

Reconnections Calendar September 2019

<p>2 Monday</p> <p style="text-align: center;">Closed for Labor Day</p>	<p>3 Tuesday</p> <p>10:00 Morning Coffee & Conversation 10:30 Group Categories 11:15 Musical Hangman 12:00 You Be the Judge 12:30 Lunch 1:00 Brain Fitness 1:30 Tai Chi and Yoga with Cynthia 2:15 Team Trivia 2:30 Reminisce and Reflect: School Years</p>	<p>4 Wednesday</p> <p style="text-align: center;">Memory Café 4:00-6:00p</p>	<p>5 Thursday</p> <p>10:00 Morning Coffee & Conversation 10:30 Let's Discuss: Natural Disasters 11:00 Ridiculous World Records 11:30 Name That Tune 12:00 Darts and Trivia 12:30 Lunch 1:00 Cognitive Challenge 1:30 Exploring our National Parks 2:00 Strengthening Exercises 2:30 Music Critiques</p>	<p>6 Friday</p> <p>10:00 Morning Coffee & Conversation 10:30 Balance and Exercise with Marymount University 11:15 Team Trivia 11:30 Violin with Anthony 12:30 Lunch 1:00 Brain Fitness 1:30 Research Highlights: Music and Memory 2:00 World's Most Unusual 2:30 Uplifting News Stories</p>
<p>9 Monday</p> <p>10:00 Morning Coffee & Conversation 10:30 Encore Chorale 11:30 Group Crossword 12:00 Company Spotlight: Coca-Cola 12:30 Lunch 1:00 Cranium Crunches 1:30 Tongue Twisters and Expressions 2:00 Musical Hangman 2:30 Balance and Exercise</p>	<p>10 Tuesday</p> <p>10:00 Morning Coffee & Conversation 10:30 Crazy Contests 11:15 Name 5... 11:30 Piano with Jerry Roman 12:30 Lunch 1:00 Cognitive Challenge 1:30 Resistance Exercises 2:00 A History of the World in 6 Glasses 2:30 Scattergories</p> <p style="text-align: center;">MCI Support Group 3:15-4:15p</p>	<p>11 Wednesday</p> <p style="text-align: center;">Caregiver Support Group 10:00-11:30a</p>	<p>12 Thursday</p> <p>10:00 Morning Coffee & Conversation 10:45 Educational Theater Company with Patti 11:30 Festivals and Fair Foods 12:00 Horseshoes and Trivia 12:30 Lunch 1:00 Brain Fitness 1:30 Guitar with Blair 2:00 This Month in History 2:30 Sweet Treats and Trivia Toss</p>	<p>13 Friday</p> <p>10:00 Morning Coffee & Conversation 10:30 Weird Company Histories 11:00 Balance and Exercise 11:30 Famous Book Passages 12:15 Team Challenge: Price is Right 12:30 Lunch 1:00 Cranium Crunches 1:30 Singing Old Songs 2:00 Short Story Spotlight 2:30 Historical Moments in Sports</p> <p style="text-align: center;">Lewy Body Support Group 1:00-2:30p</p>
<p>16 Monday</p> <p>10:00 Morning Coffee & Conversation 10:30 Encore Chorale 11:00 The Tiny House Movement 11:30 Famous Quotes 12:00 Active Game 12:30 Lunch 1:00 Cognitive Challenge 1:30 Who Am I? 2:00 Balance and Exercises 2:30 Movie Snapshots</p>	<p>17 Tuesday</p> <p>10:00 Morning Coffee & Conversation 10:30 Time Slips 11:00 Fashion Through the Ages 11:45 Musical Critiques 12:30 Lunch 1:00 Brain Fitness 1:30 Tai Chi and Yoga with Cynthia 2:15 Talk with Tracy</p> <p style="text-align: center;">Caring for Parents Support Group 5:30-7:30p</p>	<p>18 Wednesday</p> <p style="text-align: center;">Parkinson's Social Network 10:00-12:00p</p> <p style="text-align: center;">Classes for Caregivers 1:00-3:00</p> <p style="text-align: center;">Memory Café 4:00-6:00p</p>	<p>19 Thursday</p> <p>10:00 Morning Coffee & Conversation 10:30 Mad Libs 11:00 Countries and their Crops 11:45 Beaded Jewelry with Courtney 12:30 Lunch 1:00 Cranium Crunches 1:30 Tai Chi and Yoga with Cynthia 2:15 Discussions with Annette</p>	<p>20 Friday</p> <p>10:00 Morning Coffee & Conversation 10:30 Art Talks with Marney Kennedy 11:30 Picture Trivia 11:45 Music with Jessica 12:30 Lunch 1:00 Brain Fitness 1:30 Art Critiques 2:15 Conversations with Michelle</p>
<p>23 Monday</p> <p>10:00 Morning Coffee & Conversation 10:30 Encore Chorale 11:00 Freeze Frames in History 11:30 Balance and Exercise 12:00 Trivia Grab Bag 12:30 Lunch 1:00 Cognitive Challenge 1:30 Finishing Phrases 2:00 Music Hour with Tender Polman</p>	<p>24 Tuesday</p> <p>10:00 Morning Coffee & Conversation 10:30 Group Crossword 11:00 The Perfect Job 11:45 Name That President 12:30 Lunch 1:00 Brain Fitness 1:30 Group Game: Foods and their Ingredients 2:00 The Roles of Animals 2:30 Scattergories</p>	<p>25 Wednesday</p> <p style="text-align: center;">Caregiver Support Group 10:00-11:30a</p>	<p>26 Thursday</p> <p>10:00 Morning Coffee & Conversation 10:30 5 Second Rule 11:00 News Currents 11:30 Life on an Island 12:15 Team Theme Trivia 12:30 Lunch 1:00 Cognitive Challenge 1:30 Tai Chi and Yoga with Cynthia 2:15 Conversations with Karen</p>	<p>27 Friday</p> <p>10:00 Morning Coffee & Conversation 10:30 Categorize This: Movies 11:00 Balance and Exercise 11:30 Out of the Mouth of Babes 12:00 Watercolor Art with Courtney 12:30 Lunch 1:00 Brain Fitness 1:30 Comedy Showcase 2:00 Toss and Trivia 2:30 Wonders of the World</p>
<p>30 Monday</p> <p>10:00 Morning Coffee & Conversation 10:30 Encore Chorale 11:00 Who, What, When? 11:45 Balance and Exercise 12:15 National Geographic Video Highlights 12:30 Lunch 1:00 Cranium Crunches 1:30 This Week in Pictures 2:00 Jeopardy! 2:30 Movie Hangman</p>	<p>31 Tuesday</p> <p>10:00 Morning Coffee & Conversation 10:30 Biography Spotlight 11:00 Music with Frank Plumer and Family 12:00 True or False? 12:30 Lunch 1:00 Brain Fitness 1:30 This Month in History 2:00 Paired Picture Captions 2:30 The Grasshopper Game</p>	 <p>Insight Memory Care Center 3953 Pender Drive, Suite 100 Fairfax, VA 22030 703-204-4664 phone InsightMCC.org web</p>		