattegories (C) 1:30 Active Stations (C)(E)(S) 2:00 Brain Fitness: States Bingo (C)

2:30 Summer Solstice Learning Circle (C) 2:30 Tai Chi w/ Cynthia (P) (SP) 3:15 Name that Tune! (C) 3:30 Afternoon Snack and Music Social (S)

3:45 Frank Sinatra Sing Along (S)

4:30 Piano Stylings w/ Wendy (SE) (S)

8:00 Mandala Coloring Group w/ Marilu (E) 8:30 Puzzle Group w/ Fred (C) 9:00 Daily Chronicle and Current Events (C) 10:00 Nifty Fifty Chair Exercise w/ Ellie (C) (S)

10:30 Travels through The California Trail w/ Kathryn (C) 11:30 Writer Spotlight: John Steinbeck (C) 11:45 Team Challenge: Whiteboard Poetry w/

Ellie and Ruth (E) 12:00 Discussion Circle: WWII Trenches w/ Jim

1:30 Active Stations (S)(C)(E) 2:00 Brain Fitness: Fill in the Gaps (C) 2:30 Finishing Famous Phrases Part II (C) 3:30 Afternoon Music Social (S) 3:45 Musical Spotlight: The Sound of Music

4:15 Can You Name the TV Show? w/ Connie 4:30 Combined Dance Appreciation: Jitterbug

Swing (S)

8:00 Famous Faces Guessing Game w/

9:00 Word Puzzles w/ Doreen (C) 10:00 Music w/ Frank (S) 11:30 Exploring Indonesia w/ Jaqueline (C)

1:30 Music Enhancement: Fleetwood Mac 2:00 Roadtrip Across the US: Exploring Montana w/ Paul (C)

2:30 Have You Ever...(C)

3:00 Laundry-Basketball (P)

4:00 Combined Afternoon Spring Sing w/ 4:30 Classical Waltz Appreciation w/ Mary Anna (SE)

8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C) 9:00 Music Enhancement: Classic 40's w/ Ruth

10:30 Exploring Germany w/ Karen and Jim (C) 11:00 Hot German Pretzels (SE) 11:30 Composer's Club: Queen (SE)

1:30 Friendship Support Group w/ Ellie (SP) 2:00 Have You Ever... (S) 3:00 Discuss & Recall: Florida w/ Tracev (C)

1:30 Active Stations (S)

8:00 Adult Coloring Group w/ Sayed (E) 8:30 Trivia Questions (C)

10:00 Music w/ Peg (SE) 10:45 Racing Through the Decades w/ Tracy 11:30 Art w/ Sally (C)

Day (S) 1:30 Active Stations (S) 2:00 Music Bingo w/ Annette (SE) (C)) 2:30 Exploring America's National Parks w/

3:15 Sport Racing Game w/ Annette (P) (C) 3:30 4:00 Discussion: Artist's Corner w/ Gordon (C)

4:30 Finish the Expression (C)

8:00 Puzzle Group w/ Fred (C) 8:30 Crossword Solvers w/ Ruth (C)

1:30 Active Stations (S)

M. (SE) 10:00 Exercise w/ Ellie (P) 10:30 News Junkies: Uplifiting News from Around

9:00 Music Enhancement: Patriotic Tunes w/ Ruth

12:00 Brain Fitness: Word Unscrambles (C)

2:00 Who Said it? Famous Phrases 2:30 Tai Chi w/ Cynthia (P) (SP)

4:30 Piano Stylings w/ Wendy (SE) (S)

Anna (SE)

Marilu (C) 8:30 Current Events and News w/ Marilu

12:00 Country Bingo (C)

10:00 Chair Exercise w/ Susan (P)

12:00 Bohemian Rhapsody: Clips to Talk About

3:45 Composer's Club: Elvis Presley (SE) 4:15 Short Story Group: Summertime (E) 4:30 Combined Balloon Volleyball (P)

9:00 Word Games: Fill in the Blank (C)

11:30 Who Said It? (C) 12:15 Short Story Group: Positive News of the

the Globe (C) 11:30 Name that Singer! (C)

3:15 Combined Composer's Club: The Monkees w/

3:45 Across the US Sing Along (S)