

# JANUARY 2020 CORAL GROUP



**Activity Domain Key**

- Physical (P)
- Social (S)
- Cognitive (C)
- Expressive (E)
- Sensory (SE)
- Spiritual (SP)

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**HAPPY NEW YEAR!**

**IMCC IS CLOSED!**



**2 Spa Day**

8:30 Spanish Translations w/ Maria (S) (C)

9:15 Reading Circle w/ Nancy (S)

10:00 Activities w/ Orange Group (SE) (S) (P)

**10:45 Music Therapy w/ Peg (SE)**

11:00 Snack

11:45 Bing Crosby Sing-Along w/ Mary Anna (SE)

12:00 Lunch

1:15 Music & Memory: Personalized iPods (SE) (S)

2:00 Range of Motion Exercises (P)

2:15 Spa Namaste Environment (SE) (S)

3:00 Snack

3:30 Social Time w/ Orange Group (S)

**3 Celebrating Seasons**

8:30 Music Exploration (SE)

9:15 Coffee & Conversations (S) (C)

**10:00 Violin w/ Anthony (SE)**

11:00 Snack

11:15 Winter Namaste Environment (SE) (S)

11:15 Multisensory Room Visits (SE)

11:45 Swing Bands w/ Grace (SE)

12:00 Lunch

1:15 Music & Memory: Personalized iPods (SE)(S)

2:00 Skin Care Session (SE) (S)

2:30 Sing-Along w/ Arnie (S) (C)

3:00 Snack

3:30 Social Time w/ Orange Group (S)

