

# DECEMBER 2019 CORAL GROUP

<b>2 Beach Day</b>	<b>3 Garden Day</b>	<b>4 Personal Experiences</b>	<b>5 Spa Day</b>	<b>6 Celebrating Seasons</b>
8:30 Morning Discussion Group (S)	8:30 Coffee & Conversations (S)	8:30 Puzzle Group (C)	8:30 Reading Circle (S)	8:30 Puzzle Group (C)
9:15 Coloring Group (E)	9:15 Coloring Group (E)	9:15 Music Enhancement (SE)	9:15 Coloring Group (E)	9:15 Coffee & Conversations (S) (C)
<b>10:00 Music w/ Peter (SE) (S)</b>	10:00 Range of Motion Exercises (P)	10:00 Range of Motion Exercises (P)	10:00 Activities w/ Orange Group (SE) (S) (P)	10:00 Range of Motion Exercises (P)
11:00 Snack	10:15 Garden Namaste Environment (SE) (S)	10:15 Personal Experiences Namaste Environment (SE) (S)	10:45 <b>Music Therapy w/ Peg (SE)</b>	10:15 Autumn Namaste Environment (SE) (S)
11:15 Beach Namaste Environment (SE) (S)	11:15 <b>Garden Herbs &amp; Spices w/ Nancy (SE) (S)</b>	11:00 Snack	11:00 Snack	11:00 Snack
11:45 <b>Mellow Melodies w/ Mary Anna (SE)</b>	11:45 <b>Greek Instrumentals w/ Despina (SE)</b>	11:15 Light Therapy (SE)	11:45 <b>60's Music w/ Carole (SE)</b>	11:15 <b>Sing-Along w/ Arnie (S) (C)</b>
12:00 Lunch	12:00 Lunch	11:45 <b>Music Exploration w/ Arnie (SE)</b>	12:00 Lunch	11:45 <b>Jazz Music w/ Doris (SE)</b>
1:15 Music & Memory: Personalized iPods (SE)(S)	1:15 Music & Memory: Personalized iPods (SE) (S)	12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE) (S)	12:00 Lunch
<b>2:00 Johnny Cash Sing-Along w/ Arnie (SE)</b>	2:00 Floral Scents Fragrances (SE)	1:15 Music & Memory: Personalized iPods (SE) (S)	<b>2:00 Floral Photos w/ Despina (SE)</b>	1:15 Music & Memory: Personalized iPods (SE)(S)
2:30 Range of Motion Exercises (P)	<b>2:30 Flower Arranging w/ Doris (E)</b>	2:00 Reading Circle: Short Story (S)	2:15 Spa Namaste Environment (SE) (S)	2:00 Makeup & Skin Care Session w/ Hiwot (SE)
3:00 Snack	3:00 Snack	<b>2:30 Music w/ April (S) (SE)</b>	3:00 Snack	<b>2:30 Sing-Along w/ Arnie (S) (C)</b>
3:30 Social Time w/ Orange Group (S)	3:30 Social Time w/ Orange Group	3:00 Snack	3:30 Social Time w/ Orange Group	3:00 Snack
		3:30 Social Time w/ Orange Group		3:30 Social Time w/ Orange Group (S)

<b>9 Beach Day</b>	<b>10 Celebrating Seasons</b>	<b>11 Personal Experiences</b>	<b>12 Spa Day</b>	<b>13 Garden Day</b>
8:30 Morning Discussion Group (S)	8:30 Puzzle Group (C)	8:30 Coffee & Conversations (S)	8:30 Reading Circle (S)	8:30 Puzzle Group (C)
9:15 Coloring Group (E)	9:15 Coffee & Conversation (S)	9:15 Memory Workout (C)	9:15 Coloring Group (E)	9:15 Coffee & Conversations (S) (C)
10:00 Social Circle (S)	10:00 <b>Guitar w/ Steve (SE)</b>	10:00 Range of Motion Exercises (P)	10:00 Activities w/ Orange Group	<b>10:00 Dancing w/ Garrey (P)</b>
10:15 Beach Namaste Environment (SE) (S)	11:00 Snack	10:15 Personal Experiences Namaste Environment (SE) (S)	10:45 <b>Music Therapy w/ Peg (SE)</b>	11:00 Snack
11:00 Snack	11:15 Garden Namaste Environment (SE) (S)	11:00 Snack	11:15 Snack	11:30 <b>Violin w/ Anthony (S) (SE)</b>
11:15 <b>Aromatherapy w/ Doris (SE)</b>	11:45 Autumn Classical Music (SE)	11:15 Holiday Tree Stamp Art (E)	11:45 <b>Sound of Music Hits w/ Mary Anna (SE)</b>	12:00 Lunch
11:45 <b>Upbeat Tempos w/ Maria (SE)</b>	12:00 Lunch	11:45 <b>Western Oldies w/ Arnie (SE)</b>	12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE)(S)
12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE)(S)	12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE)(S)	2:00 Garden Namaste Environment (SE) (S)
1:15 Music & Memory: Personalized iPods (SE)(S)	2:00 Light Therapy (SE)	1:15 Music & Memory: Personalized iPods (SE)(S)	2:00 Reading Circle: Short Story (S)	3:00 <b>60's Music Hits w/ Carole (SE)</b>
2:00 <b>Spiritual Session w/ Mary Anna (S) (SP)</b>	2:30 <b>Baby Care Montessori Session w/ Nancy (SE)</b>	2:00 Personalized Photos Social (SE) (S)	2:15 Spa Namaste Environment (SE)	3:00 Snack
2:30 Baking Sensory Session (SE) (S)	3:00 Snack	2:30 <b>Pet Therapy w/ Despina (SE)</b>	3:00 Snack	3:30 Social Time w/ Orange Group (S)
3:00 Snack	3:30 Social Time w/ Orange Group (S)	3:00 Snack	3:30 Social Time w/ Orange Group (S)	
3:30 Social Time w/ Orange Group (S)		3:15 <b>Hymns w/ Annette &amp; Bob (SE) (SP)</b>		
		3:45 Social Time w/ Orange Group (S)		

