






CORAL ROOM | FEBRUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<div></div> <div>Activity Domain Key Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R)</div>		<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Folk Song Sing-Along (S) (SE) 10:30 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Grateful Garden Namaste (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Montessori Stations w/ Wassila (C) 2:30 Egg Shaker Sing-Along (SE) (S) (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Classical Music w/ Steven (S) (SE) 4:00 Musical Child Prodigies (S) 4:30 Piano Tunes (SE) 5:00 Coloring Group (CR)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Patriotic Sing-Along (S) (SE) 10:30 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 By the Sea Namaste (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Sensory Art: Marble Hearts (CR) 2:30 Table Ring Toss w/ Doris (P) 3:00 Afternoon Music & Snack Social (S) 3:30 Obie Interactive Session w/ Muoi (SE) 4:00 Combined Rhyming Riddles (S) (C) 4:30 Noodle Hockey (P) 5:00 Sing-Along (S) (SE)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Dancing w/ Garrey (P)(SE) 11:00 Snack & Social (S) 11:30 Travel Namaste: Italy (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Personal Active Stations (S) (C) (CR) 2:30 Tabletop Snowball Toss w/ Jack 3:00 Afternoon Music & Snack Social (S) 3:30 Beach Boys Sing Along w Kathryn (SE) 4:00 Active Stations & 1:1 (S) (C) (CR) 4:30 Name That Tune (S) 5:00 Faces & Places (C)</div>
<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Country Music Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Relaxing Spa Namaste (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory iPods (SE) (R) 2:00 Tea Tasting w/ Margaret (SE) 2:30 Drum Circle w/ Margaret (SE) (CR) 3:00 Afternoon Music & Snack Social (S) 3:30 Aromatherapy w/ Lucille (SE) (R) (S) 4:00 Combined Sing-Along (S) (SE) 4:30 Active Game (P) 5:00 Balloon Toss & Tunes (SE) (P)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Music w/ Frank (SE) 11:00 Snack & Social (S) 11:30 Baking Sensory: Brownie Bites (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Valentine Dot Art w/ Doris (CR) 2:30 Elder Song Sing-Along w/ Joy (SE) (S) 3:00 Afternoon Music & Snack Social (S) 3 :30 Obie Interactive Session (SE) 4:00 Combined Bowling w/ Muriel (P) 4:30 What If... (S) 5:00 Name 5 (C)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Motown Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Kitchen Sensory Namaste (SE) 12:30 Lunch (S) 1:30 Music & Memory iPods (SE) (R) 2:00 Montessori Stations w/ Doris (C) 2:30 Table Bowling w/ Kathryn (P) 3:00 Piano Jams w/ Andrew (SE) 3:30 Instrumental Music Circle (SE) (CR) 4:00 Combined Noodle Hockey (P) 4:30 Piano Tunes (SE) 5:00 Coloring Group (CR)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Gospel Hymns Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Mail Room Namaste (SE) (S) 12:30 Lunch (S) 1:30 Personalized iPods (SE) (R) 2:00 Active Stations w/ David (S) (CR) (C) 2:30 Mellow Melodies w/ Steven (SE) 3:00 Afternoon Music & Snack Social (S) 3:30 Obie Interactive Session (SE) 4:00 Combined Letter Quiz (C) 4:30 Balloon Badminton (P) 5:00 Name 5 (C)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Violin w/ Anthony (SE) 11:00 Snack & Social (S) 11:30 Travel Namaste: Africa (SE) 12:30 Lunch (S) 1:30 Music & Memory iPods (SE) (R) 2:00 Therapeutic Foot Bathe w/ Peg (SE) 2:30 Rhythm Drumming w/Donald (SE) 3:00 Afternoon Music & Snack Social (S) 3:30 Indoor Walking Club w/ Jeff (P) 4:00 Combined Tabletop Puzzles (P) 4:30 Piano Tunes (SE) 5:00 Coloring Group (CR)</div>