<p><b>6 Beach Day</b> 8:30 Music &amp; Massages (SE)</p> <p>9:15 Coloring Group (E)</p> <p>10:00 Social Circle (S)</p> <p>10:15 Beach Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 Jewelry Sensory w/ Grace (SE)</p> <p>11:45 Upbeat Tempos w/ Maria (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE)(S)</p> <p>2:00 Light Therapy (SE)</p> <p>2:30 Craft Corner: Snowflake Decorating (E)</p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group (S)</p>	<p><b>7 Celebrating Seasons</b> 8:30 Puzzle Group (C)</p> <p>9:15 Coffee &amp; Conversation w/ Doris (S)</p> <p>10:00 Patriotic Songs w/ Arnie (SE)</p> <p>10:15 Winter Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 Range of Motion Exercises (P)</p> <p>11:45 Swing Band Sounds w/ Grace (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE)(S)</p> <p>2:00 Baby Care Session w/ Nancy (S)</p> <p>2:30 Flower Arranging (E)</p> <p>3:00 Snack</p> <p><b>3:15 Hymns w/ Annette &amp; Bob (SE) (SP)</b></p> <p>3:45 Social Time w/ Orange Group (S)</p>	<p><b>8 Personal Experiences</b> 8:30 Music &amp; Memory iPods w/ Maria (SE)</p> <p>9:15 Hair Care w/ Grace (S)</p> <p>10:00 Greetings &amp; Songs w/ Doris (S)</p> <p>10:15 Personal Experiences Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 Multisensory Room Visits (SE)</p> <p>11:15 Aromatherapy (SE)</p> <p>11:45 Western Oldies w/ Arnie (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE)(S)</p> <p>2:00 Cuban Culture Exploration w/ Maria (SE) (S)</p> <p><b>2:30 Music w/ April (SE) (S)</b></p> <p>3:30 Combined Snack &amp; Music Social (S)</p>	<p><b>9 Spa Day</b> 8:30 Reading Circle (S)</p> <p>9:15 Spanish Translations w/ Maria (S)</p> <p>10:00 Activities w/ Orange Group (SE) (S) (P)</p> <p><b>10:45 Music Therapy w/ Peg (SE)</b></p> <p>11:15 Snack</p> <p>11:45 Sound of Music Hits w/ Mary Anna (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE)(S)</p> <p>2:00 Personalized Photo Books (SE) (S)</p> <p>2:15 Spa Namaste Environment (SE)</p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group (S)</p>	<p><b>10 Garden Day</b> 8:30 Picture Showcase (SE) (S)</p> <p>9:15 Coffee &amp; Conversations (S) (C)</p> <p><b>10:00 Dancing w/ Garrey (P)</b></p> <p>11:00 Snack</p> <p>11:15 Light Therapy (SE)</p> <p>11:45 Bing Crosby Hits w/ Mary Anna (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE)(S)</p> <p>2:00 Garden Namaste Environment (SE) (S)</p> <p>3:00 Dolly Parton Hits w/ Arnie (SE)</p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group (S)</p>
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<b>13 Personal Experiences</b>	<b>14 Garden Day</b>	<b>15 Beach Day</b>	<b>16 Spa Day</b>	<b>17 Celebrating Seasons</b>
8:30 Coloring Group (E)	8:30 Music Exploration (SE)	8:30 Coffee & Conversation (S)	8:30 Reading Circle (S)	8:30 Cuban Music w/ Maria (SE)
9:15 Reading Circle (S)	9:15 Magazine Turners w/ Nancy (S)	9:15 Music Enhancement (SE)	9:15 Coloring Group (E)	9:15 Nail Care w/ Grace (S)
10:00 Social Circle (S)	<b>10:00 Dancing w/ Garrey (P)</b>	10:00 Range of Motion Exercises (P)	10:00 Activities w/ Orange Group (SE) (S) (P)	10:00 Range of Motion Exercises (P)
10:15 Personal Experiences Namaste Environment (SE) (S)	11:00 Snack	10:15 Beach Namaste Environment (SE) (S)	<b>10:45 Music Therapy w/ Peg (SE)</b>	10:15 Winter Sensory Session (SE) (S)
11:00 Snack	11:15 Garden Namaste Environment (SE) (S)	11:00 Snack	11:00 Snack	11:00 Snack
11:15 Aromatherapy (SE)	11:15 Multisensory Room Visits (SE)	11:15 Celia Cruz Music & Movement w/ Maria (SE)	11:45 Motown Musical Stylings (SE)	11:15 Piano Playing Session w/ Arnie (SE) (C)
11:45 ElderSong Musical Stylings w/ Arnie (SE)	11:45 70's Music w/ Nancy (SE)	12:00 Lunch	12:00 Lunch	11:45 Hymns w/ Mary Anna (SP)
12:00 Lunch	12:00 Lunch	1:15 Music & Memory: Personalized iPods (SE) (S)	1:15 Music & Memory: Personalized iPods (SE) (S)	12:00 Lunch
1:15 Music & Memory: Personalized iPods (SE) (S)	1:15 Music & Memory: Personalized iPods (SE) (S)	2:00 Texture Books w/ Grace (SE)	2:00 Aquapainting w/ Nancy (E)	1:15 Music & Memory: Personalized iPods (SE) (S)
2:00 Music Makers (SE)	2:00 Pet Therapy w/ Maria (SE) (S)	2:30 Sing-Along w/ Arnie (SE) (S)	2:15 Spa Namaste Environment (SE) (S)	2:00 Hot Chocolate Social (SE) (S)
2:30 Makeup & Skin Care Session w/ Mary Anna (SE)	2:30 Sensory Water Session (SE)	3:00 Snack	3:00 Snack	2:30 Nail Care w/ Grace (SE)
3:00 Snack	3:00 Snack	3:30 Social Time w/ Orange Group (S)	3:30 Social Time w/ Orange Group (S)	3:00 Snack
3:30 Social Time w/ Orange Group (S)	<b>3:15 Hymns w/ Annette &amp; Bob (SE) (SP)</b>			3:30 Social Time w/ Orange Group (S)
	3:45 Social Time w/ Orange Group (S)			

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**MLK DAY!**

**IMCC IS CLOSED!**



**21 Beach Day**

8:30 Coffee & Conversation (S)

9:15 Music Enhancement w/ Nancy (SE)

10:00 Range of Motion Exercises (P)

10:15 Beach Namaste Environment (SE) (S)

11:00 Snack

11:15 Music Movers & Shakers w/ Doris (SE)

12:00 Lunch

1:15 Music & Memory: Personalized iPods (SE) (S)

2:00 Around the House Sensory Session w/ Mary Anna (SE) (S)

2:30 Dot Art w/ Nancy (E)

3:00 Snack

**3:15 Hymns w/ Annette & Bob (SE) (SP)**

3:45 Social Time w/ Orange Group (S)

**22 Garden Day**

8:30 Morning Discussion Group (C)

9:15 Puzzle Group (C)

10:00 Range of Motion Exercises (P)

10:15 Garden Namaste Environment (SE) (S)

11:00 Snack

11:15 Garden Tea Social w/ Grace (SE) (S)

11:45 50'S Greatest Hits (SE)

12:00 Lunch

1:15 Music & Memory: Personalized iPods (SE) (S)

2:00 Essential Oil Hand Massages (SE)