<p><b>16 Personal Experiences</b> 8:30 Coloring Group (E)</p> <p>9:15 Reading Circle (S)</p> <p>10:00 Social Circle (S)</p> <p>10:15 Personal Experiences Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 Holiday Suncatchers (E)</p> <p>11:45 <b>ElderSong Musical Stylings w/ Arnie (SE)</b></p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 Tactile Squares (SE)</p> <p>2:15 <b>Nail Care w/ Doris (S)</b></p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group</p>	<p><b>17 Garden Day</b> 8:30 Morning Discussion Group (C)</p> <p>9:15 Puzzle Group (C)</p> <p>10:00 <b>Dancing w/ Garrey (P)</b></p> <p>11:00 Snack</p> <p>11:15 Garden Namaste Environment (SE) (S)</p> <p>11:45 <b>70's Music w/ Nancy (SE)</b></p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 Makeup &amp; Skin Care Session w/ Hiwot (SE)</p> <p>2:30 <b>Flower Arranging w/ Carole (E)</b></p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group</p>	<p><b>18 Beach Day</b> 8:30 Coffee &amp; Conversation (S)</p> <p>9:15 Music Enhancement (SE)</p> <p>10:00 Range of Motion Exercises (P)</p> <p>10:15 Beach Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 <b>Celia Cruz Music &amp; Movement w/ Maria (SE)</b></p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 <b>Around the House Sensory Session w/ Arnie (SE)</b></p> <p>2:30 Lemonade Luau (S)</p> <p>3:00 Snack</p> <p>3:15 <b>Hymns w/ Annette &amp; Bob (SE) (SP)</b></p> <p>3:45 Social Time w/ Orange Group</p>	<p><b>19 Spa Day</b> 8:30 Reading Circle (S)</p> <p>9:15 Coloring Group (E)</p> <p>10:00 Activities w/ Orange Group (SE) (S) (P)</p> <p>10:45 <b>Music Therapy w/ Peg (SE)</b></p> <p>11:00 Snack</p> <p>11:45 Motown Musical Stylings (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 <b>Texture Books w/ Maria (SE)</b></p> <p>2:15 Spa Namaste Environment (SE) (S)</p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group</p>	<p><b>20 Celebrating Seasons</b> 8:30 Puzzle Group (C)</p> <p>9:15 Coloring Group (E)</p> <p>10:00 Range of Motion Exercises (P)</p> <p>10:15 Winter Sensory Session (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 <b>Holiday Sing-Along w/ Arnie (SE) (C)</b></p> <p>11:45 Seasonal Music Hits (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 <b>Person Centered Photos w/ Carole (SE) (S)</b></p> <p>2:30 <b>Holiday Hymns w/ Mary Anna (SP)</b></p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group</p>
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**26 Spa Day**

8:30 Reading Circle (S)

9:15 Coloring Group (E)

10:00 Activities w/ Orange Group (SE) (S) (P)

10:45 **Music Therapy w/ Peg (SE)**

11:00 Snack

11:45 **Frank Sinatra Hits w/ Nancy (SE)**

12:00 Lunch

1:15 Music & Memory: Personalized iPods (SE) (S)

2:00 **Reading Circle w/ Despina (S)**

2:15 Spa Namaste Environment (SE) (S)

3:00 Snack

3:30 Social Time w/ Orange Group

**27 Celebrating Seasons**

8:30 Puzzle Group (C)

9:15 Coloring Group (E)

10:00 Range of Motion Exercises (P)

10:15 Winter Sensory Session (SE) (S)

11:00 Snack

11:15 **Hanukkah Dreidel Art w/ Doris (E)**

11:45 **Cuban Music w/ Maria (SE)**

12:00 Lunch


1:15 Music & Memory: Personalized iPods (SE) (S)

2:00 Tactile Squares (SE)

2:30 **Warm Apple Cider Social w/ Carole (SE) (S)**

3:00 Snack

3:30 Social Time w/ Orange Group

<p><b>30 Personal Experiences</b>  8:30 Coloring Group (E)</p> <p>9:15 Puzzle Group (C)</p> <p>10:00 Range of Motion Exercises (P)</p> <p>10:15 Personal Experiences  Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 Essential Oils Playdough (E)</p> <p>11:45 <b>Music Exploration w/ Doris (SE)</b></p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:15 <b>New Year's Art w/ Despina (E)</b></p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group</p>	<p><b>31 Garden Day</b>  8:30 Puzzle Group (C)</p> <p>9:15 Coloring Group (E)</p> <p>10:00 <b>Music w/ Frank (SE)</b></p> <p>11:00 Snack</p> <p>11:15 Garden Namaste  Environment (SE) (S)</p> <p>11:45 <b>John Denver Sing-Along w/ Carole (SE)</b></p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 <b>Flower Arranging w/ Nancy (E)</b></p> <p>2:30 <b>Garden Tea Social w/ Mary Anna (SE) (S)</b></p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group</p>		 <hr/> <p><b><u>Activity Domain Key</u></b>  Physical (P)  Social (S)  Cognitive (C)  Expressive (E)  Sensory (SE)  Spiritual (SP)</p>	
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