

Reconnections Calendar July 2019

1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
<p>10:00 Morning Coffee & Conversation 10:30 Singing Old Songs 11:00 Balance and Exercise with Marymount 11:45 Team Trivia 12:00 Let's Discuss: Topics of Science 12:30 Lunch 1:00 Cognitive Challenge 1:30 This Week in Pictures 2:00 Comedy Showcase: Famous Phrases 2:30 Guess That Musical</p>	<p>10:00 Morning Coffee & Conversation 10:45 Educational Theater Company with Patti 11:30 Horseshoes and Trivia 12:00 Brain Fitness 12:30 Lunch 1:00 Harp with Judy 1:30 Tai Chi and Yoga with Cynthia 2:15 Where in the World? Making Connections MCI Support Group 3:15-4:15p</p>	<p>Memory Café 4:00-6:00p</p>	<p>Closed for Independence Day</p>	<p>Closed for Independence Day</p>
<p>8 Monday 10:00 Morning Coffee & Conversation 10:30 Dirty Jobs 11:00 Balance and Exercise with Marymount 11:45 Currents Events 12:00 Foreign Phrases 12:30 Lunch 1:00 Cognitive Challenge 1:30 Guitar with Blair 2:30 Active Game</p>	<p>9 Tuesday 10:00 Morning Coffee & Conversation 10:30 Written Crosswords or Watercolor Art 11:15 Team Trivia 11:30 Piano with Jerry Roman 12:30 Lunch 1:00 Brain Fitness 1:30 News Currents 2:00 Resistance Band Exercises 2:30 Scattergories</p>	<p>10 Wednesday Community Support Group 10:00-11:30a</p>	<p>11 Thursday 10:00 Morning Coffee & Conversation 10:30 Group Game: 3 Choose 1 11:15 Poetry Spotlight: Dorothy Parker 11:45 Who, What, or When? 12:30 Lunch 12:30 Women's Book Club 1:00 Cognitive Challenge 1:30 Tai Chi and Yoga with Cynthia 2:15 Name That Tune 2:30 5 Second Rule</p>	<p>12 Friday 10:00 Morning Coffee & Conversation 10:30 This Week in Pictures 11:00 Balance and Exercise with Marymount 11:45 Musical Critiques 12:30 Lunch 1:00 Cranium Crunches 1:30 You Be the Judge 2:00 Universities and their Stories 2:30 Celebrating 90 Years with Jeanette 2:30 Games and Sweet Treats</p>
<p>15 Monday 10:00 Morning Coffee & Conversation 10:30 Group Crossword 11:00 Balance and Exercise with Marymount 11:45 Remembering Apollo 11 12:15 Team Trivia 12:30 Lunch 1:00 Cognitive Challenge 1:30 Changing the Face of Sports 2:00 Stores No More 2:30 A Look into Lyrics</p>	<p>16 Tuesday 10:00 Morning Coffee & Conversation 10:30 This Week in History 11:00 Active Game 11:45 Art Critiques 12:30 Lunch 1:00 Cranium Crunches 1:30 Tai Chi and Yoga with Cynthia 2:15 Short Story Spotlight 2:30 Name That Tune</p>	<p>17 Wednesday Parkinson's Social Network 10:00-12:00p Classes for Caregivers 1:00-3:00p Memory Café 4:00-6:00p</p>	<p>18 Thursday 10:00 Morning Coffee & Conversation 10:30 Geology Showcase 11:15 TV Showcase: The Twilight Zone 11:45 Jeopardy! 12:15 World Sports Highlights 12:00 Active Game 12:30 Women's Book Club 12:30 Lunch 1:00 Brain Fitness 1:30 Tai Chi and Yoga with Cynthia 2:15 Singing Songs of the 20's and 30's</p>	<p>19 Friday 10:00 Morning Coffee & Conversation 10:30 Musical Hangman 11:00 Balance and Exercise with Marymount 11:45 Music with Jessica 12:30 Lunch 1:00 Cranium Crunches 1:30 Planning a Dream Vacation 2:00 Science Spotlight: Animal Defenses 2:30 Pictionary Lewy Body Support Group 1:00-2:30p</p>
<p>22 Monday 10:00 Morning Coffee & Conversation 10:30 Discussions with Annette 11:00 Balance and Exercise with Marymount 11:45 Art Projects with Courtney 12:30 Lunch 1:00 Cognitive Challenge 1:30 Active Game 2:00 Music Hour with Tender Polman</p>	<p>23 Tuesday 10:00 Morning Coffee & Conversation 10:30 Conversations with Karen 11:15 Words and their Histories 11:45 This Week in Pictures 12:30 Lunch 1:00 Cranium Crunches 1:30 Tai Chi and Yoga with Cynthia 2:15 Uplifting News Stories 2:30 Classical Composers</p>	<p>24 Wednesday Caregiver Support Group 10:00-11:30a</p>	<p>25 Thursday 10:00 Morning Coffee & Conversation 10:30 Welcoming Michelle to Reconnections 11:15 News Currents 11:45 Dixieland and Big Bands 12:00 Romance in Movies 12:30 Lunch 12:30 Women's Book Club 1:00 Cognitive Challenge 1:30 Tai Chi and Yoga with Cynthia 2:15 Group Game: Shark Attack 2:30 A History of the World in 6 Glasses</p>	<p>26 Friday 10:00 Morning Coffee & Conversation 10:30 A Stroll Down Madison Ave 11:00 Balance and Exercise with Marymount 11:45 Scattergories 12:30 Lunch 1:00 Brain Fitness 1:30 Words and World Foods 2:00 Discussions with Tracy 2:45 National Geographic Spotlight</p>
<p>29 Monday 10:00 Morning Coffee & Conversation 10:30 Famous Leaders and their Quotes 11:00 Balance and Exercise with Marymount 11:45 Art Appreciation 12:30 Lunch 1:00 Brain Fitness 1:30 50 Years of 60 Minutes 2:00 Conversations with Katie 2:45 50 Years of 60 Minutes</p>	<p>30 Tuesday 10:00 Morning Coffee & Conversation 10:30 Written Crosswords or Watercolor Art 11:00 Music with Frank Plumer and Family 12:00 Outdoor Scenes 12:30 Lunch 1:00 Cognitive Challenge 1:30 Educational Theater Company with Patti 2:15 This Week in History 2:30 At the Movies 2:30 Sweet Treats Demo</p>	<div style="text-align: center;">  <p>Insight Memory Care Center 3953 Pender Drive, Suite 100 Fairfax, VA 22030 703-204-4664 phone InsightMCC.org web</p> </div>		