**2:30 Guitar w/ Steve (SE)**

3:30 Combined Snack & Music Social (S)

**23 Spa Day**

8:30 Reading Circle (S)

9:15 Coloring Group (E)

10:00 Activities w/ Orange Group (SE) (S) (P)

**10:45 Music Therapy w/ Peg (SE)**

11:00 Snack

11:45 Frank Sinatra Hits w/ Nancy (SE)

12:00 Lunch

1:15 Music & Memory: Personalized iPods (SE) (S)

2:00 Reading Circle w/ Arnie: Patriotic Poems (S)

2:15 Spa Namaste Environment (SE) (S)

3:00 Snack

3:30 Social Time w/ Orange Group (S)

**24 Celebrating Seasons**

8:30 Music & Memory iPods (SE)

9:15 Coloring Group (E)

10:00 Range of Motion Exercises (P)

10:15 Winter Sensory Session (SE) (S)

11:00 Snack

11:15 Multisensory Room Visits (SE)

11:15 Pet Therapy w/ Arnie (S)

11:45 Cuban Music w/ Maria (SE)

12:00 Lunch

1:15 Music & Memory: Personalized iPods (SE) (S)

2:00 Flower Arranging w/ Mary Anna (E)

2:30 Aquapaintings (E)

3:00 Snack

3:30 Social Time w/ Orange Group (S)

<p><b>27 Personal Experiences</b> 8:30 Coloring Group (E)</p> <p>9:15 Reading Circle w/ Doris (S)</p> <p>10:00 Range of Motion Exercises (P)</p> <p>10:15 Personal Experiences Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 Music Makers w/ Arnie (SE)</p> <p>11:45 Music Exploration w/ Doris (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p><b>2:30 Music w/ Chyp &amp; Andrea (SE)</b></p> <p>3:30 Combined Snack &amp; Music Social (S)</p>	<p><b>28 Garden Day</b> 8:30 Hair Care w/ Maria (S)</p> <p>9:15 Music Enhancement (SE)</p> <p><b>10:00 Music w/ Frank (SE)</b></p> <p>11:00 Snack</p> <p>11:15 Garden Namaste Environment (SE) (S)</p> <p>11:45 Johnny Cash w/ Arnie (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 Around the House Sensory Session w/ Arnie (SE) (S)</p> <p>2:30 Montessori Baby Care Session w/ Nancy (S)</p> <p>3:00 Snack</p> <p><b>3:15 Hymns w/ Annette &amp; Bob (SP)</b></p> <p>3:45 Social Time w/ Orange Group (S)</p>	<p><b>29 Spa Day</b> 8:30 Reading Circle (S)</p> <p>9:15 Coloring Group (E)</p> <p>10:00 Patriotic Songs (SE)</p> <p>10:15 Range of Motion Exercises (P)</p> <p>11:00 Snack</p> <p>11:15 Multisensory Room Visits (SE)</p> <p>11:15 Piano Playing Session w/ Arnie (SE)</p> <p>11:45 50's Oldies (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 Light Therapy w/ Doris (SE)</p> <p>2:30 German Music &amp; Movement w/ Grace (SE) (P)</p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group (S)</p>	<p><b>30 Celebrating Seasons</b> 8:30 Music &amp; Memory iPods (SE)</p> <p>9:15 Nail Care w/ Grace (S)</p> <p>10:00 Activities w/ Orange Group (SE) (S) (P)</p> <p><b>10:45 Music Therapy w/ Peg (SE)</b></p> <p>11:00 Snack</p> <p>11:45 Frank Sinatra Hits w/ Nancy (SE)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 Celebrating Seasons Namaste Environment w/ Mary Anna (SE) (S)</p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group (S)</p>	<p><b>31 Beach Day</b> 8:30 Coffee &amp; Conversation (S)</p> <p>9:15 Music Enhancement (SE)</p> <p>10:00 Range of Motion Exercises (P)</p> <p>10:15 Beach Namaste Environment (SE) (S)</p> <p>11:00 Snack</p> <p>11:15 Personalized Photos (SE) (S)</p> <p>12:00 Lunch</p> <p>1:15 Music &amp; Memory: Personalized iPods (SE) (S)</p> <p>2:00 Beach Scents Bath Bombs (SE)</p> <p>2:30 Makeup &amp; Skin Care Session w/ Maria (SE)</p> <p>3:00 Snack</p> <p>3:30 Social Time w/ Orange Group (S)</p>
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