<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 50's Classics Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Relaxing Spa Namaste (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory iPods (SE) (R) 2:00 Zen Painting (CR)(SE) 2:30 Music Circle w/ Kathryn (CR) (SE) 3:00 Afternoon Music & Snack Social (S) 3 :30 Simple Song & Simple Dance 4:00 Combined Sing-Along (S) (SE) 4:30 Active Game (P) 5:00 Balloon Toss & Tunes (SE) (P)</div>	<div>WEAR RED DAY 7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Love Song Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Valentines Namaste w/ Lucille (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Creative Stations (S)(SE)(CR) 2:30 Floral Scents & Flower Arranging (CR) 3:00 Valentine's Day Social (S) 4:00 Combined Corn Hole Tournament (P) 4:30 Landmark Quiz (C) 5:00 Group Discussion (S)</div> <div></div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Soul Music Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Nature Namaste w/ Doris (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Valentine's Day Dot Art w/Nafisa (CR) 2:30 Love Songs Sing Along (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Ball Toss & Tunes (S) 4:00 Combined Active Stations (S) (C) (CR) 4:30 Name That Tune (S) 5:00 Faces & Places (C)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Rhythm & Blues Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Picnic in the Meadow Namaste (SE) 12:30 Lunch (S) 1:30 Music & Memory iPods (SE) (R) 2:00 Active Stations w/ Muoi (S) (CR) (C) 2:30 Card Sorting w/ Jeff (C) (S) 3:00 Afternoon Music & Snack Social (S) 3:30 Obie Interactive Session (SE) 4:00 Combined Prize BINGO (C) 4:30 Our Favorite Music Videos (S) 5:00 Sing-Along (S) (SE)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Dancing w/ Garrey (P) 11:00 Snack & Social (S) 11:30 Travel Namaste: Australia (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (SE) 2:00 Instrumental Music Circle (SE) 2:30 Spiced Apple Sauce Tasting (S) 3:00 Afternoon Music & Snack Social (S) 3:30 Bing Crosby Sing Along (S) 4:00 Castle Crash Game (P)(S) 4:30 Tabletop games (C) (S) 5:00 Tabletop Puzzles (P)</div>
<div>IMCC CLOSED</div> <div></div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Classic Rock Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Garden Namaste Environment (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Egg Shaker Exercise w/ Doris (SE) (P) 2:30 Art Expressions: Love Collage (CR) 3:00 Mardi Gras Social (S) 3:30 Obie Interactive Session (SE) 4:00 Most Famous Musicals (S) 4:30 Corn Hole Tournament (P) 5:00 Music & Movement (SE) (P)</div> <div></div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 60's Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 By the Seaside Namaste (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Creative Stations (CR) 2:30 Taste Testing: Fruits (SE) 3:00 Piano Jams w/ Andrew (SE) 4:00 Combined Bowling w/ Vernelle (P) 4:30 What If... (S) 5:00 Name 5 (C)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greatest Hits Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Aqua Paintings w/ Doris (CR) 12:30 Lunch (S) 1:30 Music & Memory iPods (SE) (R) 2:15 Music Therapy w/ Melanie (SE) 3:00 Afternoon Music & Snack Social (S) 3:30 Obie Interactive Session (SE) 4:00 Combined Rhyming Riddles (S) (C) 4:30 Noodle Hockey (P) 5:00 Sing-a long (S) (SE)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Disco Music Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Travel Namaste: Japan (S) (C) (SE) 12:30 Lunch (S) 1:30 Personalized iPods (SE) (R) 2:00 Active Stations (S) (C) (CR) 2:30 Beach Waves Meditation & Aromatherapy w/ Kathryn (SE) 3:00 Music and Snack Social (S) 3:30 Hair & Nail Care w/ Wassila (SE) (S) 4:00 Combined Name That Tune (S) 4:30 Sing a Long Songs (S) 5:00 Coloring Group (CR)</div>
<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Folk Song Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Relaxing Spa Namaste (S) (SE) 12:30 Lunch (S) 1:30 Music & Memory iPods (SE) (R) 2:00 Personalized Active Stations (S) (C) (SE) 2:30 Memory Tea Social (SE)(R) 3:00 Afternoon Music & Snack Social (S) 3:30 Follow the Beat w/ Donald (SE) (P) 4:00 Darts Competition (P) 4:30 Piano Tunes (SE) 5:00 Coloring Group (CR)</div>	<div>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Patriotic Sing-Along (S) (SE) 10:15 Range of Motion Exercises (P) 11:00 Snack & Social (S) 11:30 Spa Namaste w/ Patrick (S) (SE) (CR) 12:30 Lunch (S) 1:30 Music & Memory: Personal iPods (R) 2:00 Montessori Stations (S) (C) 2:30 Peppermint Hot Cocoa Social (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Obie Interactive Session (SE) 4:00 Sing a Long Songs (S) 4:30 What If... (S) 5:00 Name 5 (C)</div>			<div>Happy Birthday!  Tom P. 2/3 Margaret 2/5 Garry C. 2/15 Gary B. 2/19 Linda 2/20 Kathryn 2/22</